

Amy S. Thul, D.Ed.

EDUCATION

PENN STATE UNIVERSITY University Park, PA
D.Ed., Adult Education 2016

Minor in Counselor Education

Advisor: Davin Carr-Chellman, Ph.D.

Dissertation: *The effects of career interventions on the career uncertainty scores of alumni.*

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA Bloomsburg, PA
M.Ed., Counseling 2009

SUSQUEHANNA UNIVERSITY Selinsgrove, PA
B.A., Creative Writing 2006

ACADEMIC AWARDS

2022 Penn State Teaching and Learning with Technology Faculty Engagement Awards

2018, 2019, 2020 Penn State HHD Teaching Excellence Award Recipient

2017 NBCC Foundation CCE Professional Development Award Recipient

2015 NCDA Research Grant Award Recipient

ACADEMIC POSITIONS

THE PENNSYLVANIA STATE UNIVERSITY University Park, PA
Health Policy and Administration Department

Director of Professional Development 2025-Present
Associate Teaching Professor 2022- Present
Assistant Teaching Professor 2016-2022

Hired to create and develop new online professional development program for HPA World Campus students. Teach 6 courses per academic year. Manages professional development activities including: internships, co-ops, networking events, alumni engagement, employer relations, executive in residence program, professionals in the classroom program. Work with Office of General Counsel to review affiliation agreements and HIPAA compliance forms. Oversee department internship survey. Created internal database and internship website for employers and job listings using Sites at Penn State. Use university platforms including, Starfish, LionPath, Outlook, Canvas, Web 2.0 technologies.

COURSES TAUGHT:

- HPA390W: Professional Development in Healthcare
- HPA395: Field Experience in Healthcare
- HPA101: First Year Experience in Healthcare

LUZERNE COUNTY COMMUNITY COLLEGE
Lecturer
Education/English Department

Shamokin, PA
2009-2011

COURSES TAUGHT:

- ENG101: Composition I
- ENG102: Composition II

HIGHER EDUCATION

THE PENNSYLVANIA STATE UNIVERSITY
Assistant Director, Alumni Career Services

University Park, PA
2012 –2016

Charged with serving alumni, faculty, staff and students at Penn State University. Proctored and interpreted formal career assessments including Myers-Briggs Type Inventory, Strong Interest Inventory, StrengthsQuest, Self-Directed Search, Skills Profiler, and various informal assessments. Trained and supervised full time career counselor. Assisted with employer outreach and development through company visits, cold calling, and networking events. Assisted with the implementation and maintenance of networking databases and job boards including Symplicity and LinkedIn. Planned and organized alumni engagement face to face events focusing on professional development working as part of the Alumni Association's Alumni and Student Engagement Team. Maintained working partnerships with alumni groups and chapters in targeted metropolitan areas.

KEY CONTRIBUTIONS:

- Served a living alumni population of over 600,000 in all aspects of career development.
- Over 300 individual appointments per year interpreting results from MBTI and SII.
- Conducted over 50 workshops and seminars in person and online including job search, networking, career challenges, recent graduate groups, and alumni expert series, professional development topic per year.
- Compiled all department statistics using Excel to track and collect data for reporting.
- Managed employer relations and maintained database of over 21,000 employers and 3,000 jobs.
- Planned and organized over 15 alumni engagement events per year.

Career Counselor, Alumni Career Services

2012

Responsible for one-on-one career counseling through multiple platforms including phone, email, Adobe Connect. Interpreted career assessments including Myers-Briggs Type Inventory and Strong Interest Inventory. Developed foundational knowledge of programs including networking events and career education workshops, working with alumni groups when appropriate. Served as a speaker for alumni groups in targeted metropolitan areas while developing campus connections.

CENTRAL SUSQUEHANNA INTERMEDIATE UNIT
Adult Basic Education Instructor

Lewisburg, PA
2011 - 2012

BLOOMSBURG UNIVERSITY OF PENNSYLVANIA
Graduate Assistant, Department of ACT 101/EOP

Bloomsburg, PA
2009

PRESENTATIONS/PUBLICATIONS

- Thul-Sigler, A. & Colozzi, E.** (2019). Using a values-based intervention to facilitate career-life exploration & planning, *The Development Quarterly*, 67, 271-278.
- Thul-Sigler, A.** (2018). Creative Effective Resumes for Graduate Students. Presented during Penn State's Summer Research Opportunity Programs. University Park, PA.
- Thul-Sigler, A.** (2017). Effective Resume Techniques. Presented to Penn State University Alumni Association administrative professionals during two day professional development conference. University Park, PA.
- Colozzi, E., & **Thul-Sigler, A.** (2016). Cultivating a Willing Readiness to Reflect: Interventions That Facilitate Making Career-Life Decisions. *Career Convergence*, (1). Retrieved from http://ncda.org/aws/NCDA/pt/sp/CC_home_page
- Thul-Sigler, A. S.** (2016). The effects of career interventions on the career uncertainty scores of alumni. Presented at the 14th Annual Hawaii International Conference on Education. Honolulu, HI.
- Thul-Sigler, A. S.** (2016). Using values with adults to decipher career indecision. Presented at the National Career Development Association. Chicago, IL.
- Thul-Sigler, A. S.** (2016). Effective Resume Techniques. Presented to My Career Transitions professional development workshop. Philadelphia, PA.
- Thul-Sigler, A. S.** (2015). Focusing on career development with inmates. *Career Convergence*, (1). Retrieved from http://ncda.org/aws/NCDA/pt/sp/CC_home_page
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UNIVERSITY SERVICE

- HPA Career Development/Mentoring Committee, member, 2016-Present
 - HPA APG Committee, chair, 2016-Present
 - HPA Executive Committee, member, 2023-Present
 - HPA Professional Development Committee, co-chair, 2022-Present
 - HPA Undergraduate Committee, member, 2018-Present
 - Penn State Schreyer Honors College: Selection Committee, 2019-Present
 - HPA Awards and Recognition Committee, chair, 2020-2025
 - Penn State Graduate School Alumni Society Board of Directors- 2018-2024
 - Penn State Office of Student Conduct Volunteer, 2020-2022
 - Chair, Kappa Delta Sorority Council Advisory Board Penn State, 2019-2021
 - Penn State Women's Leadership Initiative (2017)
 - Penn State Commission for Women Mentor (2018)
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MEMBERSHIPS

NCDA, <i>Leadership Academy</i>	2018
NCDA, <i>Credentialing Committee</i>	2017
AUPHA, <i>Member</i>	2016
NCDA, <i>Field Editor, Technology Committee Member</i>	2015
ACSN, <i>New Business Development Board Member</i>	2015-2016
NACE, <i>Member</i>	2012
HICE, <i>Member</i>	2012

CERTIFICATIONS

Master of Career Counseling, National Career Development Association	2017
Essentials for Online Teaching, Penn State University	2016
Career Development Facilitator Certification, Center for Credentialing and Education, Inc.	2014
