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### **EDUCATION**

Ph.D.                    Biobehavioral Health, The Pennsylvania State University                    Dec. 2007

B.S.                    Health Policy and Administration, The Pennsylvania State University                    May 1999  
                          Minor and Honors in Women's Studies

### **TEACHING & RELATED ACTIVITIES**

Associate Teaching Professor of Biobehavioral Health                    2017 - present  
Director of the Biobehavioral Online Degree Program                    2021 - present  
Department of Biobehavioral Health  
The Pennsylvania State University, World Campus, University Park, PA

#### Courses Taught:

BBH 101: Introduction to Biobehavioral Health  
BBH 143: Drugs, Behavior, Health  
BBH 146: Introduction to Health & Human Sexuality\*  
BBH 305: Introduction to Global Health Issues  
BBH 311: Interdisciplinary Integration in Biobehavioral Health  
BBH 315: Gender and Biobehavioral Health  
BBH 411W: Research and Applications in Biobehavioral Health\*  
BBH 416: Health Promotion II: Planning, Implementation, and Evaluation\*  
BBH 432: Biobehavioral Aspects of Stress\*  
BBH 496: Independent Studies  
*\*Denotes authorship of significant and/or major course revisions*

#### Other Course Development Activities:

Co-developer: Writing Across the Curriculum in Biobehavioral Health Online Module                    2020

#### Student Success Activities:

Co-coordinator of the Biobehavioral Health Student Center                    2022 - 2023  
Developer: BBH Student Center Learning Assistant Training Module                    2022 - 2023

#### Adjunct Instructor

Department of Biobehavioral Health                    2003 – 2017  
The Pennsylvania State University World Campus  
Courses taught: BBH 046/146: Introduction to Health & Human Sexuality

#### Adjunct Faculty, Course Lead, Portfolio Assessor

Bachelor's Degree in Health and Wellness                    2009 - 2017  
Kaplan University  
Courses Taught: Mapping the Mind-Body Divide (HW280), Research Methods for Health Sciences (HS305), Health and Wellness Programming (HW425)

### **PROFESSIONAL, RESEARCH, & VOLUNTEER EXPERIENCE**

Research & Evaluation Coordinator                    2007- 2009

Center for Schools and Communities, Camp Hill, PA

Dissertation Research 2006 - 2007  
The Pennsylvania State University, University Park, PA

Graduate Research Assistant 2003 - 2006  
Kozlowski Lab  
The Pennsylvania State University, University Park, PA

Graduate Research Assistant 2001  
The Tremin Research Program on Women's Health  
The Pennsylvania State University, University Park, PA

Volunteer HIV Test Counselor and Educator 2000 - 2002  
The AIDS Project  
State College, PA

Research Analyst 1999 - 2000  
The Schizophrenia Care and Assessment Project  
The MEDSTAT Group, Washington, D.C.

Undergraduate Research Assistant 1998 - 1999  
The Tremin Research Program on Women's Health  
The Pennsylvania State University, University Park, PA

Public Health Intern 1998  
The Pennsylvania Department of Health, Southwest District, Pittsburgh, PA

Peer Health Educator 1997 - 1999  
HealthWorks  
The Pennsylvania State University, University Park, PA

Women's Health Clinical Volunteer 1998 - 1999  
University Health Services  
The Pennsylvania State University, University Park, PA

**UNIVERSITY, COLLEGE AND DEPARTMENTAL SERVICE**

Penn State Joint Standing Committee on Effective and Responsible Use  
of Artificial Intelligence in Higher Education Instruction Committee Member 2024 - present

Biobehavioral Health Non-tenure Promotion Committee Member 2024 - present

Schreyer Honors College (SHC) Strategic Planning Working Group 2023

Student Engagement Network Grant Reviewer 2023

Teaching and Learning with Technology Symposium Reviewer 2023

Schreyer Honors College Admissions Reviewer 2019 - present

College of Health and Human Development Curricular Affairs Committee Member 2022 - present

College of Health and Human Development AC-14 Review Committee Member 2022

Biobehavioral Health World Campus NTT Search Committee Chair 2024 - present

Biobehavioral Health Teaching Faculty Search Committee Chair 2024

Biobehavioral Health Faculty Search Committee Member 2022

Biobehavioral Health Student Center Committee Member 2022 - present

Biobehavioral Health Advisory Committee Member 2021 - present

Biobehavioral Health Teaching Faculty Search Committee Member 2017 - 2024

Biobehavioral Health Undergraduate Program Committee Member 2020 - present

Biobehavioral Health World Campus Committee Chair 2021 - present

Biobehavioral Health Newsletter Committee Member 2018 - 2020

### **OTHER SELECTED PROFESSIONAL SERVICE**

International Center for Academic Conference Proposal Reviewer	2022
International Center for Academic Integrity Content & Communication Committee Member	2021 – present
ITLC Lilly Conference Proposal Reviewer	2020 – present

### **AWARDS AND HONORS**

Evelyn R. Saubel Faculty Award, College of Health and Human Development, Penn State	2023
Schreyer Institute Advancing Equity, Inclusion, and Belonging Grant, Penn State	2022
Schreyer Institute Teaching and Learning Scholarship Grant, Penn State	2020-2021
Teaching Excellence Award, College of Health & Human Development, Penn State	2018-2019
Teaching Excellence Award, College of Health & Human Development, Penn State	2017-2018
Teaching Excellence Award, College of Health & Human Development, Penn State	2016-2017
Graduate Teaching Assistantship, Department of Biobehavioral Health, Penn State	2006-2007
Graduate Research Assistantship, Robert Wood Johnson Foundation, PI: Dr. Lynn Kozlowski	2003-2006
Cum Laude, College of Health & Human Development, Penn State	1999
Academic Achievement Award, College of Health and Human Development, Penn State	1998
Schreyer's Scholar, Schreyer Honors College, Penn State	1997-1999

### **PROFESSIONAL DEVELOPMENT ACTIVITIES**

Communities of Practice at Penn State	
AI Community of Practice	2023 – present
AI Horizons	2023 - present
Learning & Academic Success Professionals	2022 - present
Data Informed Pedagogy	2020 – 2024
Innovative Technologies in the Classroom	2020 - 2023
Quality Matters Users	2020 - present
Universal Design for Learning	2022 – present

#### Schreyer Institute for Teaching Excellence at the Pennsylvania State University:

Certificate: Take Action for Student Learning Short Course	2019
Certificate: Teach to Reach (UDL principles) Short Course	2018
Other activities and events:	
Schreyer Conference	2017
Conducting Scoping Reviews	2020
Designing Courses to Encourage Integrity & Learning	2019
Fostering Academic Integrity: Research Based Strategies	2019
2022 Schreyer Conference	2022
DEI Journal Club Series	2022

#### Penn State World Campus Faculty Development Certificates Earned:

Foundations for Online Teaching	2017
Instructional Practice	2018
The Learner and Learning Certificate	2020
Online Course Authoring Certificate	2020

#### Penn State World Campus Online Faculty Development Courses Completed:

Conducting Research with your Online Class	2016 - 2022
Essentials of Online Teaching	
Introduction to Canvas	
Assessment of Online Learners	
Online Presence	
Teamwork in Online Teaching and Learning	
Supporting Accessibility for Online Learners	
Serving the Military and Veteran Student	
Online Course Design	
Gamification in Online Teaching and Learning	

Library Integration in Online Courses  
Teaching the International Student  
Accessible Online Course Authoring  
Supporting Students in Distress  
Excellence in Academic Advising: Under-Resourced Students  
Universal Design for Learning

Quality Matters Courses & Certificates

Independent Introduction to Quality Matters 2021  
Independent Applying the Quality Matters Rubric 2021

**PROFESSIONAL MEMBERSHIP**

American Evaluation Association  
American Public Health Association  
International Center for Academic Integrity  
Professional and Organizational Development Network in Higher Education  
Quality Matters  
Society of Professional Health Educators

**UNDERGRADUATE STUDENT SUPERVISION**

Department of Biobehavioral Health Undergraduate Teaching Interns (UGTIs):

Maite Barrenechea, Kayla Beauregard, Fernanda Cuadro, Eric Degolier, Mia Delmerico, William Dervin, Rachael Droege, Emily Gutekunst, Robert Higgins, Morgan Kelley, Angela Perry, Jaylyn Rivera, Emma Rouston, Kira Wulff

Department of Biobehavioral Health Student Research Partners:

Davina Ballah, Idunnuoluwa Olawala, Belle Peterson, Hilda Ramirez

Department of Biobehavioral Health Student Center Learning Assistants:

Gretchen Blume, Molly Camp, Nikita Pezzi, Rachel Phillips,

Faculty Sponsor of Undergraduate Research:

Dervin, W. (2021). Adverse childhood experiences (ACEs) and the Relations to Chosen Adult Altruistic Professions. Penn State Undergraduate Research Exhibition. Third place in the Social and Behavioral Sciences category.

Droege, R. (2021). A scoping review of contract cheating in higher education. Penn State Undergraduate Research Exhibition Social and Behavioral Sciences category.

**SCHOLARLY WORKS**

Doctoral Thesis: Studies in tobacco harm reduction: The role of context in behavioral and subjective responses to a reduced exposure tobacco product. Biobehavioral Health, Penn State University, Co-Advisors: Lynn T. Kozlowski, Ph.D. and Laura Cousino Klein, Ph.D.

Honor's Thesis: Women's Satisfaction with their healthcare providers during the menopausal transition. Women's Studies, Penn State University. Advisor: Phyllis K. Mansfield, Ph.D.

**PUBLISHED MANUSCRIPTS**

Kozlowski, L.T., Giovino, G.A., **Edwards, B. Q.**, DiFranza, J., Foulds, J., Hurt, R., Niaura, R., Sachs, D.P.L., P Selby, P., Dollar, K.M., Bowen, D., Cummings, K.M., Counts, M., Fox, B., Sweanor, D., Ahern, F. (2007). Advice on using over-the-counter nicotine replacement therapy-patch, gum, or lozenge-to quit smoking. *Addictive Behaviors*, 32: 2140-2150.

Kozlowski, L.T., & **Edwards, B.Q.** (2005). "Not safe" is not enough: smokers have a right to know more than there is no safe tobacco product. *Tobacco Control*, 14 (Suppl 2): ii3-ii7.

O'Connor, R.J., Kozlowski, L.T., Flaherty B.P., **Edwards, B.Q.** (2005). Most smokeless tobacco use does not cause cigarette smoking: results from the 2000 National Household Survey on Drug Abuse. *Addictive Behaviors*, 30(2):325-36.

Kozlowski, L.T. & **Edwards, B.Q.** (2004). Breaking up with your drug can be hard to do, but is it mainly because compulsive behavior involves specific brain regions? *Addiction*, 99(12):1503.

Kozlowski, L.T., O'Connor, R.J., & **Quinio Edwards, B.** (2003). Some practical points on harm reduction: what to tell your lawmaker and what to tell your brother about Swedish snus. *Tobacco Control*, 12:372-373

O'Connor R.J., Flaherty B.P., **Quinio Edwards, B.**, Kozlowski, L.T. (2003). Regular smokeless tobacco use is not a reliable predictor of smoking onset when psychosocial predictors are included in the model. *Nicotine & Tobacco Research*, 5(4):535-43.

Kozlowski, L.T., O'Connor, R.J., **Edwards, B.Q.**, Flaherty, B.P. (2003). Most smokeless tobacco use is not a causal gateway to cigarettes: using order of product use to evaluate causation in a national US sample. *Addiction*, 98(8):1077-85.

#### **PUBLISHED PEER REVIEWED ABSTRACTS**

Kozlowski, L.T., O'Connor, R.J., **Quinio (Edwards), B.A.**, and Flaherty, B.P. Most smokeless tobacco use is not a causal gateway to cigarettes: Using order of use to evaluate causation in a national U.S. sample. Presented at the 9<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA. *Nicotine and Tobacco Research*, 5(5):783-84.

#### **SCHOLARSHIP OF TEACHING AND LEARNING & OTHER TEACHING PRESENTATIONS**

**Edwards, B.** & Cross, M. (2022). Writing in the Health Sciences; Evaluating the Legitimacy of Sources and the Role of Popular Media. Invited Presentation for the Engaging Disciplinarity Writing Speaker Series. Penn State Undergraduate Education. University Park, PA.

**Edwards, B.**, Cruz, L., & Droege, R\*. (2020). Video Assessment to Promote Efficacy and Integrity in Asynchronous Courses. Presented at the ITLC Lilly Online Conference.

Sharrar, L., DiSanto, R., **Edwards, B.** (2024). Lessons Learned and Best Practices using Online Exam Proctoring. Presented at the College of Health & Human Development Teaching and Learning Insight Series, University Park, PA.

Sharrar, L. **Edwards, B.**, Raisch, T. & DiSanto, R. (2019). Academic Honesty, Tools for Success. Presented at the Penn State Library Online Learning Summit, University Park, PA.

*\*Denotes mentored undergraduate student*

#### **SCIENTIFIC PRESENTATIONS**

**Edwards, B.Q.**, Kozlowski, L.T., Klein, L.C. (2007 February). The role of information and experience in smokers' evaluations of a non-smoked potential reduced exposure tobacco product. Presented at the 13<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.

Kozlowski, L.T., Giovino, G.A., **Edwards, B.Q.**, Ahern, F., Allison, R., Youmans, R., Wagner, K., Bowen, D. (2006 February). Inappropriate concerns about the safety of NRT compared to cigarettes among healthcare professionals. Presented at the 12<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Orlando, FL.

**Quinio Edwards, B.**, Kozlowski, L. T., O'Connor, R.J., Cooper, S.C., Counts, M.M., and Ahren, F. (2004 February). "Tips for using nicotine patch, gum, and lozenge": Use of a brochure in smoking research and treatment. Presented at the 10<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, Scottsdale, AZ.

O'Connor, R.J., Kozlowski, L.T., **Quinio (Edwards), B.A.**, and Flaherty, B.P. (2003 February). Most smokeless tobacco use is not a causal gateway to cigarettes: Using order of product use to evaluate causation in a national U.S. sample. Presented at the 9<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.

O'Connor, R.J., Flaherty, B.P., Kozlowski, L.T., and **Quinio (Edwards), B.A.** (2003 February). Regular smokeless tobacco use is not a predictor of smoking onset when psychosocial predictors are included in the model: An analysis of the TAPS longitudinal survey. Presented at the 9<sup>th</sup> annual meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.

**Quinio (Edwards), B.A.** (2001 June). Women's satisfaction with their healthcare providers during the menopausal transition. Presented at the annual meeting of the Society for Menstrual Cycle Research, Avon Farms, CT.

**Quinio (Edwards), B.A.** (2000 April). Standardization of SCAP data collection procedures. Presented at the Schizophrenia Care and Assessment Project Primary Investigator's Meeting, Indianapolis, IN.

**INVITED PANELIST**

October, 2024. College of Health and Human Development Non-Tenure Line Advancing Your Career Series.