

# CURRICULUM VITAE

Chad E. Shenk, Ph.D.

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## CONTACT INFORMATION

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## EDUCATION

2010 Post-doctoral Fellowship, Child Maltreatment, Cincinnati Children's Hospital Medical Center  
2007 Doctor of Philosophy/Master of Arts, Clinical Psychology, University of Nevada, Reno  
2007 Pre-doctoral Clinical Internship, Child Clinical Psychology, University of Rochester Medical Center  
1998 Bachelor of Arts, Psychology, The Pennsylvania State University

## LICENSURE

Licensed Clinical Psychologist, State of Pennsylvania, January 14, 2014, License #PS017525  
Licensed Clinical Psychologist, State of Ohio, June 28th, 2010, License #6676 (expired)

## APPOINTMENTS

2017- Associate Professor  
The Pennsylvania State University  
Department of Human Development and Family Studies  
Department of Pediatrics, Division of Child Abuse Pediatrics (Joint)

2013- Clinical Psychologist  
The Pennsylvania State University College of Medicine  
Center for the Protection of Children  
Stine Foundation Transforming the Lives of Children Clinic

2013- Research Assistant Professor of Pediatrics (Adjunct)  
Cincinnati Children's Hospital Medical Center  
Division of Behavioral Medicine and Clinical Psychology

2013-2017 Assistant Professor  
The Pennsylvania State University  
Department of Human Development and Family Studies  
Department of Pediatrics, Division of Child Abuse Pediatrics (Joint)

2010-2013 Assistant Professor of Pediatrics (Research)  
Cincinnati Children's Hospital Medical Center  
Division of Behavioral Medicine and Clinical Psychology  
Division of Biostatistics and Epidemiology (Joint)

2007-2010 Post-doctoral Research Fellow (T32DK063929)  
Cincinnati Children's Hospital Medical Center  
Division of Behavioral Medicine and Clinical Psychology  
Division of Adolescent Medicine

## AWARDS & HONORS

2016 Mark J. Chaffin Early Career Research Award, American Psychological Association  
2015 Research Fellow, National Data Archive on Child Abuse and Neglect, Cornell University  
2011 Excellence in Research Award, Society for Social Work and Research  
2009 Honorable Mention, Diane J. Willis Award for Best Paper in the Journal of Pediatric Psychology  
2007 Grant Collier Research Scholarship, University of Rochester Medical Center  
2006 Outstanding Graduate Student, University of Nevada  
2006 Dissertation Research Award, University of Nevada  
2004 Best Paper - Social Sciences, University of Nevada  
1998 Lifetime Member, Psi Chi National Honor Society in Psychology

## MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

2003- Association of Behavioral and Cognitive Therapies (Child Maltreatment & Interpersonal Violence SIG)  
1998- American Psychological Association (Divisions 37 & 53)

## GRANT FUNDING

### ACTIVE

Source: NIH/NICHD 03/01/17-02/28/22  
Identifier: P50HD089922  
Title: Penn State University's Translational Center for Child Maltreatment Studies  
Goal: Create a center to conduct translational research on the effects of child maltreatment.  
Capacity: Co-Investigator

Source: NIH/NICHD 05/01/17-04/30/19  
Identifier: 1R21HD091887  
Title: Randomized Clinical Trial of Animal Assisted Trauma-Focused Cognitive-Behavioral Therapy  
Goal: Testing the additive effects of animal assisted therapy for TF-CBT.  
Capacity: Co-Investigator

Source: The Pennsylvania State University 05/18/15-05/17/18  
Identifier: Level II – Social Science Research Institute  
Title: Selective Prevention of Psychiatric Disorders Subsequent to Child Maltreatment  
Goal: Conduct feasibility trial of treatment components to change transdiagnostic risk mechanisms  
Capacity: Principal Investigator

Source: NIH/NICHD 02/11/13-01/31/18  
Identifier: R01 HD072468  
Title: Health & Wellbeing of Sexually Abused Females & Offspring: 25 & 27 Year Follow-up  
Goal: Identify the biobehavioral mechanisms of adverse adult health outcomes after sexual abuse.  
Capacity: Co-Investigator

Source: The Pennsylvania State University (CTSI/PSU-PSUHMC) 11/15/13-11/14/17  
Identifier: KL2 Scholars Award  
Title: Genetic Variation in Abused Children with PTSD  
Goal: Identify genetic and epigenetic markers of psychiatric disorders following child maltreatment  
Capacity: Principal Investigator

### COMPLETED

Source: NIH/NICHD 07/01/12-06/30/17  
Identifier: R01 HD073130  
Title: Abused and Non-abused Females' High-risk Online Behaviors: Impact on Development  
Goal: Conduct naturalistic, observational research tracking actual internet use following sexual abuse  
Capacity: Co-Investigator

Source: The Pennsylvania State University 03/31/14-04/16/17  
 Identifier: Level I – Social Science Research Institute  
 Title: Genetic & Epigenetic Mechanisms of Intergenerational Outcomes of Child Sexual Abuse  
 Goal: Establish biobank repository of genetic and epigenetic markers of child maltreatment samples  
 Capacity: Principal Investigator

Source: The Pennsylvania State University 01/10/16-01/09/17  
 Identifier: Level I – Social Science Research Institute  
 Title: The Body Mindfulness Project: Changing Chronic Maladaptive Patterns in Body and Mind  
 Goal: Develop content of a novel behavioral intervention for individuals sexually abused as children  
 Capacity: Co-Investigator

Source: NIH/NIDA 04/01/12-03/31/17  
 Identifier: R01 DA033415  
 Title: Tracking Adolescents after Bariatric Surgery: Substance, HIV and Suicide Risks  
 Goal: Establish developmental trajectories to substance use and HIV outcomes  
 Capacity: Co-Investigator

Source: The Children’s Miracle Network 07/01/15-12/31/16  
 Identifier: Grant #2  
 Title: Development and Pilot Testing of a Treatment for Child Sexual Behavior Problems  
 Goal: Test feasibility of a novel behavioral intervention for maltreated children with sexual behaviors  
 Capacity: Co-Investigator

Source: University of Cincinnati 02/01/12-01/31/13  
 Identifier: University Research Council Award  
 Title: Adolescent Stress Assessment Study-II  
 Goal: Identify biological and psychological mechanisms of long-term PTSD symptom development.  
 Capacity: Principal Investigator

Source: Clinical and Translational Science Award (UC/CCHMC) 12/01/08-11/30/09  
 Identifier: NIH/NCRR Grant #1UL1RR026314  
 Title: Adolescent Stress Assessment Study  
 Goal: Test multiple biological and psychological mechanisms to determine current PTSD risk.  
 Capacity: Co-Investigator

**PUBLICATIONS – PEER REVIEWED** (as of June 27<sup>th</sup>, 2017)

\*Designates trainee/student authorship

Total Citations: 1625  
 h Index: 18  
 i10 Index: 25

1. **Shenk, C.E.**, Ammerman, R.T., Teeters, A.R.\*, Bensman, H.E., Allen, E.K.\*, Putnam, F.W., & Van Ginkel, J.B. (2017). Erratum to: History of maltreatment in childhood and subsequent parenting stress in at-risk, first-time mothers: Identifying points of intervention during home visiting. *Prevention Science*, 18, 371. doi: 10.1007/s11121-017-0766-4.
2. **Shenk, C.E.**, Ammerman, R.T., Teeters, A.R.\*, Bensman, H.E., Allen, E.K.\*, Putnam, F.W., & Van Ginkel, J.B. (2017). History of maltreatment in childhood and subsequent parenting stress in at-risk, first-time mothers: Identifying points of intervention during home visiting. *Prevention Science*, 18, 361-370. doi: 10.1007/s11121-017-0758-4.
3. Kroner, J.W., Peugh J., Kashikar-Zuck, S.M., LeCates, S.L., Allen, J.R., Slater, S.K., Zafar, M., Kabbouche, M.A., O'Brien, H.L., **Shenk, C.E.**, Kroon Van Diest, A.M., Hershey, A.D., Powers, S.W.

- (2017). Trajectory of improvement in children and adolescents with chronic migraine: Results from the Cognitive Behavioral Therapy and Amitriptyline Trial. *Journal of Pain*. doi: 10.1016/j.jpain.2017.01.002.
4. **Shenk, C.E.**, Noll, J.G., Griffin, A.M.\*, Allen, E.K.\*, Lee, S.E.\*, Lewkovich, K.L.\*, & Allen, B. (2016). Psychometric evaluation of The Comprehensive Trauma Interview PTSD Symptoms Scale following exposure to child maltreatment. *Child Maltreatment*, 21, 343-352. doi: 10.1177/1077559516669253.
  5. Kroner, J.W., Hershey, A.D., Kashikar-Zuck, S.M., LeCates, S.L., Allen, J.R., Slater, S.K., Zafar, M., Kabbouche, M.A., O'Brien, H.L., **Shenk, C.E.**, Rausch, J.R., Kroon Van Diest, A.M., & Powers, S.W. (2016). Cognitive behavioral therapy plus amitriptyline for children and adolescents with chronic migraine reduces headache days to  $\leq 4$  per month. *Headache*, 56, 711-716. doi: 10.1111/head.12795.
  6. Teeters, A.R.\*, Ammerman, R.T., **Shenk, C.E.**, Goyal, N.G., Folger, A.T., Putnam, F.W., & van Ginkel, J.B. (2016). Predictors of maternal depressive symptom trajectories over the first 18 months in home visiting. *American Journal of Orthopsychiatry*, 86, 415-424. doi: 10.1037/ort0000159.
  7. **Shenk, C.E.**, Noll, J.G., Peugh, J.L., Griffin, A.M.\*, & Bensman, H.E. (2016). Contamination in the prospective study of child maltreatment and female adolescent health. *Journal of Pediatric Psychology*, 41, 37-45. doi: 10.1093/jpepsy/jsv017. PMID: PMC4710181.
  8. **Shenk, C.E.**, Griffin, A.M.\*, & O'Donnell, K.J. (2015). Symptoms of major depressive disorder subsequent to child maltreatment: Examining change across multiple levels of analysis to identify transdiagnostic risk pathways. *Development and Psychopathology*, 27, 1503-1514. doi: 10.1017/S0954579415000905. PMID: PMC4774890.
  9. **Shenk, C.E.**, Dorn, L.D., Kolko, D.J., Rausch, J.R., & Insana, S.P. (2014). Prior exposure to interpersonal violence and long-term treatment response for boys with a disruptive behavior disorder. *Journal of Traumatic Stress*, 27, 585-592. doi: 10.1002/jts.21962. PMID: PMC4943457.
  10. **Shenk, C.E.**, Putnam, F.W., Rausch, J.R., Peugh, J.L. & Noll, J.G. (2014). A longitudinal study of several potential mediators of the relationship between child maltreatment and PTSD symptoms. *Development and Psychopathology*, 26, 81-91. doi:10.1017/S0954579413000916. PMC Journal – In Process.
  11. **Shenk, C.E.** & Fruzzetti, A.E. (2014). Parental validating and invalidating responses and adolescent psychological functioning: An observational study. *The Family Journal*, 22, 43-48. doi: 10.1177/1066480713490900.
  12. Powers, S.W., Kashikar-Zuck, S.M., Allen, J.R., LeCates, S.L., Slater, S.K., Zafar, M., Kabbouche, M.A., O'Brien, H.L., **Shenk, C.E.**, Rausch, J.R., Hershey, A.D. (2013). Cognitive behavioral therapy plus amitriptyline for chronic migraine in children and adolescents: A randomized controlled trial. *JAMA*, 310, 2622-2630. doi:10.1001/jama.2013.282533. PMC4865682.
  13. Ammerman, R.T., **Shenk, C.E.**, Teeters, A.R.\*, Noll, J.G., Putnam, F.W. & Van Ginkel, J.B. (2013). Multiple mediation of trauma and parenting stress in mothers in home visiting. *Infant Mental Health Journal*, 34, 234-241. doi: 10.1002/imhj.21383.
  14. **Shenk, C. E.**, Putnam, F.W. & Noll, J.G. (2013). Predicting the accuracy of facial affect recognition: The interaction of child maltreatment and intellectual functioning. *Journal of Experimental Child Psychology*, 114, 229-242. doi: 10.1016/j.jecp.2012.08.007. PMID: PMC3576026.
  15. Noll, J.G. & **Shenk, C.E.** (2013). Teenage birthrates in sexually abused and neglected females. *Pediatrics*, 131, e1181-e1187. doi: 10.1542/peds.2012-3072. PMID: PMC3608488.

16. Noll, J.G., **Shenk, C.E.**, Barnes, J.E., & Haralson, K.J. (2013). Association of maltreatment with high-risk internet behaviors and offline encounters. *Pediatrics*, 131(2), e510-e517. doi: 10.1542/peds.2012-1281. PMID: PMC3557406.
17. **Shenk, C.E.**, Dorn, L.D., Kolko, D.J., Susman, E.J., Noll, J.G. & Bukstein, O.G. (2012). Predicting response to treatment for oppositional defiant disorder and conduct disorder using pre-treatment adrenal and gonadal hormones. *Journal of Child and Family Studies*, 21, 973-981. doi: 10.1007/s10826-011-9557-x.
18. Ammerman, R.T., **Shenk, C.E.**, Teeters, A.R.\* , Noll, J.G., Putnam, F.W., & Van Ginkel, J.B. (2012). Impact of depression and childhood trauma in mothers receiving home visitation. *Journal of Child and Family Studies*, 21, 612-625. doi: 10.1007/s10826-011-9513-9. PMID: PMC3660728.
19. **Shenk, C.E.**, Putnam, F.W. & Noll, J.G. (2012). Experiential avoidance and the relationship between child maltreatment and PTSD symptoms: Preliminary evidence. *Child Abuse & Neglect*, 36, 118-126. doi: 10.1016/j.chiabu.2011.09.012. PMID: PMC3345516
20. Noll, J.G., Haralson, K.J., Butler, E.M., and **Shenk, C.E.** (2011). Childhood maltreatment, psychological dysregulation, and risky sexual behaviors: Indirect pathways. *Journal of Pediatric Psychology*, 36(7), 743-752. doi: 10.1093/jpepsy/jsr003. PMID: PMC3146756.
21. **Shenk, C.E.** & Fruzzetti, A.E. (2011). The impact of validating and invalidating responses on emotional reactivity. *Journal of Social and Clinical Psychology*, 30(2), 163-183. doi: 10.1521/jscp.2011.30.2.163.
22. Dorn, L.D., Kolko, D.J., **Shenk, C.E.**, Susman, E.J., & Bukstein, O.G. (2011). Influence of treatment for disruptive behavior disorders on adrenal and gonadal hormones in youth. *Journal of Clinical Child & Adolescent Psychology*, 40(4), 562-571. doi: 10.1080/15374416.2011.581614. PMID: PMC Journal – In Process.
23. **Shenk, C.E.**, Noll, J.G., Trickett, P.K., & Putnam, F.W. (2010). A prospective examination of the role of childhood sexual abuse and physiological asymmetry in the development of psychopathology. *Child Abuse & Neglect*, 34(10), 752-761. doi: 10.1016/j.chiabu.2010.02.010. PMID: PMC2962453.
24. Noll, J.G., **Shenk, C.E.**, Yeh, M.T., Ji, J., Putnam, F.W., & Trickett, P.K. (2010). Receptive language ability and educational attainment across development for sexually abused females. *Pediatrics*, 126(3), e615-e622. doi: 10.1542/peds.2010-0496. PMID: PMC3690582.
25. Noll, J.G. & **Shenk, C.E.** (2010). The physical health consequences of childhood maltreatment: Implications for public health. *Journal of Pediatric Psychology*, 35(5), 447-449. doi: 10.1093/jpepsy/jsq013. PMID: PMC4415051.
26. De Bellis, M., Woolley, D., Hooper, S., & **Shenk, C.E.** (2010). Demographic, maltreatment, and neurobiological correlates of PTSD symptoms in children and adolescents. *Journal of Pediatric Psychology*, 35(5), 570-577. doi: 10.1093/jpepsy/jsp116. PMID: PMC2910943.
27. Negriff, S., Noll, J.G., **Shenk, C.E.**, Putnam, F.W., & Trickett, P.K. (2010). Associations between nonverbal behaviors and subsequent sexual attitudes and behaviors of sexually abused and comparison girls. *Child Maltreatment*, 15(2) 180-189. doi: 10.1177/1077559509356020. PMID: PMC4725307.
28. **Shenk, C.E.**, Noll, J.G., & Cassarly, J.A. (2010). A multiple mediational test of the relationship between childhood maltreatment and non-suicidal self-injury. *Journal of Youth and Adolescence*, 39(4), 335-342. doi: 10.1007/s10964-009-9456-2. PMID: PMC2977983.

29. Trickett, P.K, Noll, J.G., Susman, E.J., Dorn, L., **Shenk, C.E.**, & Putnam, F.W. (2010). Attenuation of cortisol across development for victims of sexual abuse. *Development and Psychopathology*, 22, 165-175. doi: 10.1017/S0954579409990332. PMID: PMC3100742.
30. Iverson, K, **Shenk, C.** & Fruzzetti, A. (2009). Dialectical Behavior Therapy for the treatment of women victims of domestic abuse: Empirical support for the effectiveness of a group therapy program. *Professional Psychology: Research & Practice*, 40(3), 242-248. doi: 10.1037/a0013476.
31. Noll, J.G., **Shenk, C.E.**, Barnes, J.E. & Putnam, F.W. (2009). Childhood abuse, avatar choices and other risk factors associated with internet-initiated victimization of adolescent females. *Pediatrics*, 123, e1078-e1083. doi: 10.1542/peds.2008-2983. PMID: PMC2966308.
32. Noll, J.G., **Shenk, C.E.**, & Putnam, K. (2009). Childhood sexual abuse and adolescent pregnancy: A meta-analytic update. *Journal of Pediatric Psychology*, 34(4) 366-378. doi: 10.1093/jpepsy/jsn098. PMID: PMC2722133.
33. Fruzzetti, A.E. & **Shenk, C.** (2008). Fostering validating responses in families. *Social Work in Mental Health*, 6(1-2), 215-227. doi: 10.1300/J200v06n01\_17.
34. **Shenk, C.** & Brown, A. (2007). Cognitive-behavioral treatment of an adolescent sexual offender with an intellectual disability: A novel application of exposure and response prevention. *Clinical Case Studies*, 6, 307-324. doi: 10.1177/1534650106288235.
35. Fruzzetti, A.E., **Shenk, C.**, & Hoffman, P. (2005). Family interaction and the development of borderline personality disorder: A transactional model. *Development and Psychopathology*, 17(4), 1007-1030. doi: 10.1017/S0954579405050479.
36. Hayes, S.C. & **Shenk, C.** (2004). Operationalizing mindfulness without unnecessary attachments. *Clinical Psychology: Science & Practice*, 11(3), 249-254. doi: 10.1093/clipsy.bph079.

## **PUBLICATIONS – BOOK CHAPTERS**

37. Hayes, S. C., Masuda, A., **Shenk, C.**, Yadavaia, J. E., Boulanger, J., Vilardaga, R., Plumb, J., Fletcher, L., Bunting, K., Levin, M., Hildebrandt, M. & Waltz, T. (2007). Applied extensions of behavior principles: Applied behavioral concepts and behavioral theories. In D. Woods & J. Kantor (Eds.), *Understanding Behavior Disorders: A Contemporary Behavior Analytic Perspective* (pp. 47-80). Reno, NV: Context Press.
38. Hayes, S. C., **Shenk, C.**, Masuda, A., & Bunting, K., (2006). The psychological processes underlying mindfulness: Exploring the link between Buddhism and modern contextual behavioral psychology. In D. K. Nauriyal, M.S. Drummond, & Y.B. Lal (Eds.), *Buddhist Thought and Applied Psychology: Transcending the Boundaries* (pp. 431-451). London: Routledge-Curzon.
39. Fruzzetti, A., **Shenk, C.**, Mosco, E. & Lowry, K. (2003). Emotion regulation. In W. O'Donohue, J. Fisher, and S. Hayes (Eds.), *Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice* (pp. 152-159). New York: Wiley.

## **PUBLICATIONS – PEER REVIEWED ABSTRACTS, PRESENTATIONS, & SEMINARS**

1. Allen, E. K., **Shenk, C.E.** (2017). Parental monitoring as a protective mechanism among youth with a history of maltreatment. Poster presentation at the Society for Research in Child Development, Austin, TX.
2. **Shenk, C.E.** & Vasilenko, S.A. (2016). Contamination in child maltreatment research: Novel methods for enhancing replication of effects. Paper presented at the 3<sup>rd</sup> Annual Developmental Methodology Conference, Whitefish, MT.

3. **Shenk, C.E.**, Griffin, A.M.,\* & O'Donnell, K.J. (2015). Child maltreatment and subsequent psychiatric outcomes: Examining change across several potential mediators to identify transdiagnostic risk processes. Paper presented at the 49<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
4. Teeters, A.R.,\* Ammerman, R.T., **Shenk, C.E.**, Putnam, F.W., & Van Ginkel, J.B. (2014). Depression trajectories in mothers in home visiting. Poster presented at the 4<sup>th</sup> National Summit on Quality in Home Visiting Programs, Washington, D.C.
5. **Shenk, C.E.**, Putnam, F.W., Rausch, J.R., Peugh, J.L., & Noll, J.G. (2013). Testing several potential mediators of the relationship between child maltreatment and PTSD symptoms. Paper presented at the 47<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
6. **Shenk, C.E.**, Dorn, L.D., Kolko, D.J., Rausch, J.R., & Insana, S.P. (2013). Interpersonal violence exposure as a predictor of long-term treatment response for boys with a disruptive behavior disorder. Paper presented at the 29<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA
7. **Shenk, C.E.** (2013). Issues Affecting Youth-Serving Organizations. Panel Discussion at the 2nd Annual National Youth Protection Symposium, Boy Scouts of America, Grapevine, TX.
8. Allen, J. Kashikar-Zuck, S., LeCates, S., Slater, S., Zafar, M. **Shenk, C.**, Lopez, W., White, S., Vaughan, P., Segers, A., Manning, P., Bush, J., Kacperski, J., O'Brien, H., Kabbouche, M., Rausch, J., Hershey, A., & Powers, S. (2013). Cognitive behavioral treatment plus amitriptyline leads to clinically significant reductions in headache frequency and migraine-related disability. Abstract presented at the 2013 International Headache Congress - American Headache Society, Boston, MA.
9. **Shenk, C.E.** (2013). Implementing clinical trials methodology into the everyday care of abused children. Paper presented at the 34<sup>th</sup> Annual Meeting of the Society for Clinical Trials, Boston, MA.
10. **Shenk, C.E.** (2013). Grant Writing. Presentation given to the Division of Urogynecology, Good Samaritan Hospital, Cincinnati, OH.
11. **Shenk, C.E.** (2012). Developing personalized clinical interventions: Sequential Multiple Assignment Randomized Trials (SMARTs). Presentation given to the Prevention Science Seminar, Cincinnati Children's Hospital Medical Center, Cincinnati, OH.
12. **Shenk, C.E.** (2012). Designing a pilot Sequential Multiple Assignment Randomized Trial (SMART). Presentation given to the Discovery and Data Analysis Seminar, Cincinnati Children's Hospital Medical Center, Cincinnati, OH.
13. Allen, J. LeCates, S., Slater, S., Zafar, M., **Shenk, C.**, Lopez, W., Kashikar-Zuck, S., Cherney, S., Vaughan, P., Segers, A., Manning, P., Bush, J., Kacperski, J., O'Brien, H., Kabbouche, M., Hershey, A., Powers, S. (2012). Adherence to Clinical Trial Timeline – Pediatric Patients with Chronic Daily Headache. Abstract presented at the 54<sup>th</sup> Annual Meeting of the American Headache Society, Los Angeles, CA.
14. Noll, J.G., Peugh, J. & **Shenk, C.E.** (2012). Pathways to teen pregnancy and teen motherhood for abused and non-abused females: Pre-pregnancy predictors. Poster presented at the 2012 Biennial Meeting for the Society for Research on Adolescence, Vancouver, Canada.
15. Hardcastle, C., Noll, J.G., Barnes, J., Haralson, K., **Shenk, C.E.**, & Simmons, K. (2012). Teen risk variables associated with high-risk internet behaviors: The impact on subsequent offline meetings and the mediating role of parents. Poster presented at the 2012 Biennial Meeting for the Society for Research on Adolescence, Vancouver, Canada.

16. **Shenk, C.E.** (2012). Designing multi-component and multi-mediational behavioral interventions. Discovery and Data Analysis Seminar, Cincinnati Children's Hospital Medical Center, Cincinnati, OH.
17. **Shenk, C.E.**, Putnam, F.W. & Noll, J.G. (2011). Experiential avoidance and the relationship between child maltreatment and PTSD symptoms. Paper presented at the 27<sup>th</sup> Annual Conference of the International Society for Traumatic Stress Studies, Baltimore, MD.
18. **Shenk, C.E.** (2011). Designing, Implementing and Analyzing Research Projects with Medical Outcomes. Grand Rounds for the Division of Obstetrics & Gynecology, Good Samaritan Hospital, Cincinnati, OH.
19. Gordon, R.D.\*, Noll, J.G. & **Shenk, C.E.** (2011). Childhood maltreatment and recognition of emotional cues. Poster presented at the University of Cincinnati College of Medicine, SURF Scholars Program.
20. **Shenk, C.E.** (2011). Child Maltreatment and PTSD: Intervening Variables and Applications to Intervention. Invited lecture, University of Louisville, Louisville, KY.
21. **Shenk, C.E.** & Noll, J.G. (2010). Does childhood abuse increase risk for internet-initiated victimization? Paper presented at the 2010 Biennial Meeting for the Society for Research on Adolescence, Philadelphia, PA.
22. **Shenk, C.E.**, Noll, J.G., Trickett, P.K., & Putnam, F.W. (2009). A prospective examination of the role of childhood sexual abuse and physiological asymmetry in the development of psychopathology. Paper presented at the 2009 Biennial Meeting of the Society for Research in Child Development, Denver, CO.
23. Dorn, L.D., **Shenk, C.E.**, Susman, E.J. & Kolko, D.J. (2009). Does treatment for disruptive behavior disorders alter hormone concentrations in 6 to 11 year-olds? Poster presented at the 2009 Biennial Meeting of the Society for Research in Child Development, Denver, CO.
24. **Shenk, C.E.**, Dorn, L.D., Kolko, D.J., Susman, E.J. & Noll, J.G. (2009). Influence of adrenal and gonadal hormones on treatment response for children with disruptive behavior disorders. Poster presented at the 2009 Biennial Meeting of the Society for Research in Child Development, Denver, CO.
25. **Shenk, C.** & Fruzzetti, A.E. (2007). Effects of validating and invalidating behaviors on emotional arousal over time: Evidence for a transactional model of emotion dysregulation. Presented at the 2007 International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Philadelphia, PA.
26. **Shenk, C.** & Fruzzetti, A.E. (2007). Regulatory functions of social responsiveness on autonomic and self-report measures of emotional arousal. Poster presented at the 2007 Grant Collier Research Festival, Rochester, NY.
27. **Shenk, C.** & Fruzzetti, A.E. (2006). Impact of acceptance-based parent communication on adolescent emotion regulation. Paper presented at the 40th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
28. **Shenk, C.**, Fruzzetti, A.E., & Ward, A. (2006). The impact of parental validation and invalidation on adolescent emotion regulation. Poster presented at the 11th Biennial Meeting of the Society for Research on Adolescence, San Francisco, CA.
29. **Shenk, C.** & Fruzzetti, A. E. (2005). Mindfulness-based interventions with parents and their distressed adolescent children: Pilot data. Paper presented at the International Congress of Cognitive Psychotherapy, Goteborg, Sweden.



30. Fruzzetti, A. E., Iverson, K., & **Shenk, C.** (2005). Dialectical Behavior Therapy adapted for women victims of domestic violence: A pilot study. Paper presented at the 3rd Dialectical Behavior Therapy Strategic Planning Conference, Seattle, WA.
31. **Shenk, C.** & Fruzzetti, A. (2004). Co-morbid onset of borderline personality disorder and major depression in adolescents exposed to invalidating parental behaviors. Paper presented at the 2004 Association for the Advancement of Behavior Therapy, New Orleans, LA.
32. Iverson, K., **Shenk, C.**, & Fruzzetti, A. (2004). Treatment for female victims of domestic violence: A pilot study utilizing Dialectical Behavior Therapy. Poster presented at the 2004 Association for the Advancement of Behavior Therapy, New Orleans, LA.
33. Iverson, K., **Shenk, C.**, & Fruzzetti, A. (2004). Dialectical behavior therapy adapted for female victims of domestic violence: A pilot study. Paper presented at the 2004 Association for the Advancement of Behavior Therapy, New Orleans, LA.
34. **Shenk, C.** & Fruzzetti, A. E. (2004). Effects of parental invalidation on the development of borderline personality disorder in adolescence. Poster presented at the 2004 Nevada State Psychological Association, Reno, NV.
35. Iverson, K., **Shenk, C.**, Boulanger, J., & Fruzzetti, A. E. (2004). Dialectical behavior therapy for female victims of partner emotional, sexual, and physical abuse. Poster presented at the 2004 Nevada State Psychological Association, Reno, NV.
36. **Shenk, C.** & Fruzzetti, A. (2003). The biosocial model of individual psychopathology: The development and maintenance of individual problems. Paper presented at the 2003 Association for the Advancement of Behavior Therapy, Boston, MA.
37. **Shenk, C.** (2003). Treating invalidating parents as a way to facilitate change with adolescents with BPD features: Rationale and preliminary outcomes. Poster presented at the 2003 International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Boston, MA.
38. **Shenk, C.** & Fruzzetti, A. (2003). Therapeutic outcomes of validation training with parents. Presented at the 111th Annual Convention of the American Psychological Association, Toronto, Canada.
39. Lowry, K., Mosco, E., **Shenk, C.**, and Fruzzetti, A. (2002). Defining and measuring validating and invalidating behaviors: Reliability and validity of an observational rating scale. Paper presented at the 2002 Association for the Advancement of Behavior Therapy, Reno, NV.
40. **Shenk, C.**, Lowry, K, and Fruzzetti, A. (2002). Dialectical behavior therapy for victims of domestic violence: Rationale and preliminary results. Presented at the 2002 International Society for the Investigation and Teaching of Dialectical Behavior Therapy, Reno, NV.
41. Darling, N., Andrade, D.D., Baldwin, A., **Shenk, C.**, and Vores, T.L. (1998). Liked and disliked features of alcohol use. Presented at the Biennial Meeting of the Society for Research on Adolescence, San Diego, CA.

#### **MANUSCRIPTS UNDER REVIEW**

O'Sullivan, D.M., Bates, J., & **Shenk, C.E.** (revise and resubmit). Child maltreatment severity, chronic substance abuse, and disability status. *Rehabilitation Psychology*.

#### **MANUSCRIPTS IN PREPARATION**

Kugler, K., **Shenk, C.E.**, Guastafarro, K., Rivera, P., & Noll, J.G. (in preparation). A propensity score approach to establish a causal effect between child maltreatment reports and subsequent adolescent health. *American Journal of Public Health*.

**Shenk, C.E.**, Vasilenko, S.A., & Allen, E.K.\* (in preparation). Effects of contamination in prospective child maltreatment research: Population-based inferences from LONGSCAN.

**Shenk, C.E.**, Bensman, H.E., & Allen, B.A. (in preparation). Assessment of pediatric trauma. In V. Carrion (Ed.), *Assessing and Treating Youth Exposed to Traumatic Stress*. American Psychiatric Publishing: Arlington, VA.

Guastafarro, K., **Shenk, C.E.**, & Collins, L. (in preparation). The Multiphase Optimization Strategy for developing and evaluating psychological interventions. In XXX (Eds.), *Handbook of Research Methods in Clinical Psychology*.

## TEACHING

SP 2017	HDFS 600 – Master’s Thesis Pennsylvania State University, Department of Human Development and Family Studies
SP 2017	HDFS 596 – Individual Studies Pennsylvania State University, Department of Human Development and Family Studies
SP 2017	HDFS 496 – Independent Studies Pennsylvania State University, Department of Human Development and Family Studies
SP 2017	CMAS 258 - Introduction to Child Maltreatment and Advocacy Studies Pennsylvania State University, Inter-College Minor in Child Maltreatment and Advocacy Studies
FA 2016	CMAS 465 – Child Maltreatment: Prevention and Treatment Pennsylvania State University, Department of Human Development and Family Studies
FA 2016	HDFS 600 – Master’s Thesis Pennsylvania State University, Department of Human Development and Family Studies
FA 2016	HDFS 496 – Independent Studies Pennsylvania State University, Department of Human Development and Family Studies
SP 2016	HDFS 508 - Best Practices in Child Maltreatment Interventions Pennsylvania State University, Department of Human Development and Family Studies
SP 2016	CMAS 258 - Introduction to Child Maltreatment and Advocacy Studies Pennsylvania State University, Inter-College Minor in Child Maltreatment and Advocacy Studies
SP 2016	HDFS 494H – Senior Honor’s Thesis Pennsylvania State University, Department of Human Development and Family Studies
FA 2015	HDFS 297A - Introduction to Child Maltreatment and Advocacy Studies Pennsylvania State University, Department of Human Development and Family Studies
FA 2015	HDFS 494H – Senior Honor’s Thesis Pennsylvania State University, Department of Human Development and Family Studies
FA 2015	HDFS 496 – Independent Studies Pennsylvania State University, Department of Human Development and Family Studies

- SP 2015 HDFS 496 – Independent Studies  
Pennsylvania State University, Department of Human Development and Family Studies
- FA 2014 HDFS 452 - Child Maltreatment Prevention, Intervention, and Legal Issues  
Pennsylvania State University, Department of Human Development and Family Studies
- FA 2013 HDFS 432 - Developmental Problems in Childhood and Adolescence  
Pennsylvania State University, Department of Human Development and Family Studies
- SP 2006 PSY 233 - Child Development  
University of Nevada, Reno, Department of Psychology
- SU 2006 PSY 234 - Psychology of Adolescence  
University of Nevada, Reno, Department of Psychology
- SU 2005 PSY 234 - Psychology of Adolescence  
University of Nevada, Reno, Department of Psychology

### **DISSERTATION, DOCTORAL CANDIDACY, AND COMPREHENSIVE EXAMINATIONS**

- 2017 Dissertation Committee, Human Development, Jacinda Li, Pennsylvania State University
- 2017 Comprehensive Exam, Psychology, Kelly Daly, BA, Pennsylvania State University
- 2017 Comprehensive Exam, Human Development, Jonathan Reader, MS, Pennsylvania State University
- 2017 Master's Thesis, Human Development, Elizabeth Allen, BA, Pennsylvania State University
- 2016 Comprehensive Exam, Human Development, Jacinda Li, MS, Pennsylvania State University
- 2015 Doctoral Candidacy, Human Development, Briana Sprague, MS, Pennsylvania State University
- 2015 Doctoral Candidacy, Human Development, Kristine Bova, MS, Pennsylvania State University
- 2015 Doctoral Candidacy, Human Development, Jonathan Reader, MS, Pennsylvania State University
- 2015 Doctoral Candidacy, Human Development, Nicole Roberts, MS, Pennsylvania State University
- 2014 Doctoral Candidacy, Human Development, Emily Waterman, MS, Pennsylvania State University
- 2011 Dissertation Committee, Biostatistics & Epidemiology, Karen Putnam, MS, University of Cincinnati

### **GRADUATE AND POSTDOCTORAL RESEARCH ADVISING AND MENTORING**

- 2015- Research Advisor, Human Development, Elizabeth Allen, BA, Pennsylvania State University
- 2014 Research Advisor, Human Development, Amanda Griffin, MS, Pennsylvania State University
- 2012 Research Advisor, Postdoctoral Fellowship for Angelique Teeters, PsyD, Cincinnati Children's
- 2012 Resident Advisor, Clinical Psychology Residency for Briannon O'Connor, MA, University at Buffalo
- 2011 Resident Advisor, Clinical Psychology Residency for Angelique Teeters, MA, Xavier University
- 2010 Resident Advisor, Clinical Psychology Residency for Keri Sheils, MA, University at Buffalo

### **UNDERGRADUATE RESEARCH ADVISING AND MENTORING**

- 2017 Capstone Advisor, Minor on Child Maltreatment, Zachary Hubert, Pennsylvania State University
- 2017 Senior Honor's Thesis, Human Development, Elizabeth Fey, Pennsylvania State University
- 2016 Capstone Advisor, Minor on Child Maltreatment, Meghan Guyette, Pennsylvania State University
- 2015 Senior Honor's Thesis, Human Development, Jordan Laporta, Pennsylvania State University
- 2015 Research Advisor, Human Development, Kristen Lewkovich, Pennsylvania State University

### **SERVICE AND CITIZENSHIP**

#### University

- 2017- Member, Promotion and Tenure Committee, Human Development and Family Studies
- 2015- Mentor, Social Science Research Institute, Faculty Fellows Program
- 2014- Member, Committee for a Minor in Child Maltreatment, Network on Child Protection and Well-being
- 2014- Grant Reviewer, Social Science Research Institute

- 2014 Member, New Building Committee
- 2013- Clinical Psychologist, Transforming the Lives of Children Clinic, Penn State Hershey Medical Center
- 2013- Member, Child Maltreatment Search Committee
- 2013- Member, Graduate Admissions Committee

#### Community

- 2014- Stakeholder, Dauphin County Children and Youth Services, Quality Services Review
- 2014- Member, Advisory Board for the Child Advocacy Center of Centre County
- 2014- Member, Mental Health Subcommittee, Child Advocacy Center of Centre County

#### Profession

- 2016- Member, Research Advisory Committee, National Children's Alliance
- 2016 Reviewer, Outstanding Doctoral Dissertation Award, 2017 SRCD Biennial Meeting
- 2014- Grant Reviewer, Special Emphasis Panel for World Trade Center Research Review (2014/05 ZOH1 NXT 51 1) Disease, Disability and Injury Prevention and Control, CDC/NIOSH
- 2014- Member, Membership Committee, APA Division 37 – Section on Child Maltreatment
- 2013 Abstract Reviewer, 2014 Biennial Meeting of the Society for Research on Adolescence
- 2012- Early Career Reviewer, Center for Scientific Review, National Institutes of Health
- 2012 Abstract Reviewer, 2013 Biennial Meeting of the Society for Research on Child Development
- 2011- Abstract Reviewer, American Psychological Association Annual Convention (Division 12)
- 2010 Abstract Reviewer, 2011 Biennial Meeting of the Society for Research on Child Development

#### Editorial

- 2017- Consulting Editor, Child Maltreatment
- 2010 Associate Editor, Journal of Pediatric Psychology, Special Issue on the Long-term Health Consequences of Child Maltreatment

#### Ad Hoc Manuscript Reviews

Child Maltreatment (3), Child Abuse & Neglect (4), Development and Psychopathology (6), Journal of Child Psychology and Psychiatry (2), Journal of Family Violence (1), Journal of Research on Adolescence (3), Journal of Youth and Adolescence (1), Hormones and Behavior (1), Journal of Adolescence (3), Journal of Pediatric Psychology (7), Aggression and Violent Behavior (1), Personal Relationships (1), Psychology of Violence (1), Journal of Adolescent Health (1), Child Development (1), Journal of Experimental Child Psychology (1), Biological Psychology (2), Aging & Mental Health (2), European Journal of Pain (1), American Journal of Orthopsychiatry (1), European Psychiatry (1), Psychiatry Research (1), Prevention Science (1), Children and Youth Services Review (1), Developmental Psychology (1), Pediatrics (2), Psychoneuroendocrinology (3), Journal of Affective Disorders (1), Journal of Clinical Child and Adolescent Psychology (1), Developmental Psychobiology (1)

#### **CLINICAL TRAININGS**

- 2005 Clinical Trainer, "Helping children thrive: Emotion regulation for highly aggressive children and adolescents". Oakland, CA.
- 2003 Clinical Trainer, "Validation and mindfulness for parents and caregivers of adolescents with emotion regulation difficulties". Placerville, CA.