

DRESS CODE – 2019

1. Name Badge: Clinicians must wear their name badge when providing clinical services. Lanyards are acceptable depending on client, but can be a safety issue/distracting to the client. ***Undergraduate student observers will not be issued nametags, however, observers should have their PSU student ID card with them in case they are asked to produce identification.*
2. Hair: No distracting styling-- Should be off/out of face if shoulder length or longer. Color should be neutral and non-distracting to the client.
3. All clothing: All clothing must be clean, neat, and in good condition. Clothes should be ironed and free from wrinkles/stains/holes. In general, *business casual* dress is required with specific guidelines as follows:
 - a. Pants:
 - i. No blue jeans, colored denim is fine but should not be distressed style.
 - ii. No shorts permitted. Capris are appropriate if they are dress pant style.
 - iii. Pants must not be excessively tight, baggy or ride excessively low on the hips.
 - iv. Any pants/skirt/shirt combination must cover the midriff when the arms are raised and also cover the back when bending over or sitting on the floor.
 - v. No undergarments should be visible during therapy.
 - vi. No cargo/utility pants.
 - b. Skirts/Dresses:
 - i. Skirts must be of a reasonable length and no more than 3 inches above the knee.
 - ii. Skirts must be reasonably loose.
 - iii. No spaghetti-strap dresses. No tank top dresses.
 - iv. Sleeveless dresses allowed as long as they have a wide shoulder/cover the top of the shoulder.
 - c. Shirts/Blouses:
 - i. Sleeveless blouses are acceptable as long as they have a thicker strap/cover the top of the shoulder.
 - ii. No hooded shirts.
 - iii. No logo or slogan shirts.

- iv. No t-shirts.
- v. No tank tops.
- vi. Button up collared shirts should be tucked in and neat.
- vii. Crew neck and Henley style shirts are acceptable if paired with appropriate style dress pants.
- viii. Low-cut tops that show cleavage or shirts that show through are not allowed.
- ix. Tops should be reasonably loose and not form fitting or so tight as to create a gap in the front.

d. Shoes:

- i. Shoes should look professional – clean and free from dirt/holes.
- ii. No open toed shoes/sandals – peep toe dress shoes are okay.
- iii. Flip-flops are not allowed.
- iv. Tennis shoes are allowable only appropriate with the supervisor's permission in specific situations/groups.
- v. All shoes should be comfortable to allow you to ambulate easily with your client as needed.

e. Nails:

- i. Length must be moderate.
- ii. No distracting polish colors/patterns.
- iii. No chipped nail polish.

f. Body Art/Piercing/Make Up/Jewelry:

- i. Tattoos will need to be covered if it is a distraction to the patient.
- ii. Oral or facial piercing (tongue, lip, and eyebrow) must be removed.
- iii. Make up should be non-distracting and professional
- iv. Jewelry (rings, necklaces, bracelets, etc.) should be minimal and non-distracting. Long necklaces are discouraged due to safety.

g. Fragrances:

- i. Clients, other students, faculty or staff may have an allergic reaction to fragrances. We are a fragrance-free clinic.
- ii. Please also be aware of food allergens – do not bring in peanut products into the clinic. Wash hands thoroughly after consuming peanut products before entering into the clinic.