

**KINES 296 or KINES 496 INDEPENDENT STUDY
FORM** (Effective Summer 2016)

Instructions:

1. Meet with your faculty member for consultation in developing your independent study.
2. Both the student and the faculty need to complete and sign the form.
3. Submit this completed form to **Melissa Weaver** at mkf15@psu.edu

STUDENT INFORMATION

Name _____

PSU Email _____

Student # _____

Phone# _____

of Credits* _____

Semester - FALL _____

SPRING _____

SUMMER _____

Year _____

*number of credits is determined by the approximate number of hours required to complete the independent study (1 credit = 45 hours)

Choose Kines 296 or Kines 496. Please check the letter for the subject area of your independent study:

KINES 296

- A. Athletic Training
- B. Biomechanics
- C. Exercise Physiology
- D. History & Philosophy of Sport
- E. Motor Control
- F. Psychology of Movement
- G. Teaching/Coaching
- K. Applied Kinesiology

KINES 496

- A. Athletic Training
- B. Biomechanics
- C. Exercise Physiology
- D. History & Philosophy of Sport
- E. Motor Control
- F. Psychology of Movement
- G. Teaching/Coaching
- K. Applied Kinesiology

(Student Signature)

(Date)

In the event that you have a hold on your bursar account or academic record, this independent study will not be added to your schedule. You will be notified via email to rectify the situation, and to inform us when we have the clearance to schedule the independent study credits.

FACULTY INFORMATION and APPROVAL

Faculty Name _____

PSU Email _____

Office Phone _____

(Kinesiology Faculty Signature)

(Date)

KINES 296 OR KINES 496 INDEPENDENT STUDY

1. PURPOSE (PLEASE CHECK ALL BOXES THAT APPLY)

Research

Paper

Data collection

Other

2. DATES (TIME FRAME IN WHICH THE INDEPENDENT STUDY WILL BE COMPLETED)

Entire semester (FALL SPRING SUMMER)

Specific dates

TO

3. ACADEMIC COMPONENTS**

****The academic rigor of a 496-level independent study needs to be equivalent to that of a Kines 400-level course. The proposal/description of the academic component should include objectives, attendance and expectations for independent study credits. Please use an additional blank sheet of paper if needed.**

4. MEANS OF ASSESSMENT (Include scale, weight, etc)

Written exams

Readings

Practical exams

Research journal reviews

Typed papers

Formal presentations

Logs

Other