STEFFANY J. FREDMAN, PH.D.
Curriculum Vitae

PERSONAL INFORMATION

Professional address:
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EDUCATION:

2007-2010	Postdoctoral Fellowship, Women's Health Sciences Division, VA National Center for PTSD Mentor: Candice M. Monson, Ph.D.
2007	Ph.D. in Clinical Psychology (APA approved) University of North Carolina at Chapel Hill Dissertation Advisor: Donald Baucom, Ph.D. Master's Thesis Advisor: Dianne Chambless, Ph.D.
2006-2007	Predoctoral Clinical Internship (APA approved) Boston Consortium in Clinical Psychology
1996	B.A. in Psychology, with Honors Amherst College, Amherst, MA Honors Thesis Advisor: Elizabeth Aries, Ph.D.

PROFESSIONAL POSITIONS:

2021-present	Associate Professor, Psychology, The Pennsylvania State University, University Park
2020-present	Associate Professor, Human Development and Family Studies, The Pennsylvania State University, University Park, PA
2014-2020	Assistant Professor, Human Development and Family Studies, The Pennsylvania State University, University Park, PA
2010-2013	Instructor in Psychiatry, Harvard Medical School, Boston, MA
2010-2013	Assistant in Psychiatry & Staff Psychologist, Massachusetts General Hospital Center for Anxiety and Traumatic Stress Disorders and Red Sox Foundation/MGH Home Base Program for Returning Veterans and Their Families; Department of Psychiatry, Massachusetts General Hospital, Boston, MA
2009-2010	Assistant Professor of Psychiatry, Boston University School of Medicine, Boston, MA

LICENSES: Pennsylvania Licensure as Psychologist (Expires 11/2025)

PUBLICATIONS

PEER-REVIEWED SCIENTIFIC ARTICLES:

*current or former student/mentee co-author

67 Pruiksma, K. E., Taylor, D. J., Sloan, D. M., **Fredman, S. J**., Nagy, S., Jahnke, S. A., Haddock, C. K., Koetting O'Byrne, K., Rasmussen, H., Sutherland, C., Koeppel, M. D. H., Morgan, D., Dietch, J. R., Russell, J., Baber, G., Peterson, A. L., & McLean, C. P. (in press). Treatment development report of an intensive group treatment for posttraumatic stress, insomnia, and nightmares adapted to firefighter culture. *Cognitive and Behavioral Practice*

66 Meijir, L., Thomaes, K., Blankers, M., Deković, M., Franz, M. R., Kleber, R., van de Putte, E., van Ee, E., Camisasca, E, **Fredman, S. J.**, Moser, D., Mullins, L., Muzik, M., Overbeek, M., Molina, A. P., Riggs, J., Rosenblum, K., Samuelson, K., Schechter, D., Suttora, C., & Finkenauer, C. (2025). Post-traumatic stress disorder, trauma and parenting stress: An individual participant data meta-analysis. *European Journal of Psychotraumatology*, *16*(1), 2538907, https://doi.org/10.1080/20008066.2025.2538907

65 *Taverna, E., Litz, B. T., **Fredman, S. J.**, Renshaw, K. D., & Allen, E. S. (2025). Service members' exposure to potentially morally injurious events: Intimate partner knowledge and response. *Military Psychology*, 1-11. https://doi.org/10.1080/08995605.2025.2525662.

64 **Fredman, S. J.**,† Gamaldo, A. A.,† *Jenkins, A. I. C.,† *Le, Y., Mogle, J. A., Monson, C. M., Gamaldo, C. E., Thorpe, R. J., Jr., Hall-Clark, B. N., Blount, T. H., Fina, B. A., Buxton, O. M., Engeland, C. G., Rhoades, G. K., Stanley, S. M., Macdonald, A., Dondanville, K. A., Litz, B. T., Young-McCaughan, S., Taylor, D. J., Pruiksma, K. E., Yarvis, J. S., Keane, T. M., & Peterson, A. L. for the Consortium to Alleviate PTSD (2025). An initial examination of couple therapy for PTSD outcomes among Black/African American adults: Findings from an uncontrolled trial with military dyads. *Behavioral Sciences, 15*(4), 537. https://doi.org/10.3390/bs15040537
†Co-first authors

63 **Fredman, S. J.**, *Lee, J., *Le, Y., *Taverna, E. C., & Marshall, A. D. (2025). Associations among PTSD symptoms, fear of emotion, and couple communication difficulties: A between-person dyadic analysis. *Behaviour Research and Therapy, 184*(Jan), 104666. https://doi.org/10.1016/j.brat.2024.104666

62 *Lee, J., *Sloan, C. J., **Fredman, S. J.**, & Fosco, G. M. (2024). Interparental conflict spillover: Examining parental depression risk pathways. *Journal of Family Psychology, 38*(8), 1189–1200. https://doi.org/10.1037/fam0001264

61 Thompson-Hollands, J., Lee, D. J., Allen, E. S., Pukay-Martin, N. D., Campbell, S. B., Chard, K. M., Renshaw, K. D., Sprunger, J. G., Birkley, E., Dondanville, K. A., Litz, B. T., Riggs, D. S., Schobitz, R. P., Yarvis, J. S., Young-McCaughan, S., Keane, T. M., Peterson, A. L., Monson, C. M., & **Fredman, S. J.** (2024). The Significant Others' Responses to Trauma Scale (SORTS): Applying factor analysis and item response theory to a measure of PTSD symptom accommodation. *European Journal of Psychotraumatology, 15*(1), Article 2353530. https://doi.org/10.1080/20008066.2024.2353530

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59 Allen, E. S., Renshaw, K. D., & **Fredman, S. J.** (2024). An exploration of potential pressures to engage in parenting accommodation of PTSD symptoms for military couples. *Family Process, 63*(1), 315-330. http://doi.org/10.1111/famp.12858

58 *Taverna, E., *Le, Y., **Fredman, S. J.**, Mogle, J. A., Fischer, M. S., Baucom, D. H., & Marshall, A. D. (2023). Responsivity to interviewer during interview-based assessment of physical intimate partner violence. *Psychology of Violence, 13*(5), 405–414. https://doi.org/10.1037/vio0000482

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55 *Jenkins, A. I. C., **Fredman, S. J.**, Gamaldo, A. A., King, V. E., & Almeida, D. M. (2023). Love, health, and the 'hood: An examination of romantic relationship adjustment and perceived neighborhood quality as predictors of partnered Black Americans' long-term psychological health. *Journal of Psychopathology and Clinical Science, 132*(5), 531-541. http://doi.org/10.1037/abn0000821

54 *Jenkins, A. I. C., *Le, Y., Surachman, A., Almeida, D. M., & **Fredman, S. J.** (2023). Associations among financial well-being, daily relationship tension, and daily affect in two adult cohorts separated by the Great Recession. *Journal of Social and Personal Relationships, 40*(4), 1103-1125. https://doi.org/10.1177/02654075221105611

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**Paper selected among 600 papers as finalist for 2023 Barbara Thompson Excellence in Research on Military and Veteran Families Award, given by the Military Family Research Institute at Purdue University in partnership with Military REACH at Auburn University

52 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., Mogle, J. A., & McHale, S. M. (2022). Religious coping and gender moderate trajectories of marital love in Black couples. *Family Process, 61*(1), 312-325. https://doi.org/10.1111/famp.12645

51 *Le, Y., **Fredman, S. J.**, Marshall, A. D., Chow, S.-M., McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2022). Relational impacts of capitalization among new parents. *Journal of Family Psychology, 36*(1), 69-79. https://doi.org/10.1037/fam0000847

50 Macdonald, A., **Fredman, S. J.^,** Taylor, D. J., Pruiksma, K. E., Blount, T. H., Hall-Clark, B. N., Fina, B. A., Dondanville, K. A., Mintz, J., Litz, B. T., Young-McCaughan, S., *Le, Y., *Jenkins, A. I. C., Monson, C. M., Yarvis, J. S., Keane, T. M., & Peterson, A. L. for the Consortium to Alleviate PTSD (2022). Secondary individual outcomes following multi-couple group therapy for PTSD: An uncontrolled pilot study with military dyads. *Journal of Traumatic Stress*, *35*(1), 321-329. https://doi.org/10.1002/jts.22729
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49 Pukay-Martin, N. D., **Fredman, S. J.**, Martin, C. E., *Le, Y., Haney, A., Sullivan, C., Monson, C. M., & Chard, K. M. (2022). Effectiveness of cognitive-behavioral conjoint therapy for PTSD in a VA PTSD clinic. *Journal of Traumatic Stress, 35*(2), 644-658. https://doi.org/10.1002/jts.22781

**Paper identified as one of the most cited articles for *Journal of Traumatic Stress* for period 1/1/22-12/31/23.

48 Kenny, J. J., Allen, E. S., Renshaw, K. D., Bhalla, A., & **Fredman, S. J.** (2022). Two perspectives on accommodation of PTSD symptoms: Partners versus service members. *Couple and Family Psychology: Research and Practice, 11*(4), 273-289. https://doi.org/10.1037/cfp0000184

47 Sijercic, I., Liebman, R., Ip, J., Whitfield, K. M., Ennis, N., Sumantry, D., Sippel, L. M., **Fredman, S. J.**, & Monson, C. M. (2022). A systematic review and meta-analysis of individual and couple therapies for posttraumatic stress disorder: Clinical and intimate relationship outcomes. *Journal of Anxiety Disorders, 91*, 102613. https://doi.org/10.1016/j.janxdis.2022.102613

46 Allen, E., Renshaw, K., **Fredman, S. J.**, *Le, Y., Rhoades, G., Markman, H., & Litz, B. (2021). Associations between service members' PTSD symptoms and partner accommodation over time. *Journal of Traumatic Stress*, *34*(3), 596-606. https://doi.org/10.1002/jts.22645

45 **Fredman, S. J.**, *Le, Y., Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., Blount, T. H., Hall-Clark, B. N., Fina, B. A., Mintz, J., Litz, B. T., Young-McCaughan, S., *Jenkins, A. I. C., Yarvis, J. S., Keane, T. M., & Peterson, A. L. for the Consortium to Alleviate PTSD (2021). A closer look at relational outcomes from a pilot study of abbreviated, intensive, multi-couple group cognitive-behavioral conjoint therapy for PTSD with military dyads. *Family Process, 60*(3), 712-726. https://doi.org/10.1111/famp.12654

**Paper selected as featured article for that issue of the journal.

44 *Kim, C. Y., **Fredman, S. J.,** & Teti, D. M. (2021). Quality of coparenting and infant-mother attachment: The mediating role of maternal emotional availability. *Journal of Family Psychology, 35*(7), 961-971. https://doi.org/10.1037/fam0000846

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42 Allen, E., **Fredman, S.**, Rhoades, G., Markman, H., Loew, B., & Stanley, S. (2020). Male service members' and civilian wives' perceptions of partner connection regarding deployment and PTSD symptoms. *Couple and Family Psychology: Research and Practice, 9*(4), 206-218. https://doi.org/10.1037/cfp0000151

41 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Dondanville, K. A., Blount, T. H., Hall-Clark, B. N., Fina, B. A., Mintz, J., Litz, B. T., Young-McCaughan, S., Hancock, A. K., Rhoades, G. K., Yarvis, J. S., Resick, P. A., Roache, J. D., *Le, Y., Wachen, J. S., Niles, B. L., McGeary, C. A., Keane, T. M., & Peterson, A. L., for the Consortium to Alleviate PTSD (2020). Intensive multi-couple group therapy for PTSD: A non-randomized pilot study with military and veteran dyads. *Behavior Therapy, 51*(5)*,* 700-714. https://doi.org/10.1016/j.beth.2019.10.003

40 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., Sun, X., Brick, T. R., Skinner, O. D., & McHale, S. M. (2020). Prospective associations between depressive symptoms and marital satisfaction in Black couples. *Journal of Family Psychology, 34*(1), 12-23. https://doi.org/10.1037/fam0000573

39 Renshaw, K. D., Allen, E. S., **Fredman, S. J.**, Giff, S. T., & Kern, C. (2020). Partners' motivations for accommodating posttraumatic stress disorder symptoms in service members: The Reasons for Accommodation of PTSD Scale. *Journal of Anxiety Disorders, 71*(April), 102199. https://doi.org/10.1016/j.janxdis

38 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2019). Parents' PTSD symptoms and child abuse potential during the perinatal period: Direct associations and mediation via relationship conflict. *Child Abuse & Neglect, 90*(4), 66-75. https://doi.org/10.1016/j.chiabu.2019.01.024

37 **Fredman, S. J.**, Marshall, A. D., *Le, Y., Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2019). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. *Psychological Trauma: Theory, Research, Practice, and Policy, 11*(4)*,* 415-423. https://doi.org/10.1037/tra0000363

36 *Le, Y., **Fredman, S. J.**, McDaniel, B. T., Laurenceau, J.-P., & Feinberg, M. E. (2019). Cross-day influences between couple closeness and coparenting support among new parents. *Journal of Family Psychology, 33*(3), 360-369. https://doi.org/10.1037/fam0000489

35 Marshall, A. D., *Le, Y., **Fredman, S. J.**, Feinberg, M. E., Taverna, E. C., & Jones, D. E. (2019). Prospective, dyadic links between posttraumatic stress disorder symptoms and family violence in the early years of parenthood. *Journal of Family Psychology, 33*(8), 1000-1006. https://doi.org/10.1037/fam0000557

34 Barnes, J. B., Presseau, C., Jordan, A. H., Kline, N. K., Young-McCaughan, S., Keane, T. M., Peterson, A. L., Litz, B. T., and the Consortium to Alleviate PTSD. (2019). Common data elements for military-related PTSD research applied in the Consortium to Alleviate PTSD. *Military Medicin*e, *184*(5-6), e218-e226. https://doi.org/10.1093/milmed/usy226
*Consortium to Alleviate PTSD group authors include C. G. Abdallah, L. A. Averill, C. J. Bryan, J. A. Cigrang, P. T. Fox, **S. J. Fredman**, J. H. Krystal, M. E. McDevitt-Murphy, D. D. McGeary, K. E. Pruiksma, P. A. Resick, J. D. Roache, & D. J. Taylor

33 *Polenick, C. A., **Fredman, S. J.**, Birditt, K. S., & Zarit, S. H. (2018). Relationship quality with parents: Implications for own and partner well-being in middle-aged couples. *Family Process, 57*(1), 253-268. https://doi.org/10.1111/famp.12275

32 **Fredman, S. J.**, Beck, J. G., Shnaider, P., *Le, Y., Pukay-Martin, N. D., *Pentel, K. Z., Monson, C. M., Simon, N. M., & Marques, L. (2017). Longitudinal associations between PTSD symptoms and dyadic conflict communication following a severe motor vehicle accident. *Behavior Therapy, 48*(2)*,* 235-246. https://doi.org/10.1016/j.beth.2016.05.001

31 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2017). A dyadic perspective on PTSD symptoms' associations with couple functioning and parenting stress in first-time parents. *Couple and Family Psychology: Research and Practice, 6*(2), 117-132. https://doi.org/10.1037/cfp0000079

30 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2017). Parenting stress mediates the association between negative affectivity and harsh parenting: A longitudinal dyadic analysis. *Journal of Family Psychology, 31*(6)*,* 679-688. https://doi.org/10.1037/fam0000315

29 **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2016). Partner accommodation moderates treatment outcomes for couple therapy for PTSD. *Journal of Consulting and Clinical Psychology, 84*(1), 79-87. https://doi.org/10.1037/ccp0000061

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26 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. H., Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, & Monson, C. M. (2016). The role of posttraumatic growth in a randomized controlled trial of cognitive-behavioral conjoint therapy for PTSD. *Journal of Traumatic Stress, 29*(4), 379-383. https://doi.org/10.1002/jts.22122.

25 **Fredman, S. J.**, Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015). Relatives' emotional involvement moderates the effects of family therapy for bipolar disorder. *Journal of Consulting and Clinical Psychology*, *83*(1), 81-91. https://doi.org/10.1037/a0037713

24 Blount, T., **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., & Monson, C. M. (2015). Cognitive-behavioral conjoint therapy for PTSD: Application to an Operation Enduring Freedom (OEF) Veteran. *Cognitive and Behavioral Practice*, *22*(4), 458-467. https://doi.org/10.1016/j.cbpra.2014.05.001

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21 **Fredman, S. J.**, Vorstenbosch, V., Wagner, A. C., Macdonald, A., & Monson, C. M. (2014). Partner accommodation in posttraumatic stress disorder: Initial testing of the Significant Others' Responses to Trauma Scale (SORTS). *Journal of Anxiety Disorders, 28*(4)*,* 372-381. https://doi.org/10.1016/j.janxdis.2014.04.001

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19 Schumm, J. A., **Fredman, S. J.**, Monson, C. M., & Chard, K. M. (2013). Cognitive-behavioral conjoint therapy for PTSD: Initial findings for Operations Enduring and Iraqi Freedom male combat veterans and their partners. *American Journal of Family Therapy, 41*(4), 277-287. https://doi.org/10.1080/01926187.2012.701592

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15 Baucom, D. H., Kirby, J. S., Pukay-Martin, N. D., Porter, L. S., **Fredman, S. J.**, Gremore, T. M., Keefe, F. J., & Atkins, D. (2012). Men's psychological functioning in the context of women's breast cancer. *Journal of Marital and Family Therapy, 38*(2)*,* 317-329. https://doi.org/10.1111/j.1752-0606.2009.00133.x

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9 **Fredman, S. J.**, Baucom, D. H., Gremore, T. M., Castellani, A. M., Kallman, T. A., Porter, L. S., Kirby, J. S., Dees, E. C., Klauber-DeMore, N., Peppercorn, J., & Carey, L. A. (2009). Quantifying the recruitment challenges in couple-based health interventions: Application to early stage breast cancer. *Psycho-Oncology, 18*(6), 667-673. https://doi.org/10.1002/pon.1477

8 Monson, C. M., **Fredman, S. J.**, & *Adair, K. C. (2008). Cognitive-behavioral conjoint therapy for PTSD: Application to Operation Enduring and Iraqi Freedom service members and veterans. *Journal of Clinical Psychology, 64*(8)*,* 958-971. https://doi.org/10.1002/jclp.20511

7 Baucom, D. H., Porter, L. S., Kirby, J. S., Gremore, T. M., Wiesenthal, N., Aldridge, W. A., **Fredman, S. J.**, Stanton, S. E., Scott, J. L., Halford, K. W., & Keefe, F. J. (2008). A couple-based intervention for female breast cancer. *Psycho-Oncology, 18*(3)*,* 276-283. https://doi.org/10.1002/pon.1395

6 **Fredman, S. J.**, Baucom, D. H., Miklowitz, D. J., & Stanton, S. E. (2008). Observed emotional involvement and overinvolvement in families of patients with bipolar disorder. *Journal of Family Psychology, 22*(1), 71-79. https://doi.org/10.1037/0893-3200.22.1.71

5 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2004). Development and validation of an observational coding system for emotional overinvolvement. *Journal of Family Psychology, 18*(2), 339-347. https://doi.org/10.1037/0893-3200.18.2.339

4 **Fredman, S. J.**, Fava, M., Kienke, A. S., White, C. N., Nierenberg, A. A., & Rosenbaum, J. F. (2000). Partial response, non-response, and relapse on selective serotonin reuptake inhibitors in major depression: A survey of current "next-step" practices. *Journal of Clinical Psychiatry, 61*(6), 403-408. https://doi.org/10.4088/JCP.v61n0602

3 Rosenbaum, J. F., & **Fredman, S. J.** (1999). Pramipexole as a possible treatment for cocaine craving [letter]. *American Journal of Psychiatry, 156*(11), 1834. https://doi.org/10.1176/ajp.156.11.1834

2 **Fredman, S. J.**, & Rosenbaum, J. F. (1998). Recurrent depression, resistant clinician? *Harvard Review of Psychiatry, 5*(5), 281-285. https://doi.org/10.3109/10673229809000311

1 Aries, E., Olver, R. R., Blount, K., Christaldi, K., **Fredman, S.**, & Lee, T. (1998). Race and gender as components of the working self-concept. *Journal of Social Psychology, 138*(3), 277-290. https://doi.org/10.1080/00224549809600381

BOOKS, CHAPTERS, AND COMMENTARIES

Books:

1 Monson, C. M., & **Fredman, S. J.** (2012). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Harnessing the healing power of relationships.* Guilford Press.

Chapters:

23 **Fredman, S. J.**, Blount, T. H., Jacoby, V., Monson, C. M., & Peterson, A. L. (2024). Intensive multi-couple group therapy. In L. Reuman & J. Thompson-Hollands (Eds.), *Enhancing CBT through peer and family engagement* (pp. 77-99). Springer Nature.

22 Monson, C. M., & **Fredman, S. J.** (2022). Cognitive-behavioral couple therapy for PTSD. In J. Lebow, & D. K. Snyder (Eds.), *Clinical handbook of couple therapy.* (6th edition; pp. 533-553). Guilford Press.

21 Monson, C. M., **Fredman, S. J.**, Dekel, R., Ennis, N. & Macdonald, A. (2022). Family models of posttraumatic stress disorder. In J. G. Beck & D. M. Sloan (Eds.), *Oxford handbook of traumatic stress disorders* (2nd edition; pp. 415-438). Oxford University Press. 10.1093/oxfordhb/9780190088224.013.17

20 Monson, C. M., Macdonald, A., **Fredman, S. J.**, Schumm, J. A., & Taft, C. T. (2021). Empirically-supported couple and family therapies for PTSD. In M. J. Friedman, P. P. Schnurr, & T. M. Keane (Eds.), *Handbook of PTSD: Science and practice*. (3rd edition; pp. 377-399). Guilford Press.

19 Monson, C. M., Ennis, N., & **Fredman, S. J.** (2018, May 25). Posttraumatic stress disorder (PTSD) in couple and family therapy. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Springer. doi:10.1007/978-3-319-15877-8_453-1

18 **Fredman, S. J.**, & Gordon, K. C. (2017, August 28). Baucom, Donald. In J. Lebow, A. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of couple and family therapy*. Springer. doi:10.1007/978-3-319-15877-8_59-1

17 Monson, C. M., Wagner, A. C., **Fredman, S. J.**, Macdonald, A., & Pukay-Martin, N. D. (2017). Couple and family therapy. In S. N. Gold (Ed.), *APA handbook of trauma psychology: Trauma practice* (Volume 2; pp. 449-466). American Psychological Association.

16 Pukay-Martin, N. D., **Fredman, S. J.**, & Monson, C. M. (2016). Couple therapy for posttraumatic stress disorder. In N. D. Ainspan, C. J. Bryan, & W. E. Penk (Eds.), *Handbook of psychosocial interventions for veterans and service members: A guide for the non-military mental health clinician* (pp. 323-334). Oxford University Press.

15 **Fredman, S. J.**, Shnaider, P., *Pentel, K. Z., & Monson, C. M. (2016). Cognitive-behavioral couple therapy. In T. J. Petersen, S. Sprich, S. Wilhelm (Eds.), *The Massachusetts General Hospital handbook of cognitive behavioral therapy* (pp. 277-287). Springer.

14 Monson, C. M., & **Fredman, S. J.** (2015). Cognitive-behavioral couple therapy for PTSD. In A. Gurman, J. Lebow, & D. K. Snyder (Eds.), *Clinical handbook of couple therapy* (5th edition; pp. 531-554). Guilford.

13 Monson, C. M., Pukay-Martin, N . D., **Fredman, S. J.**, & Macdonald, A. (2014). Terapia di coppia cognitivo-comportamentale nel trattamento del disturbo post-traumatico da stress [Cognitive-behavioral conjoint therapy for posttraumatic stress disorder]. In V. Cigoli, D. Margola, M. Gennari, & D. K. Snyder (Eds.), *Clinica di coppia: L'Approccio integrativo e l'approccio relazionale-simbolico [Couple therapy: The integrative approach and the symbolic-relational approach*] (pp. 77-94). Franco Angeli.

12 Monson, C. M., Macdonald, A., **Fredman, S. J.**, Schumm, J. A., & Taft, C. T. (2014). Empirically-supported couple and family therapies for PTSD. In M. J. Friedman, T. M. Keane, & P. A. Resick (Eds.), *Handbook of PTSD: Science and practice*. (2nd edition, pp. 330-358). Guilford Press.

11 Monson, C. M., **Fredman, S. J.**, Dekel, R., & Macdonald, A. M. (2012). Family models of posttraumatic stress disorder. In J. G. Beck & D. M. Sloan (Eds.), *Oxford handbook of traumatic stress disorders* (pp. 219-234). Oxford University Press.

10 Monson, C. M., **Fredman, S. J.**, & Riggs, D. R. (2012). Posttraumatic stress disorder and its comorbidities. In D. K. Snyder & C. M. Monson (Eds.), *Couple-based interventions for military and veteran families* (pp. 147-174). Guilford Press.

9 Monson, C. M., **Fredman, S. J.**, & Taft, C. T. (2011). Couple and family issues and interventions for veterans of the Iraq and Afghanistan wars. In J. I. Ruzek, P. P. Schnurr, J. J. Vasterling, & M. J. Friedman (Eds.), *Caring for veterans with deployment-related stress disorders* (pp. 151-169). American Psychological Association.

8 Monson, C. M., **Fredman, S. J.**, & Dekel, R. (2010). Posttraumatic stress disorder in an interpersonal context. In J. G. Beck (Ed.), *Interpersonal processes in the anxiety disorders: Implications for understanding psychopathology and treatment* (pp. 179-208). American Psychological Association.

7 **Fredman, S. J.** (2010). Couple/family-based assessment strategies for individuals with psychological problems. In K. Hahlweg, M. Grawe-Gerber, & D. H. Baucom (Eds.), *Enhancing couples: The shape of couple therapy to come* (pp. 185-198). Hogrefe.

6 Belanger, C., Leduc, A., **Fredman, S.**, El-Baalbaki, G., & Baucom, D. H. (2008). Couples et troubles anxieux: Évaluation et intervention (The couple relationship and anxiety disorders: Assessment and intervention). In J. Wright, Y. Lussier, & S. Sabourin (Eds.), *La psychothérapie de couple: un guide clinique.* (*Couples therapy: A clinical guide)* (pp. 507-539). Presses de l'Université du Québec (University of Québec Press).

5 **Fredman, S. J.**, Hirshfeld-Becker, D. R., Smoller, J. W., & Rosenbaum, J. F. (2003). Childhood antecedents of adult anxiety disorders. In D. J. Nutt & J. C. Ballenger (Eds.), *Anxiety disorders* (pp. 135-162). Blackwell Science.

4 Hirshfeld, D. R., Rosenbaum, J. F., **Fredman, S. J.**, & Kagan, J. (1999). Neurobiology of childhood anxiety disorders. In D. S. Charney, E. J. Nestler, & B. S. Bunney (Eds.), *Neurobiology of mental illness* (pp. 823-838). Oxford University Press.

3 Hirshfeld-Becker, D. R., **Fredman, S. J.**, Robin, J., & Rosenbaum, J. F. (1999). Etiology of social phobia. In J. A. den Boer & H. M. Westenberg (Eds.), *Social anxiety disorder* (pp. 47-79). Syn-Thesis.

2 Hirshfeld, D. R., Smoller, J. W., **Fredman, S. J.**, Bulzacchelli, M. T., & Rosenbaum, J. F. (1998). Antecedents of panic disorder: Genes, childhood, and the environment. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 93-152). Marcel Dekker.

1 Rosenbaum, J. F., **Fredman, S. J.**, & Pollack, M. H. (1998). Pharmacotherapy of panic disorder. In J. F. Rosenbaum & M. H. Pollack (Eds.), *Panic disorder and its treatment* (pp. 153-180). Marcel Dekker.

Commentaries

2 Monson, C. M., **Fredman, S. J.**, Fitzpatrick, S., Macdonald, A., Pukay-Martin, N. D., Shepherd-Bannigan, M., Dworkin, E. R., Luedtke, B., Dekel, R., Shoval-Zuckerman, Y., Sautter, F., & Glynn, S. M. (2024). Impact of the revised VA/DoD Clinical Practice Guideline for Management of Posttraumatic Stress Disorder and Acute Stress Disorder for couples and families: Commentary on Lang et al. (2024). *Journal of Traumatic Stress, 37*(2), 344–347. https://doi.org/10.1002/jts.23039

1 Monson, C. M., & **Fredman, S. J.** (2021). Couple/family interventions for PTSD. *PTSD Research Quarterly, 32*(3), 1-9.

CITATION METRICS

	All	Since 2020
Citations	4791	2181
h-index	33	28
!10-index	59	46

Retrieved from Google Scholar, 10/16/25

GRANT SUPPORT:

2023-2029 Department of Defense (HT9425-23-2-0014)
Accelerated Treatment for Co-occurring Insomnia, Nightmares, and PTSD
Role: Consultant (PI: McLean)
$6,322,300

2022-2026 Department of Defense (W81XWH-22-1-0985)
Randomized Controlled Trial of Intensive Multi-Couple Therapy for PTSD versus Relationship Education in Military Couples
Role: Principal Investigator
$3,000,000

2021-2025 Federal Emergency Management Agency (EMW-2020-FP-00200)
*An Efficient Treatment for Posttraumatic Injury for Firefighter*s
Role: Consultant (PI: McLean)
$1,499,997

2021-2024 Deutsche Forschungsgemeinschaft (DFG; German Research Foundation)
Predictors and consequences of accommodation as an interpersonal maintenance factor of obsessive-compulsive disorder in daily life: A multi-method investigation
Role: Co-Investigator (Co-PIs: Fischer & Ditzen)
248.305€.

2020-2022 National Institute on Minority Health & Health Disparities (F31 MD015215-01)
Ruth L. Kirschstein National Research Service Award Predoctoral Fellowship to Promote Diversity in Health-Related Research
Daily Associations between Psychological Well-Being and Relationship Functioning among African Americans
Role: F31 Sponsor (Co-Sponsor: D. Almeida; PI: Jenkins)
$73,259

2018-2021 National Institutes of Health (KL2 TR002015)
Clinical and Translational Sciences Career Development Program
Emotion Regulation and Co-Regulation in Couples with Posttraumatic Stress Disorder (KL2 Project)
Role: Selected Scholar & Project Principal Investigator (PI: Thiboutot)
$525,330 (Project)

2015-2018 Department of Defense & Department of Veterans Affairs
(W81XWH-13-2-0065 & I01CX001136-01)
Consortium to Alleviate PTSD (CAP): Pilot Multi-Couple Group Intervention for PTSD
Role: Principal Investigator (Consortium Director: Peterson; Co-Director: Keane)
$486,861 (Project); $45,000,000 (Consortium)

2015-2016 Department of Defense (W81XWH-12-1-0090)
Relationship Factors Contributing to the Progression of Combat Related PTSD and Suicidality over Time
Role: Co-Investigator (PI: Allen)
$1,240,657

2014-2018 Social Science Research Institute, Pennsylvania State University
PTSD Symptoms, Interpersonal Adjustment, and Academic Functioning in Student Service Members/Veterans
Role: Principal Investigator
$6,240

2014-2015 Fran and Holly Soistman Faculty Endowment, College of Health and Human Development, The Pennsylvania State University
Posttraumatic Stress Disorder and the Transition to Parenthood: Development of an Integrated Couple-Based Approach to Treatment
Role: Principal Investigator
$3,000

2012-2015 Department of Defense (W81XWH-12-1-0090)
Relationship Factors Contributing to the Progression of Combat Related PTSD and Suicidality over Time
Role: Consultant (PI: Allen)
$1,240,657

2011-2013 Department of Defense (V-SUBMGH-11-40, W81XWH-11-1-0073)
Randomized Trial of Sertraline, Prolonged Exposure, and their Combination for PTSD in OEF/OIF Veterans
Role: Protocol Therapist (Project PI: Rauch; Site PI: Simon)
$3,407,010

2011-2012 Department of Defense (W81XWH-08-2-0115)
STRONG STAR Multidisciplinary PTSD Research Consortium:
Cognitive-Behavioral Conjoint Therapy versus Prolonged Exposure for PTSD and Relationship Enhancement
Role: Consultant (Project PI: Monson; Consortium Director: Peterson)
$1,200,000

2010-2013 National Institutes of Health (R01 MH085308)
Optimizing Treatment for Complicated Grief
Role: Independent Evaluator (PI: Simon)
$2,038,549

2007-2010 National Institutes of Health (R34 MH076813)
Cognitive-Behavioral Couple Therapy for Posttraumatic Stress Disorder
Role: Project Director (2007-2009); Site Principal Investigator (2009-2010); PI: Monson
$450,000

2004-2006 National Institutes of Health (R01 CA107477)
CanThrive: A Couple-Based Psychosocial Intervention for Women with Early Stage Breast Cancer
Role: Recruitment Coordinator (PI: Baucom)
$1,987,048

2004-2006 National Institutes of Health (F31 MH072124)
Emotional Involvement in Families of Patients with Bipolar Disorder
Role: PI/F31 Predoctoral Scholar (Faculty Sponsor: Donald Baucom, Ph.D.)
$55,960

HONORS:

2023-2026	Edna P. Bennett Faculty Fellowship in Prevention Science, College of Health and Human Development, The Pennsylvania State University
2023	Finalist, Barbara Thompson Award for Excellence in Research on Military and Veteran Families, given by Military Family Research Institute at Purdue University in partnership with Military REACH at Auburn University
2022	Changing the Future Leadership Development Program Participant, The Pennsylvania State University
2017-2020	Karl R. Fink and Diane Wendle Fink Early Career Professorship for the Study of Families, College of Health and Human Development, The Pennsylvania State University
2016	Teaching Excellence Award, College of Health and Human Development, The Pennsylvania State University
2015-2017	Clinical Research Loan Repayment Award Renewal, National Institutes of Health
2014-2015	Fran and Holly Soistman Faculty Endowment, College of Health and Human Development, The Pennsylvania State University
2012	Texas A&M NSF ADVANCE Center for Women Faculty Workshop Scholar
2011-2012	Clinical Research Loan Repayment Award Renewal, National Institutes of Health
2008-2010	Clinical Research Loan Repayment Award, National Institutes of Health
2007	Klaus-Grawe Think Tank Meeting Participant, Zurich and Zuoz, Switzerland
2006	American Psychological Foundation Todd E. Husted Memorial Award
2005	Martin S. Wallach Award, Outstanding Doctoral Candidate in Clinical Psychology, University of North Carolina at Chapel Hill
2002	Doctoral written exams passed with distinction
2001-2002	John Woodruff Simpson Fellowship, Amherst College
2000-2001	Amherst Memorial Fellowship, Amherst College
1999-2000	John Woodruff Simpson Fellowship, Amherst College
1996	*Magna cum laude*, Amherst College

PEER-REVIEWED PRESENTATIONS AND POSTERS:

137 Tamminga, A., **Fredman, S. J.**, & Monson, C. M. (2025, November 7). *Partnerondersteunde traumabehandeling: Een systemische blik op PTSS*. VGCt Najaarscongres. [*Partner-assisted trauma treatment: A systemic perspective on PTSD*. Workshop to be presented at the conference "Beyond Belief."] Veldhoven, The Netherlands.

136 Tamminga, A., **Fredman, S. J.**, & Monson, C. M. (2025, October 9). *PTSS in de partnerrelatie: Een gezamenlijke weg naar herstel.* Trauma binnen de familie: Van individu naar systeem, [*PTSS in the partner relationship: A joint path to recovery.* Workshop to be presented at the conference "Trauma within the family: From individual to system."] Utrecht, The Netherlands.

135 *Wang, R., **Fredman, S. J.,** & Fosco, G. M. (2024, November 20-23). *Depressed mood and couple functioning: A daily diary study of the stress generation model within a family systems context.* Poster to be presented at the 59th annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

134 *Lee, J., Almeida, D. M., & **Fredman, S. J.** (2025, November 12-15). *Affective reactivity to daily romantic relationship tension at midlife and older adulthood.* Poster to be presented at the annual meeting of the Gerontological Society of America, Boston, MA.

133 Snow, M. B., Carney, A., Lundell, S., Thompson-Hollands, J., Shepherd-Banigan, M., Meis, L., Pukay-Martin, N., Liebman, R., Nagaraj, S. R. R., Morland, L., **Fredman, S. J.**, Monson, C. M., & Sippel, L. (2025, September 17-20). The effectiveness of cognitive-behavioral conjoint therapy (CBCT) for PTSD: A replication and extension of a prior systematic review. In Snow, M. B., & Sippel, L. (Co-Chairs), *Cognitive-Behavioral Conjoint Therapy (CBCT) for PTSD.* [Symposium]. International Society for Traumatic Stress Studies. Baltimore, MD, United States.

132 Glynn, S., Knopp, K., Khalifian, C., Monson, C., **Fredman, S.,** Lui, A., & Faber, N. (2025, September 17-20). Cognitive behavioral conjoint therapy for PTSD: Results from a national VA training initiative. In Snow, M. B., & Sippel, L. (Co-Chairs), *Cognitive-Behavioral Conjoint Therapy (CBCT) for PTSD.* [Symposium]. International Society for Traumatic Stress Studies. Baltimore, MD, United States.

131 **Fredman, S. J.** (Discussant) (2025, September 17-20). In Shenk, C. (Chair), *Contamination bias in observational research on child maltreatment: Prevalence, impact, and methodological solutions for improving the accuracy of causal effects across public health outcomes*. [Symposium]. International Society for Traumatic Stress Studies. Baltimore, MD, United States.

130 **Fredman, S. J.**, Gamaldo, A. A., *Jenkins, A. I. C., Hall-Clark, B. N., *Le, Y, Mogle, J. A., Monson, C. M., Gamaldo, C. E., Thorpe, R. J., Jr., Blount, T. H., Fina, B. A., Buxton, O. M., Engeland, C. G., Rhoades, G. K., Stanley, S. M., Macdonald, A., Dondanville, K. A., Taylor, D. J., Pruiksma, K. E., Litz, B. T., Young-McCaughan, S., Yarvis, J. S., Keane, T. M., & Peterson, A. L. (2024, November). An initial examination of couple therapy for PTSD outcomes among Black Americans: Findings from an uncontrolled trial of intensive, multi-couple group treatment of PTSD with miliary dyads. In Varma, S. (Chair), *Getting better together: Couple interventions for individual psychopathology.* Symposium conducted at the 58th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

129 **Fredman, S. J.** (Discussant) (2024, November 14-17). In O'Connell, K. (Chair), *Adapting evidence-based cognitive and behavioral interventions for individual, couple, and family delivery for individual psychopathological distress relief.* Symposium conducted at the 58th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

128 McLean, C., Pruiksma, K., Taylor, D. J., Jahnke, S., Haddock, C., Sloan, D., Dietch, J. R., **Fredman, S. J.**, Malek, N., Sutherland, C., Nagy, S., Hollerback, B., & Jitnarin, N. (2024, November 14-17). An efficient treatment for posttraumatic injury for firefighters. In Harvey, A. G. (Chair), *Community-academic partnerships to increase access to CBT treatments that improve sleep and circadian functioning.* Symposium conducted at the 58th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

127 *Lee, J., Almeida, D. M., Fischer, Z. F., & **Fredman, S. J.** (2024, November 14-17). *Couple relationship quality moderates the longitudinal association between psychological distress and life satisfaction among adults at midlife.* Poster presented at the 58th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

126 Dillon, K. H., **Fredman, S. J.**, LoSavio, S., Rauch, S. A. M., Resick, P. A., Wells, S. (2024, September 25-28). *Cooling off: Maximizing the effects of PTSD treatments on anger*. Panel conducted at the International Society for Traumatic Stress Studies annual meeting, Boston, MA.

125 **Fredman, S. J.**, Knopp, K., & Morland, L. A. (2024, September 25-28). Partner accommodation improves during abbreviated cognitive-behavioral conjoint therapy for PTSD and predicts patients' psychosocial outcomes. In J. Thompson-Hollands (Chair), *Accommodation in PTSD: Assessing the impact of family members' responses to symptoms in the context of PTSD treatment* [Symposium]. 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA, United States.

124 Thompson-Hollands, J., Lee, D. J., Allen, E. S., Pukay-Martin, N. D., Campbell, S. B., Chard, K. M., Renshaw, K. D., Sprunger, J. G., Birkley, E., Dondanville, K. A., Litz, B. T., Riggs, D. S., Schobitz, R. P., Yarvis, J. S., Young-McCaughan, S., Keane, T. M., Peterson, A. L., Monson, C. M., & **Fredman, S. J.**, for the STRONG STAR Consortium and the Consortium to Alleviate PTSD. (2024, September 25-28). Sorting out the measure of family accommodation in PTSD: Application of factor analysis and item response theory to optimize the Significant Others' Responses to Trauma Scale. In J. Thompson-Hollands (Chair), *Accommodation in PTSD: Assessing the impact of family members' responses to symptoms in the context of PTSD treatment* [Symposium]. 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA, United States.

123 *Lee, J., *Le, Y., **Fredman, S. J.**, *Taverna, E. C., & Marshall, A. D. (2023, November). *PTSD symptoms are associated with couple communication difficulties through fear of emotion*. Poster presented at the 57th annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

122 *Humbach, R., Allen, E. S, & **Fredman, S. J.** (2023, November). *Associations of Service Members' PTSD symptoms, alcohol use, and partner accommodation in military couples.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

121 *Lee, J., *Sloan, C., **Fredman, S. J.**, & Fosco, G. M. (2023, March). *Interparental conflict spillover: Examining parental depression risk pathways*. Poster presented at the biennial meeting of the Society for Research on Child Development, Salt Lake City, UT.

120 *Jenkins, A. I. C., **Fredman, S. J.**, Gamaldo, A. A., & Almeida, D. M. (2022, November). Discrimination, relational tension, and emotional health among partnered Black Americans. In S. McNeil Smith (Chair), *The light of romantic relationships in the shadows of discrimination*. Paper presented at the annual meeting of the National Council on Family Relations. Minneapolis, MN.

119 **Fredman, S. J.** (Chair) (2022, November). *All in the family: New approaches to understanding family-level impacts of military-related PTSD symptoms.* Symposium presented at the 56th annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.

118 **Fredman, S. J.**, *Le, Y., Renshaw, K. D., & Allen, E. S. (2022, November). Longitudinal associations among Service Members' PTSD symptoms, partner accommodation, and partner distress. In S. J. Fredman (Chair), *All in the family: New approaches to understanding family-level impacts of military-related PTSD symptoms.* Symposium presented at the 56th annual meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.

117 *Taverna, E., *Le, Y., **Fredman, S. J.**, Mogle, J. A., Fischer, M. S., Baucom, D. H., & Marshall, A. D. (2022, November). *Responsivity to interviewer during interview-based assessment of intimate partner violence*. Poster presented at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

*Selected for ABCT Couples Special Interest Group Robert L. Weiss Graduate Student Award

116 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Jones, D. E., Feinberg, M. E., & Ammerman, R. T. (2022, November). Parent PTSD symptoms and parenting stress during the perinatal period: Direct association and mediation via relationship conflict over time. In M. Franz (Chair), *PTSD and caregiving among at-risk families: Mechanisms of risk and recovery.* Symposium presented at the 38th Annual International Society for Traumatic Stress Studies Meeting.

115 **Fredman, S. J.**, *Le, Y., Macdonald, A., Monson, C. M., Blount, T., Fina, B., Hall-Clark, B. N., Dondanville, K. A., Mintz, J., Litz, B. T, Young-McCaughan, S., Yarvis, J. S., Keane, T. M., & Peterson, A. L. (2022, November). Relationship-oriented predictors of outcomes from an uncontrolled trial of intensive, multi-couple group therapy for PTSD. In D. Rozek (Chair), *PTSD treatment and interpersonal relationships: Outcomes and opportunities.* Symposium presented at the 38th Annual International Society for Traumatic Stress Studies Meeting.

114 Sijercic, I., Swerdlow, B. A., Liebman, R. E., Ip, J., Baker, S., Whitfield, K., Ennis, N., Sumantry, D., Leifker, F., Straud, C., Rozek, D., **Fredman, S. J.**, Monson, C. M., & Sippel, L. M. Does treating PTSD improve interpersonal relationships? Results from two meta-analyses. In D. Rozek (Chair), *PTSD treatment and interpersonal relationships: Outcomes and opportunities.* Symposium presented at the 38th Annual International Society for Traumatic Stress Studies Meeting.

113 *Jenkins, A. I. C., **Fredman, S. J.**, Gamaldo, A. A., & Almeida, D. M. (2021, November). The effect of partnered Black Americans' relationship interactions on daily positive affect depends on experiences of discrimination and gender. In C. Sloan (Chair), *Utilizing national data to examine romantic relationships across diverse samples, eras, timescales, and contexts*. Symposium presented at the annual meeting of the National Council on Family Relations, online.

112 **Fredman, S. J.**, Meis, L. A., Monson, C. M., & Thompson-Hollands, J. (2021, November). *Maximizing the healing power of partners: Different models for involving loved ones in PTSD treatment* (A. Macdonald, Moderator). Panel discussion conducted at the 37th annual meeting of the International Society for Traumatic Stress Studies, online.

111 Blount, T. H., Fina, B., **Fredman, S.** (2021, August). Providing abbreviated, intensive, multi-couple group cognitive-behavioral conjoint therapy (AIM-CBCT) for PTSD during a pandemic. In A. L. Peterson (Chair), *Adapting and flexing trauma-focused treatments for PTSD during the COVID-19 Pandemic*. Symposium presented at American Psychological Association annual meeting, online.

110 *Jenkins, A. I. C., **Fredman, S. J.**, Gamaldo, A. A., & Almeida, D. M. (2021, July). Black Americans' romantic relationship interactions, daily well-being, and discriminatory experiences. In N. Van Doren (Chair), *Beyond the individual: Racial environments and their impact on health*. Symposium conducted at the biennial meeting of the American Psychological Association Division 45, online.

109 **Fredman, S. J.**, Fischer, M. S., Baucom, D. H., *Le, Y., *Taverna, E. C., Chow, S.-M., & Marshall, A. D. (2020, November). PTSD symptom clusters predict real time emotion regulatory processes in couples with PTSD during relational intimacy. In M. S. Fischer (Chair), *Social processes and psychopathology: Effects of disorders and symptoms on relationships across the lifespan.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, online.

108 *Jenkins, A. I. C., **Fredman, S. J.**, Gamaldo, A. A., & Almeida, D. M. (2020, November). Love, health, and the 'hood: Associations among partnered Black Americans' relationship quality, psychological well-being, and neighborhood quality. In T. M. Rice (Chair), *Black intimacies matter: Black Americans' romantic relationships across societal levels*. Symposium conducted at the annual meeting of the National Council on Family Relations, online.

107 Fitzpatrick, S., **Fredman, S. J.**, Morland, L. A., & Wagner, A. C. (2020, November). *Bridging science and practice to reach trauma survivors and their families: Lessons learned in adapting CBCT for* PTSD (A. Macdonald, Moderator). Panel discussion conducted at the annual meeting of the International Society for Traumatic Stress Studies, online.

106 **Fredman, S. J.**, *Le, Y., *Taverna, E. C., & Marshall, A. D. (2019, November). Gender, fear of emotions, and the association between PTSD symptoms and couples' demand/withdraw. In K. H. Walter (Chair), *The delicate web of dyadic relationships: Understanding and reducing the impact of PTSD*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

105 Macdonald, A., **Fredman, S. J.**, Monson, C. M., *Le, Y., Dondanville, K. A., Rhoades, G. K., and the Consortium to Alleviate PTSD. (2019, November). Pilot study of multi-couple group therapy for PTSD: Changes in PTSD symptom clusters, psychosocial functioning, and health outcomes. In K. H. Walter (Chair), *The delicate web of dyadic relationships: Understanding and reducing the impact of PTSD*. Symposium presented at the annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. M. Keane, B. T. Litz, J. Mintz, B. Niles, A. L. Peterson, K. E. Pruiksma, P. A. Resick, J. D. Roache, D. Taylor, S. Young-McCaughan, & J. S. Yarvis

104 Baucom, D. H., **Fredman, S. J.**, McCready, B., Miklowitz, D. J., & Perry, K. H. (2019, November). *Clinical challenges and opportunities for family involvement in the treatment of adult* psychopathology (M. S. Fischer, Moderator). Clinical roundtable presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

103 Fischer, M. S., **Fredman, S. J.**, Baucom, D. H., *Taverna, E. C., *Le, Y., Chow, S.-M., & Marshall, A. D. (2019, November). *Self-reported emotion regulation difficulties and vocally encoded emotion regulation among couples with PTSD.* Poster presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

102 **Fredman, S. J.** (Chair) (2019, November). *The interpersonal regulation of emotion within couples coping with unique stressors*. Symposium presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

101 **Fredman, S. J.**, Fischer, M. S., Baucom, D. H., *Taverna, E. C., *Le, Y., Chow, S.-M., & Marshall, A. D. (2019, November). Real-time interpersonal linkages in emotional arousal in couples with PTSD during relationship conflict. In S. J. Fredman (Chair), *The interpersonal regulation of emotion within couples coping with unique stressors*. Symposium presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

100 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2019, November). The impacts of sleep and capitalization on new parents' daily relational experiences. In C. Huntington (Chair), *Impacts of relationship transitions on romantic relationship quality and individual wellbeing.* Symposium presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

99 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2019, November). *Predictors of daily capitalization attempts in expectant couples.* Poster presented at the 53rd annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

98 *Jenkins, A. I. C., **Fredman, S. J.**, & McHale, S. M. (2019, November). *Gender differences in the links between religious coping and marital quality in African American couples*. Poster presented at the annual meeting of the National Council on Family Relations, Fort Worth, TX.

97 Bhalla, A., Allen, E.S., & **Fredman, S. J.** (2019, February). *Do female partners accommodate more to male service members' PTSD symptoms when the service member has endured a combat-related TBI?* Poster presented at the annual Rehabilitation Psychology Conference 2019, Orlando FL

96 **Fredman, S. J.**, Marshall, A. D., *Le, Y., Aronson, K. R., Perkins, D. F., & Hayes, J. A. (2018, November). Interpersonal relationship quality mediates the association between military-related posttraumatic stress and academic dysfunction among student veterans. In L. A. Sippel (Chair), *Implications of interpersonal relationships for functioning and treatment among military veterans with PTSD*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.

95 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, November). An open trial of cognitive-behavioral conjoint therapy for PTSD delivered in an intensive weekend format for military and veteran couples. In A. Macdonald (Chair), *The flexible delivery of cognitive-behavioral couple therapy for posttraumatic stress disorder to overcome barriers to care*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis

94 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, November). Secondary individual and relational outcomes from a pilot study of cognitive-behavioral conjoint therapy for PTSD delivered via intensive weekend retreat for military and veteran couples. In G. K. Rhoades (Chair), *Novel, group-based relationship interventions: The use of technology in implementation and preliminary evidence of effectiveness*. Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis

93 *Le, Y., **Fredman, S. J.**, Chow, S.-M., Oravecz, Z., Smith Slep, A. M., Heyman, R. E. (2018, November). Temporal dynamics of anger across two emotion channels in romantic couples. In M. S. Fischer (Chair), *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning.* Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

92 **Fredman, S. J.** (Discussant) (2018, November). In M. S. Fischer (Chair), *Merging theory with methodological advances: Empirical applications of a dynamical systems framework for an in-depth understanding of couple functioning.* Symposium conducted at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

91 Marshall, A. D., *Le, Y., **Fredman, S. J.**, *Taverna, E., Feinberg, M. E., & Jones, D. E. (November 2018). A longitudinal dyadic analysis of posttrauamatic stress disorder symptoms and family aggression. In S. T. LoSavio (Chair), *Thinking beyond the individual: Family impacts of PTSD and its treatment*. Paper presented at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies: Washington, DC.

90 **Fredman, S. J.** (Discussant) (2018, November). In S. T. Losavio (Chair), *Thinking beyond the individual: Family impacts of PTSD and its treatment.* Symposium conducted at the 52nd annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

89 *Jenkins, A. I. C., **Fredman, S. J.**, *Le, Y., Sun, X., Skinner, O. D., & McHale, S. M. (2018, November). *Links between depressive symptoms and marital satisfaction in African American couples*. Lightning paper presented at the annual meeting of the National Council on Family Relations, San Diego, CA.

88 *Le. Y., **Fredman, S. J.**, & Feinberg, M. E. (2018, July). *Effects of capitalization on relational well-being during the transition to parenthood: A dyadic daily diary study.* Paper presented at the annual meeting of the International Association for Relationship Research, Denver, CO.

87 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2017, November). *Daily association between capitalization attempts and relationship intimacy for couples across the transition to parenthood*. Poster presented at the 51st annual meeting of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

86 **Fredman, S. J.**, *Le, Y., Garcia Hernandez, W., Feinberg, M. E., & Ammerman, R. T. (2017, November). Parent PTSD symptoms and child abuse potential during the transition to parenthood: Direct association and mediation via relationship conflict. In L. A. Meis (Chair), *Embracing complexity: How PTSD can shape and be shaped by families.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

85 Pukay-Martin, N. D., **Fredman, S. J., &** Chard, K. A. (2017, November). Partner accommodation of Veterans' PTSD symptoms: Baseline correlates and prediction of couple therapy for PTSD treatment outcomes. In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

84 **Fredman, S. J.** (Discussant) (2017, November). In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

83 *Le. Y., McDaniel, B. T., Leavitt, C. E., **Fredman, S. J.**, & Feinberg, M.E. (2017, June). *Associations between couple relationship quality and coparenting during the transition to parenthood: Micro and macro perspectives.* Paper presented at the annual meeting of the International Association for Relationship Research, Syracuse, NY.

82 **Fredman, S. J.** (Chair) (2016, October). *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

81 **Fredman, S. J.** (Chair) (2016, October). *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

80 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2016, October). Parenting stress mediates the association between neuroticism and harsh parenting: A dyadic approach. In **S. J. Fredman** (Chair), *Two heads are better than one: Novel approaches to the study and treatment of individual psychopathology in a couple context*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

79 **Fredman, S. J.**, *Le, Y., Marshall, A. D., Brick, T. R., & Feinberg, M. E. (2016, October). A dyadic perspective on the associations among PTSD symptoms, perceived couple functioning, and parenting stress. In **S. J. Fredman** (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

78 Allen, E. S., Renshaw, K. D., & **Fredman, S. J.** (2016, October). Mothers' parental buffering in the context of husbands' PTSD. In **S. J. Fredman** (Chair), *Partnering and parenting in the presence of PTSD*. Symposium conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

77 *Le, Y., **Fredman, S. J.,** & Lu, Y. (2016, October). *Refinement of a brief measure of relationship distress for Chinese couple using item response theory*. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

76 Monson, C. M., & **Fredman, S. J.** (2016, October). *Incorporating significant others to maximize PTSD treatment*. Workshop conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

75 Allen, E., Renshaw, K., **Fredman, S.**, Rhoades, G., Markman, H., Stanley, S., & Litz, B. (August, 2016). The interplay of Soldier PTSD symptoms and dyadic accommodation with interpersonal risk for suicide. In Blais, R. (Chair), *Suicide in the military: The relational context of a leading cause of death in service members*. Symposium conducted at the annual meeting of the American Psychological Association, Denver, CO.

74 Bhalla, A., Allen, E., Renshaw, K., **Fredman, S.**, & Kenny, J. (August, 2016). *Accommodation to PTSD symptoms as a predictor of caregiver burden in female partners of service members*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

73 Bhalla, A., Allen, E., Kenny, J., Soberay, K., **Fredman, S.**, & Renshaw, K. (August, 2016). *The role of experiential avoidance in partner accommodation and service member PTSD*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.

72 *Le, Y., **Fredman, S. J.,** & Lu, Y. (2016, July). *Conflict over in-law issues mediates the association between gender-role consensus and relationship distress in Taiwanese couples: A dyadic perspective*. Poster presented at the biennial meeting of the International Association for Relationship Research, Toronto, Ontario, Canada.

71 **Fredman, S. J.** (Chair) (2015, November). *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

70 **Fredman, S. J.** (Chair) (2015, November). *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

69 **Fredman, S. J.** (Discussant) (2015, November). In T. D. Gray (Chair), *Up-armoring families: Disseminating empirically supported relationship interventions for military couples*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

68 **Fredman, S. J.**, Baucom, D. H., Boeding, S. E., & Miklowitz, D. J. (2015, November). Observed appropriate and inappropriate emotional involvement by relatives moderates treatment outcomes for bipolar disorder. In **S. J. Fredman** (Chair), *Beyond self-report: Using couples interaction data to better understand couple aspects of individual psychopathology*. Symposium conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

67 **Fredman, S. J.**, Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Vorstenbosch, V., & Monson, C. M. (2015, November). Partner accommodation moderates treatment outcomes for PTSD. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

66 Renshaw, K. D., Allen E., **Fredman, S. J.**, & Kern, C. (2015, November). Spouses' reasons for accommodation of Service Members' PTSD symptoms: Links with symptom clusters and overall levels of accommodation. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

65 Kenny, J. J., Allen E., **Fredman, S. J.**, & Renshaw, K. D. (2015, November). Two perspectives on accommodation: Partners vs. Service Members. In **S. J. Fredman** (Chair), *Partner accommodation of PTSD symptoms in military and veteran couples*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

64 **Fredman, S. J.**, & Monson, C. M. (2015, November). Cognitive-behavioral conjoint therapy for PTSD. In D. K. Snyder (Chair), *Evidence-based extensions of couple therapy to specific disorders.* Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

63 *Le, Y., **Fredman, S. J.**, & Feinberg, M. E. (2015, November). *Perceived child difficulty mediates the association between mothers' and fathers' neuroticism and overreactive parenting.* Poster presented at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

62 Birkley, E., Pukay-Martin, N. D., **Fredman, S. J.,** Vorstenbosch,, V., Macdonald, A., & Monson, C. M. (2015, November). Trait anger and depression moderate treatment outcomes for cognitive-behavioral conjoint therapy for PTSD. In E. Birkley (Chair), *Moderators of cognitive-behavioral treatments for PTSD: Implications for assessment, intervention and dissemination*. Symposium conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

61 Glynn, S. M., **Fredman, S. J.**, Monson, C. M., Macdonald, A., Beasley, K., Davis, L., & Luedtke, B. (2015, August). Training to promote national dissemination of CBCT for PTSD in the U.S. Department of Veterans Affairs. In C. M. Monson (Chair), *Cognitive-behavioral conjoint therapy for PTSD: Delivery alternatives, outcomes, and dissemination*. Symposium presented at the annual meeting of the American Psychological Association, Toronto, ON.

60 Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. S. H., Pukay-Martin, N. D., Macdonald, A., **Fredman, S. J.**, & Monson, C. M. (2015, August). Posttraumatic growth in cognitive-behavioral conjoint therapy for PTSD. In A. C. Wagner (Chair), *Hope and growth in trauma recovery*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, ON.

59 *Antle, J. M., & **Fredman, S. J.** (2015, April). *Predictors of expressed emotion in relatives of patients with bipolar disorder.* Poster presented at the University of Virginia's L. Starling Reid Undergraduate Psychology Conference, Charlottesville, VA.

58 **Fredman, S. J.**, Glynn, S., Monson, C., & O'Farrell, T. (2014, November). *Evidence-based training in couple therapy in the U.S. Veterans' Administration* (A. Christensen, Moderator). Clinical roundtable presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

57 Kenny, J., Allen, E., **Fredman, S. J.**, Rhoades, G., Kern, C., Glenn, D. A., & Renshaw, K. D. (2014, November). *Comparison of male and female partner perceptions of accommodation to PTSD symptoms*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

56 Glenn, D. A., Allen, E., Renshaw, K. D., **Fredman, S. J.**, Kenny, J., & Kern, C. (2014, November). *Associations between numbing symptoms of PTSD and perceived burdensomeness: The role of partner support*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

55 **Fredman, S. J.** (2014, November). *Treating PTSD using a couple-based approach*. Presentation at the 2014 PA Veterans Forum: Community and Connections, Grantville, PA.

54 Macdonald, A., Wagner, A., Pukay-Martin, N., **Fredman, S.**, & Monson, C. (2014, November). *Changes in trauma-related cognitions with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

53 Wagner, A., Torbit, L., Jenzer, T., Pukay-Martin, N. D., Landy, M., Macdonald, A., **Fredman, S.**, & Monson, C. (2014, November). *Post-traumatic growth with cognitive-behavioral conjoint therapy for PTSD*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

52 Vorstenbosch, V., **Fredman, S. J.**, Macdonald, A., Pukay-Martin, N. D., & Monson, C. M. (2014, March). Effects of cognitive-behavioral conjoint therapy for posttraumatic stress disorder clusters and potential moderators of treatment outcome. In D. Brief (Chair), *Effective treatments for PTSD and co-morbid conditions: Predictors of treatment response*. Symposium conducted at the meeting of the Anxiety Disorders Association of America, Chicago, IL.

51 Pukay-Martin, N. D., Macdonald, A., Wagner, A. C., Wanklyn, S. W., **Fredman, S. J.**, & Monson, C. M. (2013, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Findings for psychological aggression. In K. H. Walter (Chair), *Enhancing interpersonal relationships and quality of life: Critical outcomes of evidence-based PTSD treatments*. Paper presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.

50 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2013, November). Partner outcomes and influences on patient outcomes in cognitive-behavioral conjoint therapy for PTSD. In P. Shnaider (Chair), *Intimate relationships and the treatment of psychopathology: Partner outcomes and influences on patient outcomes in individual and couple-based interventions*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

49 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Macdonald, A., & Monson, C. M. (2013, July). *Effects of cognitive-behavioral conjoint therapy for PTSD on partners' psychological functioning.* Poster presented at the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.

48 **Fredman, S. J.**, Beck, J. G., *Pentel, K. Z., Simon, N. M., & Marques, L. (2012, November). Dyadic communication patterns and PTSD symptom severity following a motor vehicle accident. In S. Boeding (Chair), *Couples and psychopathology: Beyond relationship distress*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

47 **Fredman, S. J.**, Vorstenbosch, V., Macdonald, A., Wagner, A., & Monson, C. M. (2012, November). Partner accommodation of PTSD. In K. D. Renshaw (Chair), *Adjustments to challenges in military couples: Reintegration and PTSD*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

46 *Pentel, K. Z., **Fredman, S. J.**, Simon, N. M., & Kennedy, S. (2012, November). *Patient and provider attitudes towards telemedicine delivery of PTSD treatment for Veterans.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

45 Monson, C. M., **Fredman, S. J.**, Macdonald, A., Pukay-Martin, N.D., Schnurr, P.P., & Resick, P. (2012, November). *Harnessing the healing power of relationships: Results of a randomized controlled trial of Cognitive-Behavioural Conjoint Therapy for PTSD.* Symposium presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

44 Shnaider, P., Pukay-Martin, N. D., **Fredman, S. J.**, Pentel, K. Z., Monson, C. M., Beck, J.G., Simon, N.M., & Marques, L. (2012, November). *Intimate relationship satisfaction, social support and PTSD among MVA Survivors: A longitudinal analysis.* Poster presented at the annual meeting of the International Society of Traumatic Stress Studies, Los Angeles, CA.

43 Belus, J. M., Pukay-Martin, N.D., Wanklyn, S.G., Macdonald, A., **Fredman, S. J.**, & Monson, C.M. (2012, November). *Do treatment-related positive and negative cognitive changes predict PTSD symptom changes?* Poster presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

42 **Fredman, S. J.**, Marques, L., *Pentel, K. Z., Hayes, M., & Simon, N. M. (2012, April). *Dyadic communication predicts PTSD symptoms after MVA.* Poster presented at the annual meeting of the Anxiety Disorders Association of America, Crystal City, VA.

41 **Fredman, S. J.** (Discussant) (2011, November). In C. Caska & K. D. Renshaw (Chairs), *Family accommodation in obsessive compulsive disorder.* Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON.

40 Monson, C. M., Gradus, J. L., **Fredman, S.**, Wanklyn, S. G., & Resick, P. (2011, November). PTSD and intimate relationship status and functioning in men and women veterans serving in Operation Enduring and Iraqi Freedom. In D. Snyder (Chair), *Emerging evidence regarding PTSD and relationship functioning in OEF/OIF combat veterans*. Symposium presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.

39 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among U.S. military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.

38 Monson, C. M., **Fredman, S. J.**, Macdonald, A., Schnurr, P. P., Resick, P. A., MacDonald, H. Z., . . . Wagner, A. (2011, November). Cognitive-behavioral conjoint therapy for PTSD: Results from a randomized controlled trial. In L.K. Kachadourian (Chair), *Couples issues and interventions in trauma populations*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.

37 Schumm, J. A., **Fredman, S. J.**, & Monson, C. M. (2011, November). Cognitive-behavioral conjoint therapy for PTSD among US military veterans. In K. D. Renshaw (Chair), *PTSD and relationship functioning in military couples: Mediators, moderators, and treatment*. Symposium presented at the annual meeting of the International Society for Traumatic Stress, Baltimore, MD.

36 **Fredman, S. J.** (2011, August). *Telemedicine delivery of cognitive-behavioral conjoint therapy for PTSD*. Paper presented at the annual meeting of the IEEE Engineering in Medicine and Biology, Boston, MA.

35 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, June). Cognitive-behavioural conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In C. M. Monson (Chair), *Couple-based interventions for individual problems: Achieving multiple outcomes*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.

34 **Fredman, S. J.**, Vorstenbosch, V., Wagner, A. C., & Monson, C. M. (2011, June). Behavioral accommodation and symptoms of posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.

33 Macdonald, A., **Fredman, S. J.**, Brown-Bowers, A., Wanklyn, S. G., Monson, C. M. (2011, June). Relationship functioning among couples receiving cognitive behavioral conjoint therapy for posttraumatic stress disorder. In A. Macdonald (Chair), *Understanding the role of significant others in the expression and treatment of PTSD*. Symposium presented at the annual meeting of the Canadian Psychological Association, Toronto, ON.

32 Monson, C. M., & **Fredman, S.J.** (2011, March). *Incorporating significant others into cognitive-behavioral therapy for posttraumatic stress disorder*. Workshop presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA

31 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V., Wagner, A., . . . Schnurr, P. P. (2011, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder. In D. M. Sloane & B. P. Mark (Chairs), *Recent innovations in the PTSD treatment research*. Symposium presented at the annual meeting of Anxiety Disorders Association of America, New Orleans, LA.

30 **Fredman, S. J**., Monson, C. M., & *Adair, K. C. (2010, November). Application of cognitive-behavioral conjoint therapy for PTSD to OEF/OIF Couples. In D. K. Snyder (Chair), *Extending evidence-based assessment and interventions to military couples and families.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

29 Monson, C. M., **Fredman, S. J.**, *Adair, K. C., MacDonald, H. Z., Macdonald, A., Vorstenbosch, V.,… Schnurr. P. P. (2010, November). *Cognitive-behavioural conjoint for PTSD: Results from an ongoing RCT*. Paper presented at the annual meeting of the Canadian Military Veterans Health Research Forum, Kingston, ON.

28 Macdonald, A., Monson, C., **Fredman, S. J.**, *Adair, C., MacDonald, H., Resick, P. & Schnurr, P (2010, November). Psychological and low-level physical aggression among couples seeking cognitive-behavioral couple therapy for posttraumatic stress disorder. In J. A. Schumm (Chair), *Intimate partner violence in couples with trauma*. Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Montreal, QC, Canada.

27 **Fredman, S. J.**, Monson, C. M., Stevens, S. P., Schnurr, P. P., Resick, P. A., *Adair, K. C., MacDonald, H. Z., Macdonald, A. (2010, March). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from an ongoing randomized controlled trial. In R. Weatherill (Chair), *Couples-based interventions for Returning Veterans with PTSD.* Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, Baltimore, MD.

26 *Adair, K. C., **Fredman, S. J.**, & Monson, C. M. (2010, January). *Mindfulness, willingness to experience affect and relationship satisfaction*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

25 Monson, C. M., **Fredman, S. J.**, Stevens, S., Resick, P., *Adair, K. C. & MacDonald, H. (2009, November). Cognitive-behavioral conjoint therapy for PTSD: Initial findings from a community sample. In S. L. Sayers (Chair), *Intimate relationships and understanding responses to trauma.* Symposium conducted at the annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.

24 **Fredman, S. J.**, Monson, C. M., & *Adair, K. C. (2009, November). The development of a new measure to assess family accommodation to symptoms of posttraumatic stress disorder. In S. L. Sayers (Chair), *Understanding the marital context of the impact of combat deployment.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

23 Monson, C. M., **Fredman, S. J.**, Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., & Schnurr, P. P. (2009, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Results from a pilot study.* Paper presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.

22 Monson, C. M., & **Fredman, S. J.** (2009, March). *Maximizing PTSD treatment by incorporating significant others.* Workshop presented at the annual meeting of the Anxiety Disorders Association of American, Albuquerque, NM.

21 Monson, C. M., & **Fredman, S. J.** (2008, November). *Maximizing PTSD treatment by incorporating significant others.* Workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

20 **Fredman, S. J.**, Monson, C. M., Stevens, S. P., MacDonald, H. Z., *Adair, K. C., Resick, P. A., Schnurr, P. P., & O'Farrell, T. J. (2008, November). Cognitive-behavioral conjoint therapy for posttraumatic stress disorder: Pilot study results. In C. M. Monson (Chair), *Innovations in couple therapy for individual psychopathology.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

19 *Adair, K. C., **Fredman, S. J.**, Monson, C. M., Gradus, J. L., Taft, C. T., Watkins L., & Resick, P. A. (2008, November). *The role of depression and PTSD in sexual dysfunction for men and women following robbery.* Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Orlando, FL.

18 **Fredman, S. J.**, & Abramowitz, J. S. (2008, August). *Enhancing cognitive-behavioral treatment of obsessive-compulsive disorder using a couple-based approach*. Workshop presented at the annual meeting of the Obsessive Compulsive Foundation, Boston, MA.

17 **Fredman, S. J.**, Baucom, D. H., & Miklowitz, D. J. (2007, November). The role of observed emotional involvement in relatives of patients with bipolar disorder: Implications for treatment outcome. In **S. J. Fredman** (Chair), *Psychopathology in a family context*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

16 Stanton, S. E., Baucom, D. H., Sher, T. G, & **Fredman, S. J.** (2007, November). *Social support and dietary changes in a couples-based treatment for coronary artery disease.* Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

15 Kirby, J. S., Baucom, D. H., Pukay-Martin, N. D., **Fredman, S. J.**, Gremore, T. M., Porter, L.S, & Keefe, F. J. (2007, November). *Important factors in men's psychological responses to women's breast cancer.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

14 Monson, C. M., **Fredman, S. J.**, Schumm, J. A., Taft, C. T., & Resick, P. A. (2007, November). *Can trauma enhance a relationship? Associations among trauma exposure, PTSD, and intimate relationship functioning.* Paper presented at the annual meeting of the International Society for Traumatic Stress Studies.

13 Abramowitz, J. S., & **Fredman, S. J.** (2007, March). *Enhancing cognitive-behavioral treatment of anxiety disorders using a couple-based approach*. Workshop presented at the annual meeting of the Anxiety Disorders Association of America, St. Louis, MO.

12 Baucom, D. H., Pukay-Martin, N., Kirby, J. S., Porter, L. S., **Fredman, S. J.**, Gremore, T. M., & Keefe, F. J. (2006, September). *The impact of serious illness on the other partner: Males and breast cancer.* Paper presented at the annual meeting of the European Association for Behavioral and Cognitive Therapies, Paris, France.

11 **Fredman, S. J.**, Baucom, D. H., Kallman, T., Gremore, T., Castellani, A., Wiesenthal, N. L., et al. (2005, November). *Couples and breast cancer: Getting services to those who need them*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

10 **Fredman, S. J.**, Baucom, D. H., & Miklowitz, D. J. (2004, November). *Emotional involvement/overinvolvement in relatives of patients with bipolar disorder*. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

9 Baucom, D. H., Hahlweg, K., & **Fredman, S. J.** (2003, November). *Prediction of relationship distress following premarital intervention: If you're not happy, deal with it!* Poster presented at annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

8 Chambless, D. L., **Fredman, S. J.**, & Steketee, G. (2002, November). *Confirmatory factor analysis of emotional overinvolvement in relatives of anxious outpatients*. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

7 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2002, November). *Using the KPI to assess the validity of an observational coding system of emotional overinvolvement.* Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

6 **Fredman, S. J.**, Chambless, D. L., & Steketee, G. (2001, November). *Observational coding system of emotional overinvolvement in the relatives of outpatients with OCD and agoraphobia*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

5 Chambless, D. L., Steketee, G., & **Fredman, S. J.** (2001, July). *Observed marital/family interaction in relationship to treatment outcome for agoraphobia and obsessive-compulsive disorder*. Poster presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

4 **Fredman, S. J.**, Fava, M., Kienke, A. S., White, C. N., & Rosenbaum, J. F. (2000, May). *A survey of clinicians' approaches to long-term treatment with antidepressants*. Paper presented at the annual meeting of the American Psychiatric Association, Chicago, IL.

3 **Fredman S. J.**, Rosenbaum, J. F., Fava, M., White, C. N., Mishcoulon, D., Herman, J.B., & Nierenberg, A. A. (1999, May). *Do psychiatrists raise the dose when SSRIs don't work?* Poster presented at the annual meeting of the American Psychiatric Association, Washington, D.C.

2 Hirshfeld-Becker, D. R., Gould, R., Reilly-Harrington, N., Morabito, C., Cosgrove, V., Guille, C., **Fredman, S. J.**, & Sachs, G. (1998, November). *Short-term adjunctive cognitive-behavioral group therapy for bipolar disorder: Preliminary results from a controlled trial*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.

1 **Fredman, S. J.**, Hirshfeld, D. R., & Rosenbaum, J. F. (1998, June). *Extreme childhood shyness in agoraphobic adults*. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Ontario, Canada.

INVITED PRESENTATIONS:

92 **Fredman, S. J.** (2026, January). *Interpersonal considerations in PTSD treatment: Significant other accommodation of PTSD symptoms - novel findings and their treatment implications*. Knowledge Hour Series. Nellie Health, online

91 **Fredman, S. J.** (2025, November). *Interpersonal considerations in PTSD treatment: Intervention strategies to enhance outcomes*. Knowledge Hour Series. Nellie Health, online

90 **Fredman, S. J.** (2025, October). *Cognitive-behavioral conjoint therapy for PTSD: A 3-for-1 approach for treating PTSD, improving partner well-being, and enhancing intimate relationship functioning*. San Antonio Combat PTSD Conference. San Antonio, TX.

89 Grace, G., Yadin, E., Engel, S. D., **Fredman, S.,** Rothbaum, B. O., & Norman, S. (2025, October). *Ask an expert clinician* (B. Niles, Moderator). Panel discussion conducted at the San Antonio Combat PTSD Conference, San Antonio, TX.

88 **Fredman, S. J.** (2025, September). *Interpersonal considerations in PTSD treatment: Case conceptualization and assessment*. Knowledge Hour Series. Nellie Health, online

87 **Fredman, S. J.** (2025, August). *Harnessing the healing power of relationships to recover from PTSD*. Student Veteran Boot Camp, Office of Veterans Affairs, The Pennsylvania State University, University Park, PA.

86 Monson, C. M., & **Fredman, S. J.** (2025, May). *Advanced workshop in cognitive-behavioral conjoint therapy for PTSD*. Nellie Health, online.

85 McFeely, E. Thornton-Roop, R., Imburgia, T., Ochoa, A., & **Fredman, S. J.** (2025, May). *Understanding the experiences of military-connected Penn Staters* (B. Manning, Moderator). Penn State Office of Strategic Communications annual meeting, The Pennsylvania State University, University Park, PA.

84 **Fredman, S. J.** (2025, March). *Two heads may be better than one: The case for including significant others in treatment for PTSD*. Center for Healthy Aging Geroscience Consortium Spring Colloquium, The Pennsylvania State University, University Park, PA.

83 **Fredman, S. J.** (2024, October). *Longitudinal associations among service members' PTSD symptoms, partner accommodation, and partner distress*. Battlemind to Home Summit, Purdue University, Indianapolis, IN.

82 Monson, C. M., & **Fredman, S. J.** (2024, May). *Cognitive-behavioral conjoint therapy for PTSD: Maximizing PTSD treatment by incorporating significant others*. Nellie Health, online.

81 **Fredman, S. J.** (2023, November). *Introduction to cognitive-behavioral conjoint therapy for PTSD*. Cognitive-Behavioral Couple Therapy practicum, Department of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, NC.

80 Monson, C. M., & **Fredman, S. J.** (2023, October). *Cognitive-behavioral couple therapy (CBCT): An evidence-based treatment for improving relationship functioning*. Nellie Health, online.

79 **Fredman, S. J.** (2023, October). *Randomized controlled trial of intensive multi-couple therapy for PTSD versus relationship education in military couples*. San Antonio Combat PTSD Conference, San Antonio, TX

78 **Fredman, S. J.** (2023, October). *Interpersonal considerations in PTSD treatment: Case conceptualization and intervention strategies to enhance outcomes*. STRONG STAR Training Initiative, UT Health San Antonio, online

77 **Fredman, S. J.** (2023, September). *Partner accommodation in PTSD: An update on clinical considerations when delivering CBCT for PTSD*. VA Family Services Advanced Topics Series on cognitive-behavioral conjoint therapy for PTSD, online.

76 **Fredman, S. J.** (2023, June). *CBCT for PTSD clinical considerations*. Presentation for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD online training, online.

75 **Fredman, S. J.** (2023, June). *Incorporating significant others into treatment for PTSD*. Department of Psychology, Philipps-Universität Marburg, Germany, online.

74 Boritz, T., Fitzpatrick, S., **Fredman, S. J.**, Monson, C. M., & Naegele, K. (2023, January). *Crossing the divides: Case conceptualization and treatment across five models*. Nellie Health, online.

73 **Fredman, S. J.** (2023, January). *Strategies for success during the KL2 training award*. Penn State Clinical and Translational Science Institute (CTSI) Translational Science KL2 Seminar, University Park, PA.

72 **Fredman, S. J.** (2022, December). *Partner accommodation in PTSD*. Family Mental Health Community of Practice Seminar, VA San Diego Healthcare System, online.

71 **Fredman, S. J.** (2022, November). *CBCT for PTSD clinical considerations*. Presentation for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD online training, online.

70 **Fredman, S. J.** (2022, September). *Introduction to cognitive-behavioral conjoint therapy for PTSD*. Cognitive-Behavioral Couple Therapy practicum, Department of Psychology, University of North Carolina at Chapel Hill, Chapel Hill, NC.

69 **Fredman, S. J.** (2022, September). *Partner accommodation in PTSD: Clinical considerations when delivering CBCT for PTSD*. VA Family Services Advanced Topics Series on cognitive-behavioral conjoint therapy for PTSD, online.

68 **Fredman, S. J.** (2022, July). *Cognitive-behavioral conjoint therapy for PTSD refresher*. Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, online.

67 **Fredman, S. J.** (2022, April). *Using the voice as a window into matters of the heart: A novel methodology for investigating emotion regulatory processes in PTSD*. Penn State Clinical and Translational Science Institute (CTSI) Translational Science KL2 Seminar, online.

66 Foa, E., **Fredman, S.,** Litz, B., Sloan, D., & Wachen, J. S. (2021, October). *Addressing moral issues across evidence-based treatments for PTSD* (S. Young-McCaughan, Moderator). Panel discussion conducted at the San Antonio Combat PTSD Conference annual meeting, online.

65 **Fredman, S. J.** (2021, September). *CBCT for PTSD clinical considerations*. Presentation for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD online training, online.

64 **Fredman, S. J.** (2020, October). *Enhancing individual and couple well-being during COVID-19 using cognitive behavioral couple therapy*. Presentation for Harvard Medical School's workshop "Mental wellness for health professionals: COVID-19 response and strategies for the future," online.

63 **Fredman, S. J.** (2020, September). *Family accommodation in PTSD*. Presentation for VA Family Services Advanced Family Topics Seminar Program, online.

62 **Fredman, S. J.** (2020, September). *CBCT for PTSD clinical considerations*. Presentation for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, online.

61 Monson, C. M., & **Fredman, S. J.** (2020, July). *Cognitive-behavioral conjoint therapy for PTSD refresher*. Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, online.

60 **Fredman, S. J.** (2019, September). *Interpersonal considerations in the treatment of PTSD*. Workshop presented for clinicians at the Penn State Counseling and Psychological Services, University Park, PA.

59 **Fredman, S. J.** (2019, August). *CBCT for PTSD clinical considerations*. Presentation for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, online.

58 **Fredman, S. J.** (2019, July). *A couple-based approach to the treatment of PTSD*. Presentation at the Women's Health Sciences Division of the VA National Center for PTSD, Boston, MA.

57 **Fredman, S. J.** (2018, November). *Promoting recovery from PTSD*. Presentation as part of the Penn State Office of Adult Learners Military Appreciation Week activities, University Park, PA.

56 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD (2018, October). *Intensive multi-couple group treatment of PTSD: A pilot study*. Plenary presentation at the 3rd annual San Antonio Combat PTSD Conference, San Antonio, TX.

*Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis

55 Foa, E., **Fredman, S.**, Litz, B., Peterson, A., Schnurr, P., Sloan, D., & Wachen, J. (2018, October). *Expert perspectives on PTSD treatment and research* (K. Dondanville, Moderator). Panel discussion at the 3rd annual San Antonio Combat PTSD Conference, San Antonio, TX.

54 **Fredman, S. J.** (2018, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Salt Lake City, UT.

53 **Fredman, S. J.**, Macdonald, A., Monson, C. M., Rhoades, G. K., Dondanville, K. A., & the Consortium to Alleviate PTSD. (2018, June). Outcomes of a multi-couple group intervention for PTSD. In A. L. Peterson (Chair), *Progress in the treatment of PTSD in post-9/11 service members: A 2018 symposium update of results from the South Texas Research Organizational Network Guiding Studies on Trauma and Resilience (STRONG STAR)*. Symposium presented at the San Antonio Military Health System Universities Research Forum (SURF), San Antonio, TX. *Consortium to Alleviate PTSD group authors include (alphabetically): T. Blount, B. Fina, B. Hall-Clark, A. Hancock, T. Keane, B. T. Litz, C. McGeary, J. Mintz, B. Niles, A. L. Peterson, P. A. Resick, J. D. Roache, S. Young-McCaughan, J. Wachen, & J. S. Yarvis

52 **Fredman, S. J.** (2018, June). *Preparing for a PTSD-informed version of Family Foundations*. Presentation given at the 1st annual Co-Parenting Conference, Washington, DC.

51 **Fredman, S. J.** (2018, April). *When clinical psychology met HDFS: New directions for studying the couple context of PTSD*. Presentation given at Prevention Research Center Colloquium, Penn State University, University Park, PA.

50 **Fredman, S. J.** (2018, January). *The dyadic context of PTSD: Implications for parenting and co-parenting during the early childhood years*. Presentation given at Developmental Psychology Colloquium, Penn State University, University Park, PA.

49 **Fredman, S. J.** (Chair) (2017, October). *Situating service members and veterans within a couple and family context: Implications for assessment, treatment, and broader family well-being*. Symposium conducted at the 2nd annual San Antonio Combat PTSD Conference, San Antonio, TX.

48 **Fredman, S. J.** (2017, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Orlando, FL.

47 Monson, C. M., & **Fredman, S. J.** (2017, January). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA dissemination and implementation of cognitive-behavioral conjoint therapy for PTSD, Phoenix, AZ.

46 **Fredman, S. J.** (2016, October). *Using expressed emotion to inform family-based treatment for individual psychopathology: The importance of context.* Presentation given at "A Festschrift Celebrating the Life, Career, Mentorship, and Works of Dianne Chambless, Ph.D.," Department of Psychology, University of Pennsylvania, Philadelphia, PA.

45 **Fredman, S. J.** (2016, October). *Multi-couple group intervention for PTSD.* Presentation given at the Assessment and Treatment of Combat-Related PTSD and Comorbid Conditions Conference, Department of Psychiatry and Military Health Institute, University of Texas Health Science Center at San Antonio, San Antonio, TX.

44 **Fredman, S. J.** (2016, July). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder overview.* Workshop presented at the Altoona VA Medical Center, Altoona, PA.

43 **Fredman, S. J.** (2016, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, San Diego, CA.

42 **Fredman, S. J.**, & Banks-Williams, L. (2015, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Joint Bolling-Anacostia Air Force Base, Washington, DC.

41 Monson, C. M., & **Fredman, S. J.** (2015, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Minneapolis, MN.

40 Monson, C. M., & **Fredman, S. J.** (2014, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Dallas, TX.

39 **Fredman, S. J.** (2014, June). *Treating PTSD using a couple-based approach*. Presentation at the Centre Country Veterans Affairs Office, Centre County Council for Human Services, and Link to Aging and Disability Resource Center workshop on services available to veterans and their families, State College, PA.

38 **Fredman, S. J.**, & Monson, C. M**.** (2014, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

37 **Fredman, S. J.**, & Monson, C. M**.** (2013, December). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

36 Monson, C. M., & **Fredman, S. J.** (2013, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented for VA implementation of cognitive-behavioral conjoint therapy for PTSD, Atlanta, GA.

35 **Fredman, S. J.**, & Monson, C. M**.** (2013, June). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

34 **Fredman, S. J.** (2013, April). *Cognitive behavioral couple therapy for PTSD.* Presentation at MGH Psychiatry Academy conference on *Anxiety, trauma, and bereavement: Recent advances in evidence-based treatment*. Boston, MA.

33 **Fredman, S. J.** (2013, April). *Treating PTSD using a couple-based approach*. Presentation at the National Research Summit on Reserve Component Military Families, Ann Arbor, MI.

32 **Fredman, S. J.** (2013, March). *Cognitive-behavioral therapy for PTSD*. Seminar provided as part of workshop for healthcare providers on *Evidence-based management of trauma and stress following a disaster*, Newtown, CT.

31 **Fredman, S. J.**, & Monson, C. M**.** (2013, February-March). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

30 **Fredman, S. J.**, & Monson, C. M**.** (2012, September-October). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

29 **Fredman, S. J.**, & Schumm, J. A. (2012, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Wright-Patterson Air Force Base, Dayton, OH.

28 **Fredman, S. J.**, & Monson, C. M**.** (2012, April-May). *Cognitive-behavioral couple therapy*. Four-part, web-based training on behalf of Massachusetts General Hospital Psychiatry Academy, Boston, MA.

27 **Fredman, S. J.** (2012, March). *Couple therapy for PTSD: Harnessing the healing power of relationships.* Presentation to Clinical Psychology Program, Texas A&M University, College Station, TX.

26 **Fredman, S. J.** (2012, March). *Keeping military families emotionally strong: Couple therapy for PTSD.* Presentation as part of Red Sox Foundation/Massachusetts General Home Base Program and National Center for PTSD Home Front Series, Boston, MA.

25 **Fredman, S. J.**, & Beasley, K. (2012, March). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Lackland Air Force Base, San Antonio, TX.

24 **Fredman, S. J.**, & Beasley, K. (2012, February). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Andrews Air Force Base, Clinton, MD.

23 **Fredman, S. J.** (2011, December). *Maximizing cognitive-behavioral treatment for obsessive-compulsive disorder by incorporating significant others*. Presentation to Massachusetts General Hospital OCD Research Group, Boston, MA.

22 **Fredman, S. J**. (2011, October). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Presentation to McLean Hill Center for Women, Boston, MA.

21 **Fredman, S. J.** (2011, October). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Presentation to Massachusetts General Hospital Psychotherapy Research Group, Boston, MA.

20 **Fredman, S. J.** (2011, October-December). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Six-week workshop presented to Massachusetts General Hospital Couples Reflecting Team, Boston, MA.

19 Monson, C. M., & **Fredman, S. J.** (2011, September). *Master clinician training for cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.

18 Monson, C. M., & **Fredman, S. J.** (2011, August). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to Veterans Administration clinicians and community-based providers, Massachusetts General Hospital, Boston, MA

17 Monson, C. M., & **Fredman, S. J.** (2011, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Walter Reed Army Medical Center, Washington, DC.

16 **Fredman, S. J.** (2011, March). *PTSD and its impact on family relationships*. Presentation to family members of veterans and service members with PTSD sponsored by the Red Sox Foundation/MGH Home Base Program, Boston, MA

15 **Fredman, S. J.** (2011, February). *PTSD and the co-parenting dyad*. Presentation to the Massachusetts Society for the Prevention of Cruelty to Children, Boston, MA.

14 **Fredman, S. J.**, & MacDonald, H. Z. (2010, September). *Using the SCID in a Veteran Population*. Presentation to National Center for PTSD Internship and Fellowship Program, VA Boston Healthcare System, Boston, MA

13 Monson, C. M., & **Fredman, S. J.** (2010, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented at the VA Boston Healthcare System, Boston, MA

12 Monson, C. M., & **Fredman, S. J.** (2010, September). *Master clinician training in cognitive-behavioral conjoint therapy for posttraumatic stress disorder*. Workshop presented to U.S. Air Force and Veterans Administration clinicians, San Antonio, TX.

11 Monson, C. M., & **Fredman, S. J.** (2010, September). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented to Strong Star Research Consortium, University of Texas Health Sciences Center, San Antonio, TX

10 **Fredman, S. J.** (August, 2010). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented to Social Work Department at VA Palo Alto Healthcare System, Palo Alto, CA

9 Monson, C. M., & **Fredman, S. J.** (2010, June). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Andrews Air Force Base, Washington, DC.

8 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Hickham Air Force Base, Honolulu, HI

7 **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Wright-Patterson Air Force Base, Dayton, OH

6 Monson, C. M., & **Fredman, S. J.** (2009, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Travis Air Force Base, San Francisco, CA

5 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Lackland Air Force Base, San Antonio, TX

4 Monson, C. M., & **Fredman, S. J.** (2009, April). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at Family Advocacy Program, San Antonio, TX.

3 **Fredman, S. J**. (2008, September). *Cognitive-behavioral treatment of panic disorder with agoraphobia*. Presentation to Harvard South Shore Residency Program/Brockton VA, Brockton, MA

2 Monson, C. M., & **Fredman, S.J.** (2008, May). *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder.* Workshop presented at the National Center for Posttraumatic Stress Disorder, Executive Division, White River Junction, VT

1 **Fredman, S. J.** (2007, September). *Couple/family-based assessment strategies for individual psychopathology.* Paper presented at the annual meeting of the Klaus Grawe Think Tank, Zuoz, Switzerland.

MEDIA COVERAGE (RESEARCH FEATURES AND INTERVIEWS)

20 Gallagher, Thea (October 13, 2025). PTSD and the couple relationship. SiriusXM Doctor Radio "Psychiatry" Show. https://www.siriusxm.com/channels/doctor-radio

19 Neuroscience News (March 31, 2025). Fear of emotions fuels ptsd-related conflict in romantic relationships. https://neurosciencenews.com/ptsd-communication-relationships-28528/

18 Wagner, Aaron (March 31, 2025). PTSD can undermine healthy couple communication when people fear their emotions. https://www.psu.edu/news/health-and-human-development/story/ptsd-can-undermine-healthy-couple-communication-when-people-fear

17 Sheaffer, Scott (November 8, 2024). Study tests novel approach to PTSD treatment that helps individuals and spouses. https://www.psu.edu/news/health-and-human-development/story/study-tests-novel-approach-ptsd-treatment-helps-individuals-and

16 Mirasol, Madeline (March 30, 2023). Early-stage investigator training program (KL2): Steffany Fredman interview. https://www.psu.edu/news/academics/story/early-stage-investigator-training-program-kl2-steffany-fredman-interview/

15 Sheridan, Jonathan (October 17, 2022). Normalize PTSD podcast. PTSD and interpersonal relationships. Retrieved from: https://www.buzzsprout.com/1996135/11511637-25_ptsd-and-interpersonal-relationships-with-dr-steffany-fredman

14 Kecmanovic, Jelena (April 21, 2021). 'I started crying uncontrollably': Dealing with mixed emotions over the pullout from Afghanistan. Retrieved from https://www.washingtonpost.com/lifestyle/wellness/afghanistan-conflicting-emotions-troops-home/2021/04/20/b1a2a250-a1f2-11eb-85fc-06664ff4489d_story.html

13 Brennan, Sara (February 23, 2021). Trainee Spotlight: August Jenkins' research on discrimination and neighborhood context. Retrieved from https://www.prevention.psu.edu/news/trainee-spotlight-august-jenkins-making-connections-between-relationship-quality-and-psychological-health-among-african-americans

12 Cross, Nicole (September 27, 2020). Understanding PTSD and its effects on relationships (Part 1). Retrieved from https://spectrumlocalnews.com/tx/austin/in-focus-shows/2020/09/27/understanding-ptsd-and-its-effects-on-relationships

11 Cross, Nicole (September 27, 2020). Two-day therapy retreat helps treat PTSD and improve relationships (Part 2). Retrieved from https://spectrumlocalnews.com/tx/austin/in-focus/2020/09/27/two-day-therapy-retreat-helps-treat-ptsd-and-improve-relationships

10 Baucum, Emily (August 28, 2020). New form of PTSD therapy could be game changer for military couples. Retrieved from https://news4sanantonio.com/news/trouble-shooters/new-form-of-ptsd-therapy-could-be-game-changer-for-military-couples

9 Fohn, Roseanne (August 24, 2020). Study shows promise for two-day therapy that treats PTSD and improves relationships. Retrieved from https://news.uthscsa.edu/study-shows-promise-for-two-day-therapy-that-treats-ptsd-and-improves-relationships/

8 Sheaffer, Scott. (August 24, 2020). Study shows promise for two-day therapy to treat PTSD, improve relationships. Retrieved from https://news.psu.edu/story/629394/2020/08/24/research/study-shows-promise-two-day-therapy-treat-ptsd-improve

7 Congressionally Directed Medical Research Program, Military Operational Medicine, JPC-5 (August 19, 2020). Finding love again after PTSD: Intensive group couple therapy for PTSD. Retrieved from https://cdmrp.army.mil/dmrdp/research_highlights/20fredman_highlight

6 Dolan, Eric. (2020, June 19). New study highlights important links between depressive symptoms, Black identity and martial satisfaction in African-American couples. Retrieved from: https://www.psypost.org/2020/06/new-study-highlights-important-links-between-depressive-symptoms-black-identity-and-marital-satisfaction-in-african-american-couples-57083

5 Clinicians Trauma Update (February 2020). Promising findings for couples therapy for PTSD delivered in a weekend retreat. Retrieved from https://www.ptsd.va.gov/publications/ctu_docs/ctu_v14n1.pdf

4 Military Operational Medicine (JPC-5). (November 14, 2018). 2018 San Antonio Combat PTSD Conference draws record attendance, delivers a powerful program. Retrieved from https://cdmrp.army.mil/dmrdp/research_highlights/18strongstar_highlight

3 Salem, Tala. (2018, May 23). Posttraumatic stress disorder affects academics. Retrieved from https://www.usnews.com/news/health-care-news/articles/2018-05-23/post-traumatic-stress-disorder-affects-academics

2 Miller, Marjorie (2017, November 10). Research looks at new treatment for military personnel with PTSD. Retrieved from http://news.psu.edu/story/493394/2017/11/10/research/penn-state-researcher-looks-new-treatment-military-personnel-ptsd

1 *WPSU Conversations Live: A Time to Heal* (2017, September 14). Television interview following screening of *A Time to Heal* documentary. http://atimetoheal.wpsu.org/documentary/

PROFESSIONAL MEMBERSHIPS:

American Psychological Association
Association for Behavioral and Cognitive Therapies
International Society for Traumatic Stress Studies

PROFESSIONAL SOCIETIES: OFFICES AND COMMITTEE ASSIGNMENTS

2025-present	Program Committee, Association for Behavioral and Cognitive Therapies
2022-present	Faculty Mentor, Association for Behavioral and Cognitive Therapies Couples Special Interest Group Mentoring Program
2021-2023	Chair, Early Career Contributions to Couple Relationships Award Committee, Association for Behavioral and Cognitive Therapies Couples Special Interest Group
2016	Review Committee, International Society for Traumatic Stress Studies Annual Meeting
2015-2017	Program Committee, Association for Behavioral and Cognitive Therapies
2012-2013	Steering Committee, National Research Summit on Reserve Component Military Families
2011-2014	Co-President, Association for Behavioral and Cognitive Therapies Couples Special Interest Group
2011-2015	Reviewer, American Psychological Association, Division 56, Trauma Psychology conference submissions
2010-2012	Reviewer, Anxiety Disorders Association of America individual presentation and poster submissions for annual meeting

EDITORIAL BOARD EXPERIENCE

2018-present Consulting Editor, *Journal of Family Psychology*

AD HOC REVIEWER:

Behavior Therapy; Behaviour Research and Therapy; Clinical Psychology Review; Couple and Family Psychology: Research and Practice; Depression and Anxiety; Family Process; Journal of Consulting and Clinical Psychology; Journal of Family Psychology; Journal of Obsessive and Compulsive Disorders; Journal of Psychopathology and Clinical Science; Journal of Social and Personal Relationships; Journal of Traumatic Stress; Psychological Trauma: Theory, Research, and Practice, and Policy; Psychiatry Research; Psychological Science

GRANT REVIEWS:

2022 Invited Reviewer, Behavioral Health and Community Reintegration Merit Review Panel, Rehabilitation Research and Development (RR&D) Service, VA Office of Research and Development, U.S. Department of Veterans Affairs

2016 Invited Reviewer, World Trade Center Health Program Special Emphasis Panel (SEP), World Trade Center Health Program, Centers for Disease Control (CDC)/National Institute for Occupational Safety and Health (NIOSH), Atlanta, GA

DEPARTMENTAL AND UNIVERSITY COMMITTEES:

2025-present Graduate Program Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2024-2025 Promotion and Tenure Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2024-2025 Research Day Planning Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2023-2024 Admissions Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2022-2023 Sabbatical
2021-2022 Promotion and Tenure Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2020-2021 Committee for Justice, Equity, Diversity, and Inclusion, Department of Human Development and Family Studies, The Pennsylvania State University
2020 Rapid Promotion and Tenure Review Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2018-2020 Program Planning, Development, and Evaluation Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2017-2018 Family Science Area Faculty Search Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2016-2017 Program Planning, Development, and Evaluation Committee, Department of Human Development and Family Studies, The Pennsylvania State University
2014-2016 Admissions Committee, Department of Human Development and Family Studies, The Pennsylvania State University

TEACHING:

2014 - present: Instructor
The Pennsylvania State University
The Helping Relationship (HDFS 411)
Developmental Problems in Adulthood/Adult Psychopathology (HDFS 413)
Aggression in Romantic Relationships (HDFS 497G)
Best Practices in Prevention/Couple-Based Interventions (HDFS 508)

2003-2004 Graduate Supervisor
University of North Carolina at Chapel Hill
Cognitive-Behavioral Couple Therapy Practicum
(Faculty instructor: Don Baucom, Ph.D.)

2002 – 2004: Guest Instructor
University of North Carolina at Chapel Hill
Empirically Supported Psychotherapies for Adults (PSYC 243); led 1-month module on treatment of adult anxiety disorders (Faculty instructor: Don Baucom, Ph.D.)

2001 - 2004: Instructor
University of North Carolina at Chapel Hill
Abnormal Psychology (PSYC 80)

CLINICAL SUPERVISION AND CONSULTATION EXPERIENCE:

2024-present	Consultant, Cognitive-Behavioral Conjoint Therapy for PTSD, Nellie Health
2022-2023	Consultant, Family and Couple Enrichment Team, James A. Haley Veterans Hospital, Tampa, FL
2021-2023	Consultant, Abbreviated, Intensive, Multi-Couple Group Cognitive-Behavioral Conjoint Therapy for PTSD (AIM-CBCT for PTSD), Texas Veteran + Family Program, University of Texas Health Science Center at San Antonio
2017	Consultant, WPSU's "The Vietnam War in Pennsylvania," The Pennsylvania State University
2013-2023	Co-Lead Trainer and Consultant, Department of Veterans Affairs Dissemination and Implementation Program for Cognitive-Behavioral Couple Therapy for PTSD
2008-2010	Learning Collaborative Co-Leader and Leader, *Cognitive-behavioral conjoint therapy for posttraumatic stress disorder*, Women's Health Sciences Division, VA National Center for PTSD, Philadelphia VA, Indianapolis VA, Northampton VA, and Honolulu VA
2006-2007	Psychology Intern Supervisor, Anxiety Disorders Clinic, VA Boston Healthcare System

MENTORSHIP AND SUPERVISION:

Postdoctoral Mentorship

2020-2022: Yunying Le, Ph.D.
Present position: Research Assistant Professor, Department of Psychology, University of Denver

Graduate Student Mentorship (as Primary Mentor)

2014-2019: Yunying Le, Ph.D.
Dissertation: *Daily relational processes among couples transitioning to parenthood*
Present position: Research Assistant Professor, Department of Psychology, University of Denver

2016-2022: August Jenkins, Ph.D.
Dissertation: *Linkages between Black Americans' relationship adjustment and emotional well-being over time: The role of socio-ecological context and gender*
Awards: Ruth L. Kirschstein National Research Service Award F31 Predoctoral Fellowship to Promote Diversity in Health-Related Research, NIMHD;
Bunton-Waller Graduate Fellowship, Graduate School, Penn State University;
2022 International Association for Relationship Research Dissertation Award;
2022 John L. and Harriett P. McAdoo Dissertation Award, National Council on Family Relationships
Present position: Assistant Professor of Human Development and Family Science, Auburn University;
Prior position: Vice Chancellor's Distinguished Postdoctoral and Visiting Scholars Program Research Fellow and Visiting Postdoctoral Research Associate in Family Diversity at the University of Illinois at Urbana-Champaign

2022-present: Jeesun Lee, M.A.
Awards: Joseph and Jean Britton Graduate Fellowship, College of Health and Human Development, Penn State University
Second place, 2023 ABCT Couples Special Interest Group Robert L. Weiss Graduate Student Poster Award

2024-2025: Ruoxuan Wang, M.A.
Awards: Knoll Graduate Fellowship, College of Health and Human Development, Penn State University

Research Fellowship Mentorship

2016-2017: August Jenkins (Mentor, Bunton-Waller Graduate Fellowship, Graduate School, Penn State University)

2019-2023: Emily Taverna (Secondary Mentor, NSF Graduate Research Fellowship); current position: Research Assistant Professor, Department of Psychology, Virginia Tech

2020-2022: August Jenkins (Sponsor, Ruth L. Kirschstein National Research Service Award F31 Predoctoral Fellowship to Promote Diversity in Health-Related Research, National Institute on Minority Health and Health Disparities)

2024-present: Jeesun Lee (Mentor, Joseph and Jean Britton Graduate Fellowship, College of Health and Human Development)

2024-2025: Ruoxuan Wang (Mentor, Knoll Graduate Fellowship, College of Health and Human Development)

Psychology Department Minor Project Supervision

2019-2021: Emily Taverna (Psychology)
Project title: *Responsivity to interviewer during interview-based assessment of intimate partner violence*
Awards: Poster based on project selected for first place for the 2022 ABCT Couples Special Interest Group Robert L. Weiss Graduate Student Award

2017: Jennifer Wong (Psychology)
Project title: *Couple-based interventions for intimate partner violence*

Dissertation Committees
2024: Ulziimaa Chimed-Ochir (HDFS), Carlie Sloan (HDFS)
2023: Chelsea Mayo (Psychology)
2022: August Jenkins (as Chair; HDFS), Suyoung Nah (HDFS), Jillian Strayhorn (HDFS), Ashley Tate (HDFS), Emily Taverna (Psychology)
2021: Alexandra Mattern (Psychology), Jennifer Wong (Psychology)
2019: Yunying Le (as Chair; HDFS), Amanda Broderick (Psychology)
2018: Kristine Creavey (HDFS)
2017: Nicole DePasquale (HDFS), Chelom Leavitt (HDFS), Rose Wesche (HDFS)
2016: Courtney Polenick (HDFS)

Comprehensive Exam Committees
2025: Jeesun Lee (as Chair; HDFS); Madeline Jupina (Communication Arts & Sciences)
2023: Ulziimaa Chimed-Ochir (HDFS)
2022: Chelsea Mayo (Psychology)
2021: Souyoung Nah (HDFS), Carlie Sloan (HDFS), Emily Taverna (Psychology)
2020: August Jenkins (as Chair; HDFS), Jillian Strayhorn (HDFS)
2019: Ashley Tate (HDFS)
2018: Alexandra Mattern (Psychology), Jennifer Wong (Psychology)
2017: Yunying Le (as Chair; HDFS), Amanda Broderick (Psychology)
2016: Rose Wesche (HDFS)
2015: Nicole DePasquale (HDFS), Courtney Polenick (HDFS)

Qualifying Exam Committees
2025: Yingke Li (Communication Arts & Sciences), Ruoxuan Wang (Chair)
2024: Jeesun Lee (as Chair; HDFS), Hyungeon Oh (HDFS), Ruiqi Feng (HDFS), Vani Gupta (HDFS), Madeline Jupina (Communication Arts & Sciences)
2023: Joseph Lancaster (HDFS), Lindy Williams (HDFS)
2021: Junyan Tian (HDFS)
2020: Chelsea Dickens (HDFS), Jonathan Park (HDFS), Carlie Sloan (HDFS)
2019: August Jenkins (as Chair; HDFS), Jungmin Lee (HDFS), Souyoung Nah (HDFS), Jillian Strayhorn (HDFS), Sabrina Voltaire (HDFS)
2018: Lawrie Green (HDFS), Abigail Keim (HDFS), Agus Surachman (HDFS), J. Wood (HDFS)
2017: Penina Backer (HDFS), Meng Chen (HDFS), Patrick Ryan (HDFS)
2016: Yunying Le (as Chair; HDFS), Ni Jian (HDFS), Linying Ji (HDFS)
2015: Allison Doub (HDFS), Kamila Dvorakova (HDFS), Peter Kim (HDFS), Jacinda Li (HDFS), Lu Ou (HDFS)
2014: Chelom Leavitt (HDFS), Rose Wesche (HDFS), Kathleen Zadzora (HDFS)

Master's Thesis Committees
2024: Emily Dunning (HDFS); Shixin Fang (HDFS)
2020: Christine Kim (HDFS)
2019: Emily Taverna (Psychology)
2018: August Jenkins (as Chair; HDFS)
2015: Yunying Le (as Chair; HDFS)

Undergraduate Student Mentorship

2016: Aubrey Rafinski (HDFS Lifespan Developmental Science track thesis advisee)
2014-2015: Jennifer Antle (HDFS Schreyer Honors thesis advisee)

Other Research Supervision

2020: Ana Ayala Cantu, Elisabeth Connors-Kos, Krista Nyce (Graduate Research Assistants; Counselor Education)
2020: Samantha Carlo (Undergraduate Research Assistant)
2018-2022: Emily Taverna (Graduate Research Assistant; Psychology)
2018-2019: Alexandra Mattern (Graduate Research Assistant; Psychology)
2011-2013: Kimberly Pentel (Postbac Research Assistant, Massachusetts General Hospital)
2007-2010: K. Carrie Adair (Postbac Research Assistant, VA National Center for PTSD)