

Jennifer L. Keluskar, Ph.D.

[jlk6730@psu.edu](mailto:jlk6730@psu.edu)

## EMPLOYMENT HISTORY

---

August 2024

**Assistant Teaching Professor of Biobehavioral Health,  
The Pennsylvania State University**  
University Park, PA

*Current Classes*

BBH 101 (2 sections): Introduction to Biobehavioral Health

BBH 315: Gender and Biobehavioral Health

September 2021-  
May 2024

**Adjunct Professor, St. John's University**  
Queens, New York

*Past Classes*

PSY 207H: Honors Child Psychology (online, synchronous)

PSY207: Child Psychology

PSY208H: Honors Adolescent Psychology

PSY1000: Introductory Psychology

PSY 698: Clinical Practicum (Intake Interviewing), Part I (Didactics)

PSY 699: Clinical Practicum (Intake Interviewing), Part II (Supervised Practicum).

February 2023 - Present

**Expert Author Community, Psychology Today.**

Title of Blog: *Alone Together: Connections and Emotions in the World Today*

<https://www.psychologytoday.com/us/blog/alone-together>

- April 2021-Present      **Clinical Psychologist, Private Practice**  
Remote
- Providing cognitive-behavioral interventions to adolescents, and adults.
- October 2020-Present      **Volunteer Faculty, Stony Brook University, Department of Psychiatry**  
Stony Brook, N.Y.
- Providing lectures for medical trainees on using cognitive behavioral interventions for individuals with Autism Spectrum Disorder (ASD).
  - Reviewing academic papers.
  - Participating in academic research activities.
  - Lecturer for medical trainees.
- December 2022-July 2023      **Long Island Coordinator for the Climate Psychology Alliance of North America (Voluntary Role)**
- Networked with other mental health professionals interested in helping others with climate distress.
  - Created an educational presentation about the mental health impacts of climate change.
  - Collaborated on scholarly work related to the mental health impacts of climate change.
- February 2021-February 2023      **Intake Specialist, Aptihealth, Inc.**  
Remote
- Provided diagnostic interviews to adults and writing intake reports via a telemedicine platform.
- July 2015-September 2020      **Stony Brook School of Medicine, Clinical Assistant Professor, Department of Psychiatry**  
Stony Brook, N.Y.
- Lectured for medical and psychology trainees.
  - Completed comprehensive diagnostic evaluations, including inter-disciplinary psychiatry and developmental disorder evaluation; and evaluations for Autism Spectrum Disorder (ASD) utilizing gold-standard measures such as the ADOS-2 and ADI-R.

- Provided individual cognitive behavioral psychological treatment to children, parents of children with developmental disabilities, and young adults.
- Served as Leader of a Radically Open DBT Skills class for young adults ages 18-25.

September 2019-  
September 2020

**Head of Clinical Education, Stony Brook Autism Initiative**

Stony Brook, N.Y.

- Worked on program development for training hospital staff on strategies and supports for patients with ASD.
- Supervised trainees completing their externship, internship, and post-doctoral fellowship in clinical psychology at Stony Brook University.
- Organized community lectures presented by clinicians specializing in ASD and presenting weekly talks on various topics related to interventions for ASD.
- Created and collaborating on research studies.

January 2014-July 2015

**Stony Brook Children's Service, PC**

Stony Brook, N.Y.

- Completed Psychoeducational and diagnostic evaluations for children.
- Provided individual cognitive behavioral psychological treatment to children and their families.
- Participated in training residents and preparing presentations for medical professionals.

September 2012-  
October 2013

**Behavioral Consultant/Clinical Psychologist**  
*St. Mary Children's Hospital, Roslyn Outpatient Clinic*

- Provided consultation to teachers and parents associated with the Roslyn School District and writing behavior intervention plans.
- Completed psychological evaluations for the clinic and consultation to staff.
- Planned and implemented a social skills group for 4-5 year –old children.
- Provided CPSE and CSE counseling services.

September 2010-November 2012

**Associate Research Scientist**

***Phyllis Green and Randolph Cōwen Institute for Pediatric Neuroscience, NYU Child Study Center***

*New York, New York*

- Administered, interpreted, and wrote evaluations for research studies on Autism Spectrum Disorder (Research Reliable on ADOS and ADI-R).
- Presented participant cases at biweekly clinical case conference meetings.
- Trained clinicians and research assistants on the ADI-R and ADOS.

## **EDUCATION & CREDENTIALS**

---

September 2011	<b>NYS License in Clinical Psychology</b>
September 2005-August 2010	<b>Ph.D. Clinical and School Psychology</b> Hofstra University Hempstead, New York (APA Accredited)
August 2006	<b>M.A. Clinical and School Psychology</b> Hofstra University
June 2005	<b>B.A. Psychology, <i>Magna Cum Laude</i></b> Wellesley College Wellesley, Massachusetts

## **HONORS & AWARDS**

---

November 2009	Recipient, 23 <sup>rd</sup> Annual H. Alan Robinson Outstanding Doctoral Dissertation Award
August 2006	Master of Arts with Distinction
2004	Psi Chi, National Honor Society in Psychology
2002	First Year Distinction, Wellesley College

## PUBLICATIONS

---

- Keluskar, J.** (2024 September/October). Are you sensitive to injustice? *Psychology Today*. pp. 22-23.
- Keluskar, J.** (2023 July 9). Environmental activists can be self-conscious. *The Resilient Activist*.  
<https://www.theresilientactivist.org/category/envirotips/emotional-support/>
- Keluskar, J.** (2023 May/June). Getting the recognition you crave. *Psychology Today*. pp. 15-16.
- Gerber, A.H., **Keluskar, J.** & Lerner, M.D. (in press). Longitudinal Impact of the COVID-19 Pandemic on Social Disruption and Loneliness in Autistic and Non-Autistic Youth. *Journal of Clinical Child and Adolescent Psychology*.
- Amaral, D.G. and de Vries, P.J., et al. (2020), COVID-19 and autism research: Perspectives from around the globe. *Autism Research*, 13: 844-869.  
 doi:[10.1002/aur.2329](https://doi.org/10.1002/aur.2329)
- Keluskar, J.**, Reicher, D., Gorecki, A., Mazefsky, C., & Crowell, J. (2021). Understanding, assessing, and intervening with emotion dysregulation in autism spectrum disorder: A developmental perspective. *Child and Adolescent Psychiatric Clinics of North America*, 30, 335-348.
- Crowell, J., **Keluskar, J.**, Gorecki, A. (2019). Parent-child relationships and their impact on the development of children with autism spectrum disorder: A review. *Comprehensive Psychiatry*, 90, 21-29.
- Rodman, J.**, Gilbert, K., Grove, A., Cunningham, M., Levenson, S., & Wajsblat, L. (2010). Efficacy of brief quantitative measures of play for screening for Autism Spectrum Disorders. *Journal of Autism and Developmental Disabilities*, 40, 325-333.
- DiMartino, A., Zuo, Z., Kelly, C. Grzadinski, R., Mennes, M. Schvartz, A., **Rodman, J.** Lord, C., Castellanos, F. Xavier, Milham, M.P. (2013). Shared and distinct intrinsic functional network centrality abnormalities in Autism and Attention-Deficit/Hyperactivity Disorder. *Biological Psychology*.
- Blaine B., **Rodman J.**, & Newman, J (2007). Weight loss treatment and psychological well-being: A meta-analytic review. *Journal of Health Psychology*, 12, 66-82.
- Blaine, B. & **Rodman, J.** (2007). Responses to weight loss treatment among obese individuals with and without BED: A matched-study meta-analysis. *Eating and Weight Disorders*.

Blaine, B., **Rodman, J.**, & Salustri, M (2004). Weight loss treatment and depression in obese BEDs and nonBEDs. Presented at the American Psychological Association 2005 Conference, Los Angeles, C.A.

## IN PROGRESS

---

- Doherty, T., Artman, S., Homan, J., **Keluskar, J.** & White, K. *Toward environmental-identity-based therapies: Cognitive behavioral approaches.* (Under review).
  - (Under contract). *Psychotherapy for Climate Change: A Practical Guide to Transcending Differences.* Routledge.
- 

## POSTERS & TALKS

---

**Keluskar, J.** “Considerations for Helping OC Individuals Cope with Social Exclusion” Flash Talk presented at the 2023 Radically Open Dialectical Behavior Therapy (RO-DBT) conference in Chicago on June 23, 2023.

Gerber, A.H., **Keluskar, J.**, Lerner, M.D. (2021). Social Interaction and Psychosocial Wellbeing in Youth with and without ASD During Mandated Quarantine. In J. Goldblum (Chair). *Masks, Mandates, and Mourning: Individuals with Neurodevelopmental and Genetic Disorders and Their Families During the Time of the COVID-19 Global Pandemic.* Virtual Symposium at the Gatlinburg Conference, April 6-8.

Gioia, A., **Keluskar, J.**, Sommer, S., Gerber, A., Lerner, M.D. (November, 2019). Adolescents’ Self-Reported Separation Anxiety Symptoms Mediate the Relationship Between ASD Symptoms and Self-Reported Emotion Control. Poster presented at the Association for Behavioral and Cognitive Therapies, Atlanta, Georgia.

Grzadzinski, R., Lange, R., **Rodman, J.**, Roberts, E., Petkova E., Lord, C., Castellanos F.X., Di Martino A. The overlapping and distinct presentations of ADHD and ASD: an examination of the Autism Spectrum Continuum. Poster presented at AACAP + CACAP Joint Annual Meeting on October 20, 2011.

## RESEARCH EXPERIENCE

---

October 2020-  
Present

**Voluntary Faculty, Stony Brook Department of  
Psychiatry**

September 2019-

September 2020

**Head of Clinical Education for ASD Initiative at Stony Brook University/School of Medicine**

Research programs developed included:

- Co-investigator of a study on emotion regulation difficulties in children with developmental disorders; relationships among these difficulties and features of emotion dysregulation and broader autism phenotype in parents; and how various factors affected mother-child relationships.
- Developing a research-clinical database for the Outpatient Department of Psychiatry; collaborating with Dr. Matthew Lerner's research lab (the Social Competence and Treatment Lab) on a poster presentation about comorbid anxiety in ASD; and co-writing literature reviews on topics pertinent to ASD.

July 2008-May 2009

**Primary Investigator: Dissertation**

*Hofstra University*

*Hempstead, New York*

Title: "Efficacy of brief quantitative measures of play for screening for Autism Spectrum Disorders."

Dissertation Abstract: Quick and effective screening measures are needed for detecting Autism Spectrum Disorder (ASD). Thirty typically-developing children and 30 children with ASD aged 24-68 months were used. This study explored if the ASD group would exhibit less object exploration, diversity of play, and turn-taking than the typically-developing group. Whether seconds of simultaneous eye gaze and touch toward dolls with different facial features would significantly differ was also explored. Older children with ASD performed less turn-taking. On all other measures, IQ accounted for more of the difference between groups than diagnosis. In addition, older typically-developing children showed more interest in the doll with symmetrical features as well as the faceless doll. Implications of these results for future research are discussed.

Defended: May 14, 2009

September 2006-August 2007 **Research Assistant**

*Hofstra University*

*Hempstead, New York*

- Assisted in research examining verbal behavior in political speeches.

- Compiling test materials, running participants, completing data entry, and analyzing and interpreting results.

September 2005-May 2006 **Research Assistant**  
*Hofstra University*  
*Hempstead, New York*

- Coded data, assisting in conducting a meta-analysis on the effects of weight loss in obese individuals on depression and self-esteem.
- Edited papers for publication.

### SPECIALIZED TRAINING, SEMINARS, AND WORKSHOPS

March 2023	Completed Ecotherapy and Climate Conscious Training and Consultation Group for Mental Health Professionals with Thomas Doherty, Ph.D.
March 2022	Completed Level Two, Part Six of Radically Open DBT (RO-DBT) Blended Learning Course.
November 2021	Completed Level Two, Part Five of Radically Open DBT (RO-DBT) Blended Learning Course.
July 2021	Completed Level Two, Part Four of Radically Open DBT (RO-DBT) Blended Learning Course.
April 2021	Completed Level Two, Part Three of Radically Open DBT (RO-DBT) Blended Learning Course.
February 2021	Completed Level Two, Part Two of Radically Open DBT (RO-DBT) Blended Learning Course.
December 2020	Completed Level Two, Part One of Radically Open DBT (RO-DBT) Blended Learning Course.
August 2020	Completed Level One of Radically Open DBT (RO-DBT) Blended Learning Course.
December 2019	Completed a Dialectical Behavior Therapy (DBT) Comprehensive



Online Training Program through Behavioral Tech.

November 2019	ABCT 53 <sup>rd</sup> Annual Convention
November 3, 2019	Completed a One-Day Training for Radically Open DBT with Lindsay Johnson, MEd, LPC.
March/April 2018	Anxiety Disorders Association of America 38 <sup>th</sup> Annual Convention
March/April 2016 Convention	Anxiety Disorders Association of America 36 <sup>th</sup> Annual Convention
December 2014	Teaching to Successful Outcomes: Conference on Evidence-Based Supports for Children with Autism Spectrum Disorder. Sponsored by the NYS Regional Center for Autism Spectrum Disorders at Old Westbury
March 2014	“There is Nothing to Fear! Making Exposure with Response Prevention ‘Almost Fun’ for both Clients and Clinicians,” Dean McKay, Ph.D., Professor of Psychology at Fordham University. Sponsored by The 14 <sup>th</sup> Annual OCD New Jersey Conference.
May 2013	34 <sup>th</sup> Annual TEACCH Autism Program Conference
May 2012	YAI’s 33 <sup>rd</sup> Annual International Conference
December 2011	Comprehensive Behavioral Intervention for Tics (CBIT). NYU-Bellevue. Sabine Wilhelm, Ph.D.
March 2011	Autism Diagnostic Interview – Revised Training. University of Michigan. Susan Risi, Ph.D; Mandy Steiman, Ph.D.
July 2010	Autism Diagnostic Observation Schedule – Advanced Training. Catherine Lord, Ph.D.; Melissa Nishawala, M.D.; Carolyn Kessler, Ph.D.
April 2010	“Taming the Social Context Jungle,” Carol Gray, Ph.D., Consultant to Students with Autism Spectrum Disorders & President, The Gray Center. Sponsored by YAI Network 31 <sup>st</sup> Annual Conference
April 2010	First Annual PCIT Northeast Regional Conference

- March 2010                      Anxiety Disorders Association of America 30<sup>th</sup> Annual  
Convention
- November 2009                “Mindfulness, Radical Acceptance, and Willingness:  
Teaching DBT Acceptance Skills in Clinical Practice,”  
Marsha M. Linehan, Ph.D., Kathryn E. Korslund,  
University of Washington

