Happy holidays and thanks again for your dedication to the Back to Baby Basics Project! We look forward to seeing you and your child again!

**Diane Lickenbrock**
Many of you have seen Diane when you visited the lab. She has been working on the Back to Baby Basics Project since July of 2010. Diane received her Ph.D. from the University of Notre Dame in 2010. She loves learning about how babies develop.

**Kameron Moding**
Kameron is the newest graduate student working on the project. Many of you will see her at your upcoming 12 month or 18 month visit. She graduated from Colorado College in 2010.
With winter starting, we at the Back to Baby Basics Project would like to send an update on the status of the project. We finished our last 4-month home visit in October. We visited 115 families. The 6-month lab visits and 6-month immunization visits were completed recently. We are excited to start the 18-month visit in January. Enrolled in our project are 54 families with baby girls and 61 families with baby boys. It has been fun seeing your baby change and grow over time.

The B2BB team has been working on the collected data and your questionnaires as the study has progressed. Thank you for your continued participation, which is incredibly valuable to the study!

We would like to tell you a little bit about what to expect during your next visit.

For those of you coming to the 12-month visit, all of the activities are the same as the 6-month visit, but now that your baby is more aware of the world, he or she may react quite differently to the same tasks.

The 18-month visit is very different from the 6 and 12-month visits. Now that your toddler is exploring the world more we will have activities that reflect his or her new abilities. During the visit toddlers will: explore new situations, play with interesting toys, try to wait for something they want, and test out their new skills. Like all of the other visits we will measure your toddler’s height and weight.

Children may respond to situations in a certain way due to their temperament. As children grow, they learn new ways to adjust to new situations. A paper by Dr. Stifter, Jessica Dollar, and Liz Cipriano was recently accepted for publication in the Journal of Developmental Psychobiology. The paper reported on a study in our lab that looked at the relationship between child temperament and how preschool children responded to being disappointed. The results showed that children who were a little fearful, measured through heart rate, in response to a stranger showed good emotion regulation in response to disappointment. This study is an illustration of the importance of your participation in our research.


We have had 16 undergraduate students help with the lab visits so far. They enjoy interacting with the babies and operating the video cameras. Thank you to all of our undergrads for helping with the lab visits!