

# Olivia Romano

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## Education

### The Pennsylvania State University

May 2021

Nutritional Sciences (B.S) – Basic Sciences Option

GPA: 3.86/4.0

Emphasis in Community Nutrition and Food Security

Minors: Global Health Minor, French Minor

Dean's List

## Experience

Research Assistant – The Metabolic Kitchen

September 2018-Present

- Leads visits involving children to examine the relationship between eating behaviors and cognitive tasks
- Writing of grant approved for independent research project and funding
- Assists in fMRI scans to measure brain activity in response to visual stimuli

Global Health Media Nutrition Intern – PCI Media Impact, NYC (non-profit)

May 2019-July 2019

- Headed the writing of an analysis report as the basis for a new nutrition program
- Developed creative content for a nutrition-based cooking television show
- Evaluated reports weekly for accurate and consistent nutrition messaging

Nutrition Assistant – Pennsylvania State University Housing and Food Services

January 2019-May 2019

- Customized individual instruction for students with dietary restrictions
- Created targeted nutritional education materials for specific groups and events

Student Dining Services Associate

February 2018-May 2019

- Employee of the Month award (November/December 2018)
- Applied nutrition background to ensure food safety and cleanliness of environment

Study Abroad - France

July 2016

- 10-day long language and cultural study abroad program in Paris and Orleans, France

## Professional Skills

- French language skills: intermediate reading, writing and conversation skill
  - Bronze level winner - National French Contest *Le Grand Concours* March 2016
- Participation in a laboratory setting: working with human subjects, proper laboratory practices for data collection
- Collaboration experience with international business partners, large governmental organizations and NGO's
- Experience with software such as Microsoft Office, Adobe Photoshop, SPSS database, Qualtrics surveys

## Activities

- Student Nutrition Association member – professional student group for networking and health-related volunteer activities (Fall 2018 – present)
- United Nations Advocates Club member – student group that advocates for the goals of the United Nations on campus (Fall 2017 – present)
- CHAARG (Changing Health, Attitudes + Actions to Recreate Girls) member – women's empowerment and athletic organization (January 2019 – Present)
- Penn State French Club member – study of French language and culture through discussion and group activities (Fall 2017 – Spring 2018)