

Katja Waldron, M.S.

Ph.D. Candidate, Biobehavioral Health
 M.Ed. Student, Clinical Rehabilitation & Mental Health Counseling
 Graduate Research Assistant, Edna Bennett Pierce Prevention Research Center
 F31 Predoctoral Fellow, National Institute on Alcohol Abuse and Alcoholism
 The Pennsylvania State University
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EDUCATION:

- 2024 (Expected) Ph.D., Biobehavioral Health**, The Pennsylvania State University, University Park, PA
- 2024 (Expected) M.Ed., Counselor Education**, The Pennsylvania State University, University Park, PA
- 2021 M.S., Biobehavioral Health**, The Pennsylvania State University, University Park, PA
- 2016 B.S., Psychology**, University of Washington, Seattle, WA

RESEARCH EXPERIENCE:

- 2021-24 Principal Investigator: NIH F31 Award**
 National Institute on Alcohol Abuse and Alcoholism
Examining associations between minority-related stressors and alcohol use among Latinx college students (F31 AA029299)
Sponsor: Dr. Robert Turrisi
- 2020-21 Predoctoral Fellow: NIH T32 Award**
 National Institute on Drug Abuse
Prevention and Methodology Training Program (T32 DA017629)
Advisors: Drs. Robert Turrisi and Damon Jones
- 2018-20 Graduate Research Assistant: NIH R-level Awards**
 Edna Bennett Pierce Prevention Research Center
 Pennsylvania State University
Examining an intervention to reduce DUI and riding with impaired drivers (R01 AA025301); A longitudinal study of parent communication with college students about alcohol (R01 AA012529); Examining the impact of students' motives on comorbid alcohol and drug use (R21 AA025144)
Advisors: Drs. Robert Turrisi and Kimberly Mallett
- 2013-18 Research Coordinator: NIH R-level Awards**
 Center for the Study of Health and Risk Behaviors
 University of Washington
Informing alcohol-related risk intervention with the Prototype Willingness Model (R01 AA021379); Experimental test of Facebook social drinking norms on adolescent alcohol use (R21 AA024163); Event-level

unintended heavy drinking, protective strategies, and consequences (R21 AA024156)

Advisors: Drs. Melissa Lewis, Dana Litt, and Anne Fairlie

PUBLISHED MANUSCRIPTS:

BIBLIOGRAPHY *** = Served as mentor of undergraduate student.

Published in 2022

1. **Waldron, K.A.**, ***Wolfe, E., ***Plisiewicz, A., Turrisi, R.J., & Romano, E. (2022). Long-term impact of familismo and ethnic identity on Latinx college student drinking and high-risk consequences. *Journal of Ethnicity in Substance Abuse*. doi: 10.1080/15332640.2022.2082618
2. Myrick, J.G., **Waldron, K.A.**, Cohen, O., DiRusso, C., Shao, R., Cho, E., Willoughby, J.F., & Turrisi, R. (2022). The effects of embedded skin cancer interventions on sun-safety attitudes and attention paid to tan women on Instagram. *Frontiers in Psychology*, 13, 838297. PMID: PMC9029166 doi: 10.3389/fpsyg.2022.838297.
3. Glenn, S.D., Turrisi, R., **Waldron, K.A.**, Mallett, K.A., Russell, M., & Reavy, R.R. (2022). Examining the longitudinal associations between what early college experiences influence individuals' experiencing more total consequences. *Addictive Behaviors*, 132, 107357. doi: 10.1016/j.addbeh.2022.107357
4. Hlay, J.K., Albert, G., Batres, C., **Waldron, K.A.**, Richardson, G., Placek, C., Arnocky, S., Senveli, Z., Lieberman, D., & Hodges-Simeon, C.R. (2022). Disgust sensitivity predicts sociosexuality across cultures. *Evolution and Human Behavior*, 43(3). DOI: [10.1016/j.evolhumbehav.2022.04.005](https://doi.org/10.1016/j.evolhumbehav.2022.04.005)
5. Reavy, R., Mallett, K.A., Turrisi, R., Sell, N., Scaglione, N., Ackerman, S.D., & **Waldron, K.A.** (2022). What predicts willingness to experience negative consequences in college student drinkers? *Journal of Studies on Alcohol and Drugs*, 83(5), 704-711. <https://doi.org/10.15288/jsad.20-00378>

Published in 2021

6. **Waldron, K.A.**, Turrisi, R.J., Mallett, K.A., & Romano, E. (2021). Examining parental permissiveness toward drinking and perceived ethnic discrimination as risk factors for drinking outcomes among Latinx college students. *Addictive Behaviors*, 118, 106900. PMID: PMC8026724 doi: 10.1016/j.addbeh.2021.106900
7. **Waldron, K.A.**, Mallett, K.A., Turrisi, R.J., Reavy, R., ***Wolfe, E., & ***Plisiewicz, A. (2021). Motivations to combine alcohol and nicotine in college students: A validation of the Alcohol and Nicotine Motives Scale. *Addictive Behaviors*, 112, 106645. PMID: PMC7572739. doi: 10.1016/j.addbeh.2020.106645
8. Hultgren, B.A., **Waldron, K.A.**, Mallett, K.A., & Turrisi, R. (2021). Alcohol, marijuana, and nicotine use as predictors of impaired driving and riding with an impaired driver among college students who engage in polysubstance use. *Accident; Analysis and Prevention*, 160, 106341. PMID: PMC8459647 doi: 10.1016/j.aap.2021.106341

9. Fairlie, A.M., Lewis, M.A., **Waldron, K.A.**, ***Wallace, E.C., & Lee, C.M. (2021). Understanding perceived usefulness and actual use of protective behavioral strategies: The role of perceived norms for the reasons that young adult drinkers use protective behavioral strategies. *Addictive Behaviors*, 112, 106585. PMID: PMC7572831. doi:10.1016/j.addbeh.2020.106585

Published in 2020

10. Lewis, M.A., Litt, D.M., King, K.M., Fairlie, A.M., **Waldron, K.A.**, Garcia, T.M., LoParco, C., & Lee, C.M. (2020). Examining the ecological validity of the prototype willingness model for adolescent and young adult alcohol use. *Psychology of Addictive Behaviors*, 34(2), 293-302. PMID: PMC7064386. doi: 10.1037/adb0000533

Published in 2019

11. Litt, D.M., **Waldron, K.A.**, ***Wallace, E.C., & Lewis, M.A. (2019). Alcohol-specific social comparison as a moderator of the norms-behavior association for young adult alcohol use. *Addictive Behaviors*, 90, 92-98. PMID: PMC6324992. doi:10.1016/j.addbeh.2018.10.029

Published in 2018

12. Garcia, T.A., Fairlie, A.M., Litt, D.M., **Waldron, K.A.**, & Lewis, M.A. (2018). Perceived vulnerability moderates the relations between the use of protective behavioral strategies and alcohol use and consequences among high-risk young adults. *Addictive Behaviors*, 81, 150-156. PMID: PMC6055915. doi:10.1016/j.addbeh.2018.02.001
13. Litt, D.M., Lewis, M.A., Spiro, E.S., Aulck, L., **Waldron, K.A.**, Head-Corliss, M.K., & Swanson, A.J. (2018). #drunktwitter: Examining the relations between alcohol-related Twitter content and alcohol willingness and use among underage young adults. *Drug and Alcohol Dependence*, 193, 75-82. PMID: PMC6239902. doi: 10.1016/j.drugalcdep.2018.08.021
14. Lewis, M.A., Litt, D.M., King, K.M., Garcia, T.A., **Waldron, K.A.**, & Lee, C.M. (2018). Consideration of future consequences as a moderator of the willingness-behavior relationship for young adult marijuana use and consequences. *Addictive Behaviors*, 87, 8-16. doi:10.1016/j.addbeh.2018.06.010

MANUSCRIPTS UNDER REVIEW:

1. **Waldron, K.A.**, Lewis, M.A., Fairlie, A.M., Litt, D.M., Zhou, Z., & Bryant, D. (revise & resubmit). *Daily-level associations between alcohol use cognitions and normative perceptions among adolescents: An intensive longitudinal study.*
2. Richards, V.L., Turrisi, R.J., Glenn, S.D., **Waldron, K.A.**, Rodriguez, G.C., Mallett, K.A., & Russell, M.A. (under review). *Alcohol-induced blackouts among college student drinkers: A multilevel analysis.*

CLINICAL EXPERIENCE:

- 2023** **Disability Rights Laws Overview**
Certificate of Achievement
- 2022-23** **Counseling Trainee (Practicum)**
Dr. Edwin L. Herr Clinic, College of Education, Pennsylvania State University
- 2020-22** **Motivational Interviewer for parents to reduce college student alcohol use**
Edna Bennett Pierce Prevention Research Center, Pennsylvania State University
- 2016-19** **Motivational Interviewer to reduce risky college student substance use**
Edna Bennett Pierce Prevention Research Center, Pennsylvania State University
Center for the Study of Health and Risk Behaviors, University of Washington

TEACHING/MENTORSHIP EXPERIENCE:

- 2021-22** **Teaching Assistant**
Department of Biobehavioral Health
Pennsylvania State University
Courses: Introduction to Biobehavioral Health (BBH 101)
Environmental Health and Sustainability (BBH 370)
- 2021-22** **Guest Lecturer**
Department of Biobehavioral Health
Pennsylvania State University
Courses: NRSA/NIH Grant Preparation (BBH 597)
Orientation to the BBH Graduate Program (BBH 597)
Environmental Health and Sustainability (BBH 370)
- 2020-22** **Supervisor of Undergraduate Honors Theses**
Schreyer Honors College, Pennsylvania State University
1. Sophia Ko (Chair: Turrisi) *Predictors of Hispanic college student alcohol use with consideration of sex, gender, and ethnic differences: A scoping review of cultural, peer, and familial influences*
 2. Erin Wolfe (Chair: Turrisi) *Examining longitudinal associations between discrimination, acculturation, enculturation, biological sex and drinking outcomes among Latinx college students.*
 3. Alexa Plisiewicz (Chair: Turrisi) *Alcohol-related consequences among racial and ethnic minority first-year college students.*

AWARDS, FELLOWSHIPS, & GRANTS:

- 2021-24** **F31 Predoctoral Fellowship**
National Institute of Alcohol Abuse and Alcoholism
Examining associations between minority-related stressors and alcohol use among Latinx college students
- 2020-21** **T32 Predoctoral Fellowship**
National Institute of Drug Abuse

Prevention and Methodology Training

- 2022-23** **Research Award to Reduce Racism and Promote Antiracism**
Edna Bennett Pierce Prevention Research Center, Penn State University
- 2021-22** **Biobehavioral Health Graduate Student Scientific Achievement Award**
Biobehavioral Health Department, Penn State University
- 2021-22** **Biobehavioral Health Dissertation Research Award**
Biobehavioral Health Department, Penn State
- 2020-22** **Hintz Graduate Education Enhancement Fellowship Award**
Penn State University
- 2021-22** **Student Travel Award**
Society for Prevention Research
- 2019-22** **Student Merit Award**
Research Society on Alcoholism
- 2019-22** **Student Travel Award**
Biobehavioral Health Department, Penn State
- 2018-19** **BBH Fund for Excellence in Graduate Recruitment**
Biobehavioral Health Department, Penn State

PROFESSIONAL TALKS:

1. **Waldron, K.A.** (2022, September). Minoritized students and culturally sensitive drinking interventions. *Prevention Research Center: Speaker for the Seminar Series, University Park, PA.*
2. **Waldron, K.A.** (2022, August). Minoritized students and culturally sensitive interventions. *Talk presented to the Penn State Health Promotion and Wellness Department, University Park, PA.*

POSTER PRESENTATIONS:

1. **Waldron, K. A.,** Glenn, S. D., ***Ko, S., ***Lenker, L., ***Stull, P., ***Kornack, E., ***Nolte, N., ***McHugh, M., & Turrisi, R. J. (2022, June). Comparing single vs. dual parent households on a brief parent-based drinking intervention for underage teens. *Poster submitted to the 45th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.*
2. **Waldron, K.A.,** Glenn, S.D., Turrisi, R.J., & Mallett, K.A. (2022, May). Longitudinal effects of a parent-based intervention on risky drinking outcomes among Latinx adolescents. *Poster presented at the 30th Annual Meeting of the Society for Prevention Research, Seattle, WA.*
3. **Waldron, K. A.,** Glenn, S. D., ***Ko, S., ***Lenker, L., ***Stull, P., ***Kornack, E., ***Nolte, N., ***McHugh, M., & Turrisi, R. J. (2022, April). Comparing single vs. dual

parent households on a brief parent-based drinking intervention for underage teens. *Poster presented at the 5th Annual Founder's Endowment for Excellence and Innovation Research Day, University Park, PA.*

4. Glenn, S. D., **Waldron, K. A.**, Turrisi, R. J., & Mallett, K. A. (2022, June). Alcohol-induced blackout consequences predict alcohol dependency symptoms among college student drinkers. *Poster submitted to the 45th Annual Meeting of the Research Society on Alcoholism, Orlando, FL.*
5. **Waldron, K.A.**, ***Wolfe, E., Turrisi, R.J., & Romano, E. (2021, September). Longitudinal Examination of Enculturation as a Protective Factor for Drinking Outcomes among Latinx College Students. *Poster presented at the 21st Annual Meeting of the National Hispanic Science Network (virtual conference).*
6. **Waldron, K.A.**, Glenn, S.D., Mallett, K.A., & Turrisi, R.J. (2021, June). Ramping up or Winding Down? Time-Varying Effects of Alcohol-Related Problems during College. *Poster presented at the 29th Annual Meeting of Society for Prevention Research (virtual conference).*
7. **Waldron, K.A.**, Glenn, S.D., Reavy, R., & Turrisi, R.J. (2021, June). Longitudinal effects of a parent-based intervention on risky drinking outcomes among Latinx adolescents. *Poster presented at the 29th Annual Meeting of Society for Prevention Research (virtual conference).*
8. **Waldron, K.A.**, ***Plisiewicz, A.R., Glenn, S., ***Wolfe, E., Reavy, R.R., Turrisi, R.J., & Mallett, K.A. (2021, June). Alcohol-related consequences among racial and ethnic minority college students: A validation of the Brief Young Adult Alcohol Consequences Questionnaire. *Poster presented at the 44th Annual Meeting of the Research Society on Alcoholism (virtual conference).*
9. **Waldron, K.A.**, ***Wolfe, E., Glenn, S., ***Plisiewicz, A.R., Reavy, R.R., Turrisi, R.J., & Mallett, K.A. (2021, June). Enculturation as protective factor for drinking and consequences among Hispanic/Latinx college students? Examination of a longitudinal structural equation model. *Poster presented at the 44th Annual Meeting of the Research Society on Alcoholism (virtual conference).*
10. **Waldron, K.A.**, Lewis, M., Fairlie, A., Litt, D., & Walls, T. (2021, June). Examining daily associations between Prototype Willingness Model drinking cognitions and normative perceptions among adolescents and young adults. *Poster presented at 44th Annual Meeting of the Research Society on Alcoholism (virtual conference).*
11. **Waldron, K.A.**, Mallet, K., & Turrisi, R. (2020, June). What factors influence college students' decisions on whether or not to combine alcohol and nicotine? *Poster presented at 43rd Annual Meeting of the Research Society on Alcoholism (virtual conference).*
12. **Waldron, K.A.**, Turrisi, R., & Mallett, K. (2020, June). Ethnicity-specific moderators to the association between permissive parenting and college student drinking. *Poster presented at 43rd Annual Meeting of the Research Society on Alcoholism (virtual conference).*

13. **Waldron, K.A.**, Turrisi, R., & Mallet, K. (2020, April). Examining differences between Hispanic and non-Hispanic parenting on substance use behaviors in youth. *Poster presented at 41st Annual Meeting of the Society of Behavioral Medicine (virtual conference)*.
14. **Waldron, K.A.**, Trager, B.M., Turrisi, R., Sell, N.M., ***Wolfe, E., & Romano, E. (2019, June). Ethnicity as a moderator of the relationship between permissive parenting and college student drinking and consequences. *Poster presented at the 42nd Annual Meeting of the Research Society on Alcoholism, Minneapolis, MN*.
15. **Waldron, K.A.**, Sell, N.M., Turrisi, R., & ***Wolfe, E. (2019, April). Examining protective behavior implementation quality as a moderator of drinking's effects on sexual consequences in college women. *Poster presented at Biobehavioral Health Founder's Day Research Event, University Park, PA*.
16. **Waldron, K.A.**, & Litt, D.M. (2018, June). Discrepancies between self-image and prototypes of drinkers as predictors of alcohol use among young adults. *Poster presented at the 41st Annual Meeting of the Research Society on Alcoholism, San Diego, CA*.

PROFESSIONAL MEMBERSHIPS:

- | | |
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| 2023- | American Counseling Association
Student Member |
| 2018-23 | Research Society on Alcohol
Student Member |
| 2020-23 | Society for Prevention Research
Student Member |
| 2020-23 | Society of Behavioral Medicine
Student Member |
| 2020-23 | National Hispanic Science Network
Student Member |

SERVICE:

- | | |
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| 2019-22 | Assisted with journal reviews
<i>Ethnicity & Health; Psychology of Addictive Behaviors; Addictive Behaviors; Journal for Studies on Alcohol and Drugs; Alcoholism: Clinical and Experimental Research</i> (under supervision of Rob Turrisi and Kimberly Mallett) |
| 2019-22 | Assisted with graduate student recruitment
Department of Biobehavioral Health
Pennsylvania State University |
| 2018-22 | Met with job candidates & attended faculty search job talks
Department of Biobehavioral Health
Pennsylvania State University |

2018-22 **Met with colloquia speakers & attended colloquia**
Department of Biobehavioral Health
Pennsylvania State University

COMPUTER SKILLS:

MPlus (statistical modeling program)
SPSS Statistics (software package used for statistical analysis)
SAS (analytics software and solutions)
R (programming language for statistical computing)
DatStat (survey software)
Microsoft Access (database management system)
Proficient in Microsoft Word, Excel, and PowerPoint

OTHER SKILLS:

Bilingual in English and German