

Idan Shalev, PhD

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Academic Positions:

- 2020-present:** The Pennsylvania State University
Associate Professor (with tenure) – Department of Biobehavioral Health,
The Pennsylvania State University, University Park, PA, USA.
- 2017- 2020:** The Pennsylvania State University
Mark T. Greenberg Early Career Professor for the Study of Children's Health
and Development
- 2014-2020:** The Pennsylvania State University
Assistant Professor – Department of Biobehavioral Health, The Pennsylvania
State University, University Park, PA, USA.

Education

- 2011-2013:** Duke University
Postdoctoral Associate – Department of Psychology and Neuroscience,
Duke University, Durham, NC, USA.
Advisors: Profs. Terrie Moffitt and Avshalom Caspi
- 2011:** National University of Singapore
Research Associate – Department of Psychology, National University of
Singapore, Singapore.
- 2007-2010:** Hebrew University
PhD degree – Department of Neurobiology, Hadassah Medical School,
Hebrew University, Jerusalem, Israel.
Advisor: Prof. Richard Ebstein
- 2005-2007:** Hebrew University
MSc degree (magna cum laude) – Department of Brain and Behavior, Hebrew
University Jerusalem, Israel.
Advisor: Prof. Richard Ebstein
- 2000 -2004:** Ben-Gurion University
BSc degree – Department of Biology, Natural Sciences, Ben-Gurion University
of the Negev, Beer-Sheva, Israel.

Membership in Professional Societies

- 2006- 2011:** Israel Society for Biological Psychiatry
2006- 2011: Israel Society for Neuroscience
2010- 2015: Associate Member- European College of Neuropsychopharmacology (ECNP)
2015- 2020: Association for Psychological Science (APS).
2018- present: International Society of Psychoneuroendocrinology

Editorial Duties

- 2013:** Guest Editor: *Frontiers in Neuroscience*- special issue on Social Hormones and Human Behavior
2018- present: Editorial Board: *Translational Neuroscience*
2021- present: Editorial Board: *Genes*
2022- present: Editorial Board: *Scientific Reports*

Ad Hoc Reviewer

Journals

Ageing Research Reviews, American Journal of Preventive Medicine, Annals of Behavioral Medicine, Annals of Epidemiology, Biodemography and Social Biology, Biological Psychiatry, Biological Psychology, BMC Medical Genetics, BMC Medicine, Brain Behavior and Immunity, Child Abuse & Neglect, Child Development, Child Maltreatment, Clinical Psychological Science, Depression and Anxiety, Development and Psychopathology, Developmental Psychology, European Journal of Personality, Frontiers in Genetics, JAMA Pediatrics, JAMA Psychiatry, Journal of Affective Disorders, Journal of Child Psychology and Psychiatry, Journal of Developmental Origins of Health and Disease, Journal of Nervous and Mental Disease, Journal of Psychiatric Research, Journal of Research on Adolescence, Journal of Visualized Experiments, Mechanisms of Ageing and Development, Molecular Psychiatry, Neurobiology of Aging, Neuroscience & Biobehavioral Reviews, Pediatrics, Philosophical Transactions B, PLoS Medicine, PLoS One, PNAS, Proceedings of the Royal Society B, Psychiatry Research, Psychological Medicine, Psychoneuroendocrinology, Psychosomatic Medicine, Royal Society Open Science, Rejuvenation Research, Scientific Reports, Sleep Health, SSM - Population Health, The American Journal of the Medical Sciences, The American Journal of Psychiatry, The Journal of Clinical Endocrinology & Metabolism, The Journal of Gerontology: Psychological Sciences, The Journal of Pediatrics, The Protein Journal, Translational Psychiatry.

Grants

- 2013:** Social Science Research Institute (SSRI) at Penn State University.
2014: Israel Science Foundation (ISF).
2019-2021: Research Grants Council (RGC) of Hong Kong.
2022: National Institutes of Health (NIH) Special Emphasis Panel (ZRG1 BBBP-R).
2022: National Institutes of Health (NIH) Special Emphasis Panel (ZAG1 ZIJ-2).

Professional Meeting

- 2014:** Review Board Member- International Society for Traumatic Stress Studies (ISTSS): Healing Lives and Communities: Addressing the Effects of Childhood Trauma across the Life Span.

IRB

- 2017- present:** Scientific review panel for the Clinical Research Center (CRC) at Penn State University.

Awards/Honors

- 2021:** Full member- Sigma Xi, The Scientific Research Honor Society.
- 2019:** Teaching Excellence Award- Department of Biobehavioral Health, College of Health and Human Development, Penn State University.
- 2017:** Mark T. Greenberg Early Career Professor for the Study of Children's Health and Development.
- 2016:** National Institute on Aging Butler-Williams Scholar.
- 2016:** National Institute on Aging Summer Training Course in Experimental Aging Research.
- 2015:** *Rising Star* in the Association for Psychological Science (APS).
- 2014:** Best poster award- 44th Annual ISPNE Conference, Montreal, Canada.
- 2013:** Selected for the Jacobs Foundation Conference 2013 on The Genetic Moderation (and Mediation) of Intervention Efficacy.
- 2012:** Travel award - 102nd Annual Meeting of the American Psychopathological Association (APPA), New-York, USA.
- 2011:** Travel award - The Biology of Prosocial Behavior – Emory University, Atlanta, USA.
- 2011:** Finalist, Fulbright Post-Doctoral Fellowships.
- 2011:** Israel Society for Biological Psychiatry- Annual Award for Outstanding Research.
- 2010:** Travel award- Integrating Cooperation Research across Europe (INCORE) foundation- Budapest, Hungary.
- 2010:** Travel award- Hebrew University- 7th World Congress on Stress, Leiden, Netherlands.
- 2010:** Travel award- European College of Neuropsychopharmacology (ECNP) Workshop for Young Scientists in Europe, Nice, France.
- 2010:** Travel award- The 3rd German Society for Psychophysiology and its Application Spring School, Dresden, Germany.
- 2009:** Travel award- The 2nd German Society for Psychophysiology and its Application Spring School, Dresden, Germany.
- 2007:** MSc degree- magna cum laude.

Grants

Active

		<u>Period</u>	<u>Award Total</u>
Faculty Fellow	Veturi (PI)	2023-2024	\$15,000
Pennsylvania State University, Social Science Research Institute			
<i>Understanding the genetic basis of sex differences in stress-cognitive decline relationship: a multiomic data driven approach integrating neuroimaging with electronic health record</i>			
Role: Mentor			
P01 AG003949	Engeland and Graham-Engeland (MPI)	2022-2027	\$2,536,683
National Institute on Aging, NIH			
<i>Depression, Inflammation, Biological Age, and Cognitive Function</i>			
Role: Co-Investigator			
R03 AG071549	Shalev (PI)	2022-2023	\$158,190
National Institute on Aging, NIH			
<i>Telomere Length Analysis in the Comprehensive Assessment of Long-term Effects of Reducing Intake of Energy (CALERIETM) Study</i>			
Role: Principal-Investigator			

R01 NR019610	Garrett-Peters and Shalev (MPI)	2021-2025	\$3,419,993
National Institute of Nursing Research, NIH			
<i>Early Life Adversity and the Developmental Programming of Early Childhood Telomere Biology: A Longitudinal Study of Developmental Context and Behavioral Mediators</i>			
Role: Multiple Principal-Investigator			
T32 AG049676	Martire (PI)	2021-2025	\$2,163,445
National Institute on Aging, NIH			
<i>Psychosocial Determinants and Biological Pathways to Healthy Aging (PATHWAYS)</i>			
Role: Co-Investigator			
U01 AG073204	Martin and Redman (MPI)	2021-2024	\$1,072,236
National Institute on Aging, NIH			
<i>A Planning Project to Pilot Test and Optimize Dietary Approaches to Slow Aging and Design a Long-Term Trial</i>			
Role: Co-Investigator			
T32 HD101390	Jackson and Noll (MPI)	2020-2025	\$1,728,321
National Institute of Child Health and Human Development, NIH			
<i>Creating the Next Generation of Scholars in Child Maltreatment Science</i>			
Role: Co-Investigator			
U01 ES030949	Shalev (PI)	2019-2023	\$948,300
National Institute on Aging and National Institute of Environmental Health Sciences, NIH			
<i>The Comparability and Reproducibility of Telomere Length Measurements for Population-based Studies</i>			
Role: Principal-Investigator			
P50 HD089922	Noll (PI)	2017-2023	\$8,037,839
National Institute of Child Health and Human Development, NIH			
<i>NIH CAPSTONE Center for Multidisciplinary Research and Training in Child Abuse and Neglect</i>			
Role: Co-Investigator			
Pending			
R01	Oxford, Shalev and Dow-Smith (MPI)	2023-2028	<u>Award Total</u> \$3,200,927
National Institute of Nursing Research, NIH			
<i>The impact of stress and caregiver sensitivity on infant cellular aging in a population of under-resourced families: A randomized controlled trial</i>			
Role: Multiple Principal-Investigator			
R25	Berish (PI)	2023-2026	\$804,283
National Institute on Aging, NIH			
<i>Translating Geroscience to health science students in Pennsylvania: Disseminating Geroscience and strengthening the connection between science and practice across the developmental continuum</i>			
Role: Co-Investigator			

P50 HD089922	Noll (PI)	2023-2028	\$8,885,070
National Institute of Child Health and Human Development, NIH			
<i>Penn State University's Translational Center for Child Maltreatment Studies (TCCMS)</i>			
Role: Co-Investigator			
R03	Harrington (PI)		\$158,189
National Institute on Aging, NIH			
<i>The role of loneliness in cognitive decline and risk for dementia</i>			
Role: Co-Investigator			
R01	Shalev and Hall (MPI)		\$4,082,014
National Institute of Diabetes and Digestive and Kidney Diseases, NIH			
<i>A Longitudinal Multi-Omics Study of Obesity in a High-Risk Cohort: Examining Mechanisms of Biological Aging, Transcriptomics and Metabolomics in Obesity Prediction</i>			
Role: Principal-Investigator			
S10	Showalter (PI)		\$1,999,227
National Institute of General Medical Sciences, NIH			
<i>Bruker AVANCE NEO 500 MHz NMR Spectrometer with TXO Cryoprobe and SampleCase</i>			
Role: Co-Investigator			
R01	Pérez-Edgar, Buss & LoBue (MPI)		\$6,630,342
National Institute of Mental Health, NIH			
<i>Emerging Relations between Attention and Negative Affect in the First Two Years of Life</i>			
Role: Co-Investigator			
Completed			
Seed Grant	Gould (PI)	<u>Period</u> 2021	<u>Award Total</u> \$13,131
Pennsylvania State University, Biobehavioral Health			
<i>Adolescent Social Stress and Telomere Length: Developing a Mouse Model</i>			
Role: Co-Investigator			
R21 AG055621	Shalev (PI)	2018-2021	\$435,324
National Institute on Aging, NIH			
<i>Temporal Genomics Mechanisms Underlying Disease and Aging</i>			
Role: Principal-Investigator			
R03 HD099372	Bernard and Dagan (MPI)	2019-2021	\$159,500
National Institute of Child Health and Human Development, NIH			
<i>Examining Mechanistic Links Between Maternal Attachment Representations and Young Children's Telomere Length</i>			
Role: Consultant			
Internal Grant	Warshel (PI)	2019-2021	\$15,000
Pennsylvania State University, Rock Ethics Institute			
<i>Children, Youth, and Media in International and Global Conflict Zones</i>			
Role: Co-Investigator			

T32 AG049676	Almeida (PI)	2016-2021	\$1,334,159
National Institute on Aging, NIH			
<i>Psychosocial Determinants and Biological Pathways to Healthy Aging (PATHWAYS)</i>			
Role: Co-Investigator			
Seed Grant	Shalev (PI)	2020	\$13,587
Pennsylvania State University, Biobehavioral Health			
<i>The Impact of Child Maltreatment on Biological Aging: A Multi-Omics Approach</i>			
Role: Principal-Investigator			
Seed Grant	Shalev (PI)	2019	\$14,784
Pennsylvania State University, Biobehavioral Health			
<i>Integrating Dynamic Cellular Mechanisms with Momentary Assessments of Emotions</i>			
Role: Principal-Investigator			
Seed Grant	Shalev (PI)	2018	\$4,500
Pennsylvania State University, Biobehavioral Health			
<i>Transcriptomic and Metabolomics Analysis among Victims of Child Maltreatment</i>			
Role: Principal-Investigator			
R21 AG054846	Belsky (PI)	2018-2020	\$238,500
National Institute on Aging, NIH			
<i>A Pilot Study to Advance Translation of Molecular Signatures of Biological Aging</i>			
Role: Consultant			
Seed Grant	Shalev (PI)	2016-2018	\$62,773
Pennsylvania State University, Clinical and Translational Science Institute			
<i>Early-Life Adversity and Gene Expression Response to Acute Psychological Stress</i>			
Role: Principal-Investigator			
Faculty Fellow	Shalev (PI)	2016	\$15,000
Pennsylvania State University, Social Science Research Institute			
<i>Integrating Dynamic Biological Mechanisms with Daily Momentary Assessments to investigate Biological Embedding of Early-Life Adversity</i>			
Role: Principal-Investigator			
Other	Shalev (PI)	2016	\$7,500
Pennsylvania State University, College of Health and Human Development			
<i>Teaching Release to Support Grant Writing</i>			
Role: Principal-Investigator			
Sara van Dam Foundation	Beijers (PI)	2015-2017	\$178,030
Pennsylvania State University, Clinical and Translational Science Institute			
<i>Biological Embedding of Early-Life Experiences: How Early-Life Experiences Impact Childhood Development and Can Accelerate Aging</i>			
Role: Co-Investigator			
Seed Grant	Chang (PI)	2015-2016	\$77,905
Pennsylvania State University, Clinical and Translational Science Institute			

*Complex Interactions of Behavior, Genes, and Environment in the Multi-System
Characterization of the Effects of Sleep Loss on Health, Cardio-Metabolic Disease Risk,
Cognition, and the Epigenome*
Role: Co-Investigator

Seed Grant Shalev (PI) 2014-2015 \$26,278
Pennsylvania State University, Social Science Research Institute
*Intergenerational Transmission of Trauma? Testing Cellular Aging in Mothers Exposed to
Sexual Abuse and Their Children*
Role: Principal-Investigator

Manuscripts under Review (#denotes graduate or undergraduate mentee)

Apsley AT[#], Ye Q[#], Etzel L[#], Hastings WJ[#], Wolf S[#], **Shalev I.** Reliability Measurements for DNA Methylation Study Designs. *Patterns*

Lin J, Verhulst S, Alonso CF, Dagnall C, Gadalla S, Hastings WJ, Lai TP, **Shalev I**, Wang Y, Zheng YL, Epel E, Drury S for the Telomere Research Network. Effects of DNA extraction, DNA integrity, and laboratory on the precision of qPCR-based telomere length measurement - a multi-lab impartial study and systematic review. *PLoS One*.
<https://www.biorxiv.org/content/10.1101/2022.12.14.520438v1>

Apsley AT[#], Etzel L[#], Hastings WJ[#], Heim CM, Noll JG, O'Donnell KJ, Schreier HMC, Shenk CE, Ye Q[#], **Shalev I.** Investigating the Effects of Maltreatment and Acute Stress on the Concordance of Blood and DNA Methylation Methods of Estimating Immune Cell Proportions. *Clinical Epigenetics*. <https://doi.org/10.21203/rs.3.rs-2043165/v1>

Butzin-Dozier Z, Mertens AN, Tan S, Granger DA, Pitchik HO, Il'yasova D, Tofail F, Rahman MZ, Spasojevic I, Li A, **Shalev I**, Ali S, Arnold BF, Kim L, Karim MR, Shahriar S, Famida SL, Shuman G, Shoab AK, Akther S, Hossen MS, Mutsuddi P, Rahman M, Unicomb L, Das KK, Yan L, Meyer A, Kariger P, Stewart CP, Hubbard A, Naved RT, Parvin K, Al Mamun MM, Luby SP, Colford Jr. JM, Fernald LCH, Lin A. Stress Biomarkers and Developmental Impairment in Young Children. *eLife*

Lin A, Mertens AN, Rahman MZ, Tan S, Il'yasova D, Spasojevic I, Ali S, Stewart CP, Fernald LCH, Kim L, Yan L, Meyer A, Karim MR, Shahriar S, Shuman G, Arnold BF, Hubbard A, Famida SL, Akther S, Hossen MS, Mutsuddi P, Shoab AK, **Shalev I**, Rahman M, Unicomb L, Heaney CD, Kariger P, Colford Jr. JM, Luby SP, Granger DA. A randomized trial of water, sanitation, handwashing and nutritional interventions on stress and epigenetic programming in children in Bangladesh. (<https://www.medrxiv.org/content/10.1101/2021.11.24.21266798v1>).
Nature Human Behaviour

Publications (#denotes postdoc, graduate or undergraduate mentee)

Google Scholar Citations: 6881

h-index: 31

i10-index: 40

61. Waziry R, Ryan CP, Corcoran DL, Huffman KM, Kobor MS, Kothari M, Graf GH, Kraus VB, Kraus WE, Lin DTS, Pieper CF, Ramaker ME, Bhapkar M, Das SK, Ferrucci L, Hastings WJ[#], Kebbe M, Parker DC, Racette SB, **Shalev I**, Schilling B, Belsky DW (2022).

Effect of long-term caloric restriction on DNA methylation measures of biological aging in healthy adults: CALERIE™ Trial analysis.
<https://www.medrxiv.org/content/10.1101/2021.09.21.21263912v1>. *Nature Aging* (in press)

60. Etzel L[#], Apsley AT[#], Mattern BC[#], Hastings WJ[#], Heller T[#], Ram N, Siegel SR, **Shalev I** (2022). Immune cell dynamics in response to an acute laboratory stressor: A within-person between-group analysis of the biological impact of early life adversity. *Stress*. Nov ;25(1):347-356. doi: 10.1080/10253890.2022.2148100. PMID: PMC9704543.
59. Bolhuis E, Belsky J, Frankenhuis WE, **Shalev I**, Hastings WJ[#], Tollenaar MS, O'Donnell KG, McGill MG, Pokhvisneva I, Lin DTS, MacIsaac JL, Kobor MS, de Weerth C, Beijers R (2022). Attachment insecurity and the biological embedding of reproductive strategies: Investigating the role of cellular aging. *Biological Psychology*. Nov;175:108446. doi.org/10.1016/j.biopsycho.2022.108446. PMID: 36272562.
58. Beijers R, Thije IT, Bolhuis E, O'Donnell KJ, Tollenaar MS, **Shalev I**, Hastings WJ[#], MacIsaac J, D Lin, M Meaney, M Kobor, Belsky J, de Weerth C (2022). Cumulative risk exposure and child cellular aging in a Dutch community sample. *Psychophysiology*. 2:e14205. <https://doi.org/10.1111/psyp.14205>. PMID: 36323627
57. Armstrong ND, Irvin MR, Haley WE, Blinka MD, Mukaz DK, Patki A, Siegel SR, **Shalev I**, Durda P, Mathias RA, Walston JD, Roth DL (2022). Telomere shortening and the transition to family caregiving in the Reasons for Geographic and Racial Differences in Stroke (REGARDS) Study. *PLoS One*. Jun 3;17(6):e0268689. doi: 10.1371/journal.pone.0268689. PMID: PMC9165822.
56. Etzel L[#], Hastings WJ[#], Hall MA, Heim CM, Meaney MJ, Noll JG, O'Donnell KJ, Pokhvisneva I, Rose EJ, Schreier HMC, Shenk CE, **Shalev I** (2022). Obesity and accelerated epigenetic aging in a high-risk cohort of children. *Scientific Reports*. May 18;12(1):8328. doi.org/10.1038/s41598-022-11562-5. PMID: PMC9117197.
55. Haag AC, Cha CB, Noll JG, Gee DG, Shenk CE, Schreier HMC, Heim CM, **Shalev I**, Rose EJ, Jorgensen A, Bonanno GA (2022). The Flexible Regulation of Emotional Expression Scale for Youth (FREE-Y): Adaptation and validation across a varied sample of children and adolescents. *Assessment*. May 5;10731911221090465. doi: 10.1177/10731911221090465. PMID: 35510578.
54. Hastings WJ[#], Etzel L[#], Heim CM, Noll JG, Rose EJ, Schreier HMC, Shenk CE, Tang X, **Shalev I** (2022). Comparing qPCR and DNA methylation-based measurements of telomere length in a high-risk pediatric cohort. *Aging (Albany NY)*. Jan 24;14(2):660-677. doi.org/10.18632/aging.203849. PMID: PMC8833135.
53. Azulay H, Guy N, **Shalev I**, Pertzov Y, Israel S (2021). Social evaluation under stress: Does acute stress affect social attributions and eye gaze? *Comprehensive Psychoneuroendocrinology*. Oct 14;8:100093. doi.org/10.1016/j.cpniec.2021.100093. PMID: PMC9216653.

52. Hastings WJ[#], Eisenberg DTA, **Shalev I** (2021). Impact of amplification efficiency approaches on telomere length measurement via qPCR. *Frontiers in Genetics*. Sep 17;12:728603. doi: 10.3389/fgene.2021.728603. PMCID: PMC8484782.
51. Hastings WJ[#], Almeida DM, **Shalev I** (2021). Conceptual and analytical overlap between allostatic load and systemic biological aging measures: Analyses from the National Survey of Midlife Development in the United States. *The Journals of Gerontology: Series A*. Jun 1;77(6):1179-1188. doi: 10.1093/gerona/glab187. PMCID: PMC9159656.
50. Li JC, Hall MA, **Shalev I**, Schreier HMC, Zarzar TG, Marcovici I, Putnam FW, Noll JG (2021). Hypothalamic-pituitary-adrenal axis attenuation and obesity risk in sexually abused females. *Psychoneuroendocrinology*. Jul;129:105254. doi: 10.1016/j.psyneuen.2021.105254. PMCID: PMC8217375.
49. Schreier HMC, Heim CM, Rose EJ, **Shalev I**, Shenk CE, Noll JG (2021). Assembling a cohort for in-depth, longitudinal assessments of the biological embedding of child maltreatment: Methods, complexities, and lessons learned. *Development and Psychopathology*. May;33(2):394-408. doi: 10.1017/S0954579420001510. PMCID: PMC8177053.
48. Tollenaar MS, Beijers R, Garg E, Nguyen TT, Lin DT, MacIsaac JL, **Shalev I**, Kobor MS, Meaney MJ, O'Donnell KJ, de Weerth C (2021). Internalizing symptoms associate with the pace of epigenetic aging in childhood. *Biological Psychology*. Feb;159:108021. doi: 10.1016/j.biopsycho.2021.108021. PMID: 33460784.
47. Hastings WJ[#], Eisenberg DTA, **Shalev I** (2020). Uninterruptible power source improves precision of telomere length measurement via qPCR. *Experimental Results*. 1:e52. doi: <https://doi.org/10.1017/exp.2020.58>. PMCID: PMC7954403.
46. Etzel L[#], Hastings WJ[#], Mattern BC[#], Oxford ML, Heim C, Putnam FW, Noll JG, **Shalev I**. (2020). Intergenerational transmission of childhood trauma? Testing cellular aging in mothers exposed to sexual abuse and their children. *Psychoneuroendocrinology*. Oct;120:104781. doi: 10.1016/j.psyneuen.2020.104781. PMCID: PMC1605503.
45. **Shalev I**, Hastings WJ[#], Etzel L[#], Israel S, Russell MA, Hendrick KA[#], Zinobile M, Siegel SR. (2020). Investigating the impact of early-life adversity on physiological, immune, and gene expression responses to acute stress: A pilot feasibility study. *PLoS One*. Apr 3;15(4):e0221310. doi: 10.1371/journal.pone.0221310. PMCID: PMC7122782.
44. Beijers R, Hartman S, **Shalev I**, Hastings WJ[#], Mattern B[#], de Weerth C, Belsky J. (2020). Testing three hypotheses about effects of sensitive–insensitive parenting on telomeres. *Developmental Psychology*. Feb;56(2):237-250. doi: 10.1037/dev0000879. PMCID: PMC7391860.
43. Beijers R, Daehn D, **Shalev I**, Belsky J, de Weerth C. (2020). Biological embedding of maternal postpartum depressive symptoms: The potential role of cortisol and telomere length. *Biological Psychology*. Feb;150:107809. doi: 10.1016/j.biopsycho.2019.107809. PMID: 31734351.

42. Hastings WJ[#], **Shalev I**, Belsky DW. (2019). Comparability of biological aging measures in the National Health and Nutrition Examination Study, 1999–2002. *Psychoneuroendocrinology*. Aug;106:171-178. doi: 10.1016/j.psyneuen.2019.03.012. PMID: PMC6599717.
41. Bloch B, Levin R, Vadas L, **Shalev I**, Israel S, Uzefovsky F, Granot R, Bachner-Melman R, Reshef A, Ebstein RP, Kremer I. (2019). Sex-specific effect of intranasal vasopressin, but not oxytocin, on emotional recognition and perception in schizophrenia patients. *Israel Journal of Psychiatry*, 56(1), 21-25.
40. Hastings WJ[#], Chang A-M, Ebstein RP, **Shalev I**. (2018). Neuroendocrine stress response is moderated by sex and sex hormone receptor polymorphisms. *Hormones and Behavior*. Nov;106:74-80. doi: 10.1016/j.yhbeh.2018.10.002. PMID: PMC6324727.
39. Zhong Z^{*}, **Shalev I**^{*}, Koh D, Ebstein RP, Chew SH. (2018). Competitiveness and stress. *International Economic Review*, 59(3), 1263-1281. Available at SSRN: <http://ssrn.com/abstract=2717459> or <https://doi.org/10.1111/iere.12303>.
*These authors contributed equally to this work.
38. Belsky DW, Huffman KM, Peiper KF, **Shalev I**, Kraus WE. (2018). Change in the rate of biological aging in response to caloric restriction: CALERIE Biobank analysis. *The Journals of Gerontology: Series A*. Dec 12;73(1):4-10. doi: 10.1093/gerona/glx096. PMID: PMC5861848.
37. Hastings WJ[#], **Shalev I**, Belsky DW. (2017). Translating measures of biological aging to test effectiveness of geroprotective interventions: what can we learn from research on telomeres?. *Frontiers in Genetics*. Nov 22;8:164. doi: 10.3389/fgene.2017.00164. PMID: PMC5702647.
36. Brody GH, Yu T, **Shalev I**. (2017). Risky family processes prospectively forecast shorter telomere length mediated through negative emotions. *Health Psychology*. May;36(5):438-444. doi: 10.1037/hea0000443. PMID: PMC5398935.
35. Noll JG, Trickett PK, Long JD, Negri S, Susman EJ, **Shalev I**, Li JC, Putnam FW. (2017). Childhood sexual abuse and early timing of puberty. *Journal of Adolescent Health*. Jan;60(1):65-71. doi: 10.1016/j.jadohealth.2016.09.008. PMID: 27836531.
34. Belsky J^{*}, **Shalev I**^{*}. (2016). Contextual adversity, telomere erosion, pubertal development, and health: Two models of accelerated aging, or one?. *Development and Psychopathology*. Nov;28(4pt2):1367-1383. doi: 10.1017/S0954579416000900. PMID: 27688015 *These authors contributed equally to this work.
33. **Shalev I**, Heim CM, Noll JG. (2016). Child maltreatment as a root cause of mortality disparities: a call for rigorous science to mobilize public investment in prevention and treatment. *JAMA Psychiatry*. Sep 1;73(9):897-8. doi: 10.1001/jamapsychiatry.2016.1748. PMID: 27552469.

32. **Shalev I**, Belsky J. (2016). Early-life stress and reproductive cost: A two-hit developmental model of accelerated aging?. *Medical Hypotheses*. May;90:41-7. doi: 10.1016/j.mehy.2016.03.002. PMID: 27063083.
31. Yim OS, Zhang X, **Shalev I**, Monakhov M, Zhong S, Chew SH, Lai PS, Ebstein RP. (2016). Delay discounting, genetic sensitivity, and leukocyte telomere length. *Proceedings of the National Academy of Sciences*. Mar 8;113(10):2780-5. doi: 10.1073/pnas.1514351113. PMID: PMC4790989.
30. Thomson WM, Zeng J, Broadbent JM, Foster Page LA, **Shalev I**, Moffitt TE, Caspi A, Braithwaite AW, Poulton R. (2016). Telomere length and periodontal attachment loss: a prospective cohort study. *Journal of Clinical Periodontology*. Feb;43(2):121-7. doi: 10.1111/jcpe.12499. PMID: PMC4775379.
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Oral Presentations (Professional Meetings) (#denotes graduate or undergraduate mentee)

Hastings WJ, Fox N, Heim CM, Nelson C, Noll JG, Schreier HMC, Shenk CE, Zeanah C, Drury SS, **Shalev I.** Investigating Biological Aging and Pubertal Development in Two High-Risk Pediatric Cohorts. *Society for Research in Child Development (SRCD)*. Utah, UT, USA. March 2023 (forthcoming).

Apsley AT[#], Lee SA, Bhat AC, Almeida DM, **Shalev I.** Affective Reactivity to Daily Stressors and Immune Gene Expression in the MIDUS Study. *The Gerontological Society of America (GSA) 2022 Annual Scientific Meeting*. Indianapolis, IN, November 2022

Shalev I. Examining DNA integrity and QC metrics across multiple tissues. *NIH Telomere Research Network Annual Meeting*. New-Orleans, LA, December 2021

Shalev I. Testing the Impact of DNA integrity Across Multiple Tissues on Telomere Length Measurements via qPCR. *54th Annual Meeting of the International Society for Developmental Psychobiology (ISDP)*. Virtual, November 2021

Shalev I. Impact of cell type on DNA integrity, and efficiency approach and uninterruptible power supply on qPCR estimates. *NIH Telomere Research Network Annual Meeting*. Virtual, December 2020

Hastings WJ[#] and **Shalev I.** Uninterruptible Power Supply Improves Precision of Telomere Length Measurement via qPCR. *The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting*. Virtual, November 2020

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Shalev I. Intergenerational Transmission of Childhood Trauma? Testing Cellular Aging in Mothers Exposed to Sexual Abuse and Their Children. *American Academy of Child and Adolescent Psychiatry (AACAP) Annual Meeting*, Virtual, October 2020.

Shalev I. The Comparability and Reproducibility of Telomere Length Measurements for Population-based Studies. *NIH Telomere Research Network Kick Off Meeting*. Bethesda, MD, December 2019

Etzel L[#], & **Shalev I.** Modeling the Age-Varying Link between Cytomegalovirus Infection and Telomere Length in a Nationally Representative Sample of US Adults. *Diversity in Telomere Dynamics*, University of Glasgow, Edinburgh, Scotland. October 2019

Hastings WJ[#], Belsky D, **Shalev I.** Comparability of Biological Aging Measures in the National Health and Nutrition Examination Study, 1999-2002. *49th Annual ISPNE Conference*. Milan, Italy, August 2019.

Shalev I. Telomere length and its relevance to CALERIE. *2018 CALERIE Research Network Workshop: Facilitating CALERIE-Based Ancillary Studies*. Chicago, IL, USA. August 2018.

Shalev I. Biological Embedding of Early-Life Adversity: Challenges and Opportunities. *Child Abuse and Trauma New frontiers in science, practice, and prevention*. The University of Texas, Tyler, Texas, USA. April 2018.

Shalev I. Biological Embedding of Early-Life Adversity: Challenges and Opportunities. *Cognitive, Affective, and Social Processes in Health Research (CASPHR) Workshop on "Health Impacts of Adversity, Vulnerability and Resilience"*. National Cancer Institute, Rockville, Maryland, USA. November 2017.

Shalev I, Noll JG. Early Timing of Puberty for Sexually Abused Females. *American Academy of Child and Adolescent Psychiatry (AACAP) 64th Annual Meeting*. Washington, DC, USA, October 2017.

Shalev I. Lessons for Development of Biomarkers of Aging from Telomere Research. *National Institute of Environmental Health Sciences and National Institute on Aging: Telomeres as Sentinels for Environmental Exposures, Psychosocial Stress, and Disease Susceptibility*. Research Triangle Park, NC, USA, September 2017.

Shalev I. Biological Embedding of Early-Life Adversity: Challenges and Opportunities. *Inaugural Program for Translational Research on Adversity and Neurodevelopment (P-TRAN) 2017 Symposium*. University Park, PA, USA. May 2017.

Shalev I., Hastings WJ, Siegel S. Early-Life Adversity is Associated with Differential Gene Expression Response to Acute Psychological Stress. *46th Annual ISPNE Conference*. Miami, USA, September 2016.

Shalev I. Perinatal Complications Predict Subjective and Objective Aging Indicators by Midlife. *Pediatric Research Day*. Penn State Hershey, PA, USA. May 2016.

Shalev I. Early-life adversity and telomere erosion: Evidence from two longitudinal studies. *Penn State's Fourth Annual Conference on Child Protection and Well-Being*. University Park, PA, USA. September 2015.

Belsky J and **Shalev. I.** Contextual Adversity, Telomere Erosion, Pubertal Development and Health: Two Models of Accelerated Aging—or One? *Epigenetics: Development, Psychopathology, Resilience, and Preventive Intervention*. Minneapolis, MN, USA. May 2015.

Shalev I. Perinatal Complications Predict Subjective and Objective Aging Indicators by Midlife. *Society for Research in Child Development (SRCD)*. Philadelphia, PA, USA. March 2015.

Shalev I. Early life stress, mental health and telomere erosion: Evidence from two longitudinal studies. *Diversity in Telomere Dynamics workshop*. Drymen, Scotland, November 2014.

Shalev I. Jacobs Foundation Conference. *The Genetic Moderation (and Mediation) of Intervention Efficacy*. Marbach Castle, Germany, April 2013.

Shalev I, Moffitt TE, Caspi A. Exposure to violence during childhood is associated with telomere erosion from 5 to 10 years of age: a longitudinal study. *42nd Annual ISPNE Conference*. New York, USA, September 2012. (Presented in a symposium chaired by Nobel laureate Elizabeth Blackburn)

Shalev I, Moffitt TE, Caspi A. Psychobiological effects of juvenile violence exposure: effects on telomere erosion. *The 3rd Klaus-Grawe-Think-Tank-Meeting (KGTM2012)*. Zuoz, Switzerland, June 2012.

Shalev I. Exposure to violence during childhood is associated with telomere erosion from 5 to 10 years of age: a longitudinal study. *Duke University Population Research Institute (DuPRI)*, Duke University, USA. February 2012.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Intranasal administration of arginine vasopressin enhances salivary cortisol rise following social stress (Trier Social Stress Test). *40th Annual ISPNE Conference*. San-Francisco, USA, July 2009.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Intranasal administration of arginine vasopressin enhances salivary cortisol rise following social stress (Trier Social Stress Test). *The 2nd DGPA Spring School*, Dresden, Germany, March 2009.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Intranasal administration of arginine vasopressin enhances salivary cortisol rise following social stress (Trier Social Stress Test). *13th annual meeting of the Israel Society for Biological Psychiatry*. Hagshrim, Israel, March 2009. (Published as abstract in: *Israel Journal of Psychiatry* 2008;46:Sup 1, p.34)

Shalev I., Lerer E, Gritsenko I, Kaitz M, and Ebstein RP. BDNF Val66Met polymorphism modulates HPA axis reactivity to psychological stress. *39th Annual ISPNE Conference*. Dresden, Germany, July 2008.

Shalev I, Lerer E, Gritsenko I, Kaitz M, and Ebstein RP. BDNF Val66Met polymorphism modulates HPA axis reactivity to psychological stress differently in adults and young men and women. *12th annual meeting of the Israel Society for Biological Psychiatry*. Kfar Giladi, Israel, March 2008. (Published as abstract in: *Israel Journal of Psychiatry* 2008;45:Sup 1, p.14)

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Shalev I, Levin R, Lerer E, Heled E, Cohen L, Raz Y, Hoffine D and Ebstein RP. Association between the Rey-Osterrieth complex figure task scores with catechol-O-Methyltransferase (COMT), dopamine D4 receptor (DRD4) and synaptosomal-associated protein (SNAP25). *15th annual meeting of the Israel Society for Neuroscience*. Eilat, Israel, December 2006. (Published as abstract in: *Neural Plasticity* 2006: vol 1, p.89)

Shalev I, Levin R, Lerer E, Heled E, Cohen L, Raz Y, Hoffine D and Ebstein RP. Association between the Rey-Osterrieth complex figure task scores with catechol-O-Methyltransferase (COMT), dopamine D4 receptor (DRD4) and synaptosomal-associated protein (SNAP25). *10th annual meeting of the Israel Society for Biological Psychiatry*. Hagshrim, Israel, March 2006. (Published as abstract in: *Israel Journal of Psychiatry* 2006;45:Sup 1, p.14)

Posters (Professional Meetings) (#denotes graduate or undergraduate mentee)

Etzel L[#], Apsley AT[#], **Shalev I**. Impact of Early Life Adversity on Gene Expression Related to Leukocyte Trafficking and Proliferation: A Cluster-Based Analysis across an Acute Stressor. *The Pennsylvania State University Research Symposium*. University Park, PA, USA. December 2022

Etzel L[#], Schmid L, **Shalev I**, Garrett-Peters P. Impact of prenatal stress and psychosocial resilience on prenatal inflammation. *55th Annual Meeting of the International Society for Developmental Psychobiology (ISDP)*. San Diego CA, USA. November 2022.

Ye Q[#], Apsley AT[#], Hastings WJ[#], Etzel L[#], Wolf S[#], Walker C[#], Kozlosky J[#], **Shalev I**. Telomere length and chronological age across the human lifespan: A systematic review and meta-analysis across 743,019 participants in 414 studies. *52nd Annual ISPNE Conference*. Chicago IL, USA, September 2022.

Hastings WJ[#], Asghar M, Belsky DW, Carroll J, Hägg S, Justice J, Kiecolt-Glaser J, Lustig AJ, Pierce B, Rehkopf D, Ryan C, **Shalev I**. A Critical Appraisal of Telomeres for Studies of Human

Aging. *Cold Spring Harbor Laboratory, Telomeres & Telomerase*. Virtual meeting, December 2021.

Etzel LC[#], Lanza S, **Shalev I**. Intergenerational Transmission of Trauma? Testing cellular aging in mothers exposed to sexual abuse and their children. *The Gerontological Society of America (GSA) 2020 Annual Scientific Meeting*. Virtual meeting, November 2020

Etzel LC[#], Lanza S, **Shalev I**. Modeling the Age-Varying Link between Smoking and Telomere Length in a Large Sample of US Adults. *48th Annual ISPNE Conference*. Irvine CA, USA, September 2018.

Hastings WJ[#], Belsky D, **Shalev I**. Comparing Measures of Biological Age on Morbidity and Functional Outcomes in a Nationally Representative Sample of US Adults. *48th Annual ISPNE Conference*. Irvine CA, USA, September 2018.

Hastings WJ[#], Siegel S, **Shalev I**. Early-Life Adversity is Associated with Diverse Dimensions of Cellular and Neuroendocrine Stress Responses. *33rd Annual Graduate Exhibition*. Penn State, State College, USA, March 2018.

Hastings WJ[#], Siegel S, **Shalev I**. Differential CD8+ response to stress is moderated by exposure to early-life adversity. *46th Annual ISPNE Conference*. Miami, USA, September 2016.

Shalev I, Caspi A, Moffitt TE. Perinatal Complications Predict Subjective and Objective Aging Indicators by Midlife. *44th Annual ISPNE Conference*. Montreal, Canada, August 2014.

Shalev I, Caspi A, Moffitt TE. Perinatal Complications Predict Subjective and Objective Aging Indicators by Midlife. *104rd Annual Meeting of the American Psychopathological Association (APPA)*, New-York, USA, March 2014.

Shalev I, Moffitt TE, Caspi A. Stress-related disorders and leukocyte telomere length: a prospective longitudinal study of four decades. *103rd Annual Meeting of the American Psychopathological Association (APPA)*, New-York, USA, March 2013.

Shalev I, Moffitt TE, Sugden K, Williams B, Houts RM, Danese A, Mill J, Arseneault L, Caspi A. Exposure to violence during childhood is associated with telomere erosion from 5 to 10 years of age: a longitudinal study. *24th Annual Convention of the Association for Psychological Science (APS)*, Chicago, USA, May 2012.

Shalev I, Moffitt TE, Sugden K, Williams B, Houts RM, Danese A, Mill J, Arseneault L, Caspi A. Exposure to violence during childhood is associated with telomere erosion from 5 to 10 years of age: a longitudinal study. *102nd Annual Meeting of the American Psychopathological Association (APPA)*, New-York, USA, March 2012.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Vasopressin needs an audience: neuropeptide elicited stress responses are contingent upon perceived social evaluative threats. *The biology of prosocial behavior*, Emory University, Atlanta, USA, October 2011.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Arginine vasopressin enhances acute stress response in social encounters. *7th World Congress on Stress*, Leiden, Netherlands, August 2010.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Arginine vasopressin enhances acute stress response in social encounters. *The 3rd DGPA Spring School*, Dresden, Germany, March 2010.

Shalev I, Israel S, Uzefovsky F, Gritsenko I, Kaitz M, Ebstein RP. Intranasal administration of arginine vasopressin enhances acute stress response in social encounters. Nice, France, March 2010. (Citation: European Neuropsychopharmacology. *The Journal of the European College of Neuropsychopharmacology* Volume 20 (2010) Supplement 1, Page S54).

Shalev I, Meron Y, Laibe G, Lerer E, Laiba E, Raz Y, Israel S, Bachner-Melman R, Uzefovsky F, Dina C, Kaitz M and Ebstein RP. The role of BDNF Val66Met and stress response in smoking cessation in young women. *16th annual meeting of the Israel Society for Neuroscience*. Eilat, Israel, November 2007. (Published as abstract in: *Neural Plasticity* 2007, p.99).

Ebstein RP, **Shalev I**, Kaitz M, Meron Y, Uzefovsky F. The role of BDNF Val66Met and stress response in smoking cessation in young women. *15th World Congress on Psychiatric Genetics*. New York, USA, October 2007. (Published as abstract in: *WCPG* 2007, p.55).

Invited workshops

November 2021: *CALERIE Research Network Workshop*. Virtual.

August 2018: *CALERIE Research Network Workshop: Facilitating CALERIE-Based Ancillary Studies*. Chicago, IL, USA.

November 2017: *Cognitive, Affective, and Social Processes in Health Research (CASPHR) Workshop on "Health Impacts of Adversity, Vulnerability and Resilience"*. National Cancer Institute, Rockville, Maryland, USA.

September 2017: *National Institute of Environmental Health Sciences and National Institute on Aging: Telomeres as Sentinels for Environmental Exposures, Psychosocial Stress, and Disease Susceptibility*. Research Triangle Park, NC, USA.

November 2014: *Diversity in Telomere Dynamics Conference*. Drymen, Scotland.

July 2014: *Social and Behavioral Epigenetics workshop* sponsored by the Biotechnology and Biological Sciences Research Council and the Economic and Social Science Research Council of the UK, and the US National Science Foundation and National Institutes of Health. Washington DC.

Invited/Guest Lectures

April 2022: *Biopsychosocial Consequences of Early-Life Adversity: New Insights from the Science of Aging*. Keynote lecture, The Laurel Highlands Conference, Saint Francis University, Loretto, PA.

February 2022: *Biological Aging Clocks* (BBH 597). Penn State University.

January 2022: *Biological Embedding of Early-Life Adversity: Challenges and Opportunities*. Barnard Center lecture series, University of Washington, Seattle, WA.

October 2021: *Orientation to the Biobehavioral Health Graduate Program- Writing for Publication* (BBH 597). Penn State University.

May 2021: *Biological embedding of early life trauma*. T32 Child Maltreatment ProSem. Penn State University.

March 2021: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

October 2020: *Orientation to the Biobehavioral Health Graduate Program- Writing for Publication* (BBH 597). Penn State University.

April 2020: *Intro to Child Maltreatment and Advocacy Studies* (CMAS 258). Penn State University.

December 2019: *Pathways T32 colloquium lecture*. Center for Healthy Aging, Penn State University.

November 2019: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

October 2019: *Orientation to the Biobehavioral Health Graduate Program* (BBH 597). Penn State University.

March 2019: *Intro to Child Maltreatment and Advocacy Studies* (CMAS 258). Penn State University.

March 2019: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

October 2018: *Intro to Child Maltreatment and Advocacy Studies* (CMAS 258). Penn State University.

October 2018: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

October 2018: *Orientation to the Biobehavioral Health Graduate Program* (BBH 597). Penn State University.

April 2018: *Stress and Aging: A Lifespan Perspective*, Saint Francis University, Loretto, PA.

October 2017: *Intro to Child Maltreatment and Advocacy Studies* (CMAS 258). Penn State University.

November 2016: *Interdisciplinary Integration in Biobehavioral Health* (BBH 311). Penn State University.

October 2016: Healthy People Penn State Research Conference and Expo, Penn State University.

October 2016: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

February 2016: *Interdisciplinary Integration in Biobehavioral Health* (BBH 311). Penn State University.

October 2015: Healthy People Penn State Research Conference and Expo, Penn State University.

October 2015: *Child Maltreatment and Advocacy Studies* (HDFS). Penn State University.

October 2015: *Noll Seminar Lecture Series, Telomeres and Aging: A Lifespan Perspective*. Penn State University.

March 2015: *Interdisciplinary Integration in Biobehavioral Health* (BBH 311). Penn State University.

February 2015: *Developmental and Health Genetics* (BBH 410). Penn State University.

February 2015: *ProSem in Developmental Psychology* (Psychology). Penn State University.

January 2015: *Scientific Basis of Exercise for Older Adults* (Kinesiology 481W). Penn State University.

November 2014: *The Bio-Psycho-Social-Societal Consequences of Child Maltreatment* (HDFS 597c). Penn State University.

October 2014: *Interdisciplinary Integration in Biobehavioral Health* (BBH 311). Penn State University.

October 2014: *Child Maltreatment Prevention, Intervention, and Legal Issues* (HDFS 452). Penn State University.

October 2014: Healthy People Penn State Research Conference and Expo, Penn State University.

September 2014: Special Interest Group meeting. Center for Healthy Aging, Penn State University.

June 2014: *Stress and telomere biology across the lifespan*. Tel-Aviv University, Israel.

March 2014: *Interdisciplinary Integration in Biobehavioral Health* (BBH 311). Penn State University.

March 2014: *Biobehavioral Aspects of Stress* (BBH 432). Penn State University.

February 2014: *The Bio-Psycho-Social-Societal Consequences of Child Maltreatment* (HDFS 597c). Penn State University.

Teaching (The Pennsylvania State University, University Park, PA)

- 2021 **BBH 501** Biobehavioral Systems in Health and Development: Theory and Processes (Fall)
Professor (**37.5 hours**; 10 graduate students)
- 2020 **BBH 501** Biobehavioral Systems in Health and Development: Theory and Processes (Fall)
Professor (**37.5 hours**; 6 graduate students)
- 2019 **BBH 432** Biobehavioral Aspects of Stress (Spring)
Professor (**37.5 hours**; 71 undergraduate students)
- 2018 **BBH 497** Biobehavioral Aspects of Aging (Fall)
Professor (**37.5 hours**; 13 undergraduate and graduate students)
- 2017 **BBH 432** Biobehavioral Aspects of Stress (Fall)
Professor (**37.5 hours**; 66 undergraduate students)
- BBH 432** Biobehavioral Aspects of Stress (Spring)
Professor (**37.5 hours**; 75 undergraduate and graduate students)
- BBH 497** Biobehavioral Aspects of Aging (Spring)
Professor (**37.5 hours**; 23 undergraduate and graduate students)
- 2016 **BBH 432** Biobehavioral Aspects of Stress (Fall)
Professor (**37.5 hours**; 48 undergraduate students)
- BBH 432** Biobehavioral Aspects of Stress (Spring)
Professor (**37.5 hours**; 79 undergraduate students)
- 2015 **BBH 432** Biobehavioral Aspects of Stress (Fall)
Professor (**37.5 hours**; 135 undergraduate students)
- BBH 432** Biobehavioral Aspects of Stress (Spring)
Professor (**37.5 hours**; 112 undergraduate students)
- 2014 **BBH 432** Biobehavioral Aspects of Stress (Fall)
Professor (**37.5 hours**; 97 undergraduate students)

BBH 597C Stress and Health Across the Lifespan: Stress and Cellular Aging (Fall)
Professor (**12.5 hours**; 4 graduate students)

University Service

2022-present: Steering Committee Member: Geroscience and Dementia Prevention Consortium
2021-present: Search Committee Member: Environmental Health Sciences Program in the College of Health and Human Development
2021-2022: Search Committee Member: College of Health and Human Development Assistant Dean for Operations Search
2020-2021: Search Committee Chair: Biobehavioral Health – Precision Population Health
2020-2022: Committee Chair: Advancing Academics of Color – Outreach Subcommittee Child Maltreatment Solutions Network
2019-2020: Search Committee Member: Biobehavioral Health – Edna Bennett Pierce Endowed Professorship of Caring and Compassion in Adulthood and Aging
2017-2022: Committee Member: Biobehavioral Health Research Committee
2016-2019: Committee Member: Biobehavioral Health Graduate Program
2014-2015: Search Committee Member: Biobehavioral Health – Third Child Maltreatment Network Position
2013-2014: Search Committee Member: Biobehavioral Health – Second Child Maltreatment Network Position

PhD Students Supervised

2021 - present	Qiaofeng Ye- Advisor	Biobehavioral Health
2021 - present	Abner Apsley- Advisor	Molecular, Cellular, and Integrative Biosciences
2017 - 2022	Laura Etzel- Advisor	Biobehavioral Health
2015 - 2020	Waylon Hastings- Advisor	Biobehavioral Health
2016 - 2018	Rachel Koffer- Co-advisor	Health and Human Development

Awards Students Received

Waylon Hastings: 2021: National Institute on Aging Butler-Williams Scholar
2020: NIH Telomere Research Network Data Analysis Award
2019-2020: Biobehavioral Health Hintz Endowment Award, Penn State
2018-2019: Biobehavioral Health Hintz Endowment Award, Penn State
2018-2019: NIA Pathways T32 Training Program
2016: Psychoneuroendocrinology Graduate Student Travel Award
2015-2017: University Distinguished Graduate Fellowship, Penn State

Laura Etzel: 2022: International Society for Developmental Psychobiology Travel Award
2021-2022: Britton Graduate Fellowship, Center for Healthy Aging, Penn State
2020-2021: Biobehavioral Health Hintz Endowment Award, Penn State
2019-2020: Elizabeth J. Susman Enhancement Fund Award, Penn State
2019-2020: NIA Pathways T32 Training Program
2018-2019: Biobehavioral Health Graduate Student Travel Award, Penn State
2017-2018: University Distinguished Graduate Fellowship, Penn State

Qiaofeng Ye: 2020-2021: University Distinguished Graduate Fellowship, Penn State
2020-2021: Fund for Excellence in Graduate Recruitment, Penn State

Abner Apsley: 2022-2023: College of Health and Human Development Interdisciplinary graduate student grant
2021-2022: NIA Pathways T32 Training Program

Media

June 2022: NYTimes interview- immune aging
<https://www.nytimes.com/2022/06/17/well/mind/stress-aging-immune-system.html>

August 2020: [Molecular stress indicator not observed in survivors of child sexual abuse](#)

February 2019: [Researcher to study how adversity can lead to susceptibility to disease](#)

July 2017: [Shalev named Mark T. Greenberg Early Career Professor](#)

May 2017: [Study Analysis Shows Cutting Calories Might Slow Biological Aging](#)
Change in the Rate of Biological Aging in Response to Caloric Restriction: CALERIE Biobank Analysis. *J Gerontol A Biol Sci Med Sci*. DOI: <https://doi.org/10.1093/gerona/glx096>

August 2016: Child Maltreatment as a Root Cause of Mortality Disparities ([editorial](#)). 2016, JAMA Psychiatry. [HealthDay](#), [Science Daily](#).

February 2016: Delay discounting, genetic sensitivity, and leukocyte telomere length. [Daily Mail](#), [Telegraph](#), [Yahoo News](#)

December 2015: The Association for Psychological Science (APS) named [Idan Shalev as a 'Rising Star'](#) in their list of outstanding international psychological scientists.

March 2015: NBC News- Interview on lifestyle factors and telomere length.

November 2014: Observer - Association for Psychological Science: [The Long and the Short of It: Chronic Stress Measured at the Cellular Level](#)

May 2014: Observer - Association for Psychological Science: [Eye-Tuned: Integrative science opens a new window into the mind](#)

January 2014: PSU ComRadio interview: New faculty member focuses on stress and its effects on aging.

January 2014: Penn State Daily Newswire: [New faculty member focuses on stress and its effects on aging](#)

November 2013: The Philadelphia Inquirer interview: The Network on Child Protection and Well-Being, The Pennsylvania State University.

July 2013: [WPSU Radio interview: The Network on Child Protection and Well-Being, The Pennsylvania State University](#).

June 2013: NBC Radio interview: Blood Vessels in the Eye Linked with IQ, Cognitive Function.

June 2013: APS press release: [Blood Vessels in the Eye Linked with IQ, Cognitive Function](http://www.sciencedaily.com/releases/2013/06/130603135533.htm)
<http://www.sciencedaily.com/releases/2013/06/130603135533.htm>

December 2012: [America Now Video - Child abuse accelerates aging process](#)

July 2012: Media panel discussant at the meeting of the American Genetic Association, Durham, NC, USA.

May 2012: 24th Annual Convention of the Association for Psychological Science (APS), Chicago, USA. [Convention Video Blog: Violence Exposure During Childhood Is Associated With Telomere Erosion](#) (<http://www.youtube.com/watch?v=eGTE1BLQx8g>)

April 2012: Exposure to Violence during Childhood is Associated with Telomere Erosion from 5 to 10 Years of Age: A Longitudinal Study. [USA Today](#), [Science Daily](#), [WebMD](#), [LiveScience](#), [Science](#), [Time Magazine](#), [Los Angeles Times](#), [Smithsonian](#), [Der Spiegel](#), [Giornalettismo](#)

July 2009: TV appearance on Israel Channel 2 “[How Men and Women Cope Differently with Stress Traced to Genetic Differences](#)” (In Hebrew).
<http://www.sciencedaily.com/releases/2009/04/090405185031.htm>