# Food Intake Regulation

**Leann Birch**  
Distinguished Professor; Director, Center for Childhood Obesity Research  
**Human Development & Family Studies**  
Email Address: [LLB15@PSU.EDU](mailto:LLB15@PSU.EDU)  
Research Interests: The links among parents' own eating and weight status, parenting practices, and child outcomes from infancy through adolescence, with a current focus on the emergence of dieting and problems of energy balance in girls during middle childhood and early adolescence.

**Rebecca Corwin**  
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**Nutritional Sciences**  
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Research Interests: Skeletal consequences of dietary fat during aging; neurochemical consequences of binge eating.

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Research Interests: Reduced sensitivity to satiation signals in control of obesity; neural substrates of peptides- and nutrients-induced satiety; the role of glutamate in control food intake.

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Research Interests: Dietary intake patterns and diet quality in American children using large, nationally representative data sets; the effect of dietary intake factors on the development of childhood

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Research Interests: Psychological and physiological controls of food intake and selection in normal weight and obese humans across the life span; nutritional strategies for weight management.