

CURRICULUM VITAE

CONTACT DETAILS

Dr Holly Ann Harris

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CURRENT POSITION

Jan 2019 – Present Postdoctoral Research Fellow (1.0 FTE)
Center for Childhood Obesity Research, The Pennsylvania State University

QUALIFICATIONS

2018 Doctor of Philosophy
School of Exercise and Nutrition Science - Queensland University of Technology (QUT)

2012 Bachelor of Health Science (Nutrition and Dietetics) (First Class Honours)
QUT

AWARDS AND SCHOLARSHIPS

2019 The Pennsylvania State University Postdoctoral Society Short Talk Winner (**\$US 600**)

2019 Outstanding Doctoral Thesis Award, QUT (**\$AU 1 000**)
Awarded to top 5% of doctoral candidates for excellence in higher degree research practice

2019 NIH Body Composition Workshop – Early Stage Investigator Travel Grant (**\$US 1 592**)

2017 Best Observational Paper of 2016, International Journal of Behavioral Nutrition and Physical Activity, **IF=4.396** (*first author publication*)

2017 Grant-in-Aid Travel Grant, QUT (**\$AU 2 000**)

2017 World Science Festival FameLab State Finalist

2016 Three Minute Thesis Overall Runner Up *and* People's Choice Award (**\$AU 600**), Faculty of Health Winner, QUT (**\$AU 500**)

2015 Endeavour Postgraduate Award, Australian Government (**\$AU 65 000**) - *Funding to support a 6-month scholarship at University College London, UK*

2015 World Obesity SCOPE School Scholarship (**£GBP 350**)
Conference Attendance

2014 Research Training Program Scholarship (**\$AU 80 000**)

2012 Vacational Research Experience Scheme, QUT (**\$AU 2 000**) - *Funding to support participation in 8-week Summer research program*

2009-2010 Dean's list, QUT

RESEARCH

Since embarking on an academic career in 2014, I have developed versatile skills as an independent paediatric nutrition researcher, across a diverse range of studies. I have received over **\$AU 362 000** (equiv. \$US 254 000) in external scholarships and internal grants, which has led to international collaborations with multidisciplinary research teams (University College London) and executing high-quality, quantitative and qualitative research projects and outputs.

GRANTS

ACTIVE

- 2019 **Reading for Healthy Feeding: An interactive activity box to support low-income parents' responsive feeding practices** - \$US 15 100
Barnes and Nobel 2019-2020 Gift Disbursement
Role: Co-Principal Investigator
- 2018 **The when, what, and how of observing and assessing practice in Early Childhood Education and Care: Towards an observational framework for Queensland's Authorised Officers**
- \$AU 88 000
Education Horizon Project Grant, Department of Education (Queensland Government)
Role: Co-investigator
- 2018 **Mealtimes Matter: Childcare as window into food insecurity and food socialisation in low-income communities** - \$AU 84 000
Life Course Centre (The University of Queensland [UQ]) Project Grant
Role: Co-investigator

FUNDED INACTIVE

- 2015 **What fathers want: Exploring approaches to successfully engage fathers in child health and well-being research and interventions** - \$AU 9 000
School of Exercise and Nutrition Sciences (QUT) Seeding Grant
Role: Co-investigator
- 2015 **Mums And Dads (MAD) for Mealtimes: Identifying strategies for optimising recruitment of families from socioeconomically disadvantaged areas** - \$AU 5 000
Institute of Health and Biomedical Innovation (QUT) Child and Adolescent Health Group
Role: Co-investigator

REFEREED JOURNAL ARTICLES

**Awarded Best Observational Paper of 2016; †Denotes work by student under my supervision*

1. Jansen, E., **Harris, H. A.**, Rossi, A. In press. Fathers' perceptions of family feeding: A grounded theory of Family Food Labour. *Journal of Nutrition Education and Behavior*.
2. **Harris, H.A.**, Staton, S., Morawska, A., Oakes, C., Gallegos, D., & Thorpe, K. (2018). Waste not, want not: A comparison of maternal feeding responses to fussy eaters in low-income food secure and food insecure households. *Appetite*.
3. **Harris, H. A.**, Jansen, E., Mallan, K., Daniels, L., & Thorpe, K. (2018). Concern as a mechanism explaining non-responsive feeding: A study of mothers' and fathers' response to their child's fussy eating. *Journal of Nutrition Education and Behavior*, 50(8):757-764. **IF= 2.571**

4. Mallan, K. M., Jansen, E., **Harris, H. A.**, Llewellyn, C., Fildes A. & Daniels, L. (2018). Parent- vs child-driven models of fussy eating and maternal feeding practices from 2 to 5 years. *Journal of Pediatric Psychology*, jsy053-jsy053. **IF=2.412**
5. Jansen, E., **Harris, H. A.**, Thorpe, K., Daniels, L. & Rossi, A. (2018). Fathers' preferences for child nutrition interventions: perspectives from survey and interview studies. *International Journal of Behavioral Nutrition and Physical Activity*, 15(67) doi:10.1186/s12966-018-0702-4. **IF=5.548**
6. **Harris, H. A.**, Jansen, E., Mallan, K., Daniels, L., & Thorpe, K. (2018). Do dads make a difference? Family feeding dynamics and child fussy eating. *Journal of Developmental and Behavioral Pediatrics*, 39(5):415-423, **IF= 2.199**
7. †**Harris, H. A.**, Ria-Searle, B., Jansen, E., & Thorpe, K. (2018). What's the fuss about? Parent presentations of fussy eating to a parenting support helpline. *Public Health Nutrition*, 2018;1-9. doi:10.1017/S1368980017004049 **IF=2.485**
8. Jansen, E., **Harris, H. A.**, Mallan, K., Daniels, L., & Thorpe, K. (2018). Measurement invariance of the Feeding Practices and Structure Questionnaire-28 among a community of socioeconomically disadvantaged mothers and fathers. *Appetite*, 120, 115-122. **IF=3.174**
9. ***Harris, H. A.**, Fildes, A., Mallan, K. M., & Llewellyn, C. H. (2016). Maternal feeding practices and fussy eating in toddlerhood: a discordant twin analysis. *International Journal of Behavioral Nutrition and Physical Activity*, 13(81) doi: 10.1186/s12966-016-0408-4. **IF=5.548**
10. **Harris, H.**, Mallan, K. M., Nambiar, S. & Daniels, L. A. (2014). The relationship between controlling feeding practices and boys' and girls' eating in the absence of hunger. *Eating Behaviors*, 15(4):519-522. doi: 10.1016/j.eatbeh.2014.07.003. **IF = 2.004**

JOURNAL ARTICLES IN PROGRESS/ UNDER REVIEW

11. Savage, J. S., **Harris, H. A.**, Bleser, J. A., & Rollins, B. Y. (2019) Parents' and children's categorization of candy are similar: A card sort protocol. Under review in *Nutrients*.
12. †Ria-Searle, B., **Harris, H. A.**, Jansen, E., & Thorpe, K. (2019). What children bring to the table: The association of temperament and child fussy eating with maternal and paternal mealtime structure. Under review in *Appetite*.
13. **Harris, H. A.**, Anzman-Frasca, S., Marini, M. E., Paul I. M. & Savage, J. S. Using food to soothe mediates effects of the INSIGHT responsive parenting intervention on child emotional eating. In progress.
14. **Harris, H. A.**, Jansen, E. & Rossi, A. It's not worth the fight': Fathers perceptions of family mealtime interactions, feeding practices and child eating behaviours. In progress.

CONFERENCE PRESENTATIONS

1. **Harris, H. A.**, Marini, M. E., Paul I. M., Birch, L. L. & Savage, J. S. (2019). Mothers' Food to Soothe and Child Emotional Overeating: A Mediation Analysis from the INSIGHT RCT. Oral presentation at The Obesity Society
2. **Harris, H. A.** (2019). Eating your feelings: Understanding how parents influence children's development of emotional overeating in an obesity-prevention program. Oral presentation at The Pennsylvania State University 12th Annual Postdoc Exhibition, University Park, USA.
3. **Harris, H. A.**, Staton, S., Morawska, A., Oakes, C., Gallegos, D., & Thorpe, K. (2019). Waste not, want not: A comparison of maternal feeding responses to child fussy eating in low-income food secure and food insecure households. Oral presentation at *International Society of Behavioral Nutrition and Physical Activity*, Prague, Czech Republic.
4. Jansen E., **Harris H. A.**, Rossi T. (2019). Fathers' perceptions of family feeding: A grounded theory of Family Food Labour. Oral presentation at *International Society of Behavioral Nutrition and Physical Activity*, Prague, Czech Republic.
5. Martin, C.L., Järvelä-Reijonen, E., **Harris, H. A.** & Fulkerson, J.A. (2019). Food Insecurity, Socio-Demographic Characteristics and Weight-Related Outcomes: A Multiple Country Collaboration from

- Members of the ISBNPA Society Mentorship Program. Oral presentation in symposium at the *International Society of Behavioral Nutrition and Physical Activity*, Prague, Czech Republic.
6. **Harris, H. A.**, Kling, S. M. R., Marini, M., Bailey-Davis, L. & Savage, J. S. (2019). Infant growth measurements across care settings: Implications from the WEE Baby Care study. Poster presentation at the *National Institute of Health Body Composition Workshop*, Washington DC, United States.
 7. **Harris, H. A.**, Mallan, K. M., Jansen, E., Daniels, L. & Thorpe, K. (2017). Interplay of mothers' and fathers' feeding practices and child fussy eating in a socioeconomically disadvantaged community. Poster presentation at the *Annual meeting of the International Society of Behavioral Nutrition and Physical Activity*, Victoria, Canada.
 8. Byrne, R., Fildes, A., Jansen, P. & **Harris, H. A.** (2017). Invited discussant for the symposium 'Is it time to change the way we talk about fussy eating?' at the *Annual meeting of the International Society of Behavioral Nutrition and Physical Activity*, Victoria, Canada.
 9. Jansen, E., **Harris, H. A.**, Daniels, L., Thorpe, K., & Rossi, A. (2017). Engaging Fathers in Child Nutrition Research as part of Symposium 81: The role of fathers in supporting child health behaviors. Oral presentation at the *38th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, San Diego, United States.
 10. Jansen, E., Mallan, K.M., **Harris, H.A.**, Daniels, L., & Thorpe, K. (2016). Fathers' interest in healthy eating programs – Preference for online and family-focused programs. Poster presentation at *Australian and New Zealand Obesity Society* conference, Brisbane, Australia.
 11. **Harris, H.A.**, Mallan, K.M., Daniels, L., Gallegos, D., & Thorpe, K. (2016). Targeting and recruiting socioeconomically disadvantaged families for participation in child nutrition research. Poster presentation at *Australian and New Zealand Obesity Society* conference, Brisbane, Australia.
 12. **Harris, H.A.**, Fildes, A., Mallan, K.M., & Llewellyn, C.H. (2016). Feeding Thing 1 & Thing 2: a discordant twin analysis of toddler's fussy eating and maternal feeding practices. Poster presentation at *Australian and New Zealand Obesity Society* conference, Brisbane, Australia.
 13. Fildes, A., **Harris, H.A.**, Mallan, K., Wardle, J. & Llewellyn, C. H. (2015). Maternal feeding practices and fussy eating in toddlerhood: a discordant twin analysis. Poster presentation at *The Obesity Society conference*, Los Angeles, United States.
 14. **Harris, H. A.**, Fildes, A., Mallan, K. M., Wardle, J., & Llewellyn, C. H. (2015). Maternal feeding practices and fussy eating in toddlerhood: a discordant twin analysis. Oral Presentation at *Institute of Health and Biomedical Innovation Inspires*, Brisbane, Australia.

EMPLOYMENT

CURRENT POSITION

Jan 2019 – Present	Postdoctoral Research Fellow (1.0 FTE) Center for Childhood Obesity Research, The Pennsylvania State University
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EMPLOYMENT HISTORY AND PROFESSIONAL BACKGROUND

Jan 2018 – Dec 2018	Associate Lecturer (1.0 FTE) School of Public Health, Faculty of Medicine, The University of Queensland (UQ) <i>Unit coordinator and lecturer for four 'Health, Society and Research' units for 1st and 2nd year Medical Doctor program students (~500 students in each unit)</i>
Jul 2015 – Nov 2017	Tutor (teaching undergraduate students, 3-4 hours/ week for 3 months each semester) 'Medical Nutrition Therapy' (3 rd year level) 'Nutrition across the Lifecycle' (2 nd year level) 'Food and Nutrition' (1 st year level)

	School of Exercise and Nutrition Sciences, Faculty of Health, QUT
Sep 2015 – Dec 2016	Research Assistant – ‘What Fathers Want’ study (0.1 FTE) School of Exercise and Nutrition Sciences, Faculty of Health, QUT <i>Led focus groups, analysed data and contributed to the write up of manuscripts</i>
Jul 2016 – Sep 2016	Research Assistant – ‘Sleep in the Early Years’ study (0.1 FTE) School of Psychology and Counselling, Faculty of Health, QUT <i>Contributed to data collection (observations in child care centres)</i>
Jul 2014 – Dec 2014	Note-taker for Students with Disability (University Grade 4 - 0.6 FTE) University of Leeds, United Kingdom <i>Attended lectures and tutorials, created hand-written lecture notes for undergraduate and postgraduate students</i>
Jul 2014 – Dec 2014	Research Internship with Professor Marion Hetherington (0.4 FTE) University of Leeds, United Kingdom <i>Analysed observational video data of child eating behaviours and parent feeding</i>
Jan 2014 – Jul 2014	Tutor <i>Taught students one-on-one, 2 hours/week</i> Indigenous Tutorial Assistance Scheme for Tertiary Tuition, QUT
Sep 2013 – July 2014	Clinical Dietitian (0.8 FTE) Eat Me Nutrition Brisbane, Australia
Jun 2013 – Sep 2013	Clinical and Community Dietitian (1.0 FTE) Healthier Great Green Way - Far North Queensland Docs Innisfail, Australia

INVITED LECTURES AND PRESENTATIONS

Sept 2018	‘Feeding Fussy Eaters’ (NUTR2003) Undergraduate students in the School of Public Health, UQ
March 2018	‘Qualitative Research Methods’ (PUBH7000) Masters students in the School of Public Health, UQ
Dec 2017	Research Translation: Child fussy eating and family feeding – moving from ‘What’ to ‘How’ Lady Cilento Children’s Hospital Nutrition and Dietetics Department Brisbane, Australia
Nov 2017	‘Publishing within and from your thesis’ Presented lecture to higher degree research students about how to publish QUT

Aug 2017	'Family Feeding Dynamics' Guest Lecturer to visiting undergraduate students from Chang Gung University (Taiwan) QUT
Jun 2016	'Family Feeding Dynamics' Presentation of PhD research findings Université Laval, Canada
Nov 2014	'Australian Aboriginal and Torres Strait Islander Health and Nutrition' <i>Guest Lecturer to visiting undergraduate Nutrition and Dietetics students</i> Leeds Beckett University, United Kingdom
Oct 2014	Nutrition and Dietetics 40 th Anniversary at QUT <i>Presented experience as a recent graduate from QUT to Nutrition and Dietetics alumni</i>

SUPERVISION AND MENTORING

SUPERVISION – SUMMER SCHOLARS

2018- present	Nicole Lakeman, School of Social Science, UQ <i>Supervising student on developing a sub-study embedded within 'Mealtimes Matter'</i>
2016/2017	Bonnie Ria-Searle, School of Exercise and Nutrition Sciences, QUT <i>Student contributed to publication: Harris, et al (2018). Published Open Access in Public Health Nutrition, IF=2.236</i>

SUPERVISION - HONOURS STUDENT

2017	Bonnie Ria-Searle, School of Exercise and Nutrition Sciences, QUT <i>Student completed the research unit with a High Distinction and won '2017 QUT Nutrition and Dietetics Award for the Best Research Paper'</i>
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MEDIA AND SCIENCE COMMUNICATION

RESEARCH DISSEMINATION AND TRANSLATION

Radio

Sept 2018	'Foodie Fridays' with Nicole Dyer on Australian Broadcasting Corporation (ABC) Gold Coast Radio
May 2018	Kinderling Conversation with Shevonne Hunt (Available on Spotify)
April 2018	ABC Brisbane Radio with Katherine Feeney
May 2017	ABC Brisbane Radio with Rebecca Levingston

Podcast

Sept 2018 Journal of Nutrition Education and Behavior [podcast](#)

Television

May 2018 [ABC Weekend Breakfast](#) – National live broadcast with Andrew Geoghegan and Johanna Nicholson.

Print/ digital

May 2018 Harris, H.A. & Byrne, R. A. How to tell if your kid's 'fussy eating' phase is normal. [The Conversation](#)

Community presentations

Sep 2018 'Taste: the Door to your Diet': Luminary Lecture at Gold Coast City Council Library

May 2018 'Fuelling food' Nutrition Education Workshop to parents and children of 'Walker Irish Dance' School

Jun – Aug 2016 'Feeding the Family' Nutrition Education Evening for parents and stakeholders (research dissemination)

Webinars

March 2019 Martin CL, Järvelä-Reijonen E, **Harris HA**, Fulkerson JA. Webinar on "The Mentoring Program in the International Society of Behavioral Nutrition and Physical Activity." International Society of Behavioral Nutrition and Physical Activity, March, 2019.

SCIENCE COMMUNICATION

July 2018 Presenter for Aboriginal and Torres Strait Islander High school students regarding nutrition science
Representing the School of Public Health, UQ

July 2018 Presenter for STEM Kids Convention 'Taste: the door to your diet'
Over 250 student delegates (aged 10-14 years old), UQ

Mar 2018 Digital ambassador for the World Science Festival (Brisbane)

Mar 2017 Presentation at the FameLab State Finals - 'What the fuss?' at (World Science Festival Brisbane)

Sept 2017 Mentored the QUT Faculty of Health winner for the 'Three Minute Thesis', who received Winner and People's Choice Award at the University competition

SERVICE AND ENGAGEMENT

MEMBERSHIPS AND COMMITTEES

2018 Research Fellow, Life Course Centre
Institute of Social Science Research, UQ

2017 – present	Co-chair, Children and Families Special Interest Group, International Society of Behavioral Nutrition and Physical Activity (ISBNPA) <i>Organisation of webinars, engaging with members of the society via social media and judging panel for the 'Children and Family' Special Interest Group Awards for the 2018 ISBNPA scientific meeting</i>
2017 – 2019	Committee Member, Faculty of Health Alumni Advisory Committee, QUT <i>Developing, driving, evaluating and reviewing strategies as for the Faculty of Health alumni engagement strategy</i>
2011 – 2018	Member, Dietitians Association of Australia (membership number: 11-525)
2016 – 2017	Chair, Child Health and Well-being Think Tank: A fortnightly forum for disseminating research and building collaborations with national and international researchers

SERVICE TO THE PENNSYLVANIA STATE UNIVERSITY

2019	Center for Childhood Obesity Research - Social media team (member)
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SERVICE TO THE UNIVERSITY OF QUEENSLAND

Oct 2018	Poster Judge, Medical Student Research Conference
Oct 2018	Chair of Thesis Review Panel (PhD student: Nikki Boswell)
2018	Co-presenter, Tutor training workshop <i>Developed, delivered and evaluated workshops to tutors in the School of Public Health, twice per semester</i>
2018	Organiser, Cultural competency workshop <i>Organised presenters from the Aboriginal and Torres Strait Islander Studies Unit to deliver cultural competency training to the School of Public Health staff</i>
2018	Committee Member, Aboriginal and Torres Strait Islander sub-committee <i>Contributed to the evaluation and modification of culturally safe teaching methods by consultation with School of Public Health Students who identify as Aboriginal or Torres Strait Islander</i>

LEADERSHIP ROLES

Jan 2016- Dec 2016	Postgraduate Student Representative for the School of Exercise and Nutrition Science, QUT <i>Communication liaison between postgraduate students and academic staff, provided guidance and advice to new and continuing postgraduate students</i>
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VOLUNTEERING

- Jan 2013 – Apr 2013 Patient Buddy, Mater Children's Hospital Emergency Ward
Provided social and emotional support to families, supervised play activities with active patients, offered assistance to medical staff members, training new volunteers to the procedures of the role (41.3 hours of service)
- Jul 2012 – Dec 2012 Research Assistant, Heat Exposure for Risk Management for Operational Command (HERO) project, QUT
Undertook experimental data collection and management; data documentation; participated in journal club and developed my communication skills through working within a multidisciplinary team and interacting directly with study participants
- Jan 2011 – Dec 2011 Student Liaison Officer, Cooking for 1 or 2 program, QUT
Orientated undergraduate students to the cooking programme to provide nutrition education sessions to community members.

REFEREES

Upon request.