Verification Statement Policy: Second Degree-Seeking Students

Policy:
A Verification Statement is an official document that signifies that the student has met all academic and professional requirements as dictated by ACEND of the Academy of Nutrition and Dietetics for the Pennsylvania State University DPD (Nutritional Sciences major: Nutrition and Dietetics option).

Procedure
Students who are second degree-seeking students should follow the procedures below:

Step #1: The student must be admitted to Penn State University as a degree–seeking student and meet the admission requirements for Penn State University.

Step #2: Students seeking a second degree should provide evidence of completing a Bachelor of Science or Bachelor of Arts degree, including the Penn State equivalent of at least 3 credit hours of General Chemistry, 8 credit hours of Anatomy and Physiology lecture and lab, and 3 credit hours of Introduction to Nutrition. The courses must be completed with a grade of C or better.

Step #3: Students who are completing a second degree should meet with a Nutritional Sciences academic advisor to determine which courses taken at institutions other than Penn State to will meet the general education requirements and the Nutritional Sciences major, Nutrition and Dietetics option requirements. A complete list of courses can be found on the university bulletin at: https://bulletins.psu.edu/undergraduate/colleges/health-human-development/nutritional-sciences-bs/#suggestedacademicplantext

The Nutritional Sciences undergraduate advisers will begin the transcript evaluation process based on an initial review of the applicant’s official transcripts and other supporting documents. To start this review process, students who completed courses at another university should provide the following:
• Copy of all transcripts from other universities or colleges attended. A photocopy is acceptable.
• A syllabus for all courses that are being considered to count as transfer equivalent courses.

The following prescribed and additional required courses will be evaluated for their equivalency to meet the Nutritional Sciences major, Nutrition and Dietetics option degree and Verification Statement Requirements:
• BIOL 161 and BIOL 162L: Anatomy and Physiology I
• BIOL 163 and BIOL 164L: Anatomy and Physiology II
• MICRB 106: Elementary Microbiology and MICRB 107: Elementary Microbiology Lab
• STAT 200: Elementary Statistics or STAT 250: Introduction to Biostats
• CHEM 110: Chemical Principles I or CHEM 130: Intro to General, Organic, and Biochemistry
• CHEM 202: Fundamentals of Organic Chemistry I or CHEM 210: Organic Chemistry 1
• HDFS 129: Intro to Human Development & Family Studies or PSYCH 100: Introductory Psychology
• BMB 211: Elementary Biochemistry
• NUTR 211R: Applying Biochemistry to Nutrition
• NUTR 251: Introductory Principles of Nutrition
• NUTR 445 Energy and Macronutrient Metabolism
• NUTR 446: Micronutrient Metabolism
• NUTR 451 Nutrition throughout the Life Cycle
Students will be required to complete the following courses offered by the Nutritional Sciences department to meet the DPD Verification Statement requirements:

- NUTR 358 Assessment of Nutritional Status
- NUTR 360 Nutrition Education and Behavior Change
- NUTR 361 Community and Public Health Nutrition
- NUTR 386 Managing Quality in Food and Nutrition Services
- NUTR 391 Professional Preparation in Nutrition and Dietetics
- NUTR 393 Dietetic Internship Application Development
- NUTR 400 Introduction to Nutrition Counseling
- NUTR 452 Nutritional Aspects of Disease
- NUTR 453 Medical Nutrition Therapy
- NUTR 490W Nutrition Seminar
- NUTR 495 Advanced Field Experience in Nutrition
- HM 330 Food Production & Service Management

Step #5: To earn a Verification Statement:
- Students must earn a 70% or higher on designated assessments that are designed to measure student competency and knowledge of specific KRDN learning outcomes. Nutritional Science and Hospitality Management courses that are giving designated assessments will identify this information in their course syllabus.
- Maintained a grade of “C” or better in all the Nutrition and Dietetics option Prescribed and Additional courses listed above

Exceptions for students returning after a 5-year period
In the event a student begins the process of meeting the Verification Statement requirements and needs to take a leave of absence for a period of greater than 5 years, the following courses will need to be retaken to ensure the student has current information in the courses below.

The following college-level (or equivalent) must be completed, either at Penn State or another approved institution within a 5-year period. Students must earn a grade of C or higher in all courses listed below to be eligible for a Verification Statement.

- NUTR 358 Assessment of Nutritional Status
- NUTR 452 Nutritional Aspects of Disease
- NUTR 453 Medical Nutrition Therapy
- NUTR 490W Nutrition Seminar

Students requiring less than 60 credits to finish all DPD requirements have the option to enroll as a non-degree student. This decision will be made in consultation with the assigned undergraduate adviser.