

STEFFANY J. FREDMAN, PH.D.

Curriculum Vitae

PERSONAL INFORMATION

Professional address:

Department of Human Development and Family Studies
The Pennsylvania State University
115 Health and Human Development Building
University Park, PA 16802

Phone: (814) 867-5296

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EDUCATION:

- 2007-2010 Postdoctoral Fellowship, Women's Health Sciences Division, National Center for PTSD
Mentor: Candice M. Monson, Ph.D.
- 2006-2007 Predoctoral Clinical Internship (APA approved)
Boston Consortium in Clinical Psychology
- 2007 Ph.D. in Clinical Psychology (APA approved)
University of North Carolina at Chapel Hill
Dissertation Advisor: Donald H. Baucom, Ph.D.
Thesis Advisor: Dianne L. Chambless, Ph.D.
- 1996 B.A. in Psychology, with Honors (*magna cum laude*)
Amherst College, Amherst, MA
Honors Thesis Advisor: Elizabeth Aries, Ph.D.

HONORS:

- 2017-present Karl R. Fink and Diane Wendle Fink Early Career Professorship for the Study of Families
- 2016 Teaching Excellence Award, College of Health and Human Development, The Pennsylvania State University
- 2015-2017 Clinical Research Loan Repayment Award Renewal, National Institutes of Health
- 2014-2015 Fran and Holly Soistman Faculty Endowment, College of Health and Human Development, The Pennsylvania State University
- 2012 Texas A&M NSF ADVANCE Center for Women Faculty Workshop Scholar
- 2011-2012 Clinical Research Loan Repayment Award Renewal, National Institutes of Health
- 2008-2010 Clinical Research Loan Repayment Award, National Institutes of Health
- 2007 Participant, Klaus-Grawe Think Tank Meeting, Zurich and Zuoz, Switzerland
- 2006 American Psychological Foundation Todd E. Husted Memorial Award
- 2005 Martin S. Wallach Award, Outstanding Doctoral Candidate in Clinical Psychology, University of North Carolina at Chapel Hill
- 2003 Anxiety Disorders Association of America Competitive Travel Award
- 2002 Doctoral written exams passed with distinction
- 2001-2002 John Woodruff Simpson Fellowship, Amherst College
- 2000-2001 Amherst Memorial Fellowship, Amherst College
- 1999-2000 John Woodruff Simpson Fellowship, Amherst College

LICENSES: Pennsylvania Licensure as Psychologist (Expires 11/2019)

PROFESSIONAL EXPERIENCE:

2014-present Assistant Professor, Human Development and Family Studies, The Pennsylvania State University, University Park, PA
 2010-2013 Instructor in Psychiatry, Harvard Medical School, Boston, MA
 2010-2013 Assistant in Psychiatry & Staff Psychologist, Massachusetts General Hospital Center for Anxiety and Traumatic Stress Disorders and Red Sox Foundation/MGH Home Base Program for Returning Veterans and Their Families; Department of Psychiatry, Massachusetts General Hospital, Boston, MA
 2009-2010 Assistant Professor of Psychiatry, Boston University School of Medicine, Boston, MA

PROFESSIONAL MEMBERSHIPS:

Association for Behavioral and Cognitive Therapies
 American Psychological Association

PROFESSIONAL SOCIETIES: OFFICES AND COMMITTEE ASSIGNMENTS

2016 Review Committee, International Society for Traumatic Stress Studies Annual Meeting
 2015-2017 Program Committee, Association for Behavioral and Cognitive Therapies
 2012-2013 Steering Committee, National Research Summit on Reserve Component Military Families
 2011-2014 Co-President, Association for Behavioral and Cognitive Therapies Couples Special Interest Group
 2011-2015 Reviewer, American Psychological Association, Division 56, Trauma Psychology conference submissions
 2010-2012 Reviewer, Anxiety Disorders Association of America individual presentation and poster submissions for annual meeting

EDITORIAL BOARD EXPERIENCE

2018-present Consulting Editor, *Journal of Family Psychology*

AD HOC REVIEWER:

Behavior Therapy
Behaviour Research and Therapy
Clinical Psychology Review
Depression and Anxiety
Family Process
Journal of Abnormal Psychology
Journal of Consulting and Clinical Psychology
Journal of Family Psychology
Journal of Obsessive and Compulsive Disorders
Journal of Social and Personal Relationships
Psychological Trauma: Theory, Research, and Practice, and Policy
Psychiatry Research

GRANT REVIEWS:

- 2016 Member, World Trade Center Health Program Special Emphasis Panel (SEP), Centers for Disease Control (CDC)/National Institute for Occupational Safety and Health (NIOSH), World Trade Center Health Program, Atlanta, GA

DEPARTMENTAL AND UNIVERSITY COMMITTEES:

- 2018-present Program Planning, Development, and Evaluation Committee, Department of Human Development and Family Studies, The Pennsylvania State University
- 2017-2018 Family Area Faculty Search Committee, Department of Human Development and Family Studies, The Pennsylvania State University
- 2016-2017 Program Planning, Development, and Evaluation Committee, Department of Human Development and Family Studies, The Pennsylvania State University
- 2014-2016 Admissions Committee, Department of Human Development and Family Studies, The Pennsylvania State University
- 2009 Co-Coordinator, Colloquium Series, Women's Health Sciences Division, VA National Center for PTSD
- 2006-2007 Curriculum Committee, Boston Consortium in Psychology Internship, VA Boston Healthcare System

TEACHING:

- 2014 - present: Instructor
The Pennsylvania State University
The Helping Relationship (HDFS 411)
Developmental Problems in Adulthood/Adult Psychopathology (HDFS 413)
Aggression in Romantic Relationships (HDFS 497G)
Best Practices in Prevention/Couple-Based Interventions (HDFS 508)
- 2001 - 2004: Instructor
University of North Carolina at Chapel Hill
Abnormal Psychology (PSYC 80)

SUPERVISION AND CONSULTATION EXPERIENCE:

- 2017 Consultant, WPSU's "The Vietnam War in Pennsylvania," The Pennsylvania State University
- 2013-present Co-Lead Trainer and Consultant, Department of Veterans Affairs Dissemination and Implementation Program for Cognitive-Behavioral Couple Therapy for PTSD
- 2011-2013 Clinical Supervisor, Red Sox Foundation/MGH Home Base Program for Returning Veterans and Their Families, MGH Department of Psychiatry, Boston, MA
- 2009-2010 Clinical Supervisor, VA Boston Healthcare System Psychology Practicum Program, Boston, MA
- 2008-2010 Learning Collaborative Co-Leader and Leader, *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*, Women's Health Sciences Division, VA National Center for PTSD, Philadelphia VA, Indianapolis VA, Northampton VA, and Honolulu VA
- 2006-2007 Psychology Intern Supervisor, Anxiety Disorders Clinic, VA Boston Healthcare System
- 2003-2004 Graduate Supervisor, *Cognitive-Behavioral Couple Therapy Practicum*, UNC Psychology Department (Faculty instructor: Donald Baucom, Ph.D.)

GRANT SUPPORT:

- 2018-present National Institutes of Health (KL2 TR000126 & TR002015)
Clinical and Translational Sciences Career Development Program
Emotion Regulation and Co-Regulation in Couples with Posttraumatic Stress Disorder
Role: Selected Scholar
PI: Diane Thiboutot, M.D.
\$350,220 (Project)
- 2015-2018 Department of Defense & Department of Veterans Affairs
(PT120516 - W81XWH-13-2-0065 & I01CX001136-01)
Consortium to Alleviate PTSD (CAP): Multi-Couple Group Intervention for PTSD
Role: Principal Investigator
Consortium Director: Alan Peterson, Ph.D.; Co-Director: Terry Keane, Ph.D.
\$486,861 (Project); \$45,000,000 (Consortium)
- 2015-2016 Department of Defense (W81XWH-12-1-0090)
Relationship Factors Contributing to the Progression of Combat Related PTSD and
Suicidality over Time
PI: Elizabeth Allen, Ph.D.
Role: Co-Investigator
\$1,240,657
- 2014-2018 Social Science Research Institute, Pennsylvania State University
PTSD Symptoms, Interpersonal Adjustment, and Academic Functioning in Student
Service Members/Veterans
Role: Principal Investigator
\$6,240
- 2014-2015 Fran and Holly Soistman Faculty Endowment, College of Health and Human
Development, The Pennsylvania State University
Posttraumatic Stress Disorder and the Transition to Parenthood: Development of an
Integrated Couple-Based Approach to Treatment
Role: Principal Investigator
\$3,000
- 2012-2015 Department of Defense (W81XWH-12-1-0090)
Relationship Factors Contributing to the Progression of Combat Related PTSD and
Suicidality over Time
PI: Elizabeth Allen, Ph.D.
Role: Consultant (*Consultant and not Co-Investigator due to being fully funded at time
of grant submission)
\$1,240,657

- 2011-2013 Department of Defense (V-SUBMGH-11-40, W81XWH-11-1-0073)
Randomized Trial of Sertraline, Prolonged Exposure, and their Combination for PTSD in
OEF/OIF Veterans
Site PI: Naomi Simon, M.D.
Role: Protocol Therapist
\$3,407,010
- 2011-2012 Department of Defense (W81XWH-08-2-0115)
STRONG STAR Multidisciplinary PTSD Research Consortium:
Cognitive-Behavioral Conjoint Therapy versus Prolonged Exposure for PTSD and
Relationship Enhancement (Consortium Director: Alan Peterson, Ph.D.)
PI: Candice Monson, Ph.D.
Role: Consultant
\$1,200,000
- 2010-2013 National Institutes of Health (R01 MH085308)
Optimizing Treatment for Complicated Grief
PI: Naomi Simon, M.D.
Role: Independent Evaluator
\$2,038,549
- 2007-2010 National Institutes of Health (R34 MH076813)
Cognitive-Behavioral Conjoint Therapy for Posttraumatic Stress Disorder
PI: Candice Monson, Ph.D.
Role: Project Director (2007-2009); Site Principal Investigator (2009-2010)
\$450,000
- 2004-2006 National Institutes of Health (R01 CA107477)
CanThrive: A Couple-Based Psychosocial Intervention for Women with Early Stage
Breast Cancer
PI: Donald Baucom, Ph.D.
Role: Recruitment Coordinator
\$1,987,048
- 2004-2006 National Institutes of Health (F31 MH072124)
Emotional Involvement in Families of Patients with Bipolar Disorder
PI: Steffany Fredman, Ph.D.
Role: Principal Investigator (Faculty Sponsor: Donald Baucom, Ph.D.)
\$55,960

PUBLICATIONS

Peer-Reviewed Scientific Journals:

*student/mentee co-author

- 39 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., Sun, X., Brick, T. R., Skinner, O. D., & McHale, S. M. (in press). Prospective associations between depressive symptoms and marital satisfaction in Black couples. *Journal of Family Psychology*. doi:10.1037/fam0000573
- 38 Marshall, A. D., *Le, Y., **Fredman, S. J.**, Feinberg, M. E., *Taverna, E. C., & Jones, D. E. (2019, July 18). Prospective, dyadic links between posttraumatic stress disorder symptoms and family violence in the early years of parenthood. *Journal of Family Psychology*. Advance online publication. doi:10.1037/fam0000557
- 37 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2019). Parents' PTSD symptoms and child abuse potential during the perinatal period: Direct associations and mediation via relationship conflict. *Child Abuse & Neglect, 90*, 66-75. doi:10.1016/j.chiabu.2019.01.024
- 36 **Fredman, S. J.**, Marshall, A. D., *Le, Y., Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2019). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. *Psychological Trauma: Theory, Research, Practice, and Policy, 11*, 415-423. doi:10.1037/tra0000363
- 35 *Le, Y., **Fredman, S. J.**, McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). Cross-day influences between couple closeness and coparenting support among new parents. *Journal of Family Psychology, 33*, 360-369. doi:10.1037/fam0000489
- 34 Barnes, J. B., Presseau, C., Jordan, A. H., Kline, N. K., Young-McCaughan, S., Keane, T. M., Peterson, A. L., Litz, B. T., and the Consortium to Alleviate PTSD. (2019). Common data elements for military-related PTSD research applied in the Consortium to Alleviate PTSD. *Military Medicine, 184*, e218-e226. doi:10.1093/milmed/usy226
*Consortium to Alleviate PTSD group authors include C. G. Abdallah, L. A. Averill, C. J. Bryan, J. A. Cigrang, P. T. Fox, **S. J. Fredman**, J. H. Krystal, M. E. McDevitt-Murphy, D. D. McGeary, K. E. Pruiksma, P. A. Resick, J. D. Roache, & D. J. Taylor
- 33 *Polenick, C. A., **Fredman, S. J.**, Birditt, K. S., & Zarit, S. H. (2018). Relationship quality with parents: Implications for own and partner well-being in middle-aged couples. *Family Process, 57*, 253-268. doi:10.1111/famp.12275
- 32 **Fredman, S. J.**, Beck, J. G., Shnaider, P., *Le, Y., Pukay-Martin, N. D., *Pentel, K. Z., ... Marques, L. (2017). Longitudinal associations between PTSD symptoms and dyadic conflict communication following a severe motor vehicle accident. *Behavior Therapy, 48*, 235-246. doi:10.1016/j.beth.2016.05.001
- 31 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2017). A dyadic perspective on PTSD symptoms' associations with couple functioning and parenting stress in first-time parents. *Couple and Family Psychology: Research and Practice, 6*, 117-132. doi:10.1037/cfp0000079

- 30 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2017). Parenting stress mediates the association between negative affectivity and harsh parenting: A longitudinal dyadic analysis. *Journal of Family Psychology, 31*, 679-688. doi:10.1037/fam0000315
- 29 **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2016). Partner accommodation moderates treatment outcomes for couple therapy for PTSD. *Journal of Consulting and Clinical Psychology, 84*, 79-87. doi:10.1037/ccp0000061
- 28 Macdonald, A., Pukay-Martin, N. D., Wagner, A., **Fredman, S. J.**, & Monson, C. M. (2016). Cognitive-behavioral conjoint therapy for PTSD improves various PTSD symptoms and trauma-related cognitions: Results from a randomized controlled trial. *Journal of Family Psychology, 30*, 157-162. doi:10.1037/fam0000177
- 27 Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, & Monson, C. M. (2016). Couple therapy for PTSD. *Current Treatment Options in Psychiatry, 3*, 37-47. doi:10.1007/s40501-016-0070-0
- 26 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. H., Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, & Monson, C. M. (2016). The role of posttraumatic growth in a randomized controlled trial of cognitive-behavioral conjoint therapy for PTSD. *Journal of Traumatic Stress, 29*, 379-383. doi:10.1002/jts.22122.
- 25 **Fredman, S. J.**, Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015). Relatives' emotional involvement moderates the effects of family therapy for bipolar disorder. *Journal of Consulting and Clinical Psychology, 83*, 81-91. doi:10.1037/a0037713
- 24 Blount, T., **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., & Monson, C. M. (2015). Cognitive-behavioral conjoint therapy for PTSD: Application to an Operation Enduring Freedom (OEF) Veteran. *Cognitive and Behavioral Practice, 22*, 458-467. doi:10.1016/j.cbpra.2014.05.001
- 23 Ohye, B. Y., Brendel, R. W., **Fredman, S. J.**, Bui, E., Rauch, P. K., Allard, M. D., *Pentel, K. Z., & Simon, N. M. (2015). Three-generation model: A family systems framework for the assessment and treatment of veterans with posttraumatic stress disorder and related conditions. *Professional Psychology: Research and Practice, 46*, 97-106. doi:10.1037/a0037735
- 22 Shnaider, P., Pukay-Martin, N. D., Sharma, S., Jenzer, T., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2015). A preliminary examination of the effects of pre-treatment relationship satisfaction on treatment outcomes in cognitive-behavioral conjoint therapy for PTSD. *Couple and Family Psychology: Research and Practice, 4*, 229-238. doi:10.1037/cfp0000050
- 21 **Fredman, S. J.**, Vorstenbosch, V., Wagner, A. C., Macdonald, A., & Monson, C. M. (2014). Partner accommodation in posttraumatic stress disorder: Initial testing of the Significant Others' Responses to Trauma Scale (SORTS). *Journal of Anxiety Disorders, 28*, 372-381. doi:10.1016/j.janxdis.2014.04.001
- 20 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2014). Does cognitive-behavioral conjoint therapy for PTSD affect partners' psychological functioning? *Journal of Traumatic Stress, 27*, 129-136. doi:10.1002/jts.21893
- 19 Schumm, J. A., **Fredman, S. J.**, Monson, C. M., & Chard, K. M. (2013). Cognitive-behavioral conjoint therapy for PTSD: Initial findings for Operations Enduring and Iraqi Freedom male combat veterans and their partners. *American Journal of Family Therapy, 41*, 277-287. doi:10.1080/01926187.2012.701592

- 18 Monson, C. M., **Fredman, S. J.**, Macdonald, A. M., Pukay-Martin, N. D., Resick, P. A., & Schnurr, P. P. (2012). Effect of cognitive-behavioral couple therapy for PTSD: A randomized controlled trial. *Journal of the American Medical Association*, *308*, 700-709. doi:10.1001/jama.2012.9307.
- 17 Marx, B. P., Bovin, M. J., Suvak, M., Monson, C. M., **Fredman, S. J.**, Sloan, D. M., Humphreys, K., Kaloupek, D. G., & Keane, T. M. (2012). Concordance between physiological arousal and self-reported distress among Veterans with PTSD. *Journal of Traumatic Stress*, *25*, 416-425. doi:10.1002/jts.21729
- 16 Brown-Bowers, A., **Fredman, S. J.**, Wanklyn, S., & Monson, C. M. (2012). Cognitive-behavioral conjoint therapy for PTSD: Application to a couple's shared trauma. *Journal of Clinical Psychology*, *68*, 536-547. doi:10.1002/jclp.21850.
- 15 Baucom, D. H., Kirby, J. S., Pukay-Martin, N. D., Porter, L. S., **Fredman, S. J.**, Gremore, T. M., Keefe, F. J., & Atkins, D. (2012). Men's psychological functioning in the context of women's breast cancer. *Journal of Marital and Family Therapy*, *38*, 317-329. doi:10.1111/j.1752-0606.2009.00133.x
- 14 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., Stevens, S. P., Resick, P. A., Schnurr, P. P., MacDonald, H. Z., & Macdonald, A. (2011). Cognitive-behavioral conjoint therapy for PTSD: Pilot results from a community sample. *Journal of Traumatic Stress*, *24*, 97-101. doi:10.1002/jts.20604
- 13 **Fredman, S. J.**, Monson, C. M., & *Adair, K. C. (2011). Implementing cognitive-behavioral conjoint therapy for PTSD with the newest generation of veterans and their partners. *Cognitive and Behavioral Practice*, *18*, 120-130. doi:10.1016/j.cbpra.2009.06.007
- 12 El-Baalbaki, G , Bélanger, C., Perreault, M., **Fredman, S.**, & Baucom, D. (2010). Marital interactions predicting treatment outcome in panic disorder with agoraphobia. *International Journal of Psychological and Brain Sciences*, *2*, 249- 259.
- 11 **Fredman, S. J.**, Monson, C. M., Schumm, J. A., *Adair, K. C., Taft, C. T., & Resick, P. A. (2010). Associations among disaster exposure, intimate relationship adjustment, and PTSD symptoms: Can disaster exposure enhance a relationship? *Journal of Traumatic Stress*, *23*, 446-451. doi:10.1002/jts.20555
- 10 Monson, C. M., Taft, C. T., & **Fredman, S. J.** (2009). Military-related PTSD and intimate relationships: From description to theory-driven data and intervention development. *Clinical Psychology Review*, *29*, 707-714. doi:10.1016/j.cpr.2009.09.002
- 9 **Fredman, S. J.**, Baucom, D. H., Gremore, T. M., Castellani, A. M., Kallman, T. A., Porter, L. S., Kirby, J. S., Dees, E. C., Klauber-DeMore, N., Peppercorn, J., & Carey, L. A. (2009). Quantifying the recruitment challenges in couple-based health interventions: Application to early stage breast cancer. *Psycho-Oncology*, *18*, 667-673. doi:10.1002/pon.1477
- 8 Monson, C. M., **Fredman, S. J.**, & *Adair, K. C. (2008). Cognitive-behavioral conjoint therapy for PTSD: Application to Operation Enduring and Iraqi Freedom service members and veterans. *Journal of Clinical Psychology*, *64*, 958-971. doi:10.1002/jclp.20511
- 7 Baucom, D. H., Porter, L. S., Kirby, J. S., Gremore, T. M., Wiesenthal, N., Aldridge, W. A., **Fredman, S. J.**, Stanton, S. E., Scott, J. L., Halford, K. W., & Keefe, F. J. (2008). A couple-based intervention for female breast cancer. *Psycho-Oncology*, *18*, 276-283. doi:10.1002/pon.1395
- 6 **Fredman, S. J.**, Baucom, D. H., Miklowitz, D. J., & Stanton, S. E. (2008). Observed emotional involvement and overinvolvement in families of patients with bipolar disorder. *Journal of Family Psychology*, *22*, 71-79. doi:10.1037/0893-3200.22.1.71

- 5 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2004). Development and validation of an observational coding system for emotional overinvolvement. *Journal of Family Psychology, 18*, 339-347. doi:10.1037/0893-3200.18.2.339
- 4 **Fredman, S. J.**, Fava, M., Kienke, A. S., White, C. N., Nierenberg, A. A., & Rosenbaum, J. F. (2000). Partial response, non-response, and relapse on selective serotonin reuptake inhibitors in major depression: A survey of current “next-step” practices. *Journal of Clinical Psychiatry, 61*, 403-408. doi:10.4088/JCP.v61n0602
- 3 Rosenbaum, J. F., & **Fredman, S. J.** (1999). Pramipexole as a possible treatment for cocaine craving [letter]. *American Journal of Psychiatry, 156*, 1834.
- 2 **Fredman, S. J.**, & Rosenbaum, J. F. (1998). Recurrent depression, resistant clinician? *Harvard Review of Psychiatry, 5*, 281-285. doi:10.3109/10673229809000311
- 1 Aries, E., Olver, R. R., Blount, K., Christaldi, K., **Fredman, S.**, & Lee, T. (1998). Race and gender as components of the working self-concept. *Journal of Social Psychology, 138*, 277-290. doi:10.1080/00224549809600381

Manuscripts under Review:

- 1 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Dondanville, K. A., Blount, T. H., Hall-Clark, B. N., ... Peterson, A. L. for the Consortium to Alleviate PTSD (2019). *Intensive multi-couple group therapy for PTSD: A non-randomized trial with military and veteran dyads*. Manuscript under review for publication (revise and resubmit recommendation at *Behavior Therapy*).
- 2 Renshaw, K. D., Allen, E. S., **Fredman, S. J.**, Giff, S. T., & Kern, C. (2019). *Partners' motivations for accommodating posttraumatic stress disorder symptoms in Service Members: The Reasons for Accommodating PTSD Scale*. Manuscript under review for publication.

Manuscripts in Preparation:

- 1 **Fredman, S. J.**, *Le, Y., Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., ... Peterson, A. L. for the Consortium to Alleviate PTSD (2019). *Secondary relational outcomes from a pilot study of abbreviated, intensive, multi-couple group cognitive-behavioral conjoint therapy for PTSD with military and veteran dyads*. Manuscript in preparation.
- 2 Macdonald, A., Monson, C. M., Dondanville, K. A., Blount, T. H., Hall-Clark, B. N., Fina, B. A., ... **Fredman, S. J.**, for the Consortium to Alleviate PTSD (2019). *Secondary individual outcomes from an open trial of intensive couple therapy for PTSD with military and veteran dyads*. Manuscript in preparation.
- 3 Pukay-Martin, N. D., **Fredman, S. J.**, Martin, C. E., Monson, C. M., & Chard, K. M. (2019). *CBCT for PTSD outcomes in a real world veteran outpatient sample*. Manuscript in preparation.
- 4 *Le, Y., **Fredman, S. J.**, Chow, S.-M., Oravec, Z., Smith Slep, A. M., & Heyman, R. E. (2019). *Temporal dynamics of anger across two emotion channels in romantic couples*. Manuscript in preparation.
- 5 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., & McHale, S. M. (2019). *Gender differences in the links between religious coping and marital satisfaction in African American couples*. Manuscript in preparation.

- 6 **Fredman, S. J.**, *Le, Y., *Taverna, E. C., & Marshall, A. D. (2019). *Fear of emotions mediates the association between PTSD symptoms and couples' demand-withdraw behaviors*. Manuscript in preparation.
- 7 *Le, Y., **Fredman, S. J.**, McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). *Capitalization during the transition to parenthood: A dyadic daily diary study*. Manuscript in preparation.
- 8 Allen, E. S., **Fredman, S. J.**, Rhoades, G. K., Markman, H. J., Loew, B., & Stanley, S. M. (2019). *Male service members' and civilian wives' perceptions of partner connection regarding deployment and PTSD symptoms*. Manuscript in preparation.
- 9 Allen, E. S., Renshaw, K. D., & **Fredman, S. J.** (2019). *A longitudinal perspective on the associations between Service Member PTSD symptoms and partner accommodation*. Manuscript in preparation.
- 10 Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, Wagner, A. C., Wanklyn, S. G., & Monson, C. M. (2019). *Psychological aggression findings for a conjoint intervention for PTSD*. Manuscript in preparation.

BOOKS, REVIEWS, CASE REPORTS, AND CHAPTERS

Books:

- 1 Monson, C. M., & **Fredman, S. J.** (2012). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Harnessing the healing power of relationships*. New York, NY: Guilford Press.

Textbook Chapters:

- 19 Monson, C. M., Ennis, N., & **Fredman, S. J.** (2018, May 25). Posttraumatic stress disorder (PTSD) in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Advance online publication. New York, NY: Springer. doi:10.1007/978-3-319-15877-8_453-1
- 18 **Fredman, S. J.**, & Gordon, K. C. (2017, August 28). Baucom, Donald. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. New York, NY: Springer. Advance online publication. doi:10.1007/978-3-319-15877-8_59-1
- 17 Monson, C. M., Wagner, A. C., **Fredman, S. J.**, Macdonald, A., & Pukay-Martin, N. D. (2017). Couple and family therapy. In S. N. Gold (Ed.), *APA handbook of trauma psychology: Trauma practice* (Volume 2; pp. 449-466). Washington, D.C.: American Psychological Association.
- 16 Pukay-Martin, N. D., **Fredman, S. J.**, & Monson, C. M. (2016). Couple therapy for posttraumatic stress disorder. In N. D. Ainspan, C. J. Bryan, & W. E. Penk (Eds.), *Handbook of psychosocial interventions for veterans and service members: A guide for the non-military mental health clinician* (pp. 323-334). New York, NY: Oxford University Press.
- 15 **Fredman, S. J.**, Shnaider, P., *Pentel, K. Z., & Monson, C. M. (2016). Cognitive-behavioral couple therapy. In T. J. Petersen, S. Sprich, S. Wilhelm (Eds.), *The Massachusetts General Hospital handbook of cognitive behavioral therapy* (pp. 277-287). New York, NY: Springer.
- 14 Monson, C. M., & **Fredman, S. J.** (2015). Cognitive-behavioral couple therapy for PTSD. In A. Gurman, J. Lebow, & D. K. Snyder (Eds.), *Clinical handbook of couple therapy* (pp. 531-554). New York, NY: Guilford.

- 13 Monson, C. M., Pukay-Martin, N. D., **Fredman, S. J.**, & Macdonald, A. (2014). Terapia di coppia cognitivo-comportamentale nel trattamento del disturbo post-traumatico da stress [Cognitive-behavioral conjoint therapy for posttraumatic stress disorder]. In V. Cigoli, D. Margola, M. Gennari, & D. K. Snyder (Eds.), *Clinica di coppia: L'Approccio integrativo e l'approccio relazionale-simbolico [Couple therapy: The integrative approach and the symbolic-relational approach]* (pp. 77-94). Milan, Italy: Franco Angeli.
- 12 Monson, C. M., Macdonald, A., **Fredman, S. J.**, Schumm, J. A., & Taft, C. T. (2014). Empirically-supported couple and family therapies for PTSD. In M. J. Friedman, T. M. Keane, & P. A. Resick (Eds.), *Handbook of PTSD: Science and practice*. (2nd edition, pp. 330-358). New York, NY: Guilford.
- 11 Monson, C. M., **Fredman, S. J.**, Dekel, R., & Macdonald, A. M. (2012). Family models of posttraumatic stress disorder. In J. G. Beck & D. M. Sloan (Eds.), *Oxford handbook of traumatic stress disorders* (pp. 219-234). New York, NY: Oxford University Press.
- 10 Monson, C. M., **Fredman, S. J.**, & Riggs, D. R. (2012). Posttraumatic stress disorder and its comorbidities. In D. K. Snyder & C. M. Monson (Eds.), *Couple-based interventions for military and veteran families* (pp. 147-174). New York: Guilford.
- 9 Monson, C. M., **Fredman, S. J.**, & Taft, C. T. (2011). Couple and family issues and interventions for veterans of the Iraq and Afghanistan wars. In J. I. Ruzek, P. P. Schnurr, J. J. Vasterling, & M. J. Friedman (Eds.), *Caring for veterans with deployment-related stress disorders* (pp. 151-169). Washington, DC: American Psychological Association.
- 8 Monson, C. M., **Fredman, S. J.**, & Dekel, R. (2010). Posttraumatic stress disorder in an interpersonal context. In J. G. Beck (Ed.), *Interpersonal processes in the anxiety disorders: Implications for understanding psychopathology and treatment* (pp. 179-208). Washington, DC: American Psychological Association.
- 7 **Fredman, S. J.** (2010). Couple/family-based assessment strategies for individuals with psychological problems. In K. Hahlweg, M. Grawe-Gerber, & D. H. Baucom (Eds.), *Enhancing couples: The shape of couple therapy to come* (pp. 185-198). Göttingen: Hogrefe.
- 6 Belanger, C., Leduc, A., **Fredman, S.**, El-Baalbaki, G., & Baucom, D. H. (2008). Couples et troubles anxieux: Évaluation et intervention (The couple relationship and anxiety disorders: Assessment and intervention). In J. Wright, Y. Lussier, & S. Sabourin (Eds.), *La psychothérapie de couple: un guide clinique. (Couples therapy: A clinical guide)* (pp. 507-539). Québec: Presses de l'Université du Québec (University of Québec Press).
- 5 **Fredman, S. J.**, Hirshfeld-Becker, D. R., Smoller, J. W., & Rosenbaum, J. F. (2003). Childhood antecedents of adult anxiety disorders. In D. J. Nutt & J. C. Ballenger (Eds.), *Anxiety disorders* (pp. 135-162). Oxford: Blackwell Science.
- 4 Hirshfeld, D. R., Rosenbaum, J. F., **Fredman, S. J.**, & Kagan, J. (1999). Neurobiology of childhood anxiety disorders. In D. S. Charney, E. J. Nestler, & B. S. Bunney (Eds.), *Neurobiology of mental illness* (pp. 823-838). New York, NY: Oxford University Press.
- 3 Hirshfeld-Becker, D. R., **Fredman, S. J.**, Robin, J., & Rosenbaum, J. F. (1999). Etiology of social phobia. In J. A. den Boer & H. M. Westenberg (Eds.), *Social anxiety disorder* (pp. 47-79). Amsterdam: Synthesis.

- 2 Hirshfeld, D. R., Smoller, J. W., **Fredman, S. J.**, Bulzacchelli, M. T., & Rosenbaum, J.F. (1998). Antecedents of panic disorder: Genes, childhood, and the environment. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 93-152). New York, NY: Marcel Dekker.
- 1 Rosenbaum, J. F., **Fredman, S. J.**, & Pollack, M. H. (1998). Pharmacotherapy of panic disorder. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 153-180). New York, NY: Marcel Dekker.

INVITED PRESENTATIONS:

- 56 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, October). *Intensive multi-couple group treatment of PTSD: A pilot study*. Plenary presentation at the 3rd annual San Antonio Combat PTSD Conference, San Antonio, TX.
*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis
- 55 Sloan, D., Foa, E., Litz, B., Peterson, A., **Fredman, S.**, Wachen, J., Schnurr, P., & Dondanville, K., (2018, October). *Expert perspectives on PTSD treatment and research*. Panel discussion at the 3rd annual San Antonio Combat PTSD Conference, San Antonio, TX.
- 54 **Fredman, S. J.** (2018, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Salt Lake City, UT.
- 53 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD. (2018, June). Outcomes of a multi-couple group intervention for PTSD. In A. L. Peterson (Chair), *Progress in the treatment of PTSD in post-9/11 service members: A 2018 symposium update of results from the South Texas Research Organizational Network Guiding Studies on Trauma and Resilience (STRONG STAR)*. Symposium presented at the San Antonio Military Health System Universities Research Forum (SURF), San Antonio, TX.
*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis
- 52 **Fredman, S. J.** (2018, June). *Preparing for a PTSD-informed version of Family Foundations*. Presentation given at the 1st annual Co-Parenting Conference, Washington, DC.
- 51 **Fredman, S. J.** (2018, April). *When clinical psychology met HDFS: New directions for studying the couple context of PTSD*. Presentation given at Prevention Research Center Colloquium, Penn State University, University Park, PA.
- 50 **Fredman, S. J.** (2018, January). *The dyadic context of PTSD: Implications for parenting and co-parenting during the early childhood years*. Presentation given at Developmental Psychology Colloquium, Penn State University, University Park, PA.
- 49 **Fredman, S. J.** (Chair) (2017, October). *Situating service members and veterans within a couple and family context: Implications for assessment, treatment, and broader family well-being*. Symposium conducted at the 2nd annual San Antonio Combat PTSD Conference, San Antonio, TX.

- 48 **Fredman, S. J.** (2017, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Orlando, FL.
- 47 Monson, C. M., & **Fredman, S. J.** (2017, January). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Phoenix, AZ.
- 46 **Fredman, S. J.** (2016, October). *Using expressed emotion to inform family-based treatment for individual psychopathology: The importance of context*. Presentation given at “A Festschrift Celebrating the Life, Career, Mentorship, and Works of Dianne Chambless, Ph.D.,” Department of Psychology, University of Pennsylvania, Philadelphia, PA.
- 45 **Fredman, S. J.** (2016, October). *Multi-couple group intervention for PTSD*. Presentation given at the Assessment and Treatment of Combat-Related PTSD and Comorbid Conditions Conference, Department of Psychiatry and Military Health Institute, University of Texas Health Science Center at San Antonio, San Antonio, TX.
- 44 **Fredman, S. J.** (2016, July). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder overview*. Workshop presented at the Altoona VA Medical Center, Altoona, PA.
- 43 **Fredman, S. J.** (2016, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, San Diego, CA.
- 42 **Fredman, S. J.**, & Banks-Williams, L. (2015, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Joint Bolling-Anacostia Air Force Base, Washington, DC.
- 41 Monson, C. M., & **Fredman, S. J.** (2015, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Minneapolis, MN.
- 40 Monson, C. M., & **Fredman, S. J.** (2014, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Dallas, TX.
- 39 **Fredman, S. J.** (2014, June). *Treating PTSD using a couple-based approach*. Presentation at the Centre County Veterans Affairs Office, Centre County Council for Human Services, and Link to Aging and Disability Resource Center workshop on services available to veterans and their families, State College, PA.
- 38 **Fredman, S. J.**, & Monson, C. M. (2014, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 37 **Fredman, S. J.**, & Monson, C. M. (2013, December). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 36 Monson, C. M., & **Fredman, S. J.** (2013, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Atlanta, GA.
- 35 **Fredman, S. J.**, & Monson, C. M. (2013, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

- 34 **Fredman, S. J.** (2013, April). *Cognitive behavioral couple therapy for PTSD*. Presentation at MGH Psychiatry Academy conference on *Anxiety, trauma, and bereavement: Recent advances in evidence-based treatment*. Boston, MA.
- 33 **Fredman, S. J.** (2013, April). *Treating PTSD using a couple-based approach*. Presentation at the National Research Summit on Reserve Component Military Families, Ann Arbor, MI.
- 32 **Fredman, S. J.** (2013, March). *Cognitive-behavioral therapy for PTSD*. Seminar provided as part of workshop for healthcare providers on *Evidence-Based Management of Trauma and Stress Following a Disaster*, Newtown, CT.
- 31 **Fredman, S. J., & Monson, C. M.** (2013, February-March). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 30 **Fredman, S. J., & Monson, C. M.** (2012, September-October). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 29 **Fredman, S. J., & Schumm, J. A.** (2012, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Wright-Patterson Air Force Base, Dayton, OH.
- 28 **Fredman, S. J., & Monson, C. M.** (2012, April-May). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.
- 27 **Fredman, S. J.** (2012, March). *Couple therapy for PTSD: Harnessing the healing power of relationships*. Presentation to Clinical Psychology Program, Texas A&M University, College Station, TX.
- 26 **Fredman, S. J.** (2012, March). *Keeping military families emotionally strong: Couple therapy for PTSD*. Presentation as part of Red Sox Foundation/Massachusetts General Home Base Program and National Center for PTSD Home Front Series, Boston, MA.
- 25 **Fredman, S. J., & Beasley, K.** (2012, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Lackland Air Force Base, San Antonio, TX.
- 24 **Fredman, S. J., & Beasley, K.** (2012, February). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Andrews Air Force Base, Clinton, MD.
- 23 **Fredman, S. J.** (2011, December). *Maximizing cognitive-behavioral treatment for obsessive-compulsive disorder by incorporating significant others*. Presentation to Massachusetts General Hospital OCD Research Group, Boston, MA.
- 22 **Fredman, S. J.** (2011, October). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Presentation to McLean Hill Center for Women, Boston, MA.
- 21 **Fredman, S. J.** (2011, October). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Presentation to Massachusetts General Hospital Psychotherapy Research Group, Boston, MA.
- 20 **Fredman, S. J.** (2011, October-December). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Six-week workshop presented to Massachusetts General Hospital Couples Reflecting Team, Boston, MA.
- 19 **Monson, C. M., & Fredman, S. J.** (2011, September). *Master clinician training for cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.

- 18 Monson, C. M., & **Fredman, S. J.** (2011, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to Veterans Administration clinicians and community-based providers, Massachusetts General Hospital, Boston, MA
- 17 Monson, C. M., & **Fredman, S. J.** (2011, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Walter Reed Army Medical Center, Washington, DC.
- 16 **Fredman, S. J.** (2011, March). *PTSD and its impact on family relationships*. Presentation to family members of veterans and service members with PTSD sponsored by the Red Sox Foundation/MGH Home Base Program, Boston, MA
- 15 **Fredman, S. J.** (2011, February). *PTSD and the co-parenting dyad*. Presentation to the Massachusetts Society for the Prevention of Cruelty to Children, Boston, MA.
- 14 **Fredman, S. J.**, & MacDonald, H. Z. (2010, September). *Using the SCID in a Veteran Population*. Presentation to National Center for PTSD Internship and Fellowship Program, VA Boston Healthcare System, Boston, MA
- 13 Monson, C. M., & **Fredman, S. J.** (2010, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at the VA Boston Healthcare System, Boston, MA
- 12 Monson, C. M., & **Fredman, S. J.** (2010, September). *Master clinician training in cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.
- 11 Monson, C. M., & **Fredman, S. J.** (2010, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to Strong Star Research Consortium, University of Texas Health Sciences Center, San Antonio, TX
- 10 **Fredman, S. J.** (August, 2010). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to Social Work Department at VA Palo Alto Healthcare System, Palo Alto, CA
- 9 Monson, C. M., & **Fredman, S. J.** (2010, June). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Andrews Air Force Base, Washington, DC.
- 8 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Hickham Air Force Base, Honolulu, HI
- 7 **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Wright-Patterson Air Force Base, Dayton, OH
- 6 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Travis Air Force Base, San Francisco, CA
- 5 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Lackland Air Force Base, San Antonio, TX
- 4 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at Family Advocacy Program, San Antonio, TX.
- 3 **Fredman, S. J.** (2008, September). *Cognitive-behavioral treatment of panic disorder with agoraphobia*. Presentation to Harvard South Shore Residency Program/Brockton VA, Brockton, MA

2 Monson, C. M., & **Fredman, S.J.** (2008, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at the National Center for Posttraumatic Stress Disorder, Executive Division, White River Junction, VT

1 **Fredman, S. J.** (2007, September). *Couple/family-based assessment strategies for individual psychopathology*. Paper presented at the annual meeting of the Klaus Grawe Think Tank, Zuoz, Switzerland.

PEER-REVIEWED PRESENTATIONS AND POSTERS:

107 **Fredman, S. J.**, *Le, Y., *Taverna, E. C., & Marshall, A. D. (2019, November). Gender, fear of emotions, and the association between PTSD symptoms and couples' demand/withdraw. In K. H. Walter (Chair), *The delicate web of dyadic relationships: Understanding and reducing the impact of PTSD*. Paper accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

106 Macdonald, A., **Fredman, S. J.**, Monson, C. M., *Le, Y., Dondanville, K. A., Rhoades, G. K., and the Consortium to Alleviate PTSD. (2019, November). Pilot study of multi-couple group therapy for PTSD: Changes in PTSD symptom clusters, psychosocial functioning, and health outcomes. In K. H. Walter (Chair), *The delicate web of dyadic relationships: Understanding and reducing the impact of PTSD*. Paper accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

105 Baucom, D. H., Fischer, M. S., **Fredman, S. J.**, McCreedy, B., Miklowitz, D. J., & Perry, K. H. (2019, November). *Clinical challenges and opportunities for family involvement in the treatment of adult psychopathology*. Clinical roundtable accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

104 Fischer, M. S., **Fredman, S. J.**, Baucom, D. H., *Taverna, E. C., *Le, Y., Chow, S.-M., & Marshall, A. D. (2019, November). *Self-reported emotion regulation difficulties and vocally encoded emotion regulation among couples with PTSD*. Poster accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

103 **Fredman, S. J.** (Chair) (2019, November). *The interpersonal regulation of emotion within couples coping with unique stressors*. Symposium accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

102 **Fredman, S. J.**, Fischer, M. S., Baucom, D. H., *Taverna, E. C., *Le, Y., Chow, S.-M., & Marshall, A. D. (2019, November). Real-time interpersonal linkages in emotional arousal in couples with PTSD during relationship conflict. In S. J. Fredman (Chair), *The interpersonal regulation of emotion within couples coping with unique stressors*. Paper accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

101 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2019, November). The impacts of sleep and capitalization on new parents' daily relational experiences. In C. Huntington (Chair), *Impacts of relationship transitions on romantic relationship quality and individual wellbeing*. Paper accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

100 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2019, November). *Predictors of daily capitalization attempts in expectant couples*. Poster accepted for presentation at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

- 99 Monson, C. M., & **Fredman, S. J.** (2019, November). *Cognitive-behavioral conjoint therapy for PTSD: An update on the evidence and techniques for delivery*. Workshop accepted for presentation at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
- 98 *Jenkins, A. I. C., **Fredman, S. J.**, & McHale, S. M. (2019, November). *Gender differences in the links between religious coping and marital quality in African American couples*. Poster accepted for presentation at the annual meeting of the National Council on Family Relations, Fort Worth, TX.
- 97 Bhalla, A., Allen, E.S., & **Fredman, S. J.** (2019, February). *Do female partners accommodate more to male service members' PTSD symptoms when the service member has endured a combat-related TBI?* Poster presented at the annual Rehabilitation Psychology Conference 2019, Orlando FL
- 96 **Fredman, S. J.**, Marshall, A. D., *Le, Y., Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2018, November). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. In L. A. Sippel (Chair), *Implications of interpersonal relationships for functioning and treatment among military veterans with PTSD*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- 95 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, November). An open trial of cognitive-behavioral conjoint therapy for PTSD delivered in an intensive weekend format for military and veteran couples. In A. Macdonald (Chair), *The flexible delivery of cognitive-behavioral couple therapy for posttraumatic stress disorder to overcome barriers to care*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- *Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis
- 94 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, November). Secondary individual and relational outcomes from a pilot study of cognitive-behavioral conjoint therapy for PTSD delivered via intensive weekend retreat for military and veteran couples. In G. K. Rhoades (Chair), *Novel, group-based relationship interventions: The use of technology in implementation and preliminary evidence of effectiveness*. Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis
- 93 *Le, Y., **Fredman, S. J.**, Chow, S.-M., Oravec, Z., Smith Slep, A. M., Heyman, R. E. (2018, November). Temporal dynamics of anger across two emotion channels in romantic couples. In M. S. Fischer (Chair), *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning*. Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- 92 **Fredman, S. J.** (Discussant) (2018, November). In M. S. Fischer (Chair), *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning*. Symposium conducted at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- 91 Marshall, A. D., *Le, Y., **Fredman, S. J.**, *Taverna, E., Feinberg, M. E., & Jones, D. E. (November 2018). A longitudinal dyadic analysis of posttraumatic stress disorder symptoms and family aggression. In S. T. LoSavio (Chair), *Thinking beyond the individual: Family impacts of PTSD and its treatment*. Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies: Washington, DC.
- 90 **Fredman, S. J.** (Discussant) (2018, November). In S. T. Losavio (Chair), *Thinking beyond the individual: Family impacts of PTSD and its treatment*. Symposium conducted at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- 89 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., Sun, X., Skinner, O. D., & McHale, S. M. (2018, November). *Links between depressive symptoms and marital satisfaction in African American couples*. Lightning paper presented at the annual meeting of the National Council on Family Relations, San Diego, CA.
- 88 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2018, July). *Effects of capitalization on relational well-being during the transition to parenthood: A dyadic daily diary study*. Paper presented at the annual meeting of the International Association for Relationship Research, Denver, CO.
- 87 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2017, November). *Daily association between capitalization attempts and relationship intimacy for couples across the transition to parenthood*. Poster presented at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 86 **Fredman, S. J.**, *Le, Y., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2017, November). Parent PTSD symptoms and child abuse potential during the transition to parenthood: Direct association and mediation via relationship conflict. In L. A. Meis (Chair), *Embracing complexity: How PTSD can shape and be shaped by families*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- 85 Pukay-Martin, N. D., **Fredman, S. J.**, & Chard, K. A. (2017, November). Partner accommodation of Veterans' PTSD symptoms: Baseline correlates and prediction of couple therapy for PTSD treatment outcomes. In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- 84 **Fredman, S. J.** (Discussant) (2017, November). In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
- 83 *Le, Y., McDaniel, B. T., Leavitt, C. E., **Fredman, S. J.**, & Feinberg, M.E. (2017, June). *Associations between couple relationship quality and coparenting during the transition to parenthood: Micro and macro perspectives*. Paper presented at the annual meeting of the International Association for Relationship Research, Syracuse, NY.
- 82 **Fredman, S. J.** (Chair) (2016, October). *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 81 **Fredman, S. J.** (Chair) (2016, October). *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

- 80 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2016, October). Parenting stress mediates the association between neuroticism and harsh parenting: A dyadic approach. In **S. J. Fredman** (Chair), *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 79 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2016, October). A dyadic perspective on the associations among PTSD symptoms, perceived couple functioning, and parenting stress. In **S. J. Fredman** (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 78 Allen, E. S., Renshaw, K. D., & **Fredman, S. J.** (2016, October). Mothers' parental buffering in the context of husbands' PTSD. In **S. J. Fredman** (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 77 *Le, Y., **Fredman, S. J.**, & Lu, Y. (2016, October). *Refinement of a brief measure of relationship distress for Chinese couple using item response theory*. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 76 Monson, C. M., & **Fredman, S. J.** (2016, October). *Incorporating significant others to maximize PTSD treatment*. Workshop conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 75 Allen, E., Renshaw, K., **Fredman, S.**, Rhoades, G., Markman, H., Stanley, S., & Litz, B. (August, 2016). The interplay of Soldier PTSD symptoms and dyadic accommodation with interpersonal risk for suicide. In Blais, R. (Chair), *Suicide in the military: The relational context of a leading cause of death in service members*. Symposium conducted at the annual meeting of the American Psychological Association, Denver, CO.
- 74 Bhalla, A., Allen, E., Renshaw, K., **Fredman, S.**, & Kenny, J. (August, 2016). *Accommodation to PTSD symptoms as a predictor of caregiver burden in female partners of service members*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- 73 Bhalla, A., Allen, E., Kenny, J., Soberay, K., **Fredman, S.**, & Renshaw, K. (August, 2016). *The role of experiential avoidance in partner accommodation and service member PTSD*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- 72 *Le, Y., **Fredman, S. J.**, & Lu, Y. (2016, July). *Conflict over in-law issues mediates the association between gender-role consensus and relationship distress in Taiwanese couples: A dyadic perspective*. Poster presented at the biennial meeting of the International Association for Relationship Research, Toronto, Ontario, Canada.
- 71 **Fredman, S. J.** (Chair) (2015, November). *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 70 **Fredman, S. J.** (Chair) (2015, November). *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- 69 **Fredman, S. J.** (Discussant) (2015, November). In T. D. Gray (Chair), *Up-arming families: Disseminating empirically supported relationship interventions for military couples*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 68 **Fredman, S. J.**, Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015, November). Observed appropriate and inappropriate emotional involvement by relatives moderates treatment outcomes for bipolar disorder. In **S. J. Fredman** (Chair), *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 67 **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2015, November). Partner accommodation moderates treatment outcomes for PTSD. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 66 Renshaw, K. D., Allen E., **Fredman, S. J.**, & Kern, C. (2015, November). Spouses' reasons for accommodation of Service Members' PTSD symptoms: Links with symptom clusters and overall levels of accommodation. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 65 Kenny, J. J., Allen E., **Fredman, S. J.**, & Renshaw, K. D. (2015, November). Two perspectives on accommodation: Partners vs. Service Members. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 64 **Fredman, S. J.**, & Monson, C. M. (2015, November). Cognitive-behavioral conjoint therapy for PTSD. In D. K. Snyder (Chair), *Evidence-based extensions of couple therapy to specific disorders*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 63 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2015, November). *Perceived child difficulty mediates the association between mothers' and fathers' neuroticism and overreactive parenting*. Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 62 Birkley, E., Pukay-Martin, N. D., **Fredman, S. J.**, Vorstenbosch, V., Macdonald, A., & Monson, C. M. (2015, November). Trait anger and depression moderate treatment outcomes for cognitive-behavioral conjoint therapy for PTSD. In E. Birkley (Chair), *Moderators of cognitive-behavioral treatments for PTSD: Implications for assessment, intervention and dissemination*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- 61 Glynn, S. M., **Fredman, S. J.**, Monson, C. M., Macdonald, A., Beasley, K., Davis, L., & Luedtke, B. (2015, August). Training to promote national dissemination of CBCT for PTSD in the U.S. Department of Veterans Affairs. In C. M. Monson (Chair), *Cognitive-behavioral conjoint therapy for PTSD: Delivery alternatives, outcomes, and dissemination*. Symposium presented at the annual meeting of the American Psychological Association, Toronto, ON.
- 60 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. S. H., Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, & Monson, C. M. (2015, August). Posttraumatic growth in cognitive-behavioral conjoint therapy for PTSD. In A. C. Wagner (Chair), *Hope and growth in trauma recovery*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, ON.

- 59 *Antle, J. M., & **Fredman, S. J.** (2015, April). *Predictors of expressed emotion in relatives of patients with bipolar disorder*. Poster presented at the University of Virginia's L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.
- 58 Christiansen, A., Glynn, S., **Fredman, S. J.**, Monson, C., & O'Farrell, T. (2014, November). *Evidence-based training in couple therapy in the U.S. Veterans' Administration*. Clinical roundtable presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 57 Kenny, J., Allen, E., **Fredman, S. J.**, Rhoades, G., Kern, C., Glenn, D. A., & Renshaw, K. D. (2014, November). *Comparison of male and female partner perceptions of accommodation to PTSD symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 56 Glenn, D. A., Allen, E., Renshaw, K. D., **Fredman, S. J.**, Kenny, J., & Kern, C. (2014, November). *Associations between numbing symptoms of PTSD and perceived burdensomeness: The role of partner support*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 55 **Fredman, S. J.** (2014, November). *Treating PTSD using a couple-based approach*. Presentation at the 2014 PA Veterans Forum: Community and Connections, Grantville, PA.
- 54 Macdonald, A., Wagner, A., Pukay-Martin, N., **Fredman, S.**, & Monson, C. (2014, November). *Changes in trauma-related cognitions with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- 53 Wagner, A., Torbit, L., Jenzer, T., Pukay-Martin, N. D., Landy, M., Macdonald, A., **Fredman, S.**, & Monson, C. (2014, November). *Post-traumatic growth with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
- 52 Vorstenbosch, V., **Fredman, S. J.**, Macdonald, A., Pukay-Martin, N. D., & Monson, C. M. (2014, March). Effects of cognitive-behavioral conjoint therapy for posttraumatic stress disorder clusters and potential moderators of treatment outcome. In D. Brief (Chair), *Effective treatments for PTSD and co-morbid conditions: Predictors of treatment response*. Symposium conducted at the meeting of the Anxiety Disorders Association of America, Chicago, IL.
- 51 Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Wanklyn, S. W., **Fredman, S. J.**, & Monson, C. M. (2013, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Findings for psychological aggression. In K. H. Walter (Chair), *Enhancing interpersonal relationships and quality of life: Critical outcomes of evidence-based PTSD treatments*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- 50 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2013, November). Partner outcomes and influences on patient outcomes in cognitive-behavioral conjoint therapy for PTSD. In P. Shnaider (Chair), *Intimate relationships and the treatment of psychopathology: Partner outcomes and influences on patient outcomes in individual and couple-based interventions*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- 49 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2013, July). *Effects of cognitive-behavioral conjoint therapy for PTSD on partners' psychological functioning*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.

- 48 **Fredman, S. J.**, Beck, J. G., *Pentel, K. Z., Simon, N. M., & Marques, L. (2012, November). Dyadic communication patterns and PTSD symptom severity following a motor vehicle accident. In S. Boeding (Chair), *Couples and psychopathology: Beyond relationship distress*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 47 **Fredman, S. J.**, Vorstenbosch, V., Macdonald, A., Wagner, A., & Monson, C. M. (2012, November). Partner accommodation to PTSD. In K. D. Renshaw (Chair), *Adjustments to challenges in military couples: Reintegration and PTSD*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- 46 *Pentel, K. Z., **Fredman, S. J.**, Simon, N. M., & Kennedy, S. (2012, November). *Patient and provider attitudes towards telemedicine delivery of PTSD treatment for Veterans*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- 45 Monson, C. M., **Fredman, S. J.**, Macdonald, A., Pukay-Martin, N.D., Schnurr, P.P., & Resick, P. (2012, November). *Harnessing the healing power of relationships: Results of a randomized controlled trial of Cognitive-Behavioural Conjoint Therapy for PTSD*. Symposium presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- 44 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Pentel, K. Z., Monson, C. M., Beck, J.G., Simon, N.M., & Marques, L. (2012, November). *Intimate relationship satisfaction, social support and PTSD among MVA Survivors: A longitudinal analysis*. Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, Los Angeles, CA.
- 43 Belus, J.M., Pukay-Martin, N.D., Wanklyn, S.G., Macdonald, A., **Fredman, S. J.**, & Monson, C.M. (2012, November). *Do treatment-related positive and negative cognitive changes predict PTSD symptom changes?* Poster presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- 42 **Fredman, S. J.**, Marques, L., *Pentel, K. Z., Hayes, M., & Simon, N. M. (2012, April). *Dyadic communication predicts PTSD symptoms after MVA*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Crystal City, VA.
- 41 **Fredman, S. J.** (Discussant) (2011, November). In C. Caska & K. D. Renshaw (Chairs), *Family accommodation in obsessive compulsive disorder*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.
- 40 Monson, C. M., Gradus, J. L., **Fredman, S.**, Wanklyn, S. G., & Resick, P. (2011, November). PTSD and intimate relationship status and functioning in men and women veterans serving in Operation Enduring and Iraqi Freedom. In D. Snyder (Chair), *Emerging evidence regarding PTSD and relationship functioning in OEF/OIF combat veterans*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- 39 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among U.S. military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.
- 38 Monson, C. M., **Fredman, S. J.**, Macdonald, A., Schnurr, P. P., Resick, P. A., MacDonald, H. Z., . . . Wagner, A. (2011, November). Cognitive-behavioral conjoint therapy for PTSD: Results from a randomized controlled trial. In L.K. Kachadourian (Chair), *Couples issues and interventions in trauma populations*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.

- 37 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among US military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.
- 36 **Fredman, S. J.** (2011, August). *Telemedicine delivery of cognitive-behavioral conjoint therapy for PTSD*. Paper presented at the annual meeting of the IEEE Engineering in Medicine and Biology, Boston, MA.
- 35 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, June). Cognitive-behavioural conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In C. M. Monson (Chair), *Couple-based interventions for individual problems: Achieving multiple outcomes*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.
- 34 **Fredman, S. J.**, Vorstenbosch, V., Wagner, A. C., & Monson, C. M. (2011, June). Behavioral accommodation and symptoms of posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.
- 33 Macdonald, A., **Fredman, S. J.**, Brown-Bowers, A., Wanklyn, S. G., Monson, C. M. (2011, June). Relationship functioning among couples receiving cognitive behavioral conjoint therapy for posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.
- 32 Monson, C. M., & **Fredman, S.J.** (2011, March). *Incorporating significant others into cognitive-behavioral therapy for posttraumatic stress disorder*. Workshop presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA
- 31 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. In D. M. Sloane & B. P. Mark (Chairs), *Recent innovations in the PTSD treatment research*. Symposium presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA.
- 30 **Fredman, S. J.**, Monson, C. M., & *Adair, K. C. (2010, November). Application of cognitive-behavioral conjoint therapy for PTSD to OEF/OIF Couples. In D. K. Snyder (Chair), *Extending evidence-based assessment and interventions to military couples and families*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 29 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., . . . Schnurr, P. P. (2010, November). *Cognitive-behavioural conjoint for PTSD: Results from an ongoing RCT*. Paper presented at the annual meeting of the Canadian Military Veterans Health Research Forum, Kingston, ON.
- 28 Macdonald, A., Monson, C., **Fredman, S. J.**, *Adair, C., MacDonald, H., Resick, P. & Schnurr, P (2010, November). Psychological and low-level physical aggression among couples seeking cognitive-behavioral couple therapy for posttraumatic stress disorder. In J. A. Schumm (Chair), *Intimate partner violence in couples with trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, QC, Canada.

- 27 **Fredman, S. J.**, Monson, C. M., Stevens, S. P., Schnurr, P. P., Resick, P. A., *Adair, K. C., MacDonald, H. Z., Macdonald, A. (2010, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In R. Weatherill (Chair), *Couples-based interventions for Returning Veterans with PTSD*. Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.
- 26 *Adair, K. C., **Fredman, S. J.**, & Monson, C. M. (2010, January). *Mindfulness, willingness to experience affect and relationship satisfaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- 25 Monson, C. M., **Fredman, S. J.**, Stevens, S., Resick, P., *Adair, K. C. & MacDonald, H. (2009, November). Cognitive-behavioral conjoint therapy for PTSD: Initial findings from a community sample. In S. L. Sayers (Chair), *Intimate relationships and understanding responses to trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
- 24 **Fredman, S. J.**, Monson, C. M., & *Adair, K. C. (2009, November). The development of a new measure to assess family accommodation to symptoms of posttraumatic stress disorder. In S. L. Sayers (Chair), *Understanding the marital context of the impact of combat deployment*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- 23 Monson, C. M., **Fredman, S. J.**, Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., & Schnurr, P. P. (2009, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from a pilot study*. Paper presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.
- 22 Monson, C. M., & **Fredman, S. J.** (2009, March). *Maximizing PTSD treatment by incorporating significant others*. Workshop presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.
- 21 Monson, C. M., & **Fredman, S. J.** (2008, November). *Maximizing PTSD treatment by incorporating significant others*. Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 20 **Fredman, S. J.**, Monson, C. M., Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., Schnurr, P. P., & O'Farrell, T. J. (2008, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Pilot study results. In C. M. Monson (Chair), *Innovations in couple therapy for individual psychopathology*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 19 *Adair, K. C., **Fredman, S. J.**, Monson, C. M., Gradus, J. L., Taft, C. T., Watkins L., & Resick, P. A. (2008, November). *The role of depression and PTSD in sexual dysfunction for men and women following robbery*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.
- 18 **Fredman, S. J.**, & Abramowitz, J. S. (2008, August). *Enhancing cognitive-behavioral treatment of obsessive-compulsive disorder using a couple-based approach*. Workshop presented at the annual meeting of the Obsessive Compulsive Foundation, Boston, MA.
- 17 **Fredman, S. J.**, Baucom, D. H., & Miklowitz, D. J. (2007, November). The role of observed emotional involvement in relatives of patients with bipolar disorder: Implications for treatment outcome. In **S. J. Fredman** (Chair), *Psychopathology in a family context*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- 16 Stanton, S. E., Baucom, D. H., Sher, T. G., & **Fredman, S. J.** (2007, November). *Social support and dietary changes in a couples-based treatment for coronary artery disease*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 15 Kirby, J. S., Baucom, D. H., Pukay-Martin, N. D., **Fredman, S. J.**, Gremore, T. M., Porter, L.S., & Keefe, F. J. (2007, November). *Important factors in men's psychological responses to women's breast cancer*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- 14 Monson, C. M., **Fredman, S. J.**, Schumm, J. A., Taft, C. T., & Resick, P. A. (2007, November). *Can trauma enhance a relationship? Associations among trauma exposure, PTSD, and intimate relationship functioning*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies.
- 13 Abramowitz, J. S., & **Fredman, S. J.** (2007, March). *Enhancing cognitive-behavioral treatment of anxiety disorders using a couple-based approach*. Workshop presented at the annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.
- 12 Baucom, D. H., Pukay-Martin, N., Kirby, J. S., Porter, L. S., **Fredman, S. J.**, Gremore, T. M., & Keefe, F. J. (2006, September). *The impact of serious illness on the other partner: Males and breast cancer*. Paper presented at the annual meeting of the European Association for Behavioral and Cognitive Therapies, Paris, France.
- 11 **Fredman, S. J.**, Baucom, D. H., Kallman, T., Gremore, T., Castellani, A., Wiesenthal, N. L., et al. (2005, November). *Couples and breast cancer: Getting services to those who need them*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- 10 **Fredman, S. J.**, Baucom, D. H., & Miklowitz, D. J. (2004, November). *Emotional involvement/overinvolvement in relatives of patients with bipolar disorder*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- 9 Baucom, D. H., Hahlweg, K., & **Fredman, S. J.** (2003, November). *Prediction of relationship distress following premarital intervention: If you're not happy, deal with it!* Poster presented at annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- 8 Chambless, D. L., **Fredman, S. J.**, & Steketee, G. (2002, November). *Confirmatory factor analysis of emotional overinvolvement in relatives of anxious outpatients*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- 7 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2002, November). *Using the KPI to assess the validity of an observational coding system of emotional overinvolvement*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- 6 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2001, November). *Observational coding system of emotional overinvolvement in the relatives of outpatients with OCD and agoraphobia*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- 5 Chambless, D. L., Steketee, G., & **Fredman, S. J.** (2001, July). *Observed marital/family interaction in relationship to treatment outcome for agoraphobia and obsessive-compulsive disorder*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

- 4 **Fredman, S. J.**, Fava, M., Kienke, A. S., White, C. N., & Rosenbaum, J. F. (2000, May). *A survey of clinicians' approaches to long-term treatment with antidepressants*. Paper presented at the annual meeting of the American Psychiatric Association, Chicago, IL.
- 3 **Fredman S. J.**, Rosenbaum, J. F., Fava, M., White, C. N., Mishcoulon, D., Herman, J.B., & Nierenberg, A. A. (1999, May). *Do psychiatrists raise the dose when SSRIs don't work?* Poster presented at the annual meeting of the American Psychiatric Association, Washington, D.C.
- 2 Hirshfeld-Becker, D. R., Gould, R., Reilly-Harrington, N., Morabito, C., Cosgrove, V., Guille, C., **Fredman, S. J.**, & Sachs, G. (1998, November). *Short-term adjunctive cognitive-behavioral group therapy for bipolar disorder: Preliminary results from a controlled trial*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- 1 **Fredman, S. J.**, Hirshfeld, D. R., & Rosenbaum, J. F. (1998, June). *Extreme childhood shyness in agoraphobic adults*. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Ontario, Canada.

MEDIA COVERAGE (RESEARCH FEATURES AND INTERVIEWS)

- 1 Salem, Tala. (2018, May 23). Posttraumatic stress disorder affects academics. Retrieved from <https://www.usnews.com/news/health-care-news/articles/2018-05-23/post-traumatic-stress-disorder-affects-academics>
- 2 Miller, Marjorie (2017, November 10). Research looks at new treatment for military personnel with PTSD. Retrieved from <http://news.psu.edu/story/493394/2017/11/10/research/penn-state-researcher-looks-new-treatment-military-personnel-ptsd>
- 3 *WPSU Conversations Live: A Time to Heal* (2017, September 14). Television interview following screening of *A Time to Heal* documentary. <http://atimetoheal.wpsu.org/documentary/>

OTHER PUBLICATIONS:

- 22 **Fredman, S. J.**, & Rosenbaum, J. F. *Psychosocial interventions for bipolar disorder*. May 2004. Available at <http://www.medscape.com/viewarticle/480888>.
- 21 **Fredman, S. J.**, & Rosenbaum, J. F. *The application of nutrition to psychiatric illness*. May 2004. Available at <http://www.medscape.com/viewarticle/480926>.
- 20 **Fredman, S. J.**, & Rosenbaum, J. F. *Overview of the treatment of insomnia*. May 2004. Available at <http://www.medscape.com/viewarticle/480927>
- 19 **Fredman, S. J.**, & Rosenbaum, J. F. *A highlight of new research on the treatment of obsessive-compulsive disorder*. May 2003. Available at: <http://www.medscape.com/viewarticle/456921>.
- 18 **Fredman, S. J.**, & Rosenbaum, J. F. *Mood disorders and their treatment in women across the reproductive life cycle*. May 2003. Available at: <http://www.medscape.com/viewarticle/457163>.
- 17 **Fredman, S. J.**, & Rosenbaum, J. F. *Antidepressant-induced sexual dysfunction and its management*. May 2003. Available at: <http://www.medscape.com/viewarticle/457164>.
- 16 Rosenbaum, J. F., & **Fredman, S. J.** *Clinical update on the pharmacotherapy of depression*. Medscape Clinical Update. August 2002. Available at: <http://www.medscape.com/viewarticle/441270>.

- 15 Rosenbaum, J. F., & **Fredman, S. J.** *Treatment of anxiety disorders with comorbid depression.* Medscape Clinical Summary. June 2002. Available at: <http://www.medscape.com/viewarticle/436974>
- 14 **Fredman, S. J.**, & Korn, M. L. *Improving the treatment of depression by tailoring interventions to patients' needs.* Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: <http://www.medscape.com/viewarticle/436394>.
- 13 **Fredman, S. J.**, & Korn, M. L. *Longer-acting agents in the treatment of ADHD.* Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: <http://www.medscape.com/viewarticle/436400>.
- 12 **Fredman, S. J.**, & Korn, M. L. *Anxiety disorders and related conditions.* Medscape Conference Summary. 155th American Psychiatric Association Annual Meeting. Philadelphia, PA, May 2002. Available at: <http://www.medscape.com/viewarticle/436399>.
- 11 Masand, P. & **Fredman, S.** *Novel antipsychotics: Schizophrenia, psychosis and beyond.* Medscape Clinical Update. December 2001. Available at: <http://psychiatry.medscape.com/Medscape/psychiatry/ClinicalUpdate/2001/cu02/public/toc-cu02.html>
- 10 Korn, M., & **Fredman, S.** *ADHD and comorbidity.* Medscape Conference Summary. 154th American Psychiatric Association Annual Meeting. New Orleans, LA, May 2001. Available at: http://psychiatry.medscape.com/Medscape/CNO/2001/APACME/Story.cfm?story_id=2262
- 9 Korn, M. & **Fredman, S.** *On the horizon: New antidepressants.* Medscape Conference Summary. 154th American Psychiatric Association Annual Meeting. New Orleans, LA, May 2001. Available at: <http://psychiatry.medscape.com/Medscape/CNO/2001/APACME/APA-noncme01.html>
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STUDENT MENTORSHIP (students are in HDFS unless otherwise noted):

Graduate Student Advisees

Yunying Le (will begin postdoctoral training with Brian Doss, Ph.D., at the University of Miami in Fall 2019)
August Jenkins

Dissertation Committees

2019: Yunying Le (as Chair), Amanda Broderick (Psychology)
2018: Kristine Creavey, Alexandra Mattern (Psychology)
2017: Nicole DePasquale, Chelom Leavitt, Rose Wesche
2016: Courtney Polenick

Comprehensive Exam Committees

2018: Alexandra Mattern (Psychology), Jennifer Wong (Psychology)
2017: Yunying Le (as Chair), Amanda Broderick (Psychology)
2016: Rose Wesche
2015: Nicole DePasquale, Courtney Polenick

Candidacy Committees

2019: Jungmin Lee, Sabrina Voltaire, August Jenkins (as Chair)
2018: Lawrie Green, Abigail Keim, Agus Surachman, Julie Wood
2017: Penina Backer, Meng Chen, Patrick Ryan
2016: Ni Jian, Linying Ji, Yunying Le (as Chair)
2015: Allison Doub, Kamila Dvorakova, Peter Kim, Jacinda Li, Lu Ou
2014: Chelom Leavitt, Rose Wesche, Kathleen Zadzora

Master's Thesis Committees

2019: Emily Taverna (Psychology)
2018: August Jenkins (as Chair)
2015: Yunying Le (as Chair)

Minor Project Supervisees

2018: Jennifer Wong (Psychology)

Research Fellowship Mentorship

2019-present: Emily Taverna (Psychology; secondary mentor on NSF Graduate Research Fellowship)

Undergraduate Student Mentorship

2016 (SP/FA): Aubrey Rafinski (HDFS Lifespan Developmental Science track thesis advisee)

2014-2015: Jennifer Antle (HDFS Schreyer Honors thesis advisee)

Other Research Mentorship

2018-present: Emily Taverna, Alexandra Mattern (Graduate Research Assistants; Psychology)

2011-2013: Kimberly Pentel (Postbac Research Assistant, Massachusetts General Hospital)

2007-2010: K. Carrie Adair (Postbac Research Assistant, VA National Center for PTSD)