EMILY B. ANSELL, PH.D. ASSOCIATE PROFESSOR DEPARTMENT OF BIOBEHAVIORAL HEALTH PENNSYLVANIA STATE UNIVERSITY

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EDUCATION

1999 - 2005	Ph.D., Clinical Psychology, The Pennsylvania State University University Park, PA
1997 - 1999	M.S., Psychology, Villanova University Villanova, PA
1993 - 1997	B.A., Psychology, cum laude, Wake Forest University Winston-Salem, NC

CAREER & ACADEMIC APPOINTMENTS

2019 – presen	t Associate Professor, Department of Biobehavioral Health; Penn State Neuroscience Institute; Social Science Research Institute Co-Fund; Center for Cannabis and Natural Product Pharmaceuticals Pennsylvania State University, University Park, PA
2016 – 2019	Associate Professor, Department of Psychology & Program in Neuroscience, Syracuse University, Syracuse, NY
2011 - 2016	Assistant Professor, Department of Psychiatry, Yale University School of Medicine, New Haven, CT
2010 - 2013	Assistant Director of Research, Yale Stress Center, Yale University School of Medicine, New Haven, CT
2008 - 2011	Associate Research Scientist, Department of Psychiatry, Yale University School of Medicine, New Haven, CT
2005 - 2008	Postdoctoral Associate, Personality Disorders Research Program, Department of Psychiatry, Yale University School of Medicine, New Haven, CT

PROFESSIONAL INVOLVEMENT, HONORS OR RECOGNITION

2019 - present	t Health and Social Disparities Cluster, Social Science Research Institute,
	Penn State University
2023 - presen	t Initiative for Faculty Success and Equity Committee, Penn State University
2022 - present	t Graduate Committee, Department of Biobehavioral Health,
& 2020 - 202	1 Penn State University
2017 - present	t Ad Hoc Reviewer, National Institutes of Health
	Chair, Time-Sensitive Opportunities for Health Research Study Section
	Time-Sensitive Drug Abuse Research Study Section
	Mechanisms of Emotion, Stress, and Health Study Section
	Drug Abuse Panel for PAR 16-234
	Addiction Risks and Mechanisms Study Section
	Biomedical Computing and Health Informatics Study Section
	Interventions and Mechanisms of Addiction, Special Emphasis Panel
	Adult Psychopathology and Disorders of Aging Study Section
2023 - 2024	Chair, Rural Health Disparities Faculty Search Committee, Department of
	Biobehavioral Healthy, Penn State University
2021 - 2022	Chair, Care & Compassion Faculty Search Committee, Department of
	Biobehavioral Healthy, Penn State University
2019 - 2020	Research Committee, Department of Biobehavioral Health, Penn State
	University
2019	Society for Ambulatory Assessment Program Chair and Conference Host
2018 - 2019	Co-director, Aging, Behavioral Health, & Neuroscience Cluster, Syracuse
	University
2017 - 2019	Health & Wellbeing Research Steering Committee, Syracuse University
2017 - 2019	Executive Committee, Psychology Department, Syracuse University
2017 - 2018	Curriculum Committee, Psychology Department, Syracuse University
2014 - 2020	Consulting Editor, Assessment
2012 - 2020	Consulting Editor, Journal of Personality Assessment
2017 - 2018	Promotion & Tenure Committee, College of Arts & Sciences,
	Syracuse University
2016 - 2017	Workload Allocation Policy Committee, Psychology Department,
	Syracuse University
2016	External Reviewer, Swiss National Foundation
2015 - 2016	External Reviewer, Center for Translational & Basic Research, CUNY Hunter
2013 - 2016	Co-Director, Yale/ National Education Alliance -BPD Conference
2013 - 2014	Past President, Society for Interpersonal Theory & Research
2009 - 2013	Planning Committee, Yale/ National Education Alliance-BPD Conference
2012 - 2013	President, Society for Interpersonal Theory & Research
2007 - 2012	NIH Clinical Research Loan Repayment Program – Competitive Award
2011 - 2012	President-Elect, Society for Interpersonal Theory & Research
2010 - 2011	Editor for the Society for Interpersonal Theory and Research Newsletter
2009 - 2011	Member-at-large, Executive Committee, Society for Interpersonal Theory

& Research

2009 External Reviewer, Faculty Research Grants, Villanova University

Associate Editor, Society for Interpersonal Theory and Research Newsletter 2008 - 2010

RESEARCH SUPPORT

Current Grants:

R01 DA056137 Ansell/ Claus (MPI) NIH/ NIDA

9/30/2023 - 06/30/2028

\$3,947,331

"Neurobehavioral Effects of Frequent Co-use of Alcohol and Cannabis"

This study will examine the moderating effects of substance use group and sex on a) neural/neuroendocrine reactivity to stress, b) the within-person association between stress and craving/use in the moment, and c) trajectories of craving/use over time (1 year). We will also explore whether individual differences in neural and neuroendocrine reactivity to stress are risk factors that moderate a) the within-person association between stress and craving/use in the moment and b) trajectories of craving/use over time.

Role: Principal Investigator

R01 DA034067 NIH/NIDA

Lankenau/Wong (MPI)

4/15/2024 - 6/30/2029

\$3,773, 345

"Medical Marijuana, Emerging Adults, and Community: Connecting Health and Policy"

This project aims to identify patterns of controlled vs problematic cannabis use across different policy environments for clinical and community-wide dissemination to fill research and practice gaps and advance understanding of safer and controlled use of cannabis.

Role: Co-Investigator

R01 AA030262

Turrisi (PI)

7/1/2022 - 6/30/2027

\$3,057,809

NIH/ NIAAA "A randomized clinical trial: Examining a brief parent-intervention to reduce college student drinking and cannabis use"

This study will use a rigorous RCT design to examine: 1) The efficacy of the e-PBI+, an established parent-intervention for alcohol use that has been broadened to include cannabis, and at 3, 6, 9, and 12 months post-baseline relative to an active comparison condition (our evidencebased parent intervention, the e-PBI), and an attention-matched-control condition (e-AC), on reducing alcohol and cannabis use and consequences (efficacy; Aim 1); 2) Examine the process by which the e-PBI+ influences parents' and college students' behaviors (mediation; Aim 2); and 3) Examine subgroups for whom the e-PBI+ is more versus less effective (moderation; Aim 3). To the extent that the research is successful, it will provide an easy to implement and low-cost

parent-intervention that provides new cannabis content for parents to have discussions with their college-bound teens about alcohol and cannabis.

Role: Co-Investigator

CTSI KL2 TR002015

Forrest (PI)

5/2/2022 - 4/30/2024

Mentored Career Development in Translational Science

\$277,222

"Personalized assessment and prediction of short-term suicide risk factors for people living in rural areas"

This project uses ecological momentary assessment to estimate personalized networks of shortterm risk factors for suicidal thoughts and behaviors among adults living in rural areas. The project then evaluates whether person-specific paths among risk factors can more accurately predict suicidal thoughts and behaviors at follow-up as compared to risk factor means. Role: Primary Mentor

F31 DA056066

Bedillion (PI)/ Ansell (Sponsor)

7/1/2022 - 6/30/2024

\$90,530

NIH/ NIDA

"Effects of Alcohol and Tobacco Co-use on Momentary Subjective Cannabis Effects: Risks for Increasingly Hazardous Cannabis Use"

This study will utilize advanced statistical methodology to examine how cannabis co-use occasions with alcohol and/or tobacco affect momentary subjective drug abuse liability effects of cannabis and whether subjective responses to co-use lead to increasingly hazardous cannabis use over time in young adult recreational cannabis users. Findings from this study may inform intervention approaches to decrease the public health burden of cannabis use disorders among young adults who co-use.

Role: Sponsor

K02 DA058840

NIH/NIDA

Chaplin (PI)

7/1/2023 - 6/30/2027

\$625,830

"Integrating neural and momentary assessment of parenting, arousal, and adolescent substance use"

This Independent Scientist K02 Award will provide crucial advanced training to enhance and transform Chaplin's program of research by integrating ecological momentary assessment (EMA) science to understand from a neural and momentary level parenting, emotion, and substance use associations. It will also support a research study that would add EMA data collection to my already-recruited longitudinal cohort of adolescents to examine the interplay between neural responses (in fMRI) and momentary vulnerabilities to support future developmental studies and smart-phone delivered momentary intervention development studies. Role: Primary Mentor

T32 DA017629 Yan (Student Awardee) 7/1/2022 – 6/30/2024

NIH/NIDA

Prevention and Methodology Training Predoctoral Fellowship "Impulse Control, ADHD, and Substance Use Outcomes"

Role: Methodology Mentor

T32 DA017629 Fang (Student Awardee) 7/1/2024 – 6/30/2026

NIH/NIDA

Prevention and Methodology Training Predoctoral Fellowship "EMA, Sexual and Gender Minorities and Substance Use"

Role: Methodology Mentor

Pending Grants:

R01 DA057702 Ansell/ Eiden (MPI) 9/1/2024 – 8/31/2029 NIH/NIDA

"Pre/postnatal substance exposure and adolescent substance use: Role of mother-child dyadic processes from infancy to adolescence and daily experiences in adolescence"

This project will continue follow-ups on an existing cohort of parents and prenatally exposed (Tobacco, Tobacco + Cannabis, Control) teenagers and add Ecological Momentary Assessment to examine bidirectional associations between maternal regulation and child regulation during mother-child interactions from infancy to adolescence as mechanisms underlying the association between prenatal risk and adolescent substance use, substance related cognitions, and risk behaviors (collectively termed adolescent risk behaviors). Across time, contextual adversity, maternal postnatal substance use, and peer behavior may serve as sources of risk or protection in the initiation and escalation of adolescent risk behaviors.

Role: Principal Investigator

K08 Forrest (PI) 4/1/2024 – 3/31/2028

NIH/NIMHD

"Predicting acute and dynamic suicide risk in rural sexual minorities"

This project uses an innovative mixed methods approach to clarify acute and dynamic mechanisms underlying suicidal thoughts and behavior disparities among rural sexual minority adults. This project will inform therapeutic targets for suicide prevention in this uniquely high-risk population.

Role: Primary Mentor

Score: 25

R01 Forrest (PI) 9/1/2024 – 8/31/2029

NIH/NIHMD

"Short-Term Suicide Risk Processes for Sexual Minorities at the Intersection of Sexual Orientation, Gender, Race, Ethnicity, and Geographic Location"

Heightened suicide thoughts and behaviors (STBs) prevalence for Sexual Minority (SM) with multiple marginalized sexual orientation, gender, and racial and ethnic identities could be due to these individuals experiencing compounding forms of discrimination. Further, STB prevalence could be even higher when individuals with multiple marginalized identities live in rural areas, because rural areas are high-stigma, low-resource contexts. This R01 will address critical research gaps by applying an intersectional lens to determine how multiple forms of discrimination and discrimination contexts impact short-term STB risk processes among SM adults. The aims will address (1) how daily discrimination experiences increase short-term STB risk, (2) how these effects vary by intersectional identities, and (3) whether geographic context moderates how daily discrimination increases STB risk among SM.

Role: Co-Investigator

R01 Blaine (PI) 7/1/2024 – 6/30/2029

NIH/NIAAA

"Multimodal assessment of neural, neuroendocrine, and immune cue responses in binge drinkers in the laboratory and real world"

The goal of this application is to examine specific neurobiological factors (i.e., neural, neuroendocrine, and immune) potentially underlying binge drinking, based on the premise that these neurobiological changes reflect real world processes that make individuals more vulnerable to drinking in response to alcohol cues in daily life.

Role: Co-Investigator

R01 Fox/ Ray (MPI) 7/1/2024 – 6/30/2029

NIH/NIAAA

"Guanfacine for women with AUD: A multisite study using a telehealth approach"

This study will address the need for new relapse prevention medications tailored to women by examining guanfacine's efficacy in women with AUD. We will also inform the efficacy of telehealth and EMA techniques for encouraging women to participate in clinical trials for AUD. Role: Co-Investigator

R21 Fox (PI) 7/1/2024 - 6/30/2029

NIH/NIAAA

"The role of Exosomal Micro RNA (miRNA) in alcohol craving and drinking in individuals with Alcohol Use Disorder (AUD)"

This study will examine the role of exosomal miRNA in craving and drinking behaviors measured both in the laboratory under stress conditions, and in daily life and naturalistic settings using EMA techniques.

Role: Co-Investigator

F31 DA056066

Kisner (PI)/Chaplin (Sponsor)

7/1/2024 - 6/30/2026

NIH/ NIAA

"Intensive Longitudinal Associations between Stress, Mindfulness, and Alcohol Use in Highly Stressed Mothers"

This study will utilize advanced statistical methodology to examine how cannabis co-use occasions with alcohol and/or tobacco affect momentary subjective drug abuse liability effects of cannabis and whether subjective responses to co-use lead to increasingly hazardous cannabis use over time in young adult recreational cannabis users. Findings from this study may inform intervention approaches to decrease the public health burden of cannabis use disorders among young adults who co-use.

Role: Co-Sponsor

Score: 11

Completed Grants:

R01DA039924 Ansell (PI) 3/1/2015 – 8/31/2023 NIH/NIDA \$2,098,429

"Ecological Momentary Assessment of Cannabis Use Effects in Young Adults"

This proposal examines the effects of cannabis use on impulse control and social functioning in young adults' daily lives using ecological momentary assessment, examine differences in frequency of use as a moderator of the detrimental effects in daily life, and implement a novel statistical method to determine if individual differences in psychological and behavioral responses to cannabis use serve as risk markers for longer term changes in psychosocial functioning and impairment.

Role: Principal Investigator

R01/Competitive Supplement NIH/ORWH

Ansell (PI)

1/1/2017 - 8/31/2023

\$97,500

This supplement, awarded by the Office of Research in Women's Health supports an increase in sample size, measurement of sub-phase of menstrual cycle, and examination of momentary drug abuse liability effects of cannabis in the daily lives of young adult women in the parent award. Role: Principal Investigator

[&]quot;Gender Differences in Momentary Cannabis Use Effects in Young Adults"

B/START R03 DA047516

Thomas (PI)

4/1/2019 - 3/31/2023

NIH/NIDA

\$75,000

"The Effect of Resistance Exercise on Craving and Cannabis Use in Individuals with Cannabis Use Disorder"

Role: Co-Investigator

T32 DA017629

Bedillion (Student Awardee)

7/1/2021 - 6/30/2022

NIH/NIDA

Prevention and Methodology Training Predoctoral Fellowship

"Cannabis Use and Mental Health"

Role: Methodology Mentor

NARSAD Young Investigator

Ansell (PI)

7/1/2016 - 6/31/2019

\$70,000

"Neuromarkers of Guanfacine Effects for Suicidality"

This study will evaluate the effectiveness of 8 weeks of Guanfacine a non-stimulant agent that is effective at ameliorating stress induced prefrontal dysregulation, in psychiatric patients at high risk for suicidality. 30 BPD patients will undergo imaging procedures pre and post 8 weeks of treatment on either Guanfacine or placebo. Both imaging procedures will involve stress and neutral (control) conditions so that brain responses associated with impulse control and emotion dysregulation while under stress can be examined.

Role: Principal Investigator

Grant Ansell (PI)

1/1/2016 - 10/31/2017

Peter McManus Charitable Trust

\$50,000

"Relationship Processes in Couples Coping with PTSD That Increase Risk for Hazardous Drinking"

Using the Actor-Partner Interdependence Model on intensive repeated longitudinal assessments collected via smartphones in both members of a couple over 14 days and ambulatory assessment of physiology and neuroendocrine markers, this study will examine the process by which daily experiences in PTSD+ couples exacerbate drinking related outcomes for both members of the couple. It will also explore for whom and in what contexts drinking behavior in a given day/instance may directly influence drinking behavior of the partner.

Role: Principal Investigator

K08 DA029641 NIH/NIDA Ansell (PI)

4/01/2011 - 3/31/2016

\$839,500

"Interpersonal Behaviors, Stress, and Addiction"

Brain & Behavior Research Foundation

^{*}Grant was selected by BBRF to be designated the "Families for BPD Research" Award

The work conducted with this Mentored Clinical Scientist Research Career Development Award examines phenomenology and assessment of addictive behaviors; psychobiological models of cumulative adversity, trauma, and stress; and ecological momentary assessment methodology and data analysis. It also incorporates training in neurobiological models of stress and addiction. Role: Principal Investigator

R01DA033431 Chaplin (PI) 8/1/2013 – 7/31/2016 NIH/NIDA \$180,460

This project examines associations between parent-child interaction quality as measured via a laboratory stress paradigm and substance use and other behavior problems over the course of three years in a group of youth in early to middle adolescence with a particular focus on gender differences in pathways to risk.

Role: Site Principal Investigator

Competitive Supplement NIH/ NIDDK/ OBSSR

Sinha (PI)

7/1/2015 - 6/30/2016

\$100,000

"Social-behavioral processes underlying highly palatable food craving, stress, and self-control"

Obesity is a chronic medical condition and worldwide epidemic, increasing the risk of type II diabetes mellitus (T2DM), cardiovascular disease and other chronic diseases that are of great burden to the health care system. Understanding the complex biobehavioral mechanisms and sociobehavioral processes that affect self-management of food intake, energy expenditure and weight gain resulting in this chronic medical condition through examination of moment to moment sociobehavioral processes relating to stress, social context, and food intake are the foci of this project.

Role: Co-Investigator

Grant

Fox/ Ansell (Co-PIs)

1/1/2014-7/1/2015

Peter McManus Charitable Trust

\$50,000

The objectives for this grant are to examine the nature of peripheral cytokine (IL-1ra, IL-6, TNFa) changes during stress and whether these changes are able to predict hazardous drinking. We also aim to ascertain the extent to which anxiety, mood and ability to regulate emotion mediate this relationship. Hazardous and moderate drinkers were exposed to two personalized guided imageries (stress and relaxing) in a laboratory paradigm and psychobiological markers of stress, immune function, and self-reports were examined.

Role: Co- Principal Investigator

[&]quot;Parent-adolescent interactions and substance abuse risk: Gender differences"

[&]quot;Immune System Adaptations Underpinning the Transition from Social to Hazardous Drinking"

IRCSSA Pilot Grant NIH/ Common Fund

Fox/ Ansell (Co-PIs)

7/1/2011 - 6/30/2012

\$20,000

"Immune system inflammation and personality moderators underlying cumulative stress and the transition from social to hazardous drinking."

This pilot study, funded by the Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, examined how independent and combined effects of cumulative stress, personality, social processes, and drinking status (social VS hazardous) affect pro inflammatory (PI) and anti-inflammatory (AI) cytokines in a community sample. This 12 month study examines blood samples from 80 non-dependent drinkers for PI cytokines (tumor-necrosis factor- α ; TNF- α and interleukin-6; IL-6) as well as AI cytokines (interleukin-10; IL-10; interleukin 1 receptor antagonist; IL-1Ra).

Role: Co-Principal Investigator

Young Investigator Award Ansell (PI)
American Foundation for Suicide Prevention

2/1/2010 - 1/31/2012

\$85,000

"Personality Disorders and Suicidal Behaviors: A Prospective Study of Associations, Mediators, and Moderators"

The primary aims of the proposed research are: (a) to test the prospective associations between anxious, personality disorders and suicide related outcomes and (b) examine whether the cumulative effect of multiple personality disorders is prospectively associated with suicide related outcomes and (c) to examine potential mediators and moderators of these relations, particularly interpersonal stressors, that may explain conflicting research findings and advance the understanding of why and for whom personality disorders lead to suicidal thoughts and behaviors.

Role: Principal Investigator

BIBLIOGRAPHY

Peer-Reviewed Manuscripts

- 1. Leary, M. R., Springer, C., Negel, L., **Ansell. E.**, & Evans, K. (1998). The causes, phenomenology, and consequences of hurt feelings. *Journal of Personality and Social Psychology*, 74, 1225 1237.
- 2. **Ansell, E. B.** & Pincus, A. L. (2004). Interpersonal perceptions of the Five-Factor Model of personality: An examination using the structural summary method for circumplex data. *Multivariate Behavioral Analysis*, 39, 167 201.
- 3. **Ansell, E. B.**, Sanislow, C. A., McGlashan, T. H., & Grilo, C. M.. (2007). Psychosocial Impairment and Treatment Utilization by Patients with Borderline Personality Disorder,

- Other Personality Disorders, Mood and Anxiety Disorders and a Healthy Comparison Group. *Comprehensive Psychiatry*, 48, 329 336.
- 4. Hopwood, C. J., Morey, L. C., Skodol, A. E., Stout. R. L., Yen, S. **Ansell, E. B.**, Grilo, C. M., & McGlashan, T. H. (2007). Five-factor model personality traits associated with alcohol-related diagnoses in a clinical sample. *Journal of Studies on Alcohol and Drugs*, 68, 455 460.
- 5. **Ansell, E. B.**, Kurtz, J. E., & Markey, P. M. (2008). Gender differences in interpersonal complementarity. *Personality and Social Psychology Bulletin, 34,* 502 512.
- 6. **Ansell, E. B.,** Pinto, A., Edelen, M. O. & Grilo, C. M. (2008) The structure of DSM-IV obsessive-compulsive personality disorder in a binge eating disorder sample. *Canadian Journal of Psychiatry*, *53*, 863 867.
- 7. Cain, N. M., Pincus, A. L., & **Ansell, E. B.** (2008) Narcissism at the crossroads: Phenotypic description of pathological narcissism across psychiatric diagnosis, clinical theory, and social/personality psychology. *Clinical Psychology Review*, 28, 638-656.
- 8. Hopwood, C.J., Morey, L.C., **Ansell, E.B.,** Grilo, C.M., Sanislow, C.A., McGlashan, T.H., Markowitz, J.C., Gunderson, J.G., Yen, S, Shea, M.T., Skodol, A.E. (2009) The convergent and discriminant validity of five-factor traits: Current and prospective social, work, and recreational dysfunction. *Journal of Personality Disorders*, 23, 466-476.
- 9. Hopwood, C.J., Newman, D.A., Donnellan, M.B., Markowitz, J.C., Grilo, C.M., Sanislow, C.A., **Ansell, E.B.**, McGlashan, T.H., Skodol, A.E., Shea, M.T., Gunderson, J. G. Zanarini, M. C., & Morey, L. C. (2009). The stability of personality traits in individuals with borderline personality disorder. *Journal of Abnormal Psychology, 118*, 806-815.
- 10. Hopwood, C.J., Morey, L.C., Markowitz, J.C., Pinto, A., Skodol, A.E., Gunderson, J.G., Zanarini, M.C., Shea, M.T., Yen, S., McGlashan, T.H., **Ansell, E.B.**, Grilo, C.M., & Sanislow, C.A. (2009). The construct validity of passive-aggressive personality disorder. *Psychiatry: Interpersonal and Biological Processes*, 72, 256-267.
- 11. Pincus, A. L., **Ansell, E. B.**, Pimental, C. A., Cain, N. M., Wright, A.G.C., & Levy, K. N. (2009). Initial construction and validation of the pathological narcissism inventory. *Psychological Assessment*, *21*, 365-379
- 12. Sanislow, C.A., Little, T.D., **Ansell, E.B.**, Grilo, C.M., Daversa, M., Markowitz, J.C., Pinto, A., Shea, M.T., Yen, S., Skodol, A.E., Morey, L.C., Gunderson, J.G., Zanarini, M.C., & McGlashan, T.H. (2009). Testing the 10 year stability of DSM-IV schizotypal, borderline, avoidant, and obsessive compulsive personality disorder constructs. *Journal of Abnormal Psychology*, *118*, 507-519.

- 13. Hopwood, C. J, Burt, S. A., Markowitz, J. C., Yen, S, Shea, M. T., Sanislow, C. A., Grilo, C. M., **Ansell, E. B.**, McGlashan, T. H., Gunderson, J. G., Zanarini, M. C., Skodol, A. E., Morey, L. C. (2009). The construct validity of rule-breaking and aggression in an adult clinical sample. *Journal of Psychiatric Research*, *43*, 803-808.
- 14. Shea, M. T., Edelen, M.O., Pinto, A., Yen, S., Gunderson, J. G., Skodol, A. E., Markowitz, J., Sanislow, C. A., Grilo, C. M., **Ansell, E. B.**, Daversa, M.T., Zanarini, M. C., McGlashan, T. H., Morey, L.C.. (2009). Improvement in borderline personality disorder in relationship to age. *Acta Psychiatric Scandinavica*, *119*, 143-148.
- 15. **Ansell, E.B.**, Pinto, A., Crosby, R.D., Becker, D.F., Añez, L.M., Paris, M., Grilo, C.M.. (2010). The prevalence and structure of obsessive-compulsive personality disorder in Hispanic psychiatric outpatients. *Journal of Behavior Therapy and Experimental Psychiatry*, 41, 275-281.
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- 18. *Samuel, D.B., **Ansell, E.B.,** Hopwood, C.J., Morey, L.C., Markowitz, J.C., Skodol, A.E., & Grilo, C.M. (2010). The Impact of NEO PI-R Gender-Norms on the Assessment of Personality Disorder Profiles. *Psychological Assessment*, *22*, 539-545.
- 19. Grilo, C.M., Stout, R.L., Markowitz, J.C., Sanislow, C.A., **Ansell, E.B.,** Skodol, A.E., Bender, D.S., Pinto, A., Shea, M.T., Yen. S., Gunderson, J.G., Morey, L.C., McGlashan, T.H. (2010). Personality disorders predict relapse after remission from an episode of major depressive disorder: A six-year prospective study. *Journal of Clinical Psychiatry*, 71, 1629 1635
- 20. **Ansell, E.B.,** Kurtz, J.E., DeMoor, R.M., & Markey, P.M. (2011). Validity of the PAI Interpersonal Scales for Measuring the Dimensions of the Interpersonal Circumplex. *Journal of Personality Assessment*, *93*, 33-39.
- 21. Hopwood, C.J., Malone, J.C., **Ansell, E. B.**, Sanislow, C.A., Grilo, C.M., McGlashan, T. H., Pinto, A., Shea, M.T., Skodol, A.E., Gunderson, J.G., Zanarini, M.C., & Morey, L.C. (2011). Personality Assessment in DSM-V: Empirical support for rating severity, style, & traits. *Journal of Personality Disorders*, 25, 305-320.
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- function from the collaborative longitudinal personality disorders study. *Archives of General Psychiatry*, 68, 827-837.
- 23. Hopwood, C.J., **Ansell, E.B.**, Pincus, A.L., Wright, A.G.C., Lukowitsky, M.L. & Roche, M.J. (2011). The circumplex structure of interpersonal sensitivities. *Journal of Personality*, 79, 707-740.
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- 25. **Ansell, E.B.**, Pinto, A. Edelen, M.O., Markowitz, J., Sanislow, C. A., Yen, S., Zanarini, M., Skodol, A. E., Shea, M.T., Morey, L.C., Gunderson, J. McGlashan, T.H., Grilo C.M. (2011). The Association of Personality Disorders with the Prospective 7-year Course of Anxiety Disorders. *Psychological Medicine*, *41*, 1019-1028.
- 26. Hopwood, C.J., Morey, L.C., Skodol, A.E., Sanislow, C.A., Grilo, C.M., **Ansell, E.B.**, McGlashan, T.H., Markowitz, J.C., Pinto, A, Yen, S, Shea, M.T., Gunderson, J.G., Zanarini, M.C., Stout, R.L. (2011). Pathological personality traits among patients with absent, current, and remitted substance use disorders. *Addictive Behaviors*, *36*, 1087-190.
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- 78. *Bedillion, M.F., Claus, E.D., Wemm, S.E., Fox, H.C., & **Ansell, E.B.** (2024). The effects of simultaneous alcohol and cannabis use on subjective drug effects: A narrative review across methodologies. *Alcohol, Clinical & Experimental Research*, 10.1111/acer.15322. Advance online publication

Chapters

^{*} Postdoctoral fellow/ Predoctoral fellow/ Postgraduate fellow/ Graduate Student trainee

- 1. Pincus, A.L., & **Ansell, E.B**. (2003). Interpersonal theory of personality. In T. Millon & M. Lerner (Eds.), *Comprehensive Handbook of Psychology Vol. 5: Personality and Social Psychology* (pp. 209-229). New York: Wiley.
- 2. **Ansell, E.B.** & Grilo, C.M. (2007). Personality Disorders. In M. Hersen, S. M. Turner, & D. C. Beidel (Eds.), *Adult Psychopathology and Diagnosis (5th ed.)*. New York: Wiley.
- 3. Pincus, A.L. & **Ansell, E.B.** (2013). Interpersonal Theory of Personality. In H. Tennen & J. M. Suls (Eds.) *Handbook of Psychology, Volume 5: Personality and Social Psychology*. New York: Wiley.
- 4. Cain, N.M. & **Ansell, E.B**. & Pinto A. (2013). Cluster C Personality Disorders and Anxiety Disorders. In E. Storch & D. McKay (Eds.) *Handbook of Treating Variants and Complications in Anxiety Disorders*. New York: Springer.
- 5. Cain, N.M. & **Ansell, E.B**. (2014). An Integrative Interpersonal Framework of Personality Pathology. In S. Huprich (Ed.) *Personality Disorders: Assessment, Diagnosis, and Research*.
- 6. Pinto, A., **Ansell, E.B.**, Wheaton, M.G., Krueger, R.F., Morey, L., Skodol, A.E., Clark, L.A. (2018). The construct validity of obsessive-compulsive personality disorder and its component personality traits. In J. Livesley & R. Larstone (Eds), *Handbook of Personality Disorders*, second edition. New York: Guilford Publications.
- 7. Roche, M.J. & **Ansell, E.B.** (2020). Interpersonal Models of Personality Pathology. In Gratz, K.L. & Lejuez C. (Eds.) *Handbook of Personality Disorders*. Cambridge University Press.

PROFESSIONAL PRESENTATIONS

- *Bedillion, M.F. & **Ansell, E.B.** (June 2024). *The effects of cannabis and tobacco co-administration on subjective cannabis effects in daily life*. Poster presented at the College on Problems of Drug Dependence, Montreal, Canada. June 18-22, 2024
- Forrest, L. & **Ansell, E.B.** (June, 2024). *Feasibility, acceptability, and the surprising lessons learned in conducting an anonymous ecological momentary assessment protocol to study suicide risk.* In Ansell, E.B. (Chair). Who, What, and When: Issues and Methods to Assess Risk Behaviors in EMA. Symposium conducted at the Society for Ambulatory Assessment, Ann Arbor, Michigan. June 3-5, 2024.
- *Bedillion, M.F. & **Ansell, E.B.** (June, 2024). *Event vs Random prompt reporting of substance use occasions in individuals who use cannabis.* In Ansell, E.B. (Chair). Who, What, and When: Issues and Methods to Assess Risk Behaviors in EMA. Symposium conducted at the Society for Ambulatory Assessment, Ann Arbor, Michigan. June 3-5, 2024.

- **Ansell, E.B.** (June, 2023) *Sex differences in the effects of alcohol and cannabis co-use on levels of urinary cannabinoids.* In Bedillion, M.F. (Chair). Alcohol and Cannabinoids: Understanding the Mechanisms and Impact of Co-use Across Multiple Methodologies. Symposium conducted at the Research Society on Alcohol, Bellevue, Washington. June 24-28, 2023.
- *Bedillion, M.F., **Ansell, E.B.** (June, 2023). *The Effects of Alcohol Co-use on Momentary Subjective Cannabis Effects*. In Bedillion, M.F. (Chair). Alcohol and Cannabinoids: Understanding the Mechanisms and Impact of Co-use Across Multiple Methodologies. Symposium conducted at the Research Society on Alcohol, Bellevue, Washington. June 24-28, 2023.
- *Bedillion, M.F., **Ansell, E.B.** (June 2023). *Puff Puff Pass: The Impact of Social Context on Momentary Subjective Cannabis Effects*. Poster presented at the College on Problems of Drug Dependence, Denver, Colorado. June 17-21, 2023.
- *Yan, E.X., Bedillion, M.F., Claus, E.D., Huang-Pollock, C., **Ansell, E.B.** (June 2023). Sex Differences in the Prospective Association of Intra-individual Reaction Time Variability in Stroop and Hazardous Cannabis Use at Six Months. Poster presented at the College on Problems of Drug Dependence, Denver, Colorado. June 17-21, 2023.
- **Ansell, E.B.** (June, 2022). Sex Differences in Risk Mechanisms Underlying Hazardous Cannabis Use In **Ansell, EB** and Wemm, S (Co-Chairs) Biopsychosocial Risk Processes Underlying Hazardous Cannabis Use and Cannabis Use Disorder. Symposium conducted at the College on Problems of Drug Dependence, Minneapolis, Minnesota.
- *Bedillion, M.F. & **Ansell, E.B.** (June, 2022) *Associations between Modes of Cannabis Use in Daily Life with Concurrent and Longitudinal Hazardous Use and Consequences*. In **Ansell, E.B.** and Wemm, S (Co-Chairs) Biopsychosocial Risk Processes Underlying Hazardous Cannabis Use and Cannabis Use Disorder. Symposium conducted at the College on Problems of Drug Dependence, Minneapolis, Minnesota.
- *Bedillion, M.F., **Ansell, E.B.** (April, 2021). Mental Health and Hazardous Cannabis Use: The Mediating Role of Cannabis Use Motives. Poster accepted to Society of Behavioral Medicine. Virtual Conference.
- *Bedillion, M.F., **Ansell, E.B.** (April, 2020). Differences in Cannabis Withdrawal Symptoms for Men and Women Over 21 Days. Poster accepted to Society of Behavioral Medicine, San Francisco, CA. Conference cancelled due to pandemic.
- Thomas, G.A., Bedillion, M.F., **Ansell, E.B.** (June, 2019). The Association of Type and Level of Exercise on Quality of Life in Breast Cancer Survivors Participating in a Smartphone-based Exercise Intervention. Paper presented at Society for Ambulatory Assessment, Syracuse, NY. June 19, 2019.

- *Bedillion, M.F., **Ansell, E.B.**, & Thomas, G.A. (May, 2019). Effects of a Smartphone-based Exercise Intervention on Quality of Life in Breast Cancer Survivors. Poster presented at American College of Sports Medicine, Orlando, Florida. May 28, 2019.
- *Bedillion, M.F., **Ansell, E.B.,** & Thomas, G.A. (March 2019). Cancer Treatment Effects on Cognition and Depression: The Moderating Role of Physical Activity. Poster presented at Society of Behavioral Medicine, Washington, DC. March 6, 2019.
- **Ansell, E.B.** & Laws, H.B. (2017, June). *The Daily Course of Alcohol Craving: The Impact of Interpersonal Stress*. In Stadler, G. (Chair) *Social Relationships, Health and Well-Being in Daily Life*. Symposium conducted at the Society for Ambulatory Assessment, Luxembourg.
- *Ellerbeck, N. & **Ansell, E.B.** (2017, July) *A New Method of Sampling Social Interactions that Occur within Written Messages*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.
- *Rodrigues, A. & **Ansell, E.B.** (2017, July) *Theory of Mind and Intraindividual Variability in Interpersonal Behaviors and Emotional Experiences*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.
- *Simmons, J.A., & **Ansell, E.B.** (2017, July). *The Interpersonal Problems and Sensitivities Profiles of Childhood Trauma*. Poster presented at the Society for Interpersonal Theory and Research, Pittsburgh, PA.
- **Ansell, E.B.** (2017, March). Career Trajectories for Assessment in Medical Health Research in Dowgwillo (Chair) Assessment Related Career Trajectories: Planning for and Acquiring Post-Doc, Clinical and Academic Positions. Symposium conducted at the Society for Personality Assessment, San Francisco, CA.
- *Ellerbeck, N., **Ansell, E.B.,** Pincus, A.L., Benson, L., Conroy, D., Ram, N. (2016, March). *Functional Impairments and Life Satisfaction: Associations with Daily Social Behavior*. In Pincus, A.L. (Chair) *Diverse Methods of Interpersonal Assessment*. Symposium conducted at the Society for Personality Assessment, Chicago, IL.
- **Ansell, E.B.**, Raposa, E.B., & Laws, H.B. (2015, June). *The Buffering Effects of Prosocial Behaviors on Stress Effects in Daily Life.* Paper presented at the Society for Ambulatory Assessment, University Park, PA.
- **Ansell, E.B.,** & Roche, M.J. (2015, May). *The Impact of Social-Emotional Accuracy on Interpersonal Interactions in Daily Life.* Paper presented at the Society for Interpersonal Theory and Research, Toronto, ON.
- *Rodrigues, A.S., Ellerbeck, N.E., & **Ansell, E.B.** (2015, May). *The Relationship between Social-Emotional Accuracy, Interpersonal Sensitivities and Interpersonal Problems.* Paper presented at the Society for Interpersonal Theory and Research, Toronto, ON.

- *Ellerbeck, N.E. & **Ansell, E.B.** (2015, May). *Attachment and Interpersonal Experiences in Daily Life*. Paper to be presented at the Society for Interpersonal Theory and Research, Toronto, ON.
- **Ansell, E.B.** (2015, May). Trauma History, Allostatic Load, and the Effects of Daily Stress on HPA Function. In **Ansell, E.B.** (Chair). Affect, Social Stress, and Neuroendocrine Effects of Trauma and Adversity in Daily Life. Symposium conducted at the Annual Convention for the Association for Psychological Science, New York, NY.
- *Ellerbeck, N.E. & **Ansell, E.B.** (2015, March). *PID-5 Pathological Personality Traits and Daily Assessments of Interpersonal Behavior and Perception*. Poster presented at the Society for Personality Assessment, Brooklyn, NY. (**Awarded Honorable Mention Poster Prize**)
- *Rodrigues, A.S. & **Ansell, E.B.** (2015, March). *Associations between PID-5 Personality Traits and Performance on a Social Emotional Accuracy Task.* Poster presented at the Society for Personality Assessment, Brooklyn, NY. (**Awarded Honorable Mention Poster Prize**)
- **Ansell, E.B.** & Laws, H.B. (2015, March). *Stress and Interpersonal Functioning in Daily Life*. In Meehan, K. (Chair) *Experience Sampling of Affective-Interpersonal Cycles in Daily Life*. Symposium conducted at the Society for Personality Assessment, Brooklyn, NY.
- *Laws, H. B. & **Ansell, E.B.** (2014, June). *Momentary assessment of hostility, rejection, and social support predict stress and alcohol craving*. Paper presented at the Annual meeting of the Society for Interpersonal Theory and Research, New Haven, CT.
- **Ansell, E.B.,** Simmons, J.A., Thomas, K.M., Hopwood, C.J. (2014, March). *Bullying Effects on Mental Health: The Moderating Influence of Personality Traits.* In **Ansell, E.B.** (Chair) *Assessing Adaptation, Coping, and Resilience*. Symposium conducted at the Society for Personality Assessment, Arlington, VA.
- **Ansell, E.B.,** Rando, K. Tuit, K., Guarnaccia, J., Sinha, R. (2013, June). *Interaction effects of cumulative stress and self-esteem on gray matter volume and hazardous drinking*. Poster presented at the annual meeting of the Research Society on Alcoholism, Orlando, FL.
- **Ansell, E.B.,** Roche, M., Pincus, A.L. (2103, May). *Social Functioning and life satisfaction: Associations with daily social behavior.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Park City, UT.
- **Ansell, E.B.,** Rando, K. Tuit, K., Guarnaccia, J., Sinha, R. (2012, October). *Cumulative Stress, and Self-Esteem: Associations with Gray Matter Volume in Community Participants*. Invited presentation at the early career investigators poster session of the Frontiers in Addiction Research NIDA Mini-Convention Held in Conjunction with the Society for Neuroscience (SfN) Annual Meeting, New Orleans, LA.
- *Simmons, J.A., **Ansell, E.B.,** Thomas, K.M., Hopwood, C.J., & Chaplin, T.M. (2012, May). *Interpersonal behaviors and stress in the parent-adolescent interaction task.* Poster presented at

- the annual meeting of the Society for Interpersonal Theory and Research, Montreal, Quebec, Canada.
- **Ansell, E.B.** (2012, May). *Interpersonal Stress: Problems, Sensitivities, and the HPA Axis.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Montreal, Quebec, Canada.
- **Ansell, E. B.**, Thomas, K.M., Hopwood, C.J., & Chaplin, T.M. (2012, March). *Interpersonal complementarity and stress in the parent-adolescent interaction task*. Paper presented at the annual meeting of the Society for Personality Assessment, Chicago, IL.
- **Ansell, E. B.**, Cain, N.M., Wright, A.C.G., Hopwood, C.J., Thomas, K. & Grilo, C.M. (2011, June). *Interpersonal subtypes and pathoplasticity in course of depression*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Zurich, Switzerland.
- **Ansell, E.B.**, Wright, A.G.C., & Grilo, C.M. (2011, May). *Interpersonal trait profiles and risk in patients who made suicide attempts*. Poster presented at the annual meeting of Association for Psychological Science, Washington, D.C.
- **Ansell, E.B.** (2011, March). *Validity and functional correlates of the Pathological Obsessive Compulsive Personality Scale (POPS)*. Paper presented at the annual meeting of the Society for Personality Assessment, Boston, MA.
- **Ansell, E.B.** (2011, March). *Interpersonal pathoplasticity and psychiatric disorders*. Paper presented at the annual meeting of the Society for Personality Assessment, Boston, MA.
- **Ansell, E.B.** (2010, June). *Interpersonal traits as risk factors for suicidal ideation and suicide attempts.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Philadelphia, Pennsylvania.
- *Blomquist, K., **Ansell, E.B.**, White, M.A., Grilo, C.M. (2010, June). *Interpersonal styles are associated with age of binge eating, dieting, and obesity onset in obese men and women with binge eating disorder*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Philadelphia, Pennsylvania.
- **Ansell, E.B.**, Ball, S., Hopwood, C.H., & Pincus, A.L. (2009, May). *Interpersonal problem effects on retention in residential substance abuse treatment.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research. Toronto, Canada.
- **Ansell, E.B.**, Pinto, A., Becker, D.F., Añez, L.M., Paris, M., White, M.A., & Grilo, C.M. (2008, May). *Confirming a two-factor model of Obsessive-Compulsive personality disorder in Hispanic psychiatric outpatients*. Poster session presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.
- **Ansell, E.B.**, Sanislow, C.A., Grilo, C.M., Stout, R.L., & McGlashan, T.H. (2008, May) *Prevalence and persistence of criteria for Schizotypal, Borderline, Avoidant, and Obsessive*-

- Compulsive Personality Disorders at 6-year follow-up. In A. E. Skodol (Chair), Dimensional models of Personality Disorders. Symposium conducted at the annual meeting of the American Psychiatric Association, Washington, D.C..
- Pinto, A., **Ansell, E. B.**, Grilo, C. M., Shea, M. T. (2007, May) *A multidimensional model of obsessive-compulsive personality disorder*. Paper presented at the annual meeting of the Association for Research on Personality Disorders, San Diego, California.
- **Ansell, E. B.** (2006, August). Integrative two-dimensional model of adaptive and maladaptive narcissism. In A. L. Pincus (Chair), *Beyond grandiosity New perspectives on narcissistic personality and narcissistic pathology*. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, Louisiana.
- **Ansell, E.B.**, Grilo, C. M., Sanislow, C. A., & McGlashan, T. H. (2006, May). *Specific psychosocial impairment in personality and psychiatric disorders compared to healthy controls*. Poster session presented at the annual meeting of the Association for Psychological Science, New York, New York.
- Pincus, A. L., Cain, N. M., & **Ansell, E. B.** (2006, January). Narcissism at the crossroads. In S. A. Rosenthal (Chair), *I love me ... I love me not: Do narcissists have high self-esteem, low self-esteem, or both?* Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, California.
- Pimental, C. A., Pincus, A. L., **Ansell, E. B.**, White, C. N., Uliaszek, A. A., Craver, A., Reid, J. J., & Cain, N. M. (2004, August). *Initial derivation and validation of the Vulnerable Narcissism Scale*. Poster session presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Uliaszek, A. A., Pincus, A. L., Slaney, R., & **Ansell, E. B**. (2004, May). *Perfectionism and interpersonal problems: A study of gender differences*. Poster session presented at the annual meeting of the Society for Interpersonal Theory and Research, Toronto, Canada.
- Kurtz, J. E. & **Ansell, E. B.** (2004, March). *Interpersonal trait perceptions and the development of peer relationships*. Paper presented at the annual meeting of the Society for Personality Assessment, Miami, Florida.
- White, C. N., Pincus, A. L., **Ansell, E. B.**, & Kordell, A. M. (2003, August). *Narcissism and personality organization*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- **Ansell, E. B.**, Pincus, A. L., & Kurtz, J. E. (2002, May). *Too much, too little, or just right? The quadratic effects of the big five personality traits on roommate relationship quality.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Toronto, Canada.

- **Ansell, E. B.** & Pincus, A. L. (2001, May). *The interpersonalness of the big five personality traits from the rater's perspective: Chad and Cathy.* Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Montreal, Canada
- **Ansell, E. B.**, Clouser, C. A., & Kurtz, J. E. (2000, August). *Comparing interpersonal complementarity using DFCs from the IAS and IIP-C*. Poster session presented at the annual meeting of the American Psychological Association, Washington, D.C..
- Pincus, A. L., Strack, S., Wagner, C. C., & **Ansell, E. B.** (2000, June). *The scope of interpersonal theory and research*. Discussion conducted at the annual meeting of the Society for Interpersonal Theory and Research, Evanston, IL.
- **Ansell, E. B.**, Kurtz, J. E., & Pincus, A. L. (2000, June). *Personality traits as moderators of interpersonal complementarity*. Paper presented at the annual meeting of the Society for Interpersonal Theory and Research, Evanston, IL.
- **Ansell, E. B.** (2000, March). Validity of the PAI interpersonal scales for measuring the basic dimensions of the circumplex. In J. E. Kurtz & L. Morey (Chairs), *New research and developments with the Personality Assessment Inventory (PAI)*. Symposium conducted at the annual meeting of the Society for Personality Assessment, Albuquerque, NM.

TEACHING EXPERIENCE

Spring 2024	Gender and Biobehavioral Health, Penn State University, State College, PA
Spring 2020 –2023	Advanced Research Methods (graduate level), Penn State University, State College, PA
Spring 2017	Personality (graduate level), Syracuse University, Syracuse, NY
Fall 2016	Abnormal Psychology, Syracuse University, Syracuse, NY
Fall 2006 - 2016	Assessment Seminar, Pre-doctoral Internship, Department of Psychiatry, Yale University School of Medicine, New Haven, CT
Fall 2006 – 2008	Graduate Clinical Assessment, Department of Psychology, Yale University, New Haven, CT
2001 thru 2003	Personality Theory, Instructor Department of Psychology, Pennsylvania State University, University Park, PA

^{*} Postdoctoral fellow/ student trainee

INVITED PRESENTATIONS

5/2024	"Tolerance Breaks" Invited presentation at the Drexel Medical Cannabis Research Center, Drexel University, Dornsife School of Public Health
5/2024	"Cannabis Trends, Implications and Policy" Invited panel at the Consortium of Substance Use and Addiction, Penn State University
4/2022	"Risk factors for hazardous cannabis use in young adults: Findings from naturalistic settings." Invited presentation at the Penn State Center for Research on Tobacco and Health
11/2018	"Stress, Sensory Regulation, and Self-Harm" Invited Presentation at the Brain and Behavior Research Foundation's Families for Borderline Personality Disorder Reception.
10/2018	"Stress, Psychopathology, and Addiction" Invited Colloquium, Department of Psychology, SUNY Buffalo,
08/2018	"The Highs and Lows of Cannabis Use" Invited Keynote at the Center for Brain and Behavior Research, University of South Dakota.
10/2017	"Stress, Psychopathology, & Addiction: Risk processes in daily life." Colloquium at the Edna Bennett Pierce Prevention Research Center, Pennsylvania State University
10/2017	"Stress, Psychopathology, & Addiction: Risk processes in daily life." Grand Rounds for the Department of Psychiatry, Stony Brook Medical School.
01/2017	"Stress and Substance Use: Risk processes in Daily Life" Colloquium for the Center for Technology and Behavioral Health, Geisel School of Medicine at Dartmouth.
03/2016	"Risk for Stress Related Psychopathology: Mechanisms and Dynamic Processes in Daily Life" Colloquium in the Department of Psychology, CUNY Baruch.
10/2015	"Stress and Substance Use: Risk processes in Daily Life" Grand Rounds, Department of Psychiatry, Yale University School of Medicine.
03/2015	"Cumulative Adversity, Stress and Risk for Dysfunction in Daily Life" Colloquium in the Division of Prevention and Community Research, Yale University School of Medicine.

06/2014	"Impulse Control and Borderline Personality Disorder" National Education Alliance –Borderline Personality Disorder Call-In Series Invited Speaker.
11/2013	"Stress Happens: Pathways to dysfunction" Clinical Grand Rounds, Psychology Department, Long Island University- Brooklyn, Brooklyn, NY.
10/2013	"Stress Happens: Pathways to dysfunction and addiction" Clinical Speaker Series, Psychology Department, Yale University, New Haven, CT
12/2012	"What happens when stress happens: Pathways to social dysfunction and addiction." Clinical Psychology Department, The Pennsylvania State University, University Park, PA
05/2012	"Hostility, Impulsivity, and Social Process in BPD" Yale NEA-BPD Annual Conference, Yale University, New Haven, CT
04/2010	"Stress and Impulsivity: Direct and Indirect Effects on Smoking." Interdisciplinary Research Consortium on Stress, Self-Control and Addiction Seminar, Yale University School of Medicine, New Haven, CT
11/2008	"Avoidant Personality Traits and Suicide Related Outcomes" Borderline Personality Disorder Research Grand Rounds, McLean Hospital, Belmont, MA

Journal Service

Addiction Biology, American Journal of Psychiatry, Assessment, Biological Psychiatry, Biological Psychology, Canadian Psychology, Cannabis, Child Maltreatment, Comprehensive Psychiatry, Depression and Anxiety, Drug & Alcohol Dependence, Emotion, Journal of Abnormal Psychology, Journal of Behavior Therapy and Experimental Psychiatry, Journal of Clinical and Consulting Psychology, Journal of Clinical Psychiatry, Journal of Contemporary Psychotherapy, Journal of Nervous and Mental Disorder Journal of Personality, Journal of Personality Assessment, Journal of Personality Disorders, Journal of Research in Personality, NeuroImage, Personality Disorders, Personality and Individual Differences, Personality and Social Psychology Bulletin, Personality Disorders: Theory, Research, Treatment. Psychological Assessment, Psychological Medicine, Psychology of Addictive Behaviors, Psychiatry Research, Psychoneuroendocrinology, Psychotherapy Research, Review of General Psychology, Self & Identity, Sex Roles, Training & Education in Professional Psychology