Thanks again for your dedication to the Back to Baby Basics Project! Enjoy the rest of your summer and we hope to see you again soon!

B2BB Graduates

We have a great team of undergraduate research assistants on the B2BB project, many of whom you may have met during your visits to Penn State. We are proud to share with you the future plans of our recent graduates.

**Tyler Davis** majored in Pre-medicine and plans to work in a pediatrician’s office before pursuing medical school and a career in pediatrics.

**Brooke McNeilley** majored in Pre-medicine with a minor in Kinesiology. Brooke will begin a master’s program in the fall and hopes to attend medical school in the future.

**Laura Meade** majored in Human Development and Family Studies with a minor in Psychology. She will attend graduate school for Occupational Therapy at the University of Pittsburgh.

**Dan Pustay** majored in Life Science. He is currently in the running for a Fulbright scholarship for the coming year and plans to apply to medical school soon.

**Dilini Tholka Mudalige** majored in Biology with a minor in Human Development and Family Studies. In the fall she will attend the NYU College of Dentistry.

**Amanda Wylie** majored in Biobehavioral Health with a minor in Human Development and Family Studies. Amanda will attend graduate school at Johns Hopkins University to study maternal and child health.
PA ROAD TRIPS

Ready to hit the road but not sure where to go? The PA tourism website has you covered with pre-planned road trips that are specific to region and interest. For example, “Kidsylvania: The Alleghenies” is a three-day, two-night trip that takes your family to Johnstown, Altoona, Lakemont Park, and Bedford. The stops along the way are geared towards fun and learning for kids like the Quaint Corner Children’s Museum in Altoona and Old Bedford Village.

To learn more visit: http://www.visitpa.com/pa-road-trips/

PA FARM STAY

Farms are a predominant part of PA’s landscape. Have you ever wondered what it’s like to live on a farm? PA Farm Stay allows families the opportunity to stay overnight on a participating farm and activities such as feeding the animals, collecting eggs, and enjoying some true farm-to-table meals.

To learn more visit: http://www.pafarmstay.com/

Summer Fun

We are happy to announce that we obtained grant funds to do a follow-up study during the preschool years. We are eager to see you again and see how the kids have grown over the years.

The first time to see you and your child again will be around age 4.

We will be contacting you around your child’s 4th birthday to talk to you about the follow-up and to schedule your next visit.

Big News!

We have completed data collection for the 12M visits through Wave 2. 41/45 Wave 2 families completed this visit.

18 month lab visits for Wave 2 are ongoing, and will finish up in November 2013.

We are preparing for the preschool follow-up study to begin in Fall 2013.

Kameron Moding, M.S.

In April 2013, Kameron successfully defended her Master’s thesis entitled, “The association between infant temperament, parenting behaviors, and infant food acceptance.” Read more about her results on the next page!

Staff Milestones

Kameron’s Master’s thesis looked at how mothers’ reports of infant temperament were related to whether babies accepted or rejected a new food (hummus or cottage cheese) at the 12-month visit. Here’s what she found:

- Babies who were reported to like new things (new places, toys, and people) showed that they tended to like the new food. They showed positive or neutral facial expressions after the very first taste of food.

- Conversely, babies who were reported to dislike new things tended to show that they did not like the new food. They showed more negative behaviors (crying or fussing) when trying the new food for the first time.

Dr. Stifter and her students presented several scientific posters this past year at conferences using B2BB data. Below are findings from one recent poster:

Ready for solid foods? Both moms and babies may play a role in determining when solid foods (anything besides breast milk or formula) are introduced. Using mom’s report of her feeding beliefs and behaviors and her report of her babies behavior at 6 months, we found:

- Moms who reported higher levels of concern about getting their child to eat enough food tended to introduce solid foods earlier than those who reported less concerned, particularly when their babies were low in activity level.

Preliminary Findings