

**College of Health and Human Development Alumni Society  
Board of Directors  
Member Directory**

**Officers**

President

**April Judy '08 HRIM**

2072 Royal Fern Ct., 2B  
Reston, VA 20191

[april.d.judy@gmail.com](mailto:april.d.judy@gmail.com)

814-880-6746

**General Manager**

Staybridge Suites Dulles  
13700 Coppermine Road  
Herndon, VA 20171

[april.judy@ihg.com](mailto:april.judy@ihg.com)

President-Elect

**Joseph Hughes '99 R P M**

43 Buckhorn Road  
Port Matilda, PA 16870  
814-692-8899

PGA Head Golf Professional  
The Pennsylvania State University  
1523 West College Avenue  
State College, PA 16801

814-865-4653

[jd174@psu.edu](mailto:jd174@psu.edu)

Past President

**David McClung '79 HPA**

7598 Sunset Drive  
Avalon, NJ 08202  
603-988-8739

[nittanyzeke@gmail.com](mailto:nittanyzeke@gmail.com)

**CFO - Retired**

Nexion Health Management, Inc.  
6937 Warfield Avenue  
Sykesville, MD 21784  
410-552-4810

APG Committee Chair

**Jason Bayona '05 HRIM**

7131 Arlington Road  
Apt. 256  
Bethesda, MD 20814

[jbayona999@hotmail.com](mailto:jbayona999@hotmail.com)

Senior Director, Talent Acquisition and  
University Relations  
Marriott International  
10400 Fernwood R. Dept. 5101008  
Bethesda, MD 20817-1102

At-Large

**Caitlin (O'Neill) Yelinek '09 HRIM**

301 Upper Heyford Place  
Purcellville, VA 20132

[cmo5065@gmail.com](mailto:cmo5065@gmail.com)

973-600-9158

**Director of Talent Acquisition**

tiag  
Reston, VA

[cyelinek@tiag.net](mailto:cyelinek@tiag.net)

**Term 2017-2020**

**Elizabeth Allen '78 HPA**

84 Fair Oaks Drive  
Pittsburgh, PA 15238  
412-418-5472 (C)  
[elizabethmaineallen@gmail.com](mailto:elizabethmaineallen@gmail.com)

Chief Financial Officer – Retired  
Allegheny Health Network  
Pittsburgh, PA

**Jacob Benedict '11 HRIM**

7817 Passionflower Dr.  
Sarasota, FL 34241  
267-337-3421 (C)  
[jwb264@gmail.com](mailto:jwb264@gmail.com)

Real Estate Agent  
Keller Williams – On the Water

**James Funk '06 KINES**

481 Avonia Road  
Fairview, PA 16415  
814-758-4834 (C)  
[JimFunk19@gmail.com](mailto:JimFunk19@gmail.com)

Health and Physical Education Teacher  
Girard High School  
1135 Lake Street  
Girard, PA 16417

**Kristen Houser '93 HDFS**

3495 N. 4<sup>th</sup> Street  
Harrisburg, PA 17110  
814-933-9960 (C)  
[kristenhouser@gmail.com](mailto:kristenhouser@gmail.com)

Drug & Alcohol Division Director  
Rehabilitation & Community Providers  
Association  
777 E. Park Dr. Suite 300  
Harrisburg, PA 17111  
[khouser@paproviders.org](mailto:khouser@paproviders.org)

**Evan Howard '13 KINES**

6750 Iroquois Trail Suite 12  
Allentown, PA 18104  
610-295-7553 (C)  
[evan\\_howard@me.com](mailto:evan_howard@me.com)

Owner  
Forward Thinking Fitness  
6750 Iroquois Trail Suite 12  
Allentown, PA 18104

**Courtney Sacco '09 CSD**

273 16<sup>th</sup> Street, Apt. 1209  
Jersey City, NJ 07310  
908-966-2925 (C)  
[court.sacco@gmail.com](mailto:court.sacco@gmail.com)

Speech Language Pathologist - Teacher of  
Students with Speech and Language Disabilities  
Business of Sports High School  
439 W. 49th Street  
New York, NY 10019

**Term 2018-2021**

**William Allen '85 RC PK**

20 Hickory Lane  
Bernville, PA 19506  
484-577-5234 (C)

Market Growth & Development Consultant  
Wells Fargo Bank  
Reading, PA  
[william.m.allen@wellsfargo.com](mailto:william.m.allen@wellsfargo.com)

**Brooke Klatt '01 KINES**

402 Sable Court  
Wexford, PA 15090

Postdoctoral Research Fellow  
Johns Hopkins University  
[bnk12@pitt.edu](mailto:bnk12@pitt.edu)

**Michelle Zustin '11 NUTR**

4059 Stonebridge Blvd  
Copley, OH 44321  
724-713-8334  
[michelle.mcgavin@gmail.com](mailto:michelle.mcgavin@gmail.com)

Manager, Data Governance  
The J.M. Smucker Company  
1 Strawberry Lane  
Orrville, OH 44667

**Heather Shevchik O'Brien '06 KINES**

133 Fall Foliage Lane  
Howard, PA 17801  
814-341-6721  
[hshevchik@gmail.com](mailto:hshevchik@gmail.com)

Physician Assistant  
University Health Services  
The Pennsylvania State University  
University Park, PA 16802

**Teresa Smith '76 IFS**

111 Pine Tree Avenue  
Boalsburg, PA 16827  
717-979-0848  
[tsmith366@gmail.com](mailto:tsmith366@gmail.com)

Project Director  
Northeast Regional Children's Advocacy Center

**Chelsie White '10 BBH, '12g HPA**

8045 Newell Street  
Apt. 224  
Silver Spring, MD 20910  
973-997-0679  
[chelsielw@gmail.com](mailto:chelsielw@gmail.com)

**Term 2019-2022**

**Shaun Anderson '01 KINES**

2113 Atlantic Avenue, Suite 602  
Virginia Beach, VA 23451  
757-240-1258  
[smanderson11@gmail.com](mailto:smanderson11@gmail.com)

Assistant Professor  
Norfolk State University  
Department of Health, Physical  
Education and Exercise Science  
700 Park Ave.  
Norfolk, VA 23504  
757-823-8153

**Samuel Bernstine '78 IFS**

186 McGuffey Blvd.  
New Castle, PA 16101  
724-657-3558 (H)  
724-944-9169 (C)

Principal, Operational Excellence  
Kepner Tregoe Inc.  
116 Village Blvd., Suite 300  
Princeton, NJ 08540  
[sbernstine@kepner-tregoe.com](mailto:sbernstine@kepner-tregoe.com)

**Mason Champion '98 R P M**

2301 Carroll Mill Road  
Phoenix, MD 21131  
410-591-6841  
[masonchampion044@gmail.com](mailto:masonchampion044@gmail.com)

Senior Vice President/Financial Advisor  
Morgan Stanley  
2330 W. Joppa Road Suite 255  
Lutherville, MD 21093

**Vic Gladstone '68, '69g S P A**

8625 Sassafras Ct.  
Columbia, MD 21046  
410-309-0445  
[vgladstone@att.net](mailto:vgladstone@att.net)

Chief Staff Officer (retired)  
American Speech-Language-Hearing  
Association

**Anna Myers '16 HPA, MHA**

7091 Beaver Spring Road  
Harrisburg, PA 17111  
717-315-7943

Project Manager, Implementation and  
Execution  
Penn State Health  
[amyers19@pennstatehealth.psu.edu](mailto:amyers19@pennstatehealth.psu.edu)

**Tricia Psota '03 SCI, NUTR; '09g NUTR**

216 Meadowlake Dr.  
Downingtown, PA 19335  
814-360-5387  
[tricia@triciapsota.com](mailto:tricia@triciapsota.com)

Co-Founder and Director, Victus Health  
and Wellness Center  
Assistant Professor, Community College  
of Philadelphia  
Adjunct Faculty, George Washington  
University

## APG Presidents

### Biobehavioral Health

#### **Tara Schmidlen '02 BBH**

12 Stoneroad Ct.  
Lewistown, PA 17044  
609-332-8411

[tjschmidlen@gmail.com](mailto:tjschmidlen@gmail.com)

Clinical Investigator/Genetic Counselor

Geisinger  
856-757-4822

### Communication Sciences and Disorders

#### **Ashleigh Marrella '14 '16g CSD**

2917 Duffield Lane  
Reading, PA 19608

[ashleigh.marrella@gmail.com](mailto:ashleigh.marrella@gmail.com)

Speech-Language Pathologist  
Wilson School District  
West Lawn, PA

### Human Development and Family Studies

#### **Janelle Rushton '15 HDFS**

128 Kestrel Road  
Mountain Top, PA 18707  
570-417-6405

[Janellerushton23@gmail.com](mailto:Janellerushton23@gmail.com)

Associate Director of Annual Giving  
Widener University  
One University Place  
Chester, PA 19013  
610-499-4360

[jarushton@widener.edu](mailto:jarushton@widener.edu)

### Health Policy and Administration

#### **Teri Howes '09g HPA (MHA)**

122 Abbott Lane  
State College, PA 16801  
814-235-0408

[terihowes@yahoo.com](mailto:terihowes@yahoo.com)

National Account Executive  
Greenwich Biosciences  
5750 Fleet St., Suite 200  
Carlsbad, CA 92008

### Kinesiology

#### **Marina Cotarelo '15 KINES**

1014 Grays Land Ct.  
Apt. 437  
Kernersville, NC 27284  
914-356-2564

[mpc5184@gmail.com](mailto:mpc5184@gmail.com)

Assistant Director of Development  
Wake Forest University  
Winston-Salem, NC  
336-997-4989

Nutrition & Dietetics Alumni Society

**Nick McCormick '09, '14g NUTR**

169 Morris Ave.  
Denville, NJ 07834  
484-788-2408  
[nhm106@gmail.com](mailto:nhm106@gmail.com)

DSM Nutritional Products  
Scientific Leader  
45 Waterview Blvd.  
Parsippany, NJ 07054  
973-606-0150

Professional Golf Management

**Patrick White '08 R P M**

14095 Lasino Run  
Carmel, IN 46032  
412-554-1559

Head Golf Professional  
Woodland Country Club  
100 Woodland Lane  
Carmel, Indiana 46032  
317-846-5044, ext. 252 (W)  
[pwhite@woodlandcc.com](mailto:pwhite@woodlandcc.com)

Penn State Hotel & Restaurant Society

**Ryan Spear '02 HRIM**

19 Briar Ct.  
South Orange, NJ 07079

President  
Spear Travel Group  
[ryan@speartravelgroup.com](mailto:ryan@speartravelgroup.com)

Recreation, Park, and Tourism Management

## Faculty Appointees

### Jennifer Graham-Engeland

Associate Professor  
Department of Biobehavioral Health  
122 Biobehavioral Health Building  
Penn State University  
University Park, PA 16802  
[jeg32@psu.edu](mailto:jeg32@psu.edu)

### Jaime Schultz

Associate Professor  
Department of Kinesiology  
268M Recreation Building  
University Park, PA 16802  
[jls1024@psu.edu](mailto:jls1024@psu.edu)

### Craig Newschaffer

Raymond E. and Erin Stuart Schultz Dean  
College of Health and Human Development  
325 Health and Human Development Building  
Penn State University  
University Park, PA 16802  
814-865-1420 FAX: 814-865-3282  
[newschaffer@psu.edu](mailto:newschaffer@psu.edu)

### Kathleen Rider

#### Staff

Director of Development  
325 Health and Human Development Building  
Penn State University  
University Park, PA 16802  
814-865-1064  
[Kmr8@psu.edu](mailto:Kmr8@psu.edu)

## Alumni Society Board Committee Assignments

### Affiliate Program Groups (APG)

Jason Bayona – *Chair*  
Tara Schmidlen – BBH  
Ashleigh Marrella – CSD  
Janelle Rushton – HDFS  
Teri Howes – HPA  
Marina Cotarelo – KINES  
Nick McCormick – NDAS  
Patrick White – PGM  
Ryan Spear – PSHRS  
– RPTM

### Awards

Teresa Smith – *Chair*  
Liz Allen  
Mason Champion  
Kristen Houser  
Heather Shevchik O'Brien

### Careers

Michelle McGavin and Jacob Benedict – *Co-Chairs*  
Vic Gladstone  
Brooke Klatt  
Amy Preston  
Chelsie White

### Development

Sam Bernstine – *Chair*  
Shaun Anderson  
Tricia Psota  
Courtney Sacco

### Nominations

Joe Hughes – *Chair*  
Bill Allen  
Jim Funk  
Evan Howard  
Anna Myers